



The Sower

Official Publication of
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984



WEEK OF AUGUST 22 2014

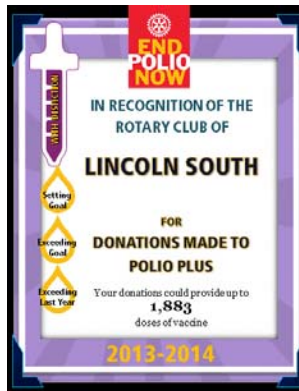
PRESIDENT'S CORNER

Dear Lincoln South Members and Friends,



Thank you to Clay Ehlers, President-Elect, for running last Friday's meeting for our club. I am truly refreshed after celebrating, on a peaceful trip to the North Shore of Lake Superior, 40 years of marriage to fellow Rotarian, Tom Cardwell. Who knew when we were married that we would both end up Rotarians! Rotary has become one of the things that we enjoy participating in as individuals and as a couple. If your spouse isn't a Rotarian already, consider inviting him or her to attend a meeting or two. This is

in addition to inviting your spouse and friends to an upcoming social event like our September 19th Wine Tasting Event which will benefit the Lincoln Community Playhouse's Penguin Project. For more information on the Wine Tasting Event for the Lincoln South Rotary Foundation and the Penguin Project please click here for the club web site <http://www.lincolnsouthrotary.org/>



In addition, I wanted to share the following from Gretchen Bren, District 5650 Polio Plus Chair:

At the recent foundation seminar, Lincoln South Rotary was recognized with the attached award certificate due to our efforts to End Polio Now. Our efforts will provide 1,883 doses of vaccine to children.

Thanks to the club for our dedication to the cause.

District 5650 Polio Plus Goals for 2014/2015

Raise \$32 per member for a total of \$67,500

Have 100% of our clubs set Polio Plus goals in Club Central (last year, only 23 clubs posted their goal)

Have 100% of our clubs give at least something to Polio Plus – in any amount.

Take Action: Advocate, Educate, provide Funding

October 24th is World Polio Day – I hope you will consider something in your community or club to help recognize this day.

Continued on next page.

Lincoln South Officers and Directors

President Jenny Cardwell jcardwell@girlscoutsnebraska.org	430-1208
President-elect /Svc. Project Co-Chair Clay Ehlers clayehlers262@gmail.com	730-0095
Executive Director/Secretary/PR Nicolette Klein nklein2@neb.rr.com	429-2789
Past President/Club Administration Bob Vrana bvrana@windstream.net	328-9024
Treasurer– Corey Vandewege corey@dsisupply.com	421-7989
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Public Relations– Nicolette Klein nklein2@neb.rr.com	429-2789
Service Projects– Co Chair Brad Carter bcarter@woodspros.com	430-6223
Lincoln South Foundation- Lance Odom-President lancelodom@gmail.com	780-5708
The Rotary Foundation- Joe Roberts jroberts@midfin.com	434-8050

HAPPY DOLLARS (For Polio Plus)

Pat Grewe, Clay Ehlers, Kelvin Kemp, Joyce Schmeeckle and Kay Wunderlich .



PRESIDENT'S CORNER (Cont.)

Rotary Days Event to Educate Community about Rotary and Polio Plus

A Rotary Days Event will be held on Sunday, September 14, 1 – 5 p.m. where we will be part of the Streets Alive! event and will have a booth in partnership with Lincoln East and Lincoln Sunrise Rotary Clubs. In addition to sharing information about our three Rotary Clubs, we will also be distributing stickers and information about Polio Plus to provide more awareness about Rotary and Polio Plus. We have a calendar event on Face book that you can share with family and friends. You can access via our web site or Facebook page. Be sure to check out the Streets Alive! Event here www.healthylincoln.org It should be a great event for families to attend. Please contact clayehlers262@gmail.com if you are able to assist with this event.

Lincoln South again will donate our happy dollars to provide for Polio Plus. So your happy dollars each week are going to a great cause too.

Youth Exchange Students

Peggy Chuang from Taiwan arrived on Thursday and registered for school on Friday. She is staying with the Guyer family and will be attend Southeast High School. On Monday, Charlie Guyer leaves for her outbound stay in France. I hope that both exchanges will be the best they can possibly be for each young woman.

If you are not currently as involved in Rotary as you would like to be, please think about ways that you too can help us Light Up Rotary this year! Have a great week and I look forward to hearing Jessica Kolterman on August 29th share about her recent trip to Kenya.

Jenny Cardwell-President



CLUB SERVICE TEAM ON DUTY

Joyce Schmeeckle
Bob Vrana
Bernie Poppe



Visiting Rotarians and Guests

Darold Karmgn from Club 14, Ken Schmeding from Seward Rotary and Shaun Johnson, guest of Clay Ehlers.

PLACES TO MAKE UP

Tuesday morning—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:00 AM

Tuesday Noon— Lincoln #14-Nebraska Club at 13th & M.

Wednesday 11:45 a.m.—Lincoln East at Valentinos at 70th & Van Dorn

Notes & Announcements

Future LSR Programs

- 8/29/14 Jessica Kolterman— Kenya Travelogue
- 9/5/14 Skype conference with Tbilisi Academia Rotary
- 9/12/14 TBD
- 9/19/14 Ben Gottschall- "The Keystone XL Pipeline-Con"
- 9/26/14 TBD- "The Keystone XL Pipeline-Pro"

Events & Projects

- 9/14/14 Streets Alive! Near South & Everett Neighborhood South of Capitol.
- 9/19/14 LSR Foundation Wine Tasting at the home of Tracey McLain.
- 10/18/14 Rotary Leadership Institute— Omaha

LSR Foundation Wine Tasting— The date for the Annual Lincoln South Rotary wine tasting event has been set for Friday September 19th at the home of Ron & Tracey McClain. This event is the fundraiser for the Lincoln South Foundation Grants. Sign up sheets will be available at the next several meetings.

