The Kiwatule

Monthly Magazine - JANUARY 2024, VOL. 22, ISSUE 7 (THEME OF THE MONTH - VOCATIONAL SERVICE)

















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Cell on Duty members TRUMPET **1. DENIS WANDERA** 2. GORRETTIE BAMWINE **3. FRANCIS XAVIER SENTAMU** 4. SANDRA SANYU 5. ANDREW GANKUBA 6. DESIRE TENYWA **7. PETER ODOKI** 8. RICHARD TINKAMANYIRE 9. MONICA ROSE NYAKAISIKI **10. ARTHUR SEWAVA 11. JENNIFER KABALIISA 12. RICHARD CAESER OBONYO 13. DIANA KIRABO** 14. JIMMY ONESMAS ADIGA 15. ANGELA NAGAYI **16. AMANYA ATUHAIRE 17. MAUREEN NAMPIIIA 18. HENRY ISAIAH KATONGOLE 19. SHEEBA TUMUSHABE**

20. RONALD TIMOTHY KASOLO



Board of Directors (2023/2024) **I. PRESIDENT:** Alex M. B. Twesigye 2. IMMEDIATE PAST PRESIDENT: Marion Natukunda **3. PRESIDENT ELECT:** Winnie Babihuga 4. DIRECTOR (THE ROTARY FOUNDATION): Monica Nyakaisiki 5. DIRECTOR (MEMBERSHIP): Sheeba M. Tumushabe 6. TREASURER: Annette B. Cherotich 7. DIRECTOR (PUBLIC RELATIONS): Allen Babihuga 8. DIRECTOR (SERVICE PROJECTS): Henry Mukiibi 9. DIRECTOR (YOUTH SERVICE): Michael Babu **10. DIRECTOR (VOCATIONAL SERVICE DIRECTOR):** George Okello Opio **II. CLUB SECRETARY: J** ulianne Ongom Etima 12. DIRECTOR (CLUB ADMINISTRATION): Barbara Akello Njuki **13. DIRECTOR (FAMILY OF ROTARY):** Dr. Mary Nyende Kansiime **14. VICE PRESIDENT:** Henry Isaiah Katongole **15. FUNDRAISING OFFICER:** Jimmy Onesmus Adiga 16. ATTENDANCE OFFICER: Rosette Adroa Mutu 17. 5-A-SIDE OFFICER: Edward Nkangi **18. SERGEANT AT ARMS:** PP. Elvis K hisa







N VOCATIONA

Dear Friends,



elcome to the seventh edition of "The Kiwatule Mail" monthly bulletin for the Rotary Club of Kiwatule.

Kudos to President Alex and his Board of Directors for successfully steering the Club through the first half of the 2023/2024 Rotary Year, and the multitude of achievements thus far.

We thank God for the gift of life, and taking us through 2023.

Let's reflect on a few things: What am I most proud of in the past year? How did I grow? Who did I feel my best around? Who did I lean on most? What were my favourite moments? What could I have done differently? What was my biggest challenge? What was my biggest lesson? What was the best advice I received?

We look forward to an even more successful second half of the Rotary Year.

In October 2018, the RC Kiwatule (under the then District 9211), visited Amolatar district, in Northern Uganda, and undertook various medical outreach community camp services. The project was undertaken in partnership with Rotary Clubs of Najjeera, Lira; Mukono Central, Nairobi North, Kenya, Sebring in Florida, USA and the Rotaract Clubs of Nakivale, Kampala the CORE; CASE Hospital, Amolatar District Local government Health services department, Two NGOs (Health Lineage Foundation and RHITES North).

At the same camp, ground breaking for construction of a maternity ward, at Anamwany Health Centre II was done, with a projected cost is \$100,500 USD to be constructed in 3 phases over a five year period, to be funded by a non-global grants (funds from corporate partners). A global grant will be used for furnishing and equipping the health Centre.

The January Month features Kakira Sugar which is part of the Madhvani Group of Companies. Kakira Sugar is another Platinum Sponsor of the Club having





contributed \$3,000 USD (over UGX 11 million shillings) towards the refurbishment of the Anamwany Health Centre.

