

The Kiwatule



Monthly Magazine - AUGUST 2023, VOL. 22, ISSUE 2

(THEME OF THE MONTH - MEMBERSHIP & NEW CLUB DEVELOPMENT)



Contents



In this edition

- 3** Editor's message
- 5** Rotary International President's Message
- 6** District Governors Message (D9213)
- 7** Assistant Governor's Message
- 9** Club President's Message
- 11** "Rotary 5 - a - Side Football Tournament"
- 15** TRF Wall of Fame
- 17** Projects Pipeline
- 20** Up, Close & Personal, with our Newest Rotarians
- 21** Rotaract Club of Kampala "The CORE" installation
- 22** cfao motors partners with NCBA Bank
- 28** Food for Thought
- 29** Book Review Corner

Cell on Duty members

VIOLIN

1. GODFREY B. SSEMUGOOMA
2. ELVIS KHISA
3. WYCLIFFE MWAMBU
4. SHARLON ATUKUNDA
5. OBAL ATUBO
6. RICHARD TUMWESIGYE
7. DAMALIE NSIBAMBI
8. ANDREW KIKIRA ANKUNDA
9. DENIS ASIIMWE
10. BARBARA AKELLO NJUKI
11. GEORGE SSENYOMO
12. KAGABA PAUL MUKIIBI
13. IRENE ATTO
14. LYNN KATENDE
15. EDRINE NAMAYANJA
16. ROBERT ONGODIA
17. BECKY NALUGYA
18. STELLA RACHEAL UWERA
19. ABEL MURWANI
20. ANNET CHEROTIC
21. SHEILA AHABWE

Board of Directors (2023/2024)

1. **PRESIDENT:** ALEX M. B. TWESIGYE
2. **IMMEDIATE PAST PRESIDENT:** MARION NATUKUNDA
3. **PRESIDENT ELECT:** WINNIE BABIHUGA
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5. **DIRECTOR (MEMBERSHIP):** SHEEBA M. TUMUSHABE
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7. **DIRECTOR (PUBLIC RELATIONS):** ALLEN BABIHUGA
8. **DIRECTOR (SERVICE PROJECTS):** HENRY MUKIIBI
9. **DIRECTOR (YOUTH SERVICE):** MICHAEL BABU
10. **DIRECTOR (VOCATIONAL SERVICE DIRECTOR):** GEORGE OKELLO-OPIO
11. **CLUB SECRETARY:** JULIANE ONGOM ETIMA
12. **DIRECTOR (CLUB ADMINISTRATION):** BARBARA AKELLO NJUKI
13. **DIRECTOR (FAMILY OF ROTARY):** DR. MARY NYENDE KANSIIME
14. **VICE PRESIDENT:** HENRY ISAIAH KATONGOLE
15. **FUNDRAISING OFFICER:** JIMMY ONESMUS ADIGA
16. **ATTENDANCE OFFICER:** ROSETTE ADROA MUTU
17. **5-A-SIDE OFFICER:** EDWARD NKANGI
18. **SERGEANT AT ARMS:** ELVIS KHISA



EDITOR'S MESSAGE



Rtn. Betty Arem Obbo
Bulletin Officer.

Dear Friends,

Welcome to the second edition of "The Kwatule Mail" monthly bulletin for the Rotary Club of Kwatule. The monthly bulletin endeavours to tell the story of the good that Rotary does with the aim of encouraging more hands, especially Corporate Companies, to join the cause of serving humanity.

We sincerely thank the various Corporate Companies that have supported Rotary in general, and Rotary Club of Kwatule, in particular, over the last few years. To this end, the editorial team will feature one Corporate Company per month, starting with NCBA Bank for this August month.

Please enjoy the captivating stories, and innovative initiatives and projects that have been tailored by Rotary.

The July month, in particular, showcased the power of synergies when Rotary came together with Corporates and well-wishes through the fun-filled fundraiser, namely, the 7th edition of the "Rotary 5 – a –

Side" football tournament at MTN Football Stadium, Lugogo. The funds raised will go a long way in supporting the environment, health, literacy, peace / conflict resolution, mental health, water & sanitation projects that the various Clubs are involved in.

The Rotary 5-A-Side is an annual fundraising activity of the Rotary Club of Kwatule. This time, Rotary Club of Kwatule partnered with KCB in this fundraiser event. 68 teams registered and participated in this edition in the various categories, namely: 16 Corporates, 40 Rotary Clubs & 12 Rotaract Clubs

Match day was graced by the District Governor (District 9213) – DG Edward Kakembo, and DGE Anne Nkutu, and many other dignitaries.

The main objective of the Rotary 5-A-Side editions is to raise funds towards various humanitarian projects and the prize monies are only released after the winners submit the project proposals for which the funds are intended.

The editorial team thanks everyone who has supported the successful production of this magazine through contributing articles or proof reading and calls upon more support over the next 10 months of the Rotary Year.

Proud to Serve,
Rtn. Betty Arem Obbo
Bulletin Officer (Rotary Club of Kwatule)



Fellowship Program

7.00 Call fellowship to Order
The Grace / Invocation
The Loyal Toast
The Four Way Test
The Object of Rotary
Apologies
Introductions of visiting Rotarians,
Rotaractors & Guests
Rotary Information
Introduction of Guest Speaker
Q&A
Vote of thanks
Sergeant-at-Arms
Final Toast

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of the ideal of service in each Rotarian's personal, business and community life;

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

The Grace

Oh Lord and Giver of all Good, We thank thee for our daily food. May Rotary friends and Rotary ways, help us to serve thee all our days, AMEN.

