



The Sower

Official Publication of
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984



WEEK OF DECEMBER 17, 2010

PRESIDENT'S CORNER

Lincoln South Officers and Directors

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Past President- Tracey McLain tracey.l.mclain@rbcdain.com	465-3814
Treasurer– Corey Vandewege corey@dsisupply.com	466-0440
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Club Administration– Brad Carter bcarter@woodspros.com	430-6223
Service Projects- Dave Hilsabeck dhilsabeck@hotmail.com	489-9792
The Rotary Foundation- Joe Roberts jroberts@midfin.com	434-8050



Today I was reflecting on the fact that New Years is fast approaching. Time flies by so quickly. I think it is important to remember those close to us in body and spirit. For many families the holidays are a joyous time spent with family and friends. We see people we care about and have the pleasure of hosting them and making them feel welcome in our home. It is a good feeling to be able

to open up our homes to people we care about even if at some level it is exhausting. Likewise it is enjoyable traveling to see people we care about. We should savor these times because as we know nothing lasts, at least temporally. Perhaps your family has experienced a loss of a loved one or has someone with a serious illness. Perhaps your family has someone serving in the military or in some capacity where their safety is not assured.

Lets all take time this year to pause and reflect on our blessings and be thankful for what we have. One thing we have is our Rotary family. I know that people in our club and district care about fellow members and offer support in times of need. Lets continue this great attitude and even strive to increase our efforts to “pay it forward” as we enter 2011.

Tom Cardwell

Visiting Rotarians and Guests

Rotarians—Lucy Buntain Comine and Bill Schmeekle from Club #14.

Guests—Kate Huebner our speaker for the day and her sister Becky.

CLUB SERVICE TEAM ON DUTY

Theresa Harms
Clay Ehlers
Patrick Grewe



Notes & Announcements

Future LSR Programs

12/24/10 **NO MEETING**— Merry Christmas!

Events & Projects

DEC **Family Month**

1/18/10 **Club 14 Nebraskan of the Year Luncheon**

Nut Sales—Nut and Chocolate Sales are in full swing. Sales kits are available that include one of each item (except coffee). Otherwise you can pick up items at the meetings or call Brad for special orders. *See pages 5 and 6 for the order form and flyers that you can email to friends.*

End Polio Now Campaign—Shahid Kamal reported that the 4 Lincoln clubs will again be collecting funds for the End Polio Now campaign at 6 locations in Lincoln on March 26, 2011. Collections will be at various Wal Mart locations and Russ's IGA. More details will be coming. Shahid reported that todate, Rotary has raised \$140 million of the \$200 million challenge from the Bill & Melinda Gates Foundation.

Annual Foundation Drive—The drive is in full swing through January 31, 2011. The goal is Every Rotarian Every year with all club members contributing \$100. Contact Joe Roberts with your contributions.

Club 14 Nebraskan of the Year Luncheon—Lincoln South has again reserved a table for 10 for the Luncheon. If you are interested in attending, please contact Joe Roberts by January 11, 2011. Tickets are \$25 apiece.

Red Cross Basketball Games—Brad Carter reported that approximately \$3,740 was raised between the men's and women's games. Thanks to the following volunteers who helped collect.

Phil Maddern
Craig Madson
Roger Vicroy
Sandy Taylor

Short Heinrich
Bob Obst
Bernie Poppe
Brad Carter

HAPPY DOLLARS (For Health & Hunger)

Jason Smith, Mary Simmons, Lucy Buntain Comine, Joyce Michaelis, Joyce Schmeekle, Short Heinrich, Chris Dietz, Jessica Kolterman, Dave Hilsabeck, Nicki Klein and Tom Cardwell.



PLACES TO MAKE UP

Tuesday morning—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:00 AM

Tuesday Noon— Lincoln #14-Nebraska Club at 13th & M.

Wednesday 11:45 a.m.—Lincoln East at Valentinos at 70th & Van Dorn

Center for People in Need—Thanks to the following Lincoln South Rotarians who helped to distribute food for the Giving Thanksgiving Food event at the Center for People in Need:

Tracey McLain
Devon McLain
Dick Wampler
Mary Simmons
Tom Cardwell
Jenny Cardwell

Mr. Gia Baramia
Ms. Dali Khomeriki
Dr. Rita Prokepenko
Ms. Bella Kopeniani
Mr. Nugzar Sekania
Samip Patel

55+ Article—Thanks to Keith Larsen, editor of the Lincoln 55+ paper for the Lincoln South Rotary advertisement for our nut sales. It is much appreciated!

