



The Sower

Official Publication of
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984



WEEK OF AUGUST 29 2014

PRESIDENT'S CORNER

Dear Lincoln South Members and Friends,



As always, many things are happening within Lincoln South Rotary Club. Most recently, former Rotary Youth Exchange student, Tristan Hilderbrand, was featured on the front page of the Lincoln Journal Star on Saturday morning. As you may know Tristan is back in Taiwan now studying Chinese. To view the article, click http://journalstar.com/news/local/education/leaping-through-lux-s-portal-to-far-east/article_cfe984af-62f4-504d-8cdd-ea1ce29991da.html

The article starts with Tristan's first taste of international travel with Lux's pen pal program.

The Neighborhood Extra has also had two recent stories one on Nicki Klein and her Citation for Meritorious Service Award from the Rotary Foundation and a changing of the guard photo of Bob Vrana, Past President, and me as this year's President.

When you see stories on line, please feel free to share with friends, family, and colleagues so they too know what Lincoln South Rotary Club is doing.

We have two upcoming events that I would like to remind you of:

Sunday, September 14, 2014, 1 – 5 p.m. Rotary Days Event in conjunction with Lincoln East and Lincoln Sunrise Rotary Clubs. Please let Clay Ehlers know if you can help staff our booth that afternoon or if you have a door prize that will help us collect names and addresses so we can provide additional information to after the event. Clay's email address is clayehlers242@gmail.com

Friday, September 19, 2014, 6:00 p.m. Lincoln South Rotary Foundation Wine Tasting Event at the home of Tracey and Ron McClain. Tickets are \$25 per person and all proceeds will help to fund community grants such as the Penguin Project of the Lincoln Community Playhouse. You should have received an invitation in the mail recently and you can also go to the Lincoln South Rotary Facebook page to share the invitation with your friends.

See you at Rotary on Friday for our Skype Conference on our completed international project with Tbilisi Academia Rotary Club of Georgia!

Jenny Cardwell-President

Lincoln South Officers and Directors

President Jenny Cardwell jcardwell@girlscoutsnebraska.org	430-1208
President-elect /Svc. Project Co-Chair Clay Ehlers clayehlers262@gmail.com	730-0095
Executive Director/Secretary/PR Nicolette Klein nklein2@neb.rr.com	429-2789
Past President/Club Administration Bob Vrana bvrana@windstream.net	328-9024
Treasurer- Corey Vandewege corey@dsisupply.com	421-7989
Membership - Darrel Huenergardt huenlaw@gmail.com	904-5061
Public Relations- Nicolette Klein nklein2@neb.rr.com	429-2789
Service Projects- Co Chair Brad Carter bcarter@woodspros.com	430-6223
Lincoln South Foundation- Lance Odom-President lancelodom@gmail.com	780-5708
The Rotary Foundation- Joe Roberts jroberts@midfin.com	434-8050

HAPPY DOLLARS (For Polio Plus)
Darryl Huenergardt, Tracey McLain, Jessica Kolterman, Wayne Moore, Kay Wunderlich, Clay Ehlers, Terry Kurtenbach, Dick Wampler, Gene Swinton, Neal Lyons and John Herdman.



CLUB SERVICE TEAM ON DUTY

Pat Grewe
Short Heinrichs
Joe Roberts
Bernie Poppe



Notes & Announcements

Future LSR Programs

- 9/5/14 Skype conference with Tbilisi Academia Rotary
- 9/12/14 TBD
- 9/19/14 Ben Gottschall- "The Keystone XL Pipeline-Con"
- 9/26/14 TBD- "The Keystone XL Pipeline-Pro"

Events & Projects

- 9/14/14 Streets Alive! Near South & Everett Neighborhood South of Capitol.
- 9/19/14 LSR Foundation Wine Tasting at the home of Tracey McLain.
- 10/18/14 Rotary Leadership Institute- Omaha

LSR Foundation Wine Tasting— The date for the Annual Lincoln South Rotary wine tasting event has been set for Friday September 19th at the home of Ron & Tracey McClain. This event is the fundraiser for the Lincoln South Foundation Grants. Attendees can buy wine pull tickets for \$20 which guarantees that you will take home a bottle of wine. Sign up sheets will be available at the next several meetings or you can RSVP to Tracey McLain. *(See page 4 for flyer)*

Rotary Leadership Institute—Rotary Leadership Institute is scheduled for October 18th at Dundee Presbyterian Church in Omaha. This is a 3 part course for anyone wanting to learn more about Rotary and to join the leadership team. Lincoln South will pay the registration fees for anyone who wants to start or continue the course. Please see Nicki or Jenny if interested in attending.