We continue to celebrate all the Corporates who enable Rotary to provide the above services to the less privileged, and we look forward to more hands joining the cause.

Platinum Sponsorship package: over UGX 10,000,000 Gold Sponsorship package: UGX 5,000,000 to UGX 9,999,999

Silver Sponsorship package: Below UGX 5,000,000

Proud to Serve, Rtn.

Betty Arem Obbo - Bulletin Officer (Rotary Club of Kiwatule)

I may not be the most important person in your Life but I just hope that when you hear my name you smile and say, "That's My Friend!"

W VOCATIONAL SERVICE

Fellowship Program

Call fellowship to Order The Grace / Invocation The Loyal Toast The Four Way Test The Object of Rotary Apologies Introductions of visiting Rotarians, Rotaractors & Guests Rotary Information Introduction of Guest Speaker Q&A Vote of thanks Sergeant-at-Arms Final Toast

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of the ideal of service in each Rotarian's personal, business and community life;

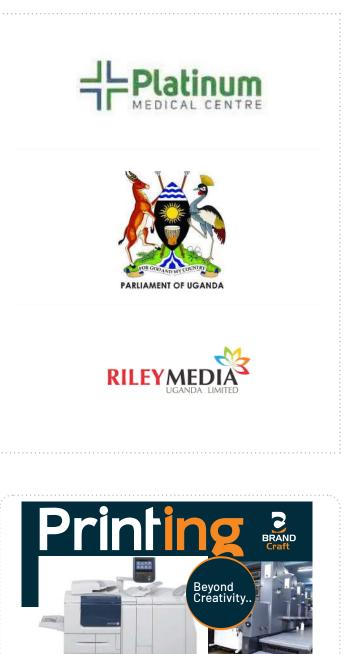
FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

The Grace

Oh Lord and Giver of all Good, We thank thee for our daily food. May Rotary friends and Rotary ways, help us to serve thee all our days, AMEN.

The 4-way Test

Of the things we think, say or do; 1. Is it the TRUTH? 2. Is it FAIR to all concerned? 3. Will it build GOOD WILL and BETTER FRIENDSHIPS? 4. Will it be BENEFICIAL to all concerned?



Motivated to Grow? Let's Work Together...

+256 705 338 968 +256 787 338 968

Rotary International President's Message

Gordon R. McInally, President, RI 2023-24

n difficult times like these, it's impossible to avoid feeling heartbroken over the devastation and loss of life caused by war and destruction.

Rotary always stands against harming and displacing civilian populations and using armed aggression instead of pursuing peaceful solutions. We advocate for the observance and respect of international law. We believe in strong action to defend and promote peace, even in the darkest of times.

But we also take our position as an international, non-political, nonreligious organization seriously. To respect the global perspectives and experiences of our members, and to work most effectively in our peace building efforts, we do not choose sides in conflicts.

Rotary is made up of 1.4 million people in communities all over the globe who are united in our commitment to building a peaceful world. We strive to ensure that our words and actions prioritize the health and safety of our global membership and the communities where we live and serve.

Our members seek to offer humanitarian assistance to those affected by conflict, and our global reach requires that we promote peace building and conflict prevention with cross-cultural, cross-border connections and friendship through Rotary. For decades, Rotary has harnessed these connections to carry out service projects, support peace fellowships and scholarships, and establish programs like Rotary Peace Centers to help build lasting peace. Our members also take action to promote Positive Peace, addressing the underlying causes of conflict, including poverty, discrimination, ethnic tension, lack of access to education, and unequal distribution of resources.

Rotary members who wish to wage peace can use district grants and Rotary Foundation global grants to support projects with other Rotary members that help refugees and displaced people, provide medical support, and more worldwide. Members can also work with or join peace-focused Rotary Action Groups, Friendship Exchanges, Fellowships, and inter-country committees. And District Designated Funds or district cash can support our peace



building and conflict prevention efforts.

Members and non-members alike can learn more about peace building through the Rotary Positive Peace Academy, a free online course available to anyone with an internet connection. You can find it at positivepeace. academy/rotary.

