



# The Sower

**Official Publication of  
Lincoln South Rotary**

Club #21799 - Chartered April 30, 1984

[www.LincolnSouthRotary.org](http://www.LincolnSouthRotary.org)



WEEK OF NOVEMBER 13, 2009

## PRESIDENT'S CORNER



I was attending a conference in Minneapolis last week so thank you Tom for covering the meeting for me. I understand that I missed a great program presented by Sheena Cheng, inbound ambassadorial scholar from Hong Kong.

Thanks you to all those who volunteered for the Thanksgiving food distribution event at the Center for People in Need this Thursday and Friday. Thanks Samip for organizing the volunteers for this Health & Hunger project!

Please remember that we will not have a meeting on the Friday after Thanksgiving. I hope everyone has a great Thanksgiving holiday!

Tracey

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### CLUB SERVICE TEAMS

Scheduled for 11/20/09

**On Duty**  
Tom Cardwell  
Jessica Kolterman



Shahid Kamal  
Elise White  
Pat Grewe

## Visiting Rotarians and Guests

*Guests*—Carla Jarve, Jane Chiu our Youth Exchange Student and Sheena Cheng our speaker.

*Rotarians*—Sharon Wherry, Barb Tyler and Stu Spero from Club 14.

### HAPPY DOLLARS (For Child Mortality)

Nikki Iseman, Nicki Klein, Jessica Kolterman, Jim Pattavina, Dick Wampler, Dave Hilsabeck, Sharon Wherry, Short Heinrichs and Dean Heermann.



### 2009/2010 Mottos & Slogans

*Rotary International— The Future of Rotary  
is in Your Hands*

### Future LSR Programs

- 11/20/09 LSR board meeting— 10:45 at the Knolls
- 11/20/09 District Foundation Chair, Sharon Wherry,  
"The Rotary Foundation".
- 11/27/09 NO MEETING— HAPPY THANKSGIVING!

### Events & Projects

- NOV Rotary Foundation Month
- 12/18/09 LSR Holiday Party at the home of Tracey and  
Ron McLain
- 4/23 to 4/24/10 District Conference— Omaha Old Market  
Embassy Suites



## Notes & Announcements

**International**— There is still a need for the 2nd and 3rd host families for our Youth Exchange student from Taiwan. We would like to find a family in the Lincoln East High School area. Call Tom Cardwell if you can help. Remember the families do not have to be Rotarians.

**Rotary Nuts & Coffee**— The inventory of nuts, coffee and chocolate have arrived. There are sales kits available for everyone to use which contain one of each item except coffee and a special gift pack of coffee beans and chocolate that is new this year. You can take a sales kit to display items to purchasers or just order individual items from Brad. [See pages 4 & 5 for the flyer and order form.](#)

**Salvation Army Bell Ringing**—Sandy Taylor reported that Lincoln South is scheduled to ring bells for Salvation Army at the Westfield Mall inside by the food court on Saturday 11/28, Tuesday 12/1 and Thursday 12/3. Sign up sheets will be available at future meetings.

**Health & Hunger Service Projects**— The health & Hunger Committee has determined that we will not do the Trick or Treat for Hunger this year but instead will do a number of projects spread out throughout the year including helping to distribute food and the Center for People in Need and participate in a District wide food drive around Super bowl weekend.

Samip Patel has organized a group of LSR volunteers to do the food distribution at the Center for People in Need on Thursday the 19th and Friday the 20th. If anyone has not signed up to help and would like to participate, please contact Samip.

### PLACES TO MAKE UP

**Tuesday morning**—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:15 AM

**Tuesday Noon**— Lincoln #14-Nebraska Club at 13th & M.

**Wednesday 11:45 a.m.**—Lincoln East at Valentinos at 70<sup>th</sup> & Van Dorn

### 2009/2010 Mottos & Slogans

*Rotary International*— The Future of Rotary  
is in Your Hands

## PROGRAM

### 2009-2010 Club Goals

1. *Club Strength— Leave the club better than when I took office.*
2. *Club Growth— Attain and maintain membership of 50.*
3. *Support Polio Eradication.*
4. *Support critical project in one of 3 areas; Health & Hunger, Water or Literacy.*
5. *Achieve 100% sustaining membership in the Rotary Foundation.*
6. *HAVE FUN!*

One of the educational programs supported by the Rotary Foundation is the Ambassadorial Scholarship program which is the oldest and best-known program of the Foundation. We were fortunate on Friday to have Sheena Cheng who is an inbound Ambassadorial Scholar from Hong Kong.

