



The Sower

Official Publication of
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984

www.LincolnSouthRotary.org



WEEK OF MARCH 19, 2010

Lincoln South Officers and Directors

President– Tracey McLain tracey.l.mclain@rbcdain.com	465-3814
President-elect/ International Service Director Tom Cardwell tcardwel@southeast.edu	402-228-8220
Secretary– Nicolette Klein nicki.klein@tieronebank.com	473-6422
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Treasurer– Corey Vandewege corey@dsisupply.com	466-0440
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The Rotary Foundation– Joe Roberts jroberts@midfin.com	434-8050

PRESIDENT'S CORNER



Happy Spring Rotarians! Last week at the meeting I announced that we did receive our request for the district simplified grant which we will use to put together a theater room for the children at the Salvation Army. I think it will be a fun and rewarding project so look for your opportunity to serve on that project later this summer.

Remember that next week is the "Salute to Business" on Tuesday. This luncheon will replace our normal meeting on Friday, April 2.

I hope you and your families have a great Easter weekend!

Tracey

CLUB SERVICE TEAMS

Scheduled for 3/26/10

On Duty

Brad Carter
Chris Dietz
Joe Roberts



Clay Ehlers
Shahid Kamal

Visiting Rotarians and Guests

Rotarians—Past District Governor and Club 14 member Sharon Wherry, Larry Burns, Scott Richardson, Mary Williams and Clay Naft, all from Club 14

Guests—Mike Renkin and Cindy Heider Kalif & John Coffe, our speakers.

HAPPY DOLLARS (For Health & Hunger)

Lance Odom, Scott Delisi, Clay Ehlers, Tom Cardwell, Phil Maddern, Joyce Schmeekle, Craig Madson, Neal Lyons, Jim Fay, Brad Carter and Joe Roberts.



2009/2010 Mottos & Slogans

*Rotary International— The Future of Rotary
is in Your Hands*

Future LSR Programs

- 3/26/10 John Badami— "West Haymarket Arena"
 3/30/10 Salute to Business (Cornhusker Marriott)
 4/2/10 NO MEETING AT THE KNOLLS. (Salute to Business on 3/30/10 will count as the regular Lincoln South meeting.)

LSR meeting and speaker information is also available at:

<http://www.clubrunner.ca/CPrg/Home/speakers.asp?cid=6040>

Events & Projects

- MARCH** Literacy Month
- 3/27/10 Chili Benefit Cook-Off at the home of John & Nancy Herdman
- 3/30/10 Salute to Business— Cornhusker/Marriott— NO REGULAR MEETING THAT WEEK
- 4/9 to 4/10/10 Dist President-elect/Secretary-elect Training Seminar (PETS/SETS)- Salina Kansas
- 4/23 to 4/24/10 District Conference— Embassy Suites Old Market Omaha (See Pg 5 for details)
- 6/4/10 Club 14 100 yr Anniversary at the Cornhusker Marriot: RI President John Kenny-speaker.
- 6/20 to 6/23/10 Rotary International Convention— Montreal
- 8/28/10 District Foundation Seminar in Lincoln

2009/2010 Mottos & Slogans

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Notes & Announcements

Lincoln South Foundation Fundraiser—Mark your calendars for Saturday March 27th for the annual Chili Benefit Cook-off to benefit the Lincoln South Foundation. It will be held at the home of John & Nancy Herdman and this year will include a chili cook-off competition for those who are interested. Remember non Rotarian guests are welcome. Cost is \$25 per person. This year the Foundation plans to support the Lincoln Literacy Council, the Girls Scout Council and the Southwest High School debate team.

Salute to Business— The annual salute to business hosted by all 4 Lincoln Rotary clubs and the Lincoln Chamber of Commerce is scheduled for Tuesday March 30th at the Cornhusker/Marriott. The Lincoln South table is filled but you can still buy tickets. See Tracey or Joe. **THIS LUNCHEON WILL REPLACE THE LINCOLN SOUTH REGULAR MEETING THAT WEEK WHICH WOULD NORMALLY BE HELD FRIDAY APRIL 2ND.**

GSE Team from Brazil—The incoming Group Study Exchange Team from Brazil will be here from Sunday April 25 through Tuesday April 27. We are looking for families to host the members for those three nights. We ask that the member stay in the same home for all three nights to reduce the amount of moving around that they have to do. If you are interested in hosting a Team Member, contact Joe Roberts, Joyce Schmeckle or Nicki Klein.

District Conference— See page 5 for details about the upcoming District Conference.