Rotary Leadership Institute—Rotary Leadership Institute is scheduled for October 18th at Dundee Presbyterian Church in Omaha. Please see Nicki or Jenny if interested in attending.

Rotary Days Event—LSR will be participating in "Streets Alive" in conjunction with the Lincoln East and Sunrise clubs. We will have a Rotary booth and will talk to folks about Rotary and Polio. The event is Sunday, Sept 14, in the afternoon. We are looking for a few raffle type gifts to give away. This is in response to our International President's desire to encourage communities to have Rotary Days where we increase awareness about Rotary. Please see Clay if you can volunteer to man the booth on the 14th.

Grant Applications—Lance Odom, President of the Lincoln South Rotary Foundation announced that the Penguin Project at the Lincoln Community Playhouse has been selected as the grant recipient for this year. This project helps kids with disabilities (with the help of other kids who shadow them) participate in a play.

Rotary Foundation and Membership Seminar—Held last Saturday at Quarry Oaks. Clay Ehlers reported on the membership portion of the seminar and reported that the focus this year is on engaging existing members to be involved throughout the year so clubs can retain them. John Herdman reported that the speaker was a Rotary International Director from Kansas City. John also pointed out that Lincoln South was very well represented as Joe Roberts is the District Foundation Chair, Nicki Klein made a presentation and John emceed the event. All the evaluations indicated that the presentations were comparable in quality to those at the Rotary International Convention so it was a very successful seminar!

Lincoln South Rotary Clubrunner Links:

Meeting & speaker information:

<http://www.clubrunner.ca/CPrg/Home/speakers.asp?cid=6040>

Calendar of Events:

<http://www.clubrunner.ca/CPrg/Home/events.asp?cid=6040>



THE ROTARY FOUR-WAY TEST OF THE THINGS WE THINK SAY OR DO:

- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER FRIENDSHIPS ?
- Will it be BENEFICIAL to all concerned ?

PROGRAM

2014-2015 Club Goals

1. *Earn the Presidential Citation.*
2. *Attain & Maintain 55 total members.*
3. *Successfully utilize New Grant Program by submitting 1 District Grant and 1 Global Grant.*
4. *Increase \$ raised from Golf Tournament and Grocery Grab by 5% over prior year.*
5. *Increase Rotary Foundation giving to \$9,300 with 100% participation.*
6. *Continue to participate in End Polio Now giving at \$32/member level by using Happy \$ and participating in End Polio Now events.*
7. *Continue to have Club participation at District Level.*
8. *Host a Rotary Days event with other clubs in Lincoln.*
9. **HAVE FUN AS ROTARIANS IN SERVICE TOGETHER!**

August Birthdays

Bob Vrana
Gene Swinton
Corey Vandewege
Judy Krasomil
Bob Obst
Cheryl Brandenburgh



Jim Dutton, Operations Specialist at the Lincoln Electric System ("LES") Terry Bundy Generating Station was our speaker. LES is publicly owned and serves 200 square miles with 449 employees. It shares many generation facilities with other utilities and has local generating plants at Rokeby, 8th & J, Terry Bundy on 27th street and 2 wind turbines.



The peak load for electricity use for Lincoln is about 786 megawatts per hour which compares to an hourly average of 354 megawatts. One home uses about 3.2 kilowatts per hour. 1 megawatt powers about 310 homes. The mission is to match the generation levels with the load. They follow the load throughout the day and generation plants kick in at different times of the day to fill the load so it is seamless to the customers.

The generation plants are categorized 3 ways:

Base Load Plants— These plants have the lowest energy costs since they run all the time but they have the highest capital cost.

Intermediate Load Plants— These plants are seasonal and run about 12 hrs per day to accommodate additional daily peaks of use at certain times of the day. They have medium capital and energy cost.

Peaking Plants—These are seasonal and only kick in during peak usage at certain times of the year, running about 5 hours per day. As a result they have the highest energy cost since they don't run all the time but they have low capital cost.

The wind turbines are not owned by LES but they have power purchase agreements with wind farms.

The Terry Bundy generation plant is a zero discharge facility. The generation process

takes 1.75 million gallons of water per day which is pumped from a nearby wastewater treatment plant. Once used by the facility, the water is collected and pumped back to the wastewater treatment plant. The Terry Bundy plant also has the cleanest emissions of any plant in Nebraska. The plant has 3 gas turbines, 1 steam turbine, 3 landfill gas engines, and 1 emergency diesel generator.

As such the plant is a combined cycle plant using both gas and steam to generate power. Exhaust from the gas turbines is used to make steam which is used in the steam turbine. Then water from the steam turbine is cycled back to the boiler to make more steam.

One of their newest technologies is their landfill gas to energy program where they pipe in methane gas from the landfill into their landfill gas engines which are used to power the generation of electricity.



Rotary is on the Web!

**Rotary International— www.rotary.org
District 5650—www.rotarydistrict5650.org**

Lincoln South Rotary—

<http://www.clubrunner.ca/CPrg/Home/homeS.asp?cid=6040>