There is no denying that incidents of violence and atrocities being perpetuated around the world seem to be escalating. Global peace is fragile, and the stakes are getting higher.

Still, we know that it is possible to bring all people together to work toward a shared goal. Rotary members do so every day in every part of the world. May our ability to unify in common purpose be a spark that helps light the path out of these dark days.

Together, let's Create Hope in the World.

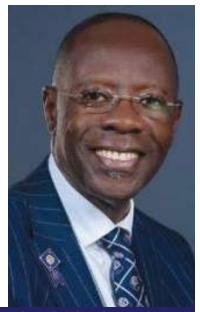
Gordon R. McInally, President, Rotary International 2023-24





District Governor's Message

It is 2024, and our Finish Line is Close



Edward Kakembo Nsubuga, DISTRICT GOVERNOR 2023-24 (D9213)

My Dear Rotary Community,

s we step into the dawn of a New Year, marking the commencement of our final six months together under my role as District Governor, I am deeply grateful to each and every one of you.

I trust that the recent Christmas holiday provided you with a welldeserved opportunity to unwind and reconnect with your loved ones.

I hope that amidst the festivities, you also extended a helping hand to those in need, embodying the spirit of Hope that defines our Rotary mission.

I extend my heartfelt appreciation for your unwavering contributions during the first half of this Rotary year. Together, we have achieved numerous milestones and witnessed the continued growth of our service community.

The year 2023 has been characterized by remarkable progress and success, as highlighted in our State of the District address.

We stand on the brink of breaking records in various focus areas, and I urge you to maintain this momentum, for our finish line is within reach.

I have 16 clubs left on my official visits schedule, but I still cherish the privilege of having met many of you, seeing your passion for service in all the areas of focus, and seeing you stand up to be counted in club meetings, district events, and gatherings large and small.

As we draw closer to the conclusion of this chapter, let us reflect on our journey that began in a bustling district conference room in Mbarara City, and commit to concluding our time together with the same Vigor, passing on the reins of this great District to my esteemed successor, and Sister Ann Nkuutu.

The success of our District Conference depends on your participation, and I implore each one of you to register and be present for the Discon in April.

May the year 2024 unfold as a period of abundant blessings, continuing our mission of Creating Hope in The World.

Edward Kakembo-Nsubuga District Governor 2023-24 (D9213)



RC Kiwatule President's Message

Dear Rotarians and Friends

Those you enjoyed and continue to enjoy the festive season. As you know, the festive season is not only about enjoyment, but about reflection and generosity. There are many people out there who require support in different ways and this is why we exist as Rotarians. A true Rotarian needs to think about the needs of others and there is no better way to show this cause than supporting the **ROTARY FOUNDATION.** In this spirit, I humbly request our members to continue contributing generously to The Foundation.

We just completed the first half our Rotary year 2023/2024. There is no doubt that we have accomplished a lot in those six months and for that I THANK YOU. However, there is still more to be done. Once again, I call upon ourselves to strategize so that we do justice to the tasks ahead of us. I specifically call upon you to get into the flow of the following;

a) Participation in the various projects. There are a number of projects and each one of us has a vital role to play.

b) Continue making contributions to The Rotary Foundation

c) Register and fully participate in the District Conference (DISCON). As RCK, we are targeting 100 members participating in this event.

d) Continue to create Hope in the world through our actions. Lastly, I advise each one of us to enjoy rotary and indeed life so that we are happy. It is only when we are happy that we shall think about the needs of others

Once again, I take the opportunity to remind ourselves the projects and cells to which they were assigned.



"I alone cannot change the world, but I can cast a stone across the water to create many ripples." Mother Teresa



CELLS AND PROJECTS ASSIGNED

Cell	Project (s)
Trumpet	Tororo Economic Empowerment (2projects)
Saxophones	Boy Child
Violint	Sunda
Piano	Mental Health
Harp	Nakivale Projects
Flute	CURE and Tororo COFIA

the Madhvani Group is one of the largest diversified private-sector groups in East Africa, employing over 18,000 people. Starting in Uganda in 1914, the Group has developed into a widely-diversified conglomerate with a geographical spread into various African countries, the Middle East, India and North America. The Group's current turnover in East Africa exceeds USD 500 million and assets valued in excess of USD 1 billion, with a substantial presence in the following:
agriculture and agro-processing: sugar-cane, tea, sugar