The 4-way Test

Of the things we think, say or do;

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Allocation of Community Service Projects to Cells

1. Papoli – Trumpet Cell
2. Boy Child – Saxophone Cell
3. Sunda Project – Violin Cell
4. Mental Health- Piano Cell
5. Nakivale water Project – Harp Cell
6. Project cure – Flute Cell



Rotary International President's August 2023



Gordon R. McNally, President, Rotary International 2023-24

At the 2023 Rotary International Convention in Melbourne, I asked all Rotary members to become champions in our effort to illuminate mental health needs near and far. This includes helping one another feel more supported, advocating for

It's an important task and a big ask. But it's also something that should feel familiar to every Rotary member — because everything we do is in the spirit of caring, giving, friendship, and compassion, and has been from the beginning of our organization.

We've grown into an amazing global network of 1.4 million interconnected community leaders — leaders who share a deep commitment to doing good in the world. But what makes Rotary powerful isn't just what we do for the communities we serve. We also support and empower each other, by creating a safe space for our members to bring their whole, authentic selves. We show each other comfort and care.

These connections are deeply meaningful. The U.S. surgeon general recently declared loneliness a public health epidemic. Dr. Vivek Murthy said, "We must prioritize building social connection the same way we have prioritized other critical public health issues such as tobacco, obesity, and substance use disorders." I am proud of what Rotary has done across generations to build those kinds of social connections — and this magazine focused on loneliness and what Rotary can do about it in its January 2023 issue.

Our worldwide community and our foundational value prioritizing Service Above Self makes Rotary a powerful global advocate for mental health. A recently published study by Ohio State University found performing acts of kindness was the only one of three mental health interventions tested that helped people feel more connected to others. Study co-author David Cregg said, "Performing acts of kindness seems to be one of the best ways to promote those connections."

This research suggests what we've known all along — that doing good helps transform not just the communities we serve, but it also transforms us. As we put a greater focus on mental health, let's not think of this effort as something new

to Rotary, but rather as something we can do better and as a result have a greater impact on ourselves and the people we serve.

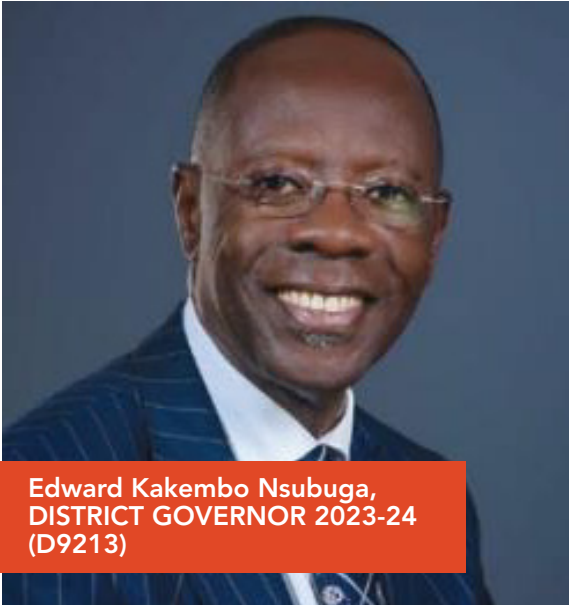
We are not starting this effort from scratch. The Rotary Action Group on Mental Health Initiatives has been focused on these kinds of issues for several years — and we will be looking to members of that group for leadership as we continue to build awareness.

Mental health care fits comfortably within several of our areas of focus. As of May, there are 41 global grant-supported projects with a mental health focus. Many of them have tremendous promise, and we will be highlighting them in the months ahead.

So let's work together to erase the stigma associated with emotional well-being, raise awareness of mental health needs, and improve access to preventive and interventional mental health services.

Together, we will Create Hope in the World.





Edward Kakembo Nsubuga,
DISTRICT GOVERNOR 2023-24
(D9213)

District Governor's July 2023 Message

From July's Excitement to August's Expansion:

July has been very exciting. Allow me to thank all the Rotarians of D9213 and our sister D9214 for overwhelmingly attending the launch of our signature project, and showing up in big numbers. The occasion was very successful. Kudos to the organizing committee headed by Rtn Jenifer Mirembe and her great team

Three days later in the office, I conducted my very first Governors visit to RC Kampala South where I was received with pomp and colour, and in that onehour ceremony I came out with \$3000 as a gift to Polio.

It is from then that a lot more has happened, many of you have blessed our district through me, with cheques. With this, I see us hitting our target earlier. Thank you all who have given so far; for that pat on the back.

I later proceeded to Northern Uganda starting with Gulu where I discovered that Rotarians in that side of our beautiful country are doing great and impactful projects. This super excited me because Rotary is about impactful life changing projects that we extend to the less privileged of our communities. The blessings my team and I carried from Archbishop Odama and other priests, we remain indebted to my

team in Northern region for organizing such a great, meaningful and picturesque events bringing the men of God on board.

I, then, proceeded to Arua and I am still amazed at the great inspiring projects. I thank all Rotarians from the greater Northern region for the amazing work they are putting their hands on. Now, as we step into the month of August, Rotary International celebrates Membership and New Club Development month, a time dedicated to embracing and expanding the global family of Rotarians. This is a special opportunity for all of us to reflect on the impact Rotary has made in our communities and to invite others to join us in creating positive change worldwide.

Rotary's strength lies in its diverse and passionate membership, united by the common goal of service above self. As we focus on membership this month, let us reach out to friends, family, and community leaders to share the inspiring work Rotary does and encourage them to become part of our extraordinary network of dedicated individuals.

New club development is the foundation for Rotary's growth and sustainability. I invite you to explore the possibility of starting a new Rotary club in your area, bringing together like-minded individuals who are committed to making a difference. Together, we can extend the reach of Rotary's impact and continue to serve humanity with compassion and purpose.

Let us embrace the spirit of Rotary in August and welcome new members into our family. By growing our membership and establishing new clubs, we ensure a bright and promising future for Rotary as we continue to create lasting change in the world.

My dear Rotarians, while our year is 12 months, the most productive period is from 1st July to 31st December so we have to pull our socks higher and higher to ensure that by 31st December we have achieved our goals by 80%.

