



# The Sower

Official Publication of  
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984



WEEK OF DECEMBER 16, 2011

## PRESIDENT'S CORNER

### Lincoln South Officers and Directors

<b>President</b> Elise White <a href="mailto:elisemwwhite@mac.com">elisemwwhite@mac.com</a>	477-2233
<b>President-elect</b> Pat Grewe <a href="mailto:Patrick.grewe@usbank.com">Patrick.grewe@usbank.com</a>	434-1322
<b>Secretary-</b> Nicolette Klein <a href="mailto:nicki.klein@tieronebank.com">nicki.klein@tieronebank.com</a>	473-6422
<b>Past President-</b> Tom Cardwell <a href="mailto:tcardwel@southeast.edu">tcardwel@southeast.edu</a>	402-228-8220
<b>Treasurer-</b> Corey Vandewege <a href="mailto:corey@dsisupply.com">corey@dsisupply.com</a>	466-0440
<b>Membership -</b> Jessica Kolterman <a href="mailto:jessicak@nefb.org">jessicak@nefb.org</a>	421-4433
<b>Public Relations-</b> Scott Delisi <a href="mailto:sdelisi@ameritas.com">sdelisi@ameritas.com</a>	309-2504
<b>Club Administration-</b> Brad Carter <a href="mailto:bcarter@woodspros.com">bcarter@woodspros.com</a>	430-6223
<b>Service Projects-</b> Dave Hilsabeck <a href="mailto:dhilsabeck@hotmail.com">dhilsabeck@hotmail.com</a>	489-9792
<b>The Rotary Foundation-</b> Joe Roberts <a href="mailto:jroberts@midfin.com">jroberts@midfin.com</a>	434-8050



Greetings Rotarians!

I wanted to wish all of you and your families a very merry holiday season and a very healthy and happy New Year. We will not have any regular Friday meetings again until January 6, 2012, so I want to wish you all the best and I look forward to seeing you all again next year!

Happy Holidays,

Elise M. W. White  
President of Lincoln South Rotary

## Visiting Rotarians and Guests

*Rotarians*—Stu Spero, Vi See, Mailani Veney and Barb Tyler, all of Club 14 .

*Guests*—Marcia Matthies, guest of Bryan Block and our speaker

### CLUB SERVICE TEAM ON DUTY

Bernie Poppe  
Brad Carter  
Chris Dietz  
Bryan Block  
Joe Roberts



### HAPPY DOLLARS (For Health & Hunger)

Joyce Schmeekle, Jessica Kolterman, Logan Otto, Clay Ehlers, Mailani Veney, Jim Pattavina, Dave Hilsabeck, Aaron Babcock, Roger Vicroy, Elise White and Gene Swinton.



Reach Within to Embrace Humanity

### Future LSR Programs

- 12/23/11 NO MEETING— HAPPY HOLIDAYS!
- 12/30/11 NO MEETING— HAPPY NEW YEAR!
- 1/6/12 Rod Bates—NETV
- 1/13/12 Deb Shoemaker “Peoples Health Center”
- 1/20/12 TBA
- 1/27/12 Paul Harris Drawing & Club Assembly
- 2/3/12 TBA
- 2/10/12 TBA
- 2/17/12 Tom Morrison— Superintendent  
Branched Oak Rec Area— “Branched  
Oak Lake-Recreation for all Today and  
Tomorrow”
- 2/24/12 Adam White— Entrepreneur Performer  
“Compelling Communication”

### Events & Projects

- 1/7/12 Membership Seminar
- 1/9/12 New member orientation—at 12 noon  
at Farm Bureau offices
- 1/17/12 Club 14 Annual Nebraskan of the Year  
Luncheon at Embassy Suites.
- 3/27/12 Annual Salute to Business at the Corn-  
husker Marriott.

## Notes & Announcements

**Nut Sales**—The nut sales are in full swing. Sales kits have been put together which include a sample of each item that members can take to show what is available. Otherwise you can pick up what you need at each meeting or contact Brad Carter and arrange to get them delivered. This will be our only major fundraiser this year since the golf outing was cancelled. *See page 4 for an order form with prices.*

**Football for Foundation**—Elise White presented a check in the amount of \$240.00 to the Lincoln South Rotary Foundation for the winners of the weekly football for foundation drawings. Thanks to Elise.