District Simplified Grant—Tracey McLain reported that the club is scheduled to receive another District Simplified Grant this year totaling \$1,815 which it plans to use for a theatre room for teens at the Salvation Army.

See pages 7 & 8 for pictures of the Rotary Leadership Institute that was held on Saturday March 20th.

Joe Roberts Reaches the Next Level of Foundation Giving



Joe Roberts received a 1 stone ruby pin on Friday signifying that his total contributions to the Foundation have now exceeded \$6,000. Congratulations Joe!

PROGRAM

2009-2010 Club Goals

1. *Club Strength— Leave the club better than when I took office.*
2. *Club Growth— Attain and maintain membership of 50.*
3. *Support Polio Eradication.*
4. *Support critical project in one of 3 areas; Health & Hunger, Water or Literacy.*
5. *Achieve 100% sustaining membership in the Rotary Foundation.*
6. **HAVE FUN!**

Cindy Heider Kaliff, founder of Career & Life Options was our speaker on Friday. Cindy is a licensed professional with expertise in bridging business and counseling with a goal toward helping work be more harmonious. Cindy's firm not only gives guidance for those wanting to move forward in their personal/professional development but also those interested in pursuing a creative or entrepreneurial path to enrich their lives.

Her tip to get people started is first to get to know yourself. Assess your individual values, skills and personality. You need to find your inner compass to guide you to the appropriate career. Many times career selection is random and does not fit your personality or passion.

Cindy took the group through an individual assessment using the Holland Code developed by John Holland



which suggests that we are a combination of 6 main personality types: Realistic, Investigative, Social, Enterprising, Artistic and Conventional. Most people are a combination of 3 of the 6 types. Once you rank your 3 dominant types you can look to see which careers fit those types. You may find that your career fits your personality perfectly or that you may need to look for something else to feel fulfilled.

While Cindy specializes in helping individuals match their personalities with the work environment, John Coffee works with individuals on the external skills for actually going out and finding the job. Ie interview skills, resume building etc.

They hold many classes, retreats and workshops covering various topics such as "Insider Tips on Breaking Through a Tough Job Market", or "How to Protect Your Job or Get a New one".

Go to www.careerlifeoptions.org for more information.

QUESTIONS? COMMENTS? ARTICLES?

Contact Newsletter
Editor

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March Birthdays

Joyce Michaelis
Ardel Harger
Jim Fay
Sandy Taylor
Nikki Isemann
Bernie Poppe



Rotary is on the Web!

Rotary International— www.rotary.org

District 5650— www.rotarydistrict5650.org

Lincoln South Rotary— www.LincolnSouthRotary.org

2009/2010 Mottos & Slogans

Rotary International— The Future of Rotary
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PLEASE WELCOME LINCOLN SOUTH'S NEWEST MEMBER

Logan Otto

Classification:
Agriculture Production

Business:

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Welcome to Lincoln South Rotary Logan !

LINCOLN SOUTH ROTARY MILESTONES



Shahid Kamal accepts a certificate for Lincoln South Rotary's participation in the End Polio Now event last year. This year a total of \$1,500 was raised by all 4 Lincoln clubs. Thanks Shahid for all of your work in coordinating the LSR team for both events.



Last year Lincoln South Rotary was 2nd in per capita giving in the District and was in the top 1,500 clubs nationwide for per capita giving to the Rotary International Foundation. Joe Roberts, chair of the annual foundation drive accepted the banner. Thanks Joe for another successful drive!

District Conference Details from Nicki Klein:

VOLUTEERS FOR SERGEANTS AT ARMS

Lincoln South Rotary Members are asked to be Sergeants at Arms at the Rotary District Conference April 23-24, 2010. If you are already planning to attend maybe you can come earlier or stay later to help out. Please contact me by e-mail if you can help out. Volunteers are needed for these shifts / duties:

Friday, April 23

7:30 until 11:00 - One Person Needed - Breakfast, Assembly - general organization

11:00 - 2:30 - Two People Needed - Lunch (may need to find seats, make sure we have enough places set), general sessions

2:30 - 5:00 - Two People Needed - during Annual Meeting will need to get voting delegates to right seats, may need to help with voting

6:00 - 9:30 - One Person needed - Dinner (may need to find seats, make sure we have enough places set)

Saturday, April 24

7:30 until 10:30 - Two People Needed - Breakfast (may need to find seats, make sure we have enough places set), general sessions

10:30 - 1:30 - Two People Needed - one will need to head over to the Zoo early so this should be someone who will be there until like 3:00

1:30 - 4:00 - Two People Needed - you will actually be needed at the Zoo rather than the hotel

6:00 - 9:30 - One Person needed - Dinner (may need to find seats, make sure we have enough places set)

FRIDAY ACTIVITIES:

Friday lunch - this is our Rotary Meeting for the week. This will be "lunch with an astronaut". Though we have not heard FOR SURE - it is POSSIBLE that we could have Clayton Anderson there. NO PROMISES - but we are trying. He will be on a mission and will just be returning shortly before our conference so he may not be released this early.