- sweets & confectioneries
- hotels & tourism
- packaging (glass, corrugated cartons, poly-propylene sacks)
- steel rolling, wire-drawing
- matches
- insurance
- construction & property management
- industry security services
- •distribution of industrial products and consumer durables

Situated in the South Busoga region of Uganda, Kakira Sugar Ltd (Kakira) is the flagship company of the Madhvani Group of Companies. Kakira Sugar has an integrated sugar complex comprising sugarcane cultivation on the company's own Nucleus Estate of about 9,700 hectares at Kakira and about 7,000 hectares at Kayunga supplemented by cane from around 9,000 outgrowers farmers grown on over 25,000 hectares. The sugar mill, with a crushing capacity of 8,500 tons of cane per day, has production capacity of over 180,000 tons of sugar. Kakira Sugar Ltd. is a leading sugar player in Uganda with 45% market share.

Kakira commissioned Africa's first modern 45 bar bagasse cogeneration plant in 2007 and subsequently commissioned the new 67 bar co-generation plant in 2013 increasing renewable energy generation capacity to 51 MW. Kakira's own power requirement is met entirely through in-house renewable energy generated with the balance of 32 MW supplied to Uganda National Grid.

In 2016, Kakira diversified its operations with the installation of world-class state-of-the-art distillery plant with a capacity of 60,000 litres per day of Extra Neutral Alcohol [ENA]. Kakira has been supplying ENA to leading spirit brands for their premium products. Globally, the Group has launched its highquality branded potable spirits comprising vodka, rum and gin. Kakira is branded as one of Uganda's finest spirits from the banks of the Nile and the sunny climate of Lake Victoria, winning two golds and two silver awards at the 2023 European Spirits Challenge. The distillery plant has the capacity to produce Anhydrous Ethanol (bio-ethanol) that can be used for blending with petrol for automotive use -aglobally popular renewable bio-fuel. The distillery also produces Technical Alcohol as one of its byproducts which can be used as green fuel in cooking stoves thereby reducing use of charcoal and hence saving more than 100,000 hectares of trees.

All of Kakira's manufacturing operations meet ISO 9001 quality certification and all products produced are fully certified by Uganda National Bureau of Standards (UNBS). Kakira's operations are highly environment sustainable ensuring conservation of natural resources and protects health and wellbeing of its people and is fully certified to ISO 14001 and ISO 45001.

Kabuye Sugar Works was acquired by the Madhvani Group in 1997 under the Government's privatization programme and was subsequently rehabilitated and expanded in phases. The sugar mill, with a crushing capacity of 600 tons of cane per day, has production capacity of about 15,000 tons of sugar. Kabuye Sugar is the only manufacturer of sugar in Rwanda.

Madhvani Tea is a division of Muljibhai Madhvani and Company Ltd and comprises of two estates, Mwera Tea Estate and Nakigalala Tea Estate. Kakira Sweets & Confectionary is a specialised unit (with a production capacity of 2,400 tons pa) attached to the Kakira complex to produce mainly hard-boiled sweets.

Under the Marasa brand - the Group operates the leading safari lodges in Uganda - Mweya Safari Lodge in Queen Elizabeth National Park, Paraa Safari Lodge and Chobe Safari Lodge in Murchison Falls National Park and Silverback Lodge just adjacent to Bwindi Impenetrable National Park for gorilla trekking. The Group also owns three premier safari tourism properties in Kenya - Mara Leisure Camp in the world-famous Masai Mara Game Reserve, The Ark in the Aberdare National Park, and Aberdare Country Club in Nyeri, which offers horseback safaris as well as golf course. Moreover, the Madhvani Group has investments in the religious tourism sector in India – with hotels in Tirupati, Bodhgaya, and Rajkot.