I look forward to meeting all of you on the 27th day of August as we run to beat Cancer- One way of Creating Hope in the World.

ASSISTANT GOVERNOR:

Rtn. David Kintu (RC Kampala Ssesse)

In today's dynamic environment, maintaining a strong and thriving club like the Rotary Club of Kivatule is very important and needs extra and dynamic strategies. The success of any club depends on its ability to attract new members, retain existing ones, and keep them actively engaged. This month's theme is Membership & New Club Development and so together we will explore effective strategies to achieve these objectives and maintain a vibrant and strong club.

But first, let us understand the theory of Attraction, Retention, and Engagement in our club.

Attraction: The first step in maintaining a thriving club is attracting new members. Attraction can be achieved through impactful service, outreach efforts, word-of-mouth referrals, and a clear value proposition, highlighting the benefits of joining the club, such as networking opportunities, access to resources, or a sense of belonging.

Retention: Once you have attracted members, retaining them becomes crucial. High member retention is indicative of a strong and healthy club. To retain members, focus on providing consistent value, exceptional experiences, and addressing their needs and expectations. Implementing feedback mechanisms through effective communication to understand members' preferences and pain points, and adapt your engagements accordingly.

Engagement: An engaged club is an active and impactful one. Engagement fosters a sense of loyalty and encourages members to actively participate and contribute to the club activities and projects and hence the sum total performance of the club. This can be achieved through regular effective communication, interactive events, gamification, and recognition of member achievements. An engaged club will thrive and attract even more members over time.

How then can the Rotary Club of Kivatule achieve the above? Let us delve into the strategies that can be employed to attract, retain and engage our members effectively. Our initiatives are going to be based on the Buddy Group System.



1. Creating a Welcoming and Inclusive Environment

Welcoming may not be limited to new members, but also the current members at every event either physical or online. Making everyone feel they are part of that particular meeting or part of RCK. For example, feeling welcome in a buddy group, and the buddy group welcoming members for fellowship when they are in charge. Being inclusively welcoming without segregation by age or ethnicity.

2. Offering Valuable and Relevant Activities

RCK can be creative in engaging members by providing them with valuable and relevant activities. For example, having a variety of fellowships with formats that can be engaging, either through discussion or activity. Allocating activities to all buddy group members when in charge, engaging members through their vocations.

3. Recognizing and Rewarding Member Contributions

This is very key as members easily lose interest when not recognized. I have met a number of Rotarians

who leave Rotary, when they feel their value is not recognized. Recognizing and rewarding members for their contributions reinforces their sense of belonging and motivates others to actively participate in club activities. Implement a recognition system that acknowledges achievements, for example through your buddy groups, do you recognize or reward the person with the most ambassadorial visits.

4. Cultivating Strong Leadership at all Levels

A club thrives when it has strong leadership and effective moderation at both club and buddy group levels. We need to empower our leaders at all levels as this contributes to leadership development, if we allow the buddy group leader to fully work with his/her team to run fellowship, and let it be known that its members need to respect and cooperate with their leader at that level, or allow a committee develop a program through its leadership and deliver on behalf of the whole club, then this can only add to

the basket of leaders who can later lead the whole club.

In conclusion, as RCK, we are not leaving anyone behind, engage and engage, but this requires consistent effort, dedication, and a genuine commitment to the well-being of its members. By focusing on attraction, retention, and engagement, and by fostering a welcoming and inclusive environment, our club can flourish and make a meaningful impact on the communities in which we serve. Let's decentralize this effort at the Buddy Group level, each buddy group should attract, retain and engage its members. Remember that a successful club is not only about numbers but about creating a space where members feel connected, supported, and inspired to grow together and serve their communities.

David Rogers Kintu
Assistant Governor,
Kampala Area 8, District 9213



RC Kiwatule President's Message

Dear Rotarians and Friends,



We have ended our first month in the Rotary Year 2023/2024 while making progress in our planned activities especially with our signature Fundraising Event named the ROTARY-5-ASIDE.

This year, we held our 7th edition and we marked growth in the number of Rotary Clubs to 42, Rotaract Clubs to 12 and Corporates to 16 with over 1,500 participants. This is indeed one of the biggest Rotary Events in both Uganda Districts 9213 and 9214. I salute both organizers and participants.

As we prepare for the same event next year, let's explore ways of making the event bigger to accommodate more participants especially Rotary and Rotaract clubs because we, sadly, had to decline late registration of clubs and even refunded monies for others due to limited space available.

The month of August presents us with, yet, another opportunity to serve humanity while continuing our bonding and fun activities. This is membership month and as outlined in our plans, we need to have honest and open conversations on how to enhance member engagement and involvement. There are many avenues to have these conversations but in addition, we have purposely planned a club retreat / training. Kindly diarize this date and ensure you physically attend.

As we celebrate what we have so far achieved, let's not forget our obligations. By end of July 2023, 70 members had not paid any coin regarding the membership dues. Considering that both the RI and District invoices were due on July 15th, this is not a position a club like Kiwatule should be in. As a club, we occupy a unique position in the District but sadly the facts regarding payment of dues seems to convey a different message. I encourage all those who have not paid to dig deep, and I believe we shall all immediately make good our obligations.

We have new Cells based on musical instruments aiming at creating hope in the world. Interestingly, all these Cells have been assigned projects. We believe Cells are the ground for all activities and project activities are no exception. To this end, performance of cells shall be carried out on a monthly basis basing on the earlier circulated criteria. Results for the month of July will soon be published.

Once again, I salute you for all the efforts so far and without doubt, I know we shall surpass our targets for the Rotary year 2023/2024.

Proud to serve,
Alex Mugizi Bigirwa Twesigye
(HOPE CREATOR PRESIDENT)



President Alex Twesigye

MUBENDE "SUNDA" WATER PROJECT":

Providing Sustainable Safe Water in Mubende and Kassanda Districts, Uganda, the "Rotary Grant."