Rotary Days Event—LSR will be participating in "Streets Alive" in conjunction with the Lincoln East and Sunrise clubs. We will have a Rotary booth and will talk to folks about Rotary and Polio. The event is Sunday, Sept 14, in the afternoon. We are looking for a few raffle type gifts to give away. This is in response to our International President's desire to encourage communities to have Rotary Days where we increase awareness about Rotary. Please see Clay if you can volunteer to man the booth on the 14th.



New Member

Wayne Moore received his new member badge on Friday. Welcome to Lincoln South Rotary Wayne!



Visiting Rotarians and Guests

Rosita Moore, guest of Wayne Moore and Terry Kurtenbach, soon to be new member of Lincoln South.

Lincoln South Rotary Clubrunner Links:

Meeting & speaker information:
<http://www.clubrunner.ca/CPrg/Home/speakers.asp?cid=6040>

Calendar of Events:
<http://www.clubrunner.ca/CPrg/Home/events.asp?cid=6040>



THE ROTARY FOUR-WAY TEST OF THE THINGS WE THINK SAY OR DO:

- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER FRIENDSHIPS ?
- Will it be BENEFICIAL to all concerned ?

PROGRAM

2014-2015 Club Goals

1. *Earn the Presidential Citation.*
2. *Attain & Maintain 55 total members.*
3. *Successfully utilize New Grant Program by submitting 1 District Grant and 1 Global Grant.*
4. *Increase \$ raised from Golf Tournament and Grocery Grab by 5% over prior year.*
5. *Increase Rotary Foundation giving to \$9,300 with 100% participation.*
6. *Continue to participate in End Polio Now giving at \$32/member level by using Happy \$ and participating in End Polio Now events.*
7. *Continue to have Club participation at District Level.*
8. *Host a Rotary Days event with other clubs in Lincoln.*
9. **HAVE FUN AS ROTARIANS IN SERVICE TOGETHER!**

Marianne Worthington was our speaker. Marianne’s company Work Warrior helps companies build fearless, strong and skilled teams. One of the first steps to that goal is to evaluate the health of the work place since an unhealthy workplace affects productivity and ability to achieve company goals.



Studies have shown that 70% of the work force is disengaged and 30% of those are actively disengaged which means they are actively working against company goals and trying to sabotage the company. 37% of respondents say they work in a hostile work environment. The biggest cause of the hostile work environment are conflicts between employees. In fact 24% to 60% of most manager’s time is spent on conflict resolution.

There are 3 over-arching causes of conflict which include 1.) Personality clashes, 2.) Company culture and 3.) Lack of skills to cope with conflict. As we all know if conflict is not resolved it festers and does not go away on its own. It is a major cause of mental difficulties such as depression and anxiety in em-

ployees and results in high turnover and low productivity. Since it costs 1.5 times the salary of each employee lost to train a replacement, creating a positive company culture can be very powerful.

Marianne gave us the following tips for creating a positive company culture:

1. Stay focused on the essential objectives. Don’t argue just to argue.
2. Don’t fight over things that don’t matter.
3. Build an empathetic understanding of other’s points of view. Take the time to understand.
4. Keep your friends close and your enemies closer. The effort is worthwhile. Recognize your role in the conflict and attempt to forge an agreement for future interactions.
5. Change the dynamic. Record all meetings for documentation later.
6. Use humor to diffuse the situation.

August Birthdays

- Bob Vrana
- Gene Swinton
- Corey Vandewege
- Judy Krasomil
- Bob Obst
- Cheryl Brandenburgh



PLACES TO MAKE UP

Tuesday morning—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:00 AM

Tuesday Noon— Lincoln #14-Nebraska Club at 13th & M.

Wednesday 11:45 a.m.—Lincoln East at Valentinos at 70th & Van Dorn



Rotary is on the Web!