The Group has an associated company Kioo Ltd. in Dar-es-salaam, which has the largest container-glass plant in East Africa. East African Packaging Solutions is one of the leading manufacturers of the outer cartons & egg trays under the brand SAFEPACK, the biggest in the country so far. Nile Poly Sack manufactures woven poly-propylene sacks to cater to the wide variety of clients in both the local and export markets with capacity to produce approx. 25 million sacks annually.

Madhvani Steel Division has an ISO 9001-2015 certified composite steel plant with a capacity to produce 48000 MT of hot rolled products per annum. The manufacturing unit has one of the most modern, state-of-the-art plants in the country comprising induction furnace, continuous casting billet machine, PLC controlled Danielle rolling mill; and a TMT quenching machine that ensures that our reinforcement bars fully comply with BS 4449:2006 standards.

The Madhvani Group started production of safety matches in Uganda in 1963 in Jinja. The matches which were produced prior to 1972 were made of wood – not only the matchsticks but the entire matchbox itself. Environmental concerns necessitated a major evolution in the matchbox industry. In 2007 a new joint venture company was formed named Makepasi Match Ltd. Makepasi is the largest producer of wax coated paper matches in East Africa.

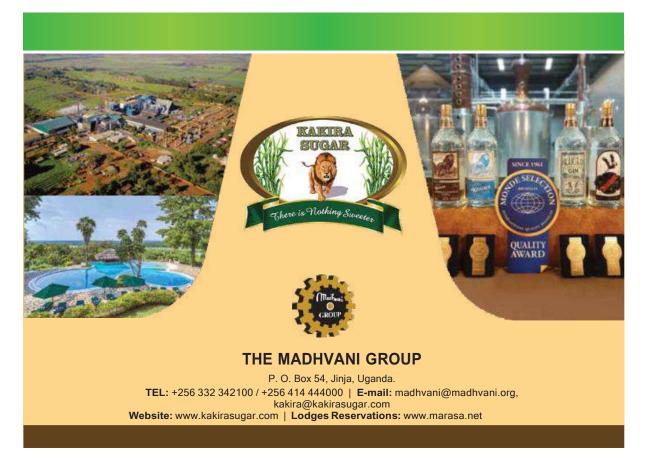
The Group through Liberty General as well as Liberty Life, which are joint-ventures with Liberty Life of South Africa (which is owned by the Standard Bank Group), cover all commercial risks and medical needs.

Excel Construction undertakes all types of commercial and industrial building projects as well as roads in Uganda. The Group is implementing a project for the redevelopment of the Source of the Nile tourist attraction at Jinja and is also implementing housing and concrete work for a central processing facility for France's TotalEnergies and China National Offshore Oil (CNOOC) Uganda for its oil exploration project and Tilenga pipeline work near Lake Alberta.

The Madhvani Group Property Division currently manages in excess of 100,000 sq meters of property at various locations throughout Uganda. The Division handles a large industrial park in the industrial heart of Kampala where warehousing and industrial space has been availed to a range of blue chip companies. A large residential and commercial complex is managed on behalf of the Madhvani Foundation in the CBD of the capital.

Industry Security Services was established in 1996 to provide reliable security services to the Group companies as well as third-party industries and commercial enterprises in the country. It presently deploys a guarding force of about 800 persons equipped with modern wireless communication systems and an armed mobile response force for emergencies. Though the major part of its operations is in Jinja and the surrounding areas, it also extended its activities to Kampala from 2002.

East African Distributors is the leading distributor for international construction/ mechanical brands. It represents Assa Abloy (specialists in access essentials and door hardware), Fosroc (world's leading manufacturers of advanced chemical products for construction and refurbishment industries), Kohler (Bathroom appliances), NAFFCO (one stop center for all firefighting solution), Omega Elevators, Trane (the complete solution for all HVAC).



CORPORATE SOCIAL RESPONSIBILITY

The Group has steered socio-economic development in the country and ensured care for its people and the communities through its various CSR programs and operations.

Kakira has ensured provision of quality education for over 4,000 children through establishment and maintenance of 16 schools (7 Nursery schools, 8 primary schools and 1 secondary school). In addition, Kakira has a hospital of 100-bed capacity + 4 Doctors (rated 4-star by the Ministry of Health, Uganda) which provides health care services to Kakira employees and the surrounding communities for over 25 years. Kakira Hospital serves a total population of over 200,000 people within the township and the surrounding communities in accordance with the Ministry of Health guidelines, standards, policies and strategies.