December-Birthdays

Clay Ehlers
Brad Carter
Tracey McLain
Chris Dietz
John Herdman
Dean Heermann



Lincoln South Rotary Clubrunner Links:

Meeting & speaker information:

<http://www.clubrunner.ca/CPrg/Home/speakers.asp?cid=6040>

Calendar of Events:

<http://www.clubrunner.ca/CPrg/Home/events.asp?cid=6040>

PROGRAM

2010-2011 Club Goals

1. *Club Strength— Leave the club better than when I took office.*
2. *Club Growth— Attain and maintain membership of 55.*
3. *Support Polio Eradication.*
4. *Support critical project in one of 3 areas; Health & Hunger, Water or Literacy.*
5. *Maintain 100% sustaining membership in the Rotary Foundation.*
6. *Achieve the Presidential Citation*
7. *HAVE FUN!*

Our guest speaker for the day was Kate Huebner who was a Youth Exchange Student to Sweden. Kate spoke to the club about an organization that she is involve in called Student volunteers & Optometric Services to Humanity (SVOSH).



SVOSH was started in 1975 by the Southern College of Optometry in Memphis where she is currently a student. SVOSH members travel to Central and South America to provide free eye care services. To date SVOSH has helped 190,000 patients in 14 countries. The group is sponsored by the Lyons clubs which is the largest donor of glasses in the US. The group makes one trip per year. They stay with host families while they are there but each student is required to raise \$1,000 during the year to pay for their trip. Each student is also required to work 30 hours in the lab packaging glasses for the trip.

There are normally 10-12 students and one doctor per group and 70-80 people go each year. They set up a clinic and many times perform exams outside. They usually see about 300 patients per site. They do visual acuity tests, retinoscopies and check the health of the eye. 60% of the patients they see have disease of the eye and 10% is sight threatening. Damage from sun exposure is the largest problem

they see since many of the countries are close to the equator. Also many of the patients do close craft work and it is exciting to watch them able to see well for the first time.

The purpose of Kate's visit with us was to raise awareness about SVOSH and the great things they do. For more information visit their website at www.SVOSH.org.

**QUESTIONS?
COMMENTS?
ARTICLES?**

**Contact Newsletter
Editor**

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Rotary is on the Web!

Rotary International— www.rotary.org
District 5650— www.rotarydistrict5650.org
Lincoln South Rotary—

<http://www.clubrunner.ca/CPrg/Home/homeS.asp?cid=6040>



MEMBER MINUTE

Clay Ehlers was born in York but has lived in Lincoln since he was 5 years old. He has been a member of Lincoln South for 7-8 years. He is married to Julianna and has a 6 year old daughter Claire. He loves to run marathons and drink micro-brewery beer. He works for Kenexa which helps organizations hire the right people.

THANK YOU FROM BOB VRANA

Tom, Thanks to you and all the members of Lincoln South Rotary for the very special Thanksgiving cards and e-mails. I really enjoy hearing from you and am thankful to be part of such a special club. I try to read the newsletter whenever I can to keep up with all of your projects--thanks Judy.

I survived summer and early autumn, with the highs of 110-130, and now I get pretty chilly with the highs in the 70s and downright cold with the lows in the 40s. This week it is supposed to dip into the 30s overnight. I know that is considerably different that what you are experiencing.

Since most of us work every day here the days tend to run together, I usually have to check my watch to know the date and even the day of the week. We refer to this phenomenon as "Groundhog Day," after the Tom Hanks movie where he woke up to the same day over and over again. Well at least we only have about 180 more Groundhog Days to go before we head for home--not that I'm counting.

We have lots of activities planned for the holiday season so that should help to break us out of our Groundhog Day routine and also mitigate the homesickness. I should be home on leave sometime in February; I will do my best to attend a meeting

Thanks for your support.

Bob





Lincoln South Rotary

The Sower Club

ANNUAL NUT SALE



Here it is - your opportunity to purchase unique and delicious nuts, coffees and chocolates from Lincoln South Rotary



Sample Pkg

Nuts

- Pecan Halves – 1 lb tub..... \$9.00
- Cashews – 12 oz. tub..... \$9.00
- Salted or Unsalted Almonds – 14 oz. pkg..... \$8.00
- Pistachios – 12 oz. tub..... \$8.00
- Deluxe Mixed Nuts – 1 lb tub..... \$8.00

Snack Mixes

- Tailgate Mix – 14 oz tub..... \$6.00
- Sweet Cajun Heat – 14 oz tub..... \$6.00
- Cross County Mix – 1 lb tub..... \$6.00



Sample Tub

Chocolate Covered Nuts

- Chocolate Covered Mixed Nuts – 12 oz. pkg.. \$8.00
- Chocolate Covered Cashews – 1 lb tub \$9.00
- Chocolate Covered Peanuts – 1 lb tub..... \$7.00
- Chocolate Covered Almonds – 14 oz. pkg \$8.00
- Chocolate Covered Pecan Clusters – 1 lb tub. \$8.00



Sample Coffee

Sweets

- Baker’s Chocolate Asst. – 12 oz tub..... \$9.00
- Yogurt Covered Pretzels – 12 oz tub..... \$5.00

Specialty Coffee Blends

- By Special Request



Baker's

If there is something you are interested in – just ask – we will see if we can order it; it is possible that not all products will be available at all sale sites; but orders can be taken for any product at any time.

For information or to place an order, contact:
Brad Carter: 430-6223; bcarter@woodspros.com
Dave Hilsabeck: 402-641-6721; dbhilsabeck@hotmail.com

