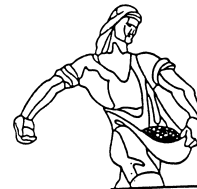




The Sower

Official Publication of
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984



WEEK OF OCTOBER 4, 2013

Lincoln South Officers and Directors

President Bob Vrana bvrana@windstream.net	328-9024
President-elect Jenny Cardwell jcardwell@girlscoutsnebraska.org	420-2195
Executive Director/Secretary Nicolette Klein nklein2@neb.rr.com	429-2789
Past President Patrick Grewe Patrick.grewe@usbank.com	434-1322
Treasurer- Corey Vandewege corey@dsisupply.com	435-5978
Membership - Darrel Huenergardt huenlaw@gmail.com	308-235-5871
Public Relations- Cathy Behrns gm@kzum.org	474-5085
Club Administration- Brad Carter bcarter@woodsbro.com	430-6223
Service Projects- Jenny Cardwell jcardwell@girlscoutsnebraska.org	420-2195
The Rotary Foundation- Joe Roberts jroberts@midfin.com	434-8050

CLUB SERVICE TEAM ON DUTY

Brad Carter
Jim Pattavina
Bernie Poppe
Cathy Behrns



Visiting Rotarians and Guests

Rotarians— Barb Taylor from Club 14

Guests— None.

HAPPY DOLLARS (For Polio Plus)

Jenny Cardwell, Gene Swinton, Jim Pattavina, Barb Taylor, Tom Bisher and Bob Vrana



Lincoln South Rotary Clubrunner Links:

Meeting & speaker information:

<http://www.clubrunner.ca/CPrg/Home/speakers.asp?cid=6040>

Calendar of Events:

<http://www.clubrunner.ca/CPrg/Home/events.asp?cid=6040>

Future LSR Programs

- 10/4/13 *Mick Sibble from UNICO MIDLANDS, "Health Care Reform and Issues Facing Employers."*
- 10/11/13 *Paul Cammack, Black Hills Energy—"Natural Gas Vehicles"*
- 10/18/13 *Larry Ruth, Director Subdistrict 4 on "Lower Platte South Natural Resource District"*
- 10/25/13 *James Kalish, UNL Dept of Entomology—"Backyard Farming"*

Events & Projects

- 10/26/13 *Rotary Leadership Institute— Lincoln*
- 12/6/13 *Annual Holiday Party at the home of Bob & DeEtta Vrana*

Notes & Announcements

Dictionary Project— Every year all 4 Lincoln clubs get together to deliver dictionaries to every fourth grader in Lincoln. The dictionaries are delivered to the schools during the week of Daniel Webster's birthday. Project chair Clay Ehlers announced that there will be a packaging party to label the dictionaries and package them for each school on the evening of Tuesday October 8th at 5:30 at Green's Plumbing at 4200 North 48th. Sign up sheets will be available at the next several meetings.

ABC'S OF ROTARY— ROTARY MOTTOS

The first motto of Rotary International , "He Profits Most Who Serves Best," was approved at the second Rotary Convention held in Portland Oregon in August 1911. The phrase was first stated by a Chicago Rotarian, Art Sheldon, who made a speech in 1910 which included the remark, "He profits most who serves his fellows best." At about the same time, Ben Collins, president of the Rotary Club of Minneapolis, Minnesota, commented that the proper way to organize a Rotary club was through the principle his club had adopted- "Service, Not Self." These two slogans, slightly modified, were formally approved to be the official mottoes of Rotary at the 1950 Convention in Detroit- "He Profits Most Who Serves Best" and "Service Above Self". The 1989 Council on Legislation established "Service Above Self" as the principal motto of Rotary, since it best explains the philosophy of unselfish volunteer service.

October Birthdays

Ryan Spaulding
Ellie Connot



PLACES TO MAKE UP

- Tuesday morning**—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:00 AM
- Tuesday Noon**— Lincoln #14-Nebraska Club at 13th & M.
- Wednesday 11:45 a.m.**—Lincoln East at Valentinos at 70th & Van Dorn



THE ROTARY FOUR-WAY TEST OF THE THINGS WE THINK SAY OR DO:

- Is it the **TRUTH** ?
- Is it **FAIR** to all concerned ?
- Will it build **GOODWILL** and **BETTER FRIENDSHIPS** ?
- Will it be **BENEFICIAL** to all concerned ?

PROGRAM

2013-2014 Club Goals

1. *Attain & Maintain 50 total members.*
2. *Continue to Build on our successful fundraising events.*
3. *End Polio Now.*
4. *Earn the Presidential Citation.*
5. *Successfully utilize the Future Vision Grant Program to enhance our service projects.*
6. *Continue our exceptional Rotary Foundation giving.*

Mark Sibbel, insurance and group benefits advisor for UNICO Midlands was our speaker. Mr. Sibbel gave a general overview of the 2014 Health Care Reform. This 900 page law, that was created by 5 different Federal agencies, was passed but was never read in its entirety by the upper levels of government. And how it has been presented in the media has been either biased or completely wrong in its presentation.

The on-line portal to sign up for the Obama Care is at www.healthcare.gov. "The Market Place" has not been working well and only about 1 in 10 who have tried, have actually been able to log into the site. Currently no one has been able to actually sign up for coverage as of this date. When they get the site up and working, a person should be able to sign up for Phase I which is to fill out information to actually qualify for the insurance. If a person qualifies, then they will be notified that they can complete Phase II and choose an insurance package. Any financial benefits will be paid directly to the insurance companies and



no money will come directly to the individual. If an individual has the opportunity to be covered by their employees health plan, but doesn't choose to participate, will automatically be disqualified from this option even if the market place coverage would cost less. The earliest anyone could be covered by the government plan would be January 2014 if the site gets up and running soon.

If individuals fail to find some kind of coverage, they will be assessed a 1-2.5% penalty on their income tax form at the end of the year. By the end of the third year that penalty will be 3%. Medicaid, Medicare and the Advantage Programs will remain the same, but the catastrophic health care insurance will be placed into to the market place plans. After January 1st insurance companies will not be able to ask questions about preexisting conditions or gender related items. Because of this premiums will no doubt be increased.

Feel free to contact Mick with questions at:

msibbel@unicogroup.com

**QUESTIONS?
COMMENTS?
ARTICLES?**

**Contact Newsletter
Editors**

Judy Krasomil
judy.krasomil@nifa.org

Chris Dietz
dcdietz@neb.rr.com



Rotary is on the Web!

Rotary International— www.rotary.org
District 5650— www.rotarydistrict5650.org
Lincoln South Rotary—

<http://www.clubrunner.ca/CPrg/Home/homeS.asp?cid=6040>