Kakira has recently instituted the Kakira Sugar Busoga Foundation which provides scholarships with an annual budget of UGX 200 million for vocational education to students (S4/S6 leavers) within Busoga region.

Kakira Outgrowers Rural Development Fund (KORD), an independent NGO established as a partnership between Kakira and it's the outgrowers farmers association, focuses on building a long-term sustainable and socially responsible relationship with the outgrowers communities of Busoga region. KORD has implemented various projects such as food security interventions, construction and rehabilitation of access roads, classrooms and science laboratories, health facilities, drainage systems, a fuel pump as well as provision of vocational skills and tools, energy saving stoves, HIV testing and counselling sensitizations. KORD works with various international donors such as USAID programs, World Bank and GIZ Uganda.

The Muljibhai Madhvani Foundation is a Charitable Trust established in 1965, which believes that for the future prosperity of Uganda, we must pull together to unleash the latent potential that lies in our people through empowering Ugandans by providing scholarships to students pursuing Scientific and Technical Education. Annual scholarship funds of over UGX750 million each year are allocated.

Annual scholarship funds of over UGX 750 million each year are allocated 75% for undergraduate courses and 25% for postgraduate courses. The subjects eligible under the terms of the Foundation include Agriculture, Biology, Business Administration, Chemistry, Commerce, Engineering, Food Science & Technology, Information Technology, Law, Hotel Management, Pharmacy, Nursing, Architecture, Veterinary Medicine, Actuarial Science, Environment and Medicine.

At Kakira Sugar Limited, and indeed all the affiliate

companies that make up the Madhvani Group, we believe our people are our most important resource. We look beyond catering for the welfare of our teams to the wellbeing of the communities in which we operate

For the Madhvani Group, CSR activities are not just about one-off donations; they are a way to give back sustainably to the communities we serve, work and live in. There is a huge social burden to care for orphans, the destitute, the elderly and those marginalised by physical disability. To this end, there are regular scheduled donations by the Kakira Local Donation Committee to orphanages, babies' homes and homes for the destitute all around Busoga region. Items given regularly include foodstuffs, soap, sugar and sweets. Other necessities such as clothing, diapers and toys are given from time to time.

You can't live a perfect day without doing something for someone who will never be able to repay you." John Wooden





KAKIRA SUGAR FACTORY AND ESTATE -UGANDA



KAKIRA SUGAR PACKAGING - UGANDA





SUGARCANE PLANTATION AT KAYUNGA ESTATE - UGANDA



MWERA TEA PLANTATION - UGANDA



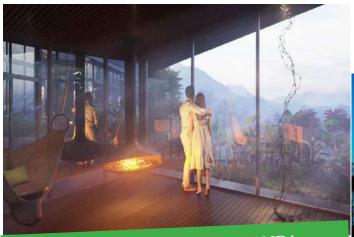
KAKIRA BOTTLING PLANT - UGANDA



ISS GUARDS WITH CANINE UNIT - KAKIRA



PARAA SAFARI LODGE - UGANDA



SILVERBACK LODGE - UGANDA



CHOBE SAFARI LODGE - UGANDA



MWEYA SAFARI LODGE - UGANDA



JINJA SAILING CLUB - UGANDA





MMCO STEEL DIVISION



NILE POLYSACK LTD. - UGANDA



EAST AFRICAN PACKAGING SOLUTIONS LTD. - UGANDA



MAKEPASI MATCH LTD. - UGANDA



EXCEL CONSTRUCTION LTD. - UGANDA

Vocational Service

Vocational Service is one of the Avenues of Service in Rotary. It is a way for Rotarians to apply their professional skills and expertise to address societal problems and needs. The concept of vocational service is rooted in the Second Object of Rotary, which calls on Rotarians to "encourage and foster" high ethical standards in business and professions, recognize the worthiness of all useful occupations, and dignify each Rotarian's occupation as an opportunity to serve society

Through vocational service we:

- Serve others by using our unique skills to address community needs
- · Empower others through training and skill development

• Inspire others to act with integrity by following Rotary's guiding principles

VOCATIONAL SERVICE INCLUDES:

- Connecting our professions and professional networks with our club activities;

- Using our expertise to address community problems and help others discover new vocational opportunities and interests;

- Promoting Rotary's commitment to integrity in our professional and personal lives; - Recognizing and advancing the worthiness of all professions.

