



The Sower

Official Publication of
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984



WEEK OF NOVEMBER 2, 2012

Lincoln South Officers and Directors

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President-elect Bob Vrana vrana@earthlink.net	328-9024
Secretary- Nicolette Klein nicki.klein@tieronebank.com	473-6422
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Public Relations- Bob Vrana vrana@earthlink.net	328-9024
Club Administration- Brad Carter bcarter@woodsbro.com	430-6223
Service Projects- Matt Fuller 360alpine@gmail.com	202-7776
The Rotary Foundation- Joe Roberts jroberts@midfin.com	434-8050

CLUB SERVICE TEAM ON DUTY

Chris Dietz
Bernie Poppe
Don Anderson
Dick Wampler
Joe Roberts



Visiting Rotarians and Guests

Rotarians— Gretchen Bren, Omaha Downtown, speaker, Charley Ogden, Club 14, Lillie Larsen, Lincoln East and Ken Schmieding, Seward

HAPPY DOLLARS (For Polio Plus)

Bryan Block, Bernie Poppe, Joyce Schmeeckle, Dick Miller, Clay Ehlers, Don Anderson, and Bob Vrana.



Lincoln South Rotary Clubrunner Links:

Meeting & speaker information:

<http://www.clubrunner.ca/CPrg/Home/speakers.asp?cid=6040>

Calendar of Events:

<http://www.clubrunner.ca/CPrg/Home/events.asp?cid=6040>



Rotary is on the Web!

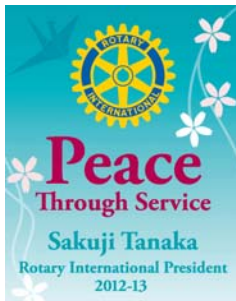
Rotary International— www.rotary.org
District 5650— www.rotarydistrict5650.org
Lincoln South Rotary—

Future LSR Programs

- 11/9/12 Robert Rapp, Dist. 5650 Group Study Exchange Chair—The GSE Program
- 11/16/12 Jim Griesen, District Governor Elect - The Rotary's Future Vision
- 11/23/12 NO MEETING— HAPPY THANKSGIVING!
- 11/30/12 Joel Christiansen— Speaking Services: "Five Tenets for Building a Championship Business"
- 12/7/12 Robin Exchliman & Dave Albers- "Grow Lincoln Radio Show"
- 12/14/12 Richard Baier— EVP Ne Chamber of Commerce: "Forging Nebraska's Future"

Events & Projects

- 11/20/12 Jeff Raikes— Grand Island Country Club.
- 12/14/12 Lincoln South Annual Holiday Party at the home of Bob and De Etta Vrana.



Notes & Announcements

Joint District

Event—District 5650 and District 5630 in western NE are together sponsoring the speaking engagement of Jeff Raikes at the Country Club in Grand Island on November 20, 2012 which will include a buffet. Reserve your place by submitting your check for \$25, made payable to the Grand Island Rotary Club. Please note "Raikes Polio Program" on the memo line of your check. Mail to: Grand Island Rotary Club, P. O. Box 973, Grand Island, NE 68802



New Member Orientation—Membership chairman Elise White reported that there will be a new member orientation scheduled for January. January is going to be designated as Membership Month so programs will focus on that.

Salvation Army Bell Ringing—Every year Lincoln South volunteers to assist with the Salvation Army Bell Ringing. This year the Lincoln South team will be ringing bells at the Super Saver at 27th and Pine Lake on Saturday December 15, from 10 am to 6 pm. Sign up sheets 1 hour shifts will be available at club meetings.

Annual Holiday Party—The Lincoln South Annual Holiday party will be co hosted by Pat Grewe & Bob and DeEtta Vrana on Friday, December 14. John Herdman will again be coordinating a gift exchange. More details to follow.

Annual Nut Sales—The Lincoln South annual nut sales have been cancelled. However, you can still order individually if you want. Nicki Klein will provide the order list for you. There is a fundraising committee that is working toward other projects for 2013.

Veteran Recognition—Bob Vrana reminded the Lincoln South veterans to submit their photo, if they haven't already, to him for the Veteran's Day presentation on November 9.

Dictionary Project—Clay Ehlers reported another successful dictionary distribution. Lincoln South donated \$800 to the dictionary project which served 3800 fourth graders in Lincoln.

Board Elections— Election Chairman Elise White said that the following Lincoln South members will be nominees for the 2013-2015 Board election: Bryan Block, Clay Ehlers, Logan Otto, and Kiley Wiechman. Two will be elected out of the group of four nominees.