Friday afternoon business meeting - though this is generally not the most popular event, you might want to attend to hear what is going on. Our Voting Delegates are Tracey McLain (president 2009-2010) and Tom Cardwell (president 2010-2011). It is during this event that they do the Rotary Knowledge quiz - this has been won by Joe Roberts and John Herdman - maybe we can add YOUR name to the plaque!

Friday night - the speaker is Assistant Women's Basketball Coach Sonny Smallwood. Our own Brad Carter arranged for her to speak and will be introducing her. Let's get a good showing of support for "our" speaker. We will give her a thank you gift from our club.

SATURDAY ACTIVITIES:

Saturday is "International day" so that is when we hear from our Youth Exchange Students, Ambassadorial Scholars, etc. It is great!

Saturday Breakfast - Joe Roberts will coordinate for those that are new Paul Harris Fellows, have a new Level of PHF, etc. But, everyone is welcome (and encouraged to attend) to help celebrate our support of The Rotary Foundation and the good work that is done with our financial support.

Saturday night - Zoo tour and Dinner - this is a combination ticket. It is not possible to just come to the tour and not purchase a dinner ticket. There are limited spaces for the tour. You are not able to use your family membership to get in to the zoo and join this tour. Also, you must pre-register for the Saturday night event - walk-ins may be turned away.

Children are welcome, but Saturday night will get a little late with dinner, speakers, awards - so it may not be appropriate for extremely young children.

There will be many awards Saturday Night - and Lincoln South Rotary should be among them! This is a fabulous celebration of the successes of Rotary for the year. You also never know what "special" awards there may be. (I personally will NEVER forget last year's surprises!)

Please click the following links for the Conference Agenda and Registration forms

<http://www.clubrunner.ca/Data/5650/html/81958/Agenda.pdf>

<http://www.clubrunner.ca/Data/5650/html/83734/Registration 2010 0227.doc>

ROTARY MINUTE

EVANSTON, Ill., USA (March 16, 2010) — Although the United Nations designates March 22 as World Water Day, Rotary members around the globe are focused on the issue 24/7, volunteering their time and resources to provide safe water and sanitation to communities wherever there is need.



F. Ronald Denham, who chairs the Water and Sanitation Rotarian Action Group (WASRAG), says Rotary is committed to helping achieve the UN Millennium Development Goal that calls for a 50 percent reduction by 2015 in the number of people with insufficient access to safe water and sanitation, a crisis that now claims more than two million lives each year, a majority of them children. From 1978 through 2009, The Rotary Foundation awarded 4,923 grants totaling US\$52.7 million for water and sanitation projects worldwide.

On March 22, Denham will join U.S. Secretary of State Hillary Clinton and other speakers in Washington, D.C. for a World Water Day conference, co-hosted by the nonprofit Water Advocates and the National Geographic Society. Last year on World Water Day, Rotary launched an alliance with the U.S. Agency for International Development to implement sustainable, long-term water, sanitation and hygiene projects in the Dominican Republic, Ghana and the Philippines.

WASRAG also encourages Rotary clubs to participate in Live Earth's Run for Water on April 18, a global effort to raise money and awareness for water and sanitation initiatives.

Rotary's strength at the grassroots level -- 33,000 clubs in more than 200 countries and areas with a total membership over 1.2 million men and women -- makes the humanitarian service organization adept at tailoring projects to fit community needs. Says Denham: "This is an enormous challenge for humanity, and Rotary clubs are logical leaders in the challenge because they are embedded in their local communities, allowing the clubs to help define realistic solutions to local problems."

PLACES TO MAKE UP

Tuesday morning—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:00 AM

Tuesday Noon—Lincoln #14-Nebraska Club at 13th & M.

Wednesday 11:45 a.m.—Lincoln East at Valentinos at 70th & Van Dorn

See the Lincoln South Rotary Calendar at:

<http://www.clubrunner.ca/CPrgr/Home/events.asp?cid=6040>

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