Background:

The project, estimated at \$52,000 USD, seeks to provide access to reliable water supply leveraging paid water services through a metered unit. This technology provides for collection of dues to access the water at boreholes and ensuring that there is timely support when the boreholes are broken. It also targets to repair at least 25 boreholes and installation of a sunda unit in water stressed areas. The boreholes that are targeted for intervention serve between 100 and 200 households per day. This is a reach of 500 to 1000 people per day that are serviced through this project.

The project is being implemented through a

partnership with RC Osaka-Semba (Japan) who have mobilised \$25, 000 USD, RC Najjeera contributing \$2,000 while RC Kiwatule will provide \$5,000 USD. The rest of the financing will be obtained through a global grant application by RC Kiwatule. MoWE is providing technical support to the project through the Mubende Rural Water Service Centre.

Mission to Mubende and Kassanda DLGs on 21st July 2023

1. Mission objective:

To meet and introduce the proposed project to top district leadership and signing of MoUs.

2. Mission Team

RC Kiwatule (Ronald Sekitoleko, Denis Asiimwe); RC Najjera (Andrew Serunjogi); Ministry of Water & Environment - MOWE (Paul Busoborwa); Sunda Technologies Uganda (Ayo)

3. Mission Results

(a) Mubende DLG

- Team met the Chief Administrative Officer - CAO and District Water Officer - DWO. The Local Council - LC V Chairman was not at station.

- CAO received the project positively and guided that the project targets water stressed parts of the District. He encouraged the team to consider community sensitisation as critical for project acceptance by the communities.

- CAO (a Rotarian) advised that the project partnership be expanded to involve resident Rotary Clubs, namely Mubende and Mubende-Metro.

- CAO advised that the team returns to the district to brief the LCV chairman to obtain his buy-in and subsequent sign off of the MOU.

(b) Kassanda DLGs

- Team met LCV Chairman, Deputy LCV Chairman, Secretary production, CAO(Rotarian), Deputy CAO, DWO, and Clerk to Council.

- The project was well received, and the chairman offered to be the project champion in the district.

- The Chairman guided that the project needed to take into consideration equitable access to all segments of the community.

- Chairman requested for additional time to internalise MOU which would be subsequently signed next week.

4. Next steps

(a) The Team will return to both DLGs on Tuesday with a view to concluding the MoU signing (with slight amendments to accommodate LCV Chairman) and final list of project sites for implementation.

(b) Budget to be reviewed for finalisation on Monday by Denis, Paul, and Ayo.

(c) President Alex M. B. Twesigye encouraged to engage his colleagues in Mubende to join in the partnership. It will ease our work on ground as some of them are senior technical officers in the DLG



Group photo: Rotarians (Kiwatule & Najjeera - Uganda, Osaka-Semba – Japan) with Mubende District & Ministry of Water & Environment officials

Cell		Project
1	Trumpet	Tororo Economic Empowerment (2projects)
2	Saxophones	Boy Child
3	Violin	Sunda
4	Piano	Mental Health
5	Harp	Nakivale Projects
6	Flute	Cure



Rotary 5-a-side Tournament Lights up MTN

Rtn. Carol Kakooza

the Rotary Club of Kololo outshone all, while Centenary Bank took home the corporate crown, with New Vision securing an impressive second position.

Dear Fellow Hope Creators,

The sun rose over MTN Omondi Stadium, painting the sky with hues of excitement as the Governors of District 9213 and 9214 launched the highly anticipated Rotary 5-a-side event.

As the gates opened, the air buzzed with the electric energy of camaraderie and community engagement, embracing Rotarians from near and far for a day of sports and philanthropy. The stage was set, the teams ready; it was time to let the games begin!

An astounding 89 teams of enthusiastic Rotarians, passionate Rotaractors, and dedicated corporate partners, united under the dynamic leadership of Chair Edward Nkangi, showcasing the power of unity in service. The stakes soared high, with mouthwatering prizes of UGX 5 million and UGX 3 million tantalizing the competitors, generously sponsored by the esteemed KCB. The tournament, organized by the Rotary Club of Kiwatule, drew heart-pounding excitement as last year's champions, the Rotary Club of Bukoto, handed the torch to this year's victorious Rotary Club of Kampala Sunshine, with Rotary Club of Kampala Ssesse Island and Rotary Club of Nakasero securing well-deserved positions on the podium. In the Rotaract category,

Beyond the thrill of the game, the Rotary 5-a-side Tournament holds a profound purpose—it is the flagship fundraising product of the Rotary Club of Kiwatule, now celebrating its 7th Edition. The tournament unites Rotarians, Rotaractors, and Corporate companies in a powerful alliance, with proceeds dedicated to community projects championed by the Rotary Club of Kiwatule. The cash awards bestowed upon the victors, are channeled towards projects that elevate lives and nurture sustainable communities.

The game itself, a whirlwind of adrenaline, boasts a unique format, with 5 players forming a team, and each full match lasting a thrilling 10 minutes. The spirit of inclusivity is celebrated, as every team must include at least one female player, fostering a harmonious balance of 4 men and 1 woman. The fixture formula hinges on numbers of 8, resulting in 8 groups of 4 to kickstart the action-packed tournament from 32 players. A standout aspect of the Rotary 5-a-side is that all players must be Rotarians, infusing the event with the true essence of fellowship and service.

The journey to this exhilarating morning was not without its challenges, as the 2020 and 2021 editions faced postponement due to the pandemic's grip. However, the unwavering spirit of Rotarians soared above adversity, with clubs registering in a heartbeat once the announcement for this year's event was made. Enthusiasm overflowed, and some clubs were even overwhelmed by the numbers, attesting to the magnetic allure of the Rotary 5-a-side.

As the games unfolded, cheers echoed from every corner of the stadium, reverberating with the joy of camaraderie. Rotarians from diverse regions, including Gulu, Mukono, and Masaka, traveled great distances to participate, reflecting the true essence of Rotary's boundless reach and impact. Corporate partners joined

MEMBERSHIP & NEW CLUB DEVELOPMENT

hands, with over 20 companies contributing to the noble cause, each giving according to their capacity.