**Nebraskan of the Year**—Harold Anderson of Omaha will be honored on 1/17/12 as Nebraskan of the Year. The luncheon will be held on 1/17/12 at the Embassy Suites. Tickets are \$25 per person. See Joe Roberts for tickets.

**Foundation Drive** The annual Dr. George Lytton Memorial Challenge 2011-12 RI Foundation Fund Drive is in full swing. The drive will run for the months of December and January with the goal of 100% participation at \$120 per member. Contributions can be made in a lump sum or using pre-authorized monthly bank withdrawals or credit card payments. The drive will conclude on January 27, 2012 with a drawing where the winner will receive an immediate Paul Harris fellow. Members must have contributed \$300 to be eligible for the drawing.

**Membership**—Jessica Kolterman reported that the next Membership Seminar will be held January 7, 2012. There is a new member orientation scheduled for January 9 at noon in the Farm Bureau office

### Lincoln South Rotary Clubrunner Links:

Meeting & speaker information:

<http://www.clubrunner.ca/CPrG/Home/speakers.asp?cid=6040>

Calendar of Events:

<http://www.clubrunner.ca/CPrG/Home/events.asp?cid=6040>

### December Birthdays

Clay Ehlers  
Brad Carter  
Chris Dietz  
Tracey McLain  
John Herdman  
Dean Heermann



Reach Within to Embrace Humanity

## PROGRAM

### 2011-2012 Club Goals

1. *Attain & Maintain 55 total members.*
2. *Increase number of female members & young professionals.*
3. *Hold periodic club assemblies.*
4. *Incorporate "New Generations" into current club service projects.*
5. *Maintain 100% sustaining membership in the Rotary Foundation.*
6. *Have a rewarding, unforgettable year!*

Bryan Block introduced Marcia Matthies. Her career has been primarily in the health care field, from licensing doctors, dentist and veterinarian on the state level to working directly with seniors across the state.

Ms. Matthies helped start the first "for profit" hospice in Nebraska and continues as a hospice volunteer. At Your Side is a business that she started to help families navigate the health care needs of loved ones. She often covers emergency rooms in Lincoln to accommodate families. She does part time outreach coordination for the Nebraska State Stroke Association. She does marketing and actively serves on 10 boards and committees in the Lincoln area.



Air Park area. It was a lake that was originally dug by hand to keep soldiers busy. She believes that all generations will be able to utilize this park and it will have two piers. This is a unique project to Lincoln. Volunteers will be recruited to maintain the areas so that no state or tax dollars will be used for maintenance.

She touched briefly on the need to be knowledgeable about when a person is having a stroke. The sooner the person with a stroke gets to a hospital the better chance for full recovery. A stroke will occur in an artery to the brain that is blocked or bursts. The result is that the brain does not get the blood it needs and begins to die.

The Bowling Lake Fishing Pier Project is a project that she is currently working on in cooperation with Game and Parks and other entities. This project is to promote resources for recreational fishing experiences that people with special needs can use.

The committee that is organizing this effort meets every Thursday at 9 a.m. in the Madonna Cafeteria. Bowling Lake is in the

Stroke warning signs include, sudden numbness or weakness of face, arm or leg, sudden confusion, trouble speaking or understanding, trouble seeing in one or both eyes, sudden trouble walking, dizziness, loss of balance or coordination, sudden and severe headaches with no known cause.

**QUESTIONS?  
COMMENTS?  
ARTICLES?**

**Contact Newsletter  
Editor**

Judy Krasomil  
434-3909

[judy.krasomil@nifa.org](mailto:judy.krasomil@nifa.org)

### PLACES TO MAKE UP

**Tuesday morning**—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:00 AM

**Tuesday Noon**— Lincoln #14-Nebraska Club at 13th & M.

**Wednesday 11:45 a.m.**—Lincoln East at Valentinos at 70<sup>th</sup> & Van Dorn



### Rotary is on the Web!

Rotary International— [www.rotary.org](http://www.rotary.org)  
District 5650—[www.rotarydistrict5650.org](http://www.rotarydistrict5650.org)  
Lincoln South Rotary—

<http://www.clubrunner.ca/CPrg/Home/homeS.asp?cid=6040>