Rotary International— www.rotary.org
 District 5650—www.rotarydistrict5650.org

Lincoln South Rotary—

<http://www.clubrunner.ca/CPrg/Home/homeS.asp?cid=6040>

*Lincoln South Rotary Foundation
Wine Tasting Event*

Friday, September 19, 2014

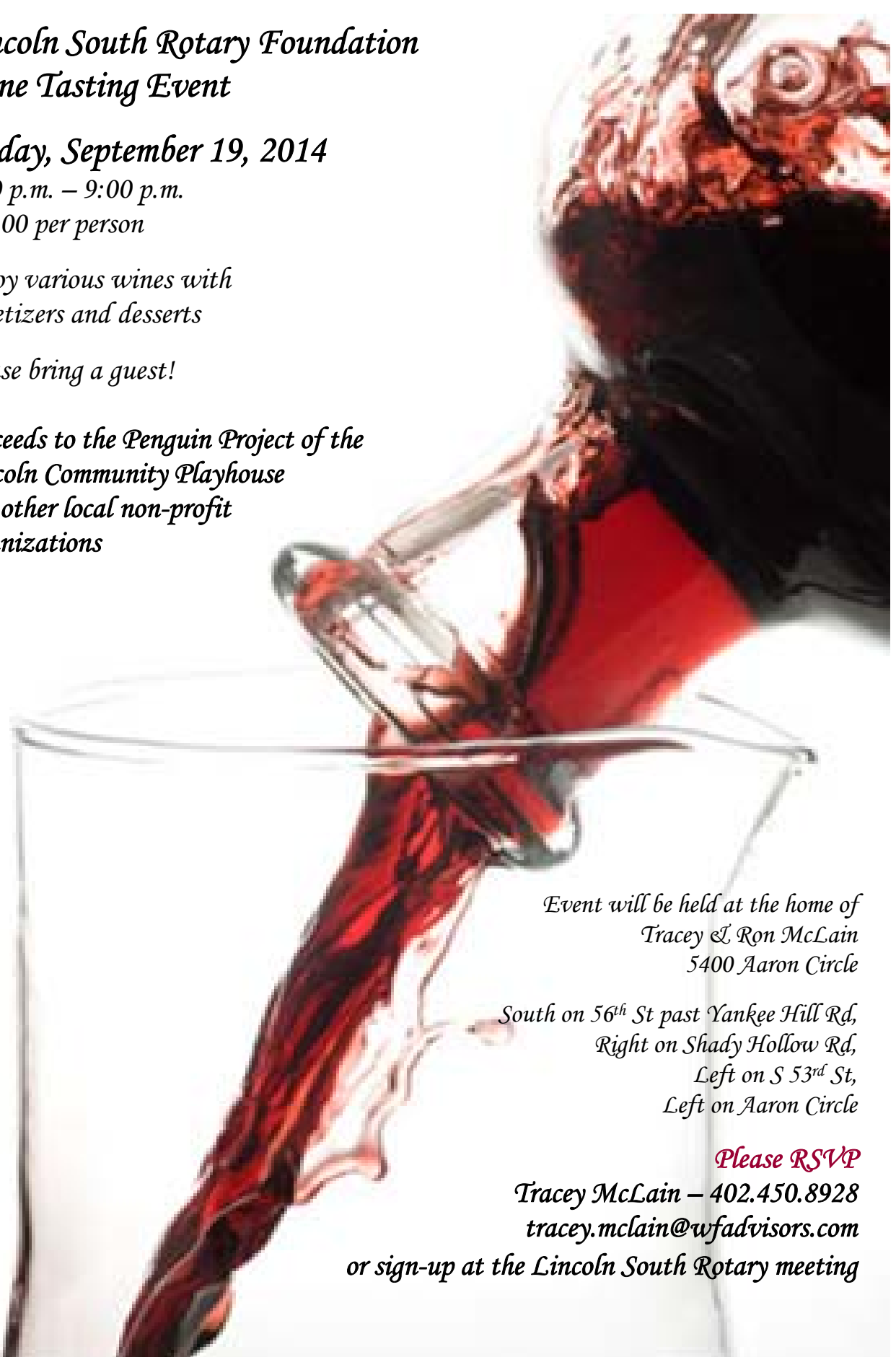
7:00 p.m. – 9:00 p.m.

\$25.00 per person

*Enjoy various wines with
appetizers and desserts*

Please bring a guest!

*Proceeds to the Penguin Project of the
Lincoln Community Playhouse
and other local non-profit
organizations*



*Event will be held at the home of
Tracey & Ron McLain
5400 Aaron Circle*

*South on 56th St past Yankee Hill Rd,
Right on Shady Hollow Rd,
Left on S 53rd St,
Left on Aaron Circle*

Please RSVP

*Tracey McLain – 402.450.8928
tracey.mclain@wfadvisors.com*

or sign-up at the Lincoln South Rotary meeting