With the title sponsor, KCB, and other generous contributors like Centenary Bank, NCBA Bank, New Vision, and Ecobank, the prize money of UGX 5 million for the winner, UGX 4 million for the runner-up, and UGX 3 million and UGX 2 million for the next positions showcased the tournament's meaningful purpose. Amidst the fervor of competition, the true winners were the community service projects that will benefit from the funds raised, demonstrating the immense power of sport and solidarity.

For Rotary Clubs across the nation, registering for this epic tournament is a ticket to a day of extraordinary experiences and heartfelt connections. As the 7th Edition marks a triumphant return, Rotarians eagerly anticipate future editions, yearning to be

part of this signature Rotary program. The Rotary 5-a-side Tournament exemplifies the heart of Rotary's spirit, uniting Rotarians, Rotaractors, guests, and corporate companies in a jubilant celebration of service, fun, and fellowship. When Rotarians unite, no goal is too ambitious, and no impact is beyond reach. This exhilarating journey of service through sport lights up the path towards a brighter, more sustainable future for all!

"Wherever there is a human being, there is an opportunity for a kindness." Seneca



PRIZE WINNERS

Corporates Category	Position	Prize
CENTENARY BANK	Corporates Category	Trophy + UGX 3,000,000
VISION GROUP	RUNNER	UGX 2,000,000

Rotary Category	Position	Prize
RC KAMPALASUNSHINE	WINNER	Trophy + UGX 5,000,000
RC KAMPALA SSESSE ISLANDS	1st RUNNER UP	UGX 3,000,000
RC NAKASERO CENTRAL	2nd RUNNER UP	UGX 2,000,000
RC NANSANA	3rd RUNNER UP	UGX 1,000,000

Rotaract category	Position	Prize
RAC KOLOLO	WINNER	Trophy + UGX 2,500,000
RAC BWEYOGERERE NAMBOOLE	RUNNER UP	UGX 1,500,000

PICTORIALS



Guard of Honour by DG D9213 (DG E. Kakembo)



Team KCB (Event Key Sponsors)



Team Centenary (the eventual Corporate Category winners)



Team DSTV (last year's Key Corporate Sponsor)



Team CORE - Rotaract Club of Kampala



The eventual Rotaract winners Rct. Kololo



FMS AFRICA LTD



Rotary Club of Bukoto
(Defending Champions)



Rotary Club of Muyenga
Breeze



Team Planbuild
(Corporate Category)



Team URBRA (Corporate
Category)



VIPs escorting Guest of Honour (DG
Edward Kakembo D9213) - Centre

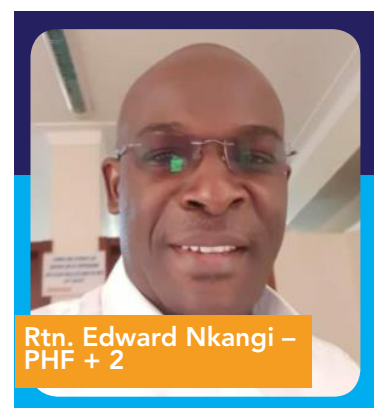
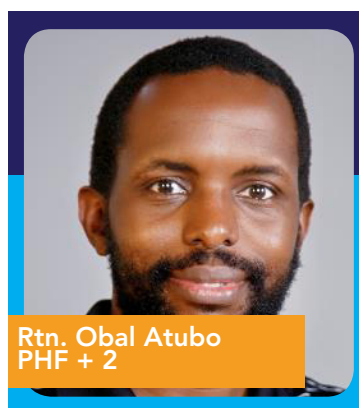


Team NCBA



TRF (THE ROTARY FOUNDATION)

WALL OF FAME (Givers of the August Month)





RCK PROJECTS' PIPELINE

S.No:	DESCRIPTION	STATUS
0	PROJECTS CLOSED	
A	Global Grant #GG1982469 Uganda Global Grant Solar Suitcase Project – Supporting 25 Health Centres \$152,500 “Lighting Every Birth “Initiative; Implemented with RC Mt. Pleasant Pennsylvania, USA (D7305), RC Blue Bell, Pennsylvania, USA (D7430).	All 25+2/25 Solar suitcase installations completed; Midwifery training done at 25+2/25 Health Centres; TRF CADRE visit completed; Project closed
B	Equipping Nakyessanja Primary School , incl. library UGX 15 million (\$4,300) (Kashanda Ya Nakyessanja – BELEP initiative) including paint works for all the internal surfaces, Books shelves, 15 Desks, 1No. Teacher’s table, 1No. Teacher’s chair and branding of the Desks; 664 Books; Tree planting (over 200 Trees to the School)	Handover of the Library done – July 1, 2022
C	Kashanda Ya Nyamabaare – over 1,300 patients served at Medical Camp & BELEP initiative@ Nyamabaare COU P/S (47 desks and 1Teacher’s chair; 18 reading books);	Completed – October 8, 2022; final report submitted
1	GLOBAL GRANTS UNDER IMPLEMENTATION	
A	Global Grant #GG 1866536 Ultrasound Machines, in partnership with RC Kampala Ssesse - Supporting 3 Health Centres \$99,915 USD	Site readiness assessments completed at Bumangi HC III, Bwendero HC III & Mugoye HC; equipment procured for all 3 HCs, and training done; Project closeout in progress
B	Global Grant #GG2012305_Cardiac Care & Cath Lab services at concessional rates to the rural poor in Kadi, India, in partnership with RC Kadi, India; \$576,000 USD	Equipment procured, lab launched and patients are now receiving service. Project closeout in progress
C	Nakivale Malaria Project (\$7,000) - in partnership with Rotary Malaria Partners International & Rotaract (Nakivale, Juru & Kampala The CORE) supporting pregnant women and children under 5 (community sensitisation, IEC materials, Radio messages)	IEC materials / Pamphlets IEC printed, Capacity building for VHTs, CRSs, HWs & Community sensitization done. RCK field visit conducted. Project closeout in progress
D	GG 2121577 (\$ 37,000) WASH projects in Nakivale: Improving Education, access to water and Sanitation in Nakivale with RC Prior Lake- (USD 37,000)	Application has been approved by RI . Implementation is in progress.
E	GG 2122662 (\$42,000) WASH projects in Nakivale: Providing Safe Water in Nakivale refugee settlement Camp with RC Prior Lake	Await approval
F	WASH Project Installation of boreholes in Nakivale Refugee Camp	Global grant was approved. Project implementation in progress
G	SUNDA – Water project Mubende district \$400,000 USD	International partner - RC Osaka Semba; Needs Assessment done; Global grant