Red Cross Appreciation Game—*See page 5 for pictures of the Lincoln South collection team.*

2012-2013 Club Goals

1. *Attain & Maintain 52 total members.*
2. *Hold a successful fund-raising event.*
3. *End Polio Now.*
4. *Earn the Presidential Citation.*
5. *Reinvigorate Vocational Service.*
6. *Have even more fun than last year!*

**QUESTIONS?
COMMENTS?
ARTICLES?**

**Contact Newsletter
Editors**

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Chris Dietz

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**November
Birthdays**

Carl Zeutzius
Bryan Block

**PROGRAM**

Joe Roberts, Rotary Foundation Chair, reminded the group that November is Foundation Month. Programs for November will feature Rotary Foundation information, the telling and illustrating.

Joe introduced Gretchen Bren, who is the District 5650 Polio Chairwoman. She is the Executive Secretary for Downtown Omaha Rotary Club. She has been Executive Director since 2007. Her husband, Gary Bren, also a Rotarian, got her involved. She is a Paul Harris fellow and a facilitator for the Rotary Leadership Institute. Her training is in computers and web design. She is a Microsoft Certified Specialist.



She has participated in several National Immunization Days. She has been in Nigeria in 2008 and 2010. She is going back to Nigerian again later this year.

The program centered on the Polio Plus Update and How far we've come! Gretchen stated that getting involved in Rotary and the polio project started her path. She cannot believe that she will see the eradication of Polio in her lifetime.

The facts: There were 125 endemic countries crippled by polio. This started Rotary to plan the most ambitious project ever undertaken by a private entity.

Since 1985, over 2 billion children have been immunized. In 1988 there were 350,000 cases of polio a year. In 2011 there were 502 cases of polio. In 2006 the Bill and Melinda Gates Foundation awarded Rotary \$100 million and was increased to \$350 million. Rotary's commitment is to raise \$200 million by June 30, 2012. In 2011, Rotary announced the new public campaign called "This Close" to ending polio. In 2012, India is taken off the polio endemic list.

Wild polio strains can move into other countries. Recently there were 450 in Tajikistan. There were 1349 cases in Congo and China. Importation problems in 2011 included sixteen countries. The World Health Organization and Center for Disease Control now have new policies to get outbreaks sooner.

Gretchen reminded the group that

once you have contracted polio it is for life. So it is important to get all children vaccinated against this deadly disease.

So to follow the money, Gretchen stated that 20% comes from private funding such as Rotary International and the Gates Foundation. Fourteen per cent come from the G8 Countries and 23% come from the domestic resources of the countries that still have polio cases. There is a funding gap at this time. The shortage is \$945 million.

She stated that Rotary does not spend money on research. Rotary is only into operations, support and controls. They are for surveillance and coverage of the program basically. There are polio eradication targets and Rotary's goal is 2014. However, the milestones have not been met yet but are in reach.

A national Immunization Day is all year long in the countries affected by polio. She states that it is neat to see the efforts of the local people. And for them to know that the rest of the world cares. Rotary provides signs for the location that will help and encourage families to get the children vaccinated.

A Cold Chain is when the vaccine must be cold to work. If there is warm vaccine it dies. There is temperature sensitive square on the package so that volunteers know that a vaccine is no longer viable. Coolers and ice packs are used to keep a vaccine cold.

Gretchen is often asked why she continues to go back again. Her answer is always "Polio is a way of being involved."

She likes to work in the schools. Volunteers can serve 435 students per day. Often other medicines are given along with the vaccine such as Vitamin A or worming medications. These provide a healthier absorption of the polio vaccine.

She does what she does because "one person can make a difference." Many families are against immunizations probably because of fear and distrust. Children need 6-12 vaccinations during their childhood. Every child under five is vaccinated if possible. There is an 80-90 per cent effectiveness rate for the vaccine.

MEMBERSHIP MINUTE- BERNIE POPPE

Bernie Poppe is currently retired. He did work 32 years at Farmland Industries. His family moved seven or eight times. They finally wound up in Kansas City. He is originally from Chester, Nebraska where the town claim to fame is the founding of six man football. It was originated by Dr. Stephen Epler in 1934. Although he has been to many interesting places, his favorite is the boundary waters area in Minnesota because you get away from the pressures of the world. While living in Mankato, his neighbors asked him to join Rotary. It was a large group of 200-300 members. He moved to Overland Park, Kansas to own a Flowerama with his wife, Roberta. He was asked to help with a Rotary Club start up in Shawnee Mission, Kansas which was a smaller group much like the size of Lincoln South. He felt that was the best experience and figured out what Rotary was all about. He stated that "it is something bigger than yourself." He married his blind date in college and they celebrate their 51 year anniversary on December 31, 2012. Congratulations Bernie and Roberta!

**PLACES TO MAKE UP**

Tuesday morning—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:00 AM

Tuesday Noon— Lincoln #14-Nebraska Club at 13th & M.

Wednesday 11:45 a.m.—Lincoln East at Valentinos at 70th & Van Dorn

RED CROSS APPRECIATION GAME