VOCATIONAL SERVICE PROJECT IDEAS

• Host a business networking event with non-Rotary professionals in your community.

- Offer career counseling for unemployed or underemployed adults.
- Mentor young people to achieve their career goals.
- Apply your professional skills to a club or district service project.

• Lend your expertise through your district's resource network, by joining a Rotary Action Group, or by joining or starting a professionally-oriented Fellowship.

• Work with your district Rotary Friendship Exchange chair to organize a vocationally-oriented exchange to explore how your profession is practiced in another country and introduce international friends to how yours is practiced in your country.

• Work with your district Rotary Foundation Committee to organize a Vocational Training Team to travel abroad to teach local professionals about a particular field or to learn more about your own.

ADVANCING ETHICS AT WORK

As leaders in our businesses and professions, we can advance high ethical standards by setting a positive example among colleagues and in our communities. Here are a few ideas to integrate ethics into daily work life:

• Discuss and emphasize honesty, accountability, fairness, integrity, and respect when hiring, training and supervising employees;

• Praise and encourage exemplary behavior;

• Demonstrate personal commitment in relations with customers, vendors, associates, and partners by treating each interaction with care and consideration;

• Promote socially and environmentally responsible practices in your businesses and organizations.

THE FOUR-WAY TEST OF THE THINGS WE THINK, SAY OR DO.

- 1. IS IT THE TRUTH?
- 2. IS IT FAIR TO ALL CONCERNED?
- 3. WILL IT BUILD GOODWILL &
- BETTER FRIENDSHIPS?
- 4. WILL IT BE BENEFICIAL TO ALL CONCERNED?



ROTARY CODE OF CONDUCT

As a Rotarian, I will:

- 1. Act with integrity and high ethical standards in my personal and professional life
- 2. Deal fairly with others and treat them and their occupations with respect
- Use my professional skills through Rotary to mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
- 4. Avoid behavior that reflects adversely on Rotary or other Rotarians
- 5. Not seek special business or professional advantages from other Rotarians



"Never doubt that a small group of thoughtful, concerned citizens can change the world. Indeed it is the only thing that ever has." Margaret Mead

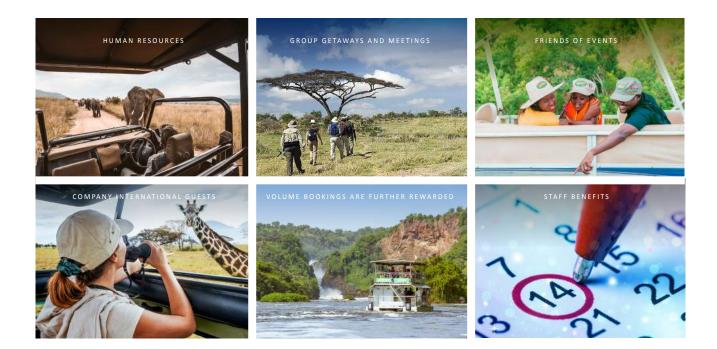






MARASA AFRICA INNER CIRCLE

In a resplendent display of gratitude towards the invaluable contributions of companies within our thriving business community, Marasa Africa unveils its highly-anticipated Inner Circle loyalty program. Within the Inner Circle, members will uncover a realm of exceptional advantages, each one meticulously curated to elevate their experiences. Marasa Africa beckons esteemed organizations to step into the Inner Circle, where a world of unparalleled benefits await awaits.