		application in progress
I	GG2340995 - District Grant for D9213 Basic Education and Literacy Programme (BELEP) \$ 400,000 USD	RC Kiwatule to be part by contributing at least \$1,500 towards the grant
2	GLOBAL GRANTS APPLICATIONS IN PROGRESS	
A	Improving access to water in Nakivale Refugee Settlement, Uganda \$200,000 USD	Needs Assessment completed; GG Application in progress
B	Provision of dental services in Nakivale Refugee Settlement, Uganda \$150,000 USD	Needs Assessment completed; GG Application in progress; sourcing for International Partner
C	Equipping, Medical outreach and capacity building of Health workers at AKB memorial Hospital, Iganga, Uganda \$452,226 USD	Needs Assessment completed; GG Application in progress & sourcing for International Partner
D	Empowering the Boy & girl child in Karenga-Karamoja, Uganda in collaboration with Sheeba Cares Uganda \$400,000 USD	Needs Assessment completed; embarking on Global Grant & sourcing for International Partner
F	RI - USAID WASH project \$150,000 USD	2,000 USD Commitment to participate in the RI-USAID Project has already been submitted to the District Project Coordinator
G	Nakivale Youth Capacity building project (provision of sewing machines, computer, solar , tables and chairs (RC Kiwatule / RC District Perth western Austria) \$27,027 USD	Needs assessment has been done. Procurement in progress
3	NON-GLOBAL GRANTS PROJECTS (ONGOING & PLANNED)	
A	Anamwany Maternity Ward (UGX 184 million) \$53,000 (Kashanda Ya Anamwany) PP Francis Ogwang	Phase 1 construction in completed; final instalment paid (approximately 22 million shillings). Embarking on Global Grant to equip the maternity ward
B	Mental Awareness project (7 clubs)-RC Kiwatule, Bugolobi, Gulu, Morning Tide, Bweyogerere central, Kololo & CORE-Rotaract. (\$115,000 USD) UGX 419,500,000	Concept completed; Resource Mobilization in progress
C	Construction of a Vocational Training Centre & Show Room in Tororo \$500,000 (UGX 1.4 billion) (Kashanda Ya Papoli) PP Dennis Wandera ; Empowering marginalized communities by providing access to economic opportunities and services in Tororo. Skills building for 25 groups and Construction of a show room. The Global Grant will be implemented with RC Kansas, USA.	Needs Assessment completed, planning for implementation; The Construction Component is to be done by RC Kiwatule through partners like Tororo Cement & Others
D	Empowering marginalized communities by providing access to economic opportunities in Tororo with RCK / RC Cabarrus County in Concord - \$140,000 USD	MOU has signed between RCK and Centenary Bank for the revolving fund; Finalizing grant process with International Partner and application of the global fund
E	Construction of specialized latrines, walk ways and	Planning Stage; on hold; the district

	other facilities at Ishekye School for children with special needs \$20,000 (Kashanda Ya Ishekye) PP Vincent	Leaders opted for IREAD project
F	Hope Always; construction and equipping a home for children with severe disability, vocational training, environmental conservation; \$1,000,000	Needs assessment conducted; detailed project definition in progress; fundraising for construction in progress; Received \$24,556 USD from international partner (RC Fryeburg / D-7780 USA in the USA towards phase 1 and thereafter Global Grant application;
G	Saving babies and promoting their development, In partnership with Baylor Uganda	Concept formulated; review in progress
H	Nyabishera Early Childhood Development Centre. Access to affordable holistic ECD services, improvement of lives of women and their families through health promotion, income generation and food security in Sheema district. RC Kampala Day Break/RC Kiwatule and RC Kabwohe & Institute of Rural Education and Development (IREAD)	
I	CURE Project (equipping 10 Health Facilities) USD 30,000	Needs assessment done by the visiting medical teams after Ebola alert clearance; payment of \$5,000 commitment done; await further instruction from CURE Partners

Allocation of Community Service Projects to Cells

1. Papoli – Trumpet Cell
2. Boy Child – Saxophone Cell
3. Sunda Project – Violin Cell
4. Mental Health- Piano Cell
5. Nakivale water Project – Harp Cell
6. Project cure – Flute Cell

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around." Leo Buscaglia



Up, Close & Personal, with our Newest Rotarians

My Rotary experience ...

Rtn. Darren Namatovu
(The author is a writer and Rotarian)



my life. Joining Rotary has exposed me to a world of selfless service, personal growth, and invaluable connections. In this article, I will share how Rotary has transformed my life and shed light on the biases I faced as I set records for myself within the organisation (club to be specific). I have always loved to give back to the community and that has been proven in my almost 8 years of service above self.

I took this from my father. He’s the man I never got to see. I should start off with the main reason why I joined Rotary. Maybe this will give us pace for this short conversation.

This is my story...

I like to refer to my journey and experience in Rotary as a Cinderella story and a Call to Bravery like Brene Brown likes to say it. Why “Bravery”? Because I don’t have it all figured out perhaps like most members in this amazing community. “I am becoming” but that can’t be a limitation, right? From a young age, I possessed an innate desire to stand out and defy expectations. I refused to accept societal limitations or conform to predetermined paths.