Sheena is the first member of her family to speak English and to graduate college. She has worked for Mercedes Benz and Pier One Imports. She has always had a passion for community service and was a Rotaract member for 6 years in her home city. Her sponsor club is the Tai Po club in Hong Kong.

Her first impressions of the US included snow, farms, cowboys and corn.

Sheena showed the club slides of her country. She is from a fishing village with a population of 1,000 which is a self sustaining place that produces its own rice and fish. Farming families are al-

lowed to have more kids to help with the farm work.



Her sponsor club helps with Polio and Hepatitis B immunization for mainland China. Also a doctor from her sponsor club has a new project called Stand Tall for the 68,000 dead and 350,000 amputees and injured from an earthquake that hit mainland China this year.

She is currently studying in the Corporate Communication Certificate Program at Creighton. Her plan is to learn, to serve, to share and to get involved in our Rotary projects.

**QUESTIONS?  
COMMENTS?  
ARTICLES?**

**Contact Newsletter  
Editor**

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**Rotary is on the Web!**

**Rotary International—** [www.rotary.org](http://www.rotary.org)

**District 5650—** [www.rotarydistrict5650.org](http://www.rotarydistrict5650.org)

**Lincoln South Rotary—** [www.LincolnSouthRotary.org](http://www.LincolnSouthRotary.org)



# Lincoln South Rotary

## The Sower Club

# ANNUAL NUT SALE



Here it is - your opportunity to purchase unique and delicious nuts, coffees and chocolates from Lincoln South Rotary



Sample Pkg

### Nuts

- Pecan Halves – 1 lb tub..... \$9.00
- Cashews – 12 oz. tub..... \$9.00
- Salted or Unsalted Almonds – 14 oz. pkg..... \$8.00
- Pistachios – 12 oz. tub..... \$8.00
- Deluxe Mixed Nuts – 1 lb tub..... \$8.00

### Snack Mixes

- Tailgate Mix – 1 lb tub..... \$6.00
- Sweet Cajun Heat – 1 lb tub ..... \$6.00
- Cross County Mix – 1 lb tub..... \$6.00

### Chocolate Covered Nuts

- Chocolate Covered Mixed Nuts – 12 oz. pkg .. \$8.00
- Chocolate Covered Cashews – 1 lb tub ..... \$9.00
- Chocolate Covered Peanuts – 1 lb tub ..... \$7.00
- Chocolate Covered Almonds – 14 oz. pkg ..... \$8.00
- Chocolate Covered Pecan Clusters – 1 lb tub. \$8.00



Sample Tub

### Sweets

- Baker's Chocolate Asst. – 10 oz tub..... \$9.00
- Yogurt Covered Pretzels – 8 oz tub ..... \$5.00



Sample Coffee

### Rotary Roast Coffee

- Special Blend of Coffee, Ground or Bean,  
Regular or Decaf – 8 oz. pkg..... \$6.00

### Special Gift Set

- Special Blend of Regular Whole Bean Coffee  
and Baker's Chocloates ..... \$15.00



Baker's

If there is something you are interested in – just ask – we will see if we can order it; it is possible that not all products will be available at all sale sites; but orders can be taken for any product at any time.

For information or to place an order, contact:

Brad Carter: 430-6223; bcarter@woodsbro.com

Dave Hilsabeck: 402-641-6721; dbhilsabeck@hotmail.com



All proceeds to community projects.

Pecan Halves 1lb	Chocolate Covered Mixed Nuts 12 oz
Cashews 12 oz	Cashews or Peanuts 1lb
Salted or Unsalted Almonds 14 oz	Chocolate Covered Almonds 14 oz
Pistachios 12 oz	Chocolate Covered Pecan Clusters 1lb
Mixed Nuts (No Peanuts) 1lb	Baker's Chocolates, Asst. 10 oz
Tailgate Mix 1 lb	Yogurt Covered Pretzels 8 oz
Sweet Cajun Heat 1 lb	Rotary Roast Coffee 8 oz. – Ground or
Cross County Mix 1 lb	Bean, Regular or Decaf

## Coffee & Baker's Chocolate Git Set

Rotarian: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Thank you for supporting  
Lincoln South Rotary  
and our Service Projects!

[illegible]