Embracing this mindset, I embarked on my Rotary journey, determined to make a difference regardless of any biases I might encounter. As a social worker, I understand the power of collective action and the immense potential for positive change that lay within Rotary. Being the youngest Rotarian in my club and holding that distinction across not one but two districts has been an extraordinary journey that has profoundly impacted

I was raised in a community where every child was raised bvilage that. That means we shared everything even if it was little. I remember my foster mum and cousin brother saying I was giving so much of my belongings to other children in the community and I was not keeping anything for myself forgetting that’s how they were raised or I grew up seeing. But that’s not the tea for today’s story, the real tea is that everything I am is because my father was. Yes, that’s the tea! For so long people have asked why I carry myself the way I do, why I give and give and never ask for anything in return and for the most trending one, “Why I chose to join Rotary at such a tender age”. Even if my radical self has many answers on my lips, I have always numbed at this question for saving myself from the never ending questions and having me hate myself for sharing so much. But maybe today is the day.

So let us spill. I hope you do some napkins. The tea (Rotary) to me, is service of others, friendship, leadership, professional and personal growth. And that is it, but my main reason is to GIVE AND GIVE AND SERVE OTHERS because that’s who I am and have done and want to do for the rest of my life especially that my father (MHSRIP) lived for that too.



Rotaract Club of Kampala “The CORE” installs President Michael Kwesiga



On 8th July, 2023, The Rotaract Club of Kampala (The CORE) installed its 19th President, Rotaractor Michael Kulibanza Kwesiga at a colorful event that was officiated by Rotarian PAG Dr. Rosemary Byanyima, of the Rotary Club of Kololo, as Guest of Honor.

The Rotaract Club of Kampala The Core was chartered on the 9th February, 2005 under the sponsorship of their Mother Club (The Rotary Club of Kiwatule) whose members were well represented at the installation ceremony.

The RC Kiwatule members present expressed their pride in their baby Club and reiterated their support to their efforts towards humanity. Also notably in attendance were the CORE

“Each friend represents a world in us, a world possibly not born until they arrive, and it is only by this meeting that a new world is born.” Anais Nin

alumni who came in numbers to witness this momentous event of change of guards.

In her remarks, Dr. Byanyima congratulated the past president, Rotaractor Keith for steering the Club over the past year and encouraged the incoming President and his Board to carry forward the mantle. She pledged her support for the Club and made a contribution of UGX 1,000,000 to support the service projects of the Club during the new Rotary Year.

The Incoming President promised that himself and his Board will do their best to steer the Club and lead it to even greater heights.

Michael Babu, Director Youth Service, RC Kiwatule



CFAO MOTORS PARTNERS WITH NCBA BANK UGANDA TO FINANCE VEHICLE PURCHASE

CFAO Motors Uganda, formerly Toyota Uganda, signed a memorandum of understanding with NCBA Bank to provide vehicle asset financing to individuals, companies, and existing customers of CFAO Motors with the objective of doing away with the hurdle of the high initial outlay towards the acquisition of a brand-new car.

Through the attractive asset-financing package, customers will receive flexible up to 95% asset financing from NCBA Bank, with up to 6 years repayment period and 60 days payment holiday. Customers will also enjoy a 72-hour response time to their financing applications. This is the best financing solution in the market that will help meet customers' needs and address the current financial challenges due to the covid-19 pandemic that has led to suppressed liquidity in the market.

Speaking at the unveiling of the new partnership at Kampala Serena Hotel, Mr. Thomas Pelletier, the Managing Director of CFAO Motors Uganda said, the purpose of the partnership is to provide convenient financing solutions to mutual clients through the relationship with NCBA Bank. "We intend to provide both CFAO Motors and NCBA clients the option of more affordable finance packages to access a wide range of vehicles from CFAO Motors Uganda. We understand that many Ugandans desire to own a brand-new vehicle but are put off by the initial cost of purchase, which is beyond the reach of the average Ugandan. Customers can now select any Toyota, Suzuki and Hino product available at CFAO Motors Uganda and be confident that they can get the best available financing solutions backed with manufacturer warranty on any of the brand-new vehicles"

Acting Managing Director, Mark Muyobo, noted that the two companies have enjoyed an excellent business relationship over the years. He added that the partnership seeks to reaffirm their commitment to offer a strong value proposition to customers who are keen on acquiring new vehicles for personal or business use and need a solid financing partner to turn their dream to reality. "NCBA

recognizes that one of the ways to achieve success is through collaborations such as this with CFAO Motors. We strongly believe that banking is so much more than offering products, processing transactions, and giving loans. We seek to humanise banking by enabling our clients to achieve financial resilience while creating business sustenance and longevity. We designed this offer with the current business environment in mind. Our aim is to provide a cost-effective financial solution that will ease the financial burden for individuals and businesses whose normal cash flows have been affected by the pandemic.

At the same event, a new range of highly anticipated passenger and mid-size SUV models for individuals, SMEs and Corporate companies was also unveiled. The Toyota Corolla Cross, Toyota Urban Cruiser and the all-new Toyota Starlet were officially launched, adding to the range of affordable passenger cars available at CFAO Motors Uganda. The launch comes at a time when the demand for affordable and convenient vehicles for everyday use are on the rise. All new vehicles from CFAO Motors come with a manufacturer's warranty of 3 Years/ 100,000km and complimentary routine service for 2 years/ 50,000km, whichever comes first.

NCBA Group is a full-service banking group providing a broad range of financial products and services to corporate, institutional, SME and consumer banking customers. The Group was created on 1st October 2019 following approval by Central Bank of Kenya and The National Treasury of the merger of NIC Group PLC (NIC) and Commercial Bank of Africa Limited (CBA).





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Go for it

COMING UP...: RCK August 2023 Calendar



EVENTS SCHEDULE

AUGUST 2023

<p>Wednesday</p> <p>2ND AUG</p> <p>CULTIVATING A GROWTH MINDSET</p>	<p>Wednesday</p> <p>9TH AUG</p> <p>5 ASIDE RECOGNITION FELLOWSHIP & THE LAUNCH OF THE ROTARY BUSINESS MAGAZINE</p>
<p>Wednesday</p> <p>16TH AUG</p> <p>MEMBERSHIP ENGAGEMENT AND RETENTION and Membership Survey</p>	<p>Saturday</p> <p>19TH AUG</p> <p>BONDING ACTIVITY</p>
<p>Wednesday</p> <p>23RD AUG</p> <p>DNA MYTHS AND FACTS: DISPELLING MISCONCEPTIONS</p>	<p>Saturday</p> <p>26TH AUG</p> <p>CLUB RETREAT</p>
<p>Sunday</p> <p>27TH AUG</p> <p>12TH EDITION ROTARY CANCER RUN</p>	<p>Wednesday</p> <p>30TH AUG</p> <p>MOVIE FELLOWSHIP</p>

Fellowships **Every Wednesday**, 7:00PM | Kabira Country Club   @RotaryKivatule



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20 Reasons to Join Rotary

1. Friendship: A basic human need; one of two reasons Paul Harris began Rotary in 1905.

2. Business Development:

The second reason for Rotary's beginning. Everyone needs to network.

3. Personal Growth:

Membership in Rotary continues one's growth and education in human relations and personal development.

4. Leadership Development:

Serving in Rotary positions is like a college education in Leadership.

5. Community:

Membership and involvement in a Rotary club makes one a better community citizen.

6. Continuing Education:

Each week at Rotary, there is a program designed to inform and enlighten.

7. Fun:

Rotary is fun. The club projects are fun. Social activities are fun. And the service is fun.

8. Public Speaking Skills:

Rotary develops confidence & skill in public communication, and the opportunity to use it.

9. Citizenship in the World: There are few places on the globe which do not have a Rotary club - instant friends in both the local community and in the world community.

10. Travel Assistance: Rotary clubs everywhere may assist in quickly obtaining services of a doctor, lawyer, dentist, etc., while traveling.

11. Entertainment:

Every Rotary club has parties and activities that provide social fun and camaraderie.

12. Develop Social Skills:

At its various events & functions, Rotary develops one's personality, social and people skills.

13. Next Generation Programs:

Rotary provides one of the world's largest youth exchange programs; high school and college clubs for future Rotarians, and youth leadership programs.

14. Vocational Skills:

Rotary fosters growth and development in each person's profession or vocation and encourages sharing this development with others.

15. Ethics Reinforcement: Rotarians practice a 4-way Test which governs ethical standards. Rotarians are expected to be ethical in business and personal relationships.

16. Cultural Awareness: Rotary is a cross section of the world's most prominent citizens from every background. Rotarians learn to love and work with people everywhere.

17. Prestige: Rotary is the oldest and most prestigious service club in the world.

18. Nice People: Rotarians are important people who adhere to the policy that while it is nice to be important, it is more important to be nice.

19. No "official creed":

Rotary is an open society of men and women who simply believe in helping others.

20. The Opportunity to Serve: Rotary is a service club. This is perhaps the best reason for becoming a Rotarian; the chance to do something for somebody else.

Book Review Corner



Here's a brief overview of the 6 critical ingredients used by companies who successfully transit from "good" to "great".

1. Level 5 Leadership

At the time of their big transition, all the good-to-great companies had Level 5 leadership. These exhibit the duality of personal humility and professional will.

2. First Who, Then What

Instead of setting a grand vision and strategy, then rallying people behind them, good-to-great companies got the right people on-board, then figured out which direction to take.

3. Confront the Brutal Facts (Yet Never Lose Faith)

Good-to-great companies don't just pursue a vision – they constantly refine their paths with brutal facts

Good To Great examines what it takes for ordinary companies to become great and outperform their competitors by analyzing a number of companies over 30 years, who managed to make the transition or fell prey to their bad habits.

To identify "great" companies, Collin and his research team started with 1,435 good companies, examined their performance over 40 years, and identified 11 companies that became great, namely Abbott, Circuit City, Fannie Mae, Gillette, Kimberly-Clark, Kroger, Nucor, Philip Morris, Pitney Bowes, Walgreens, Wells Fargo.

4. The Hedgehog Concept

They apply a simple but insightful frame of reference (the Hedgehog Concept) for all their decisions.

This idea is built on the concept of the Greek Parable, The Hedgehog and the Fox. The fox pursues many ends, sees the world as complex, and is scattered/ diffused. The hedgehog, conversely, simplifies the world into a single idea or principle that guides everything it does. The Hedgehog Concept lies at the intersection of the 3 circles:

- What you can be the best in the world at;
- What drives your economic engine; and
- What are you deeply passionate about.

5. A Culture of Discipline

Most successful start-ups don't grow into great companies. As they grow, they start to introduce bureaucracy and rules to make up for incompetence and lack of discipline. To avoid bureaucracy, hierarchy, and excessive controls, instill a culture of discipline (through disciplined people, thought and action). Combine the culture of discipline with an ethic of entrepreneurship to get superior performance.

6. Technology Accelerators

Good-to-great companies think differently about technology. Specifically, good-to-great companies:

- Think of technology as accelerators, not creators, of momentum;
- Avoid the Technology Trap; and
- Adopt new technology due to their desire for excellence & creation, not fear.

The key takeaway from Good to Great is discipline. To go from a good organization to a great one you need disciplined people, disciplined thought, and disciplined action.

- **Disciplined people:** means getting the right people and keeping them focused on excellence.
- **Disciplined thought:** means being honest about the facts and avoid getting side-tracked.
- **Disciplined action:** means understanding what is important to achieve and what isn't.





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