Scan to Join Marasa Inner circle or Email to: sales@marasa.net



PICTORIALS: CHRISTMAS CAROLS (Dec. 13, 2023)



















"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around." Leo Buscaglia

PICTORIALS: FRIEND OF THE YEAR (FoTY) - GIFT EXCHANGE (Dec. 13, 2023)









The Power of dreams HONDA UGANDA LIMITED







VOCATIONAL SERVICE

"Wherever there is a human being, there is an opportunity for a kindness." Seneca

PICTORIALS: FRIEND OF THE YEAR (FoTY) - GIFT EXCHANGE (Dec. 13, 2023)















VISION GROUP



"Each friend represents a world in us, a world possibly not born until they arrive, and it is only by this meeting that a new world is born." Anais Nin

PICTORIALS: FRIEND OF THE YEAR (FoTY) - GIFT EXCHANGE (Dec. 13, 2023)















JINJA SAILING CLUB

an extraordinary journey of enjoyment and culinary delights at Jinja Sailing Club, where fun meets fantastic food.

At Jinja Sailing Club, you'll find the perfect fusion of fun and culinary excellence. From the finest dining and a stylish bar to enchanting boat cruises along the Nile, as well as a refreshing swimming pool, we offer an unforgettable experience for you and your family. Our lake front location is ideal for celebrations of all kinds, and our versatile conference meeting spaces provide a serene atmosphere for your business needs. Come to Jinja Sailing Club and immerse yourself in an extraordinary adventure that promises to create lasting memories.



1-5 PIER ROAD, NILE CRESCENT, JINJA +256 750 035 901 | +256 393 193 491



ROTARY FELLOWSHIPS

are international groups of participants who build community around shared professions, hobbies or identities.

Rotary has more than 90 Fellowships; join one related to your profession or consider organizing one if your field isn't represented.

www.rotary.org/fellowships

<image>



ROTARY ACTION GROUPS

are international groups of Rotary members and friends who help clubs and districts plan and implement projects in a particular area of specialization

Join one of Rotary's 26 Rotary Action Groups to lend your skills to support projects around the world.

www.rotary.org/actiongroups

ROTARY FRIENDSHIP EXCHANGE

a district program where teams of Rotary members and friends travel to an international district to explore another culture, undertake a service project, or explore a profession in partnership with local clubs.

Partnering districts determine the length of the exchange, group composition, itinerary, and arrange all details. Visitors are hosted in members' homes and exchanges are reciprocal.

www.rotary.org/friendship-exchange



VOCATIONAL TRAINING TEAMS

are groups of professionals who travel abroad either to teach local professionals about a particular field or to learn more about their own.

Teams can be funded by district grants and global grants.



Visit: www.rotary.org/grants

10

RCK PROJECTS' PIPELINE

S.No:	DESCRIPTION	STATUS
0	PROJECTS COMPLETED	
A	Global Grant #GG1982469 Uganda Global Grant Solar Suitcase Project – Supporting 25 Health Centres \$152,500 "Lighting Every Birth "Initiative; Implemented with RC Mt. Pleasant Pennsylvania, USA (D7305), RC Blue Bell, Pennsylvania, USA (D7430).	All 25+2/25 Solar suitcase installations completed; Midwifery training done at 25+2/25 Health Centres; TRF CADRE visit completed; Final report submitted & Project closed
В	BELEP Programme , RC Kiwatule in Partnership with Nakyessanja Primary School was involved in the following activities; 1. Renovation of a library block at Nakyessanja P/S, 2. Supply and installation of bookshelves, 15 Desks, 1NO. Teachers table & Chair and Donation of 664 text books to the school. 3. Group reading, Sensitization of teachers, Parents and the students, Essay writing competition. 4. Tree planting (Donated over 200 Trees to the School, 5. Reading tents at different time intervals.	Handover of the Library done – July 1, 2022; Project Completed and Final report submitted & Project closed
C	Kashanda Ya Nyamabaare – Medical camp with over 1,300 patients served & BELEP Programme at Nyamabaare COU P/S: a) Construction of a 3-stance sanitation facility for students and teachers; b) Supply of 45 desks, 2No. Teachers tables and 2No. Teachers chairs; c) Career guidance and counselling; d) Donation of reading Materials, sensitization of teachers, Parents and students and Tree planting	Completed – October 8, 2022; Project Completed and Final report submitted & Project closed
D	Global Grant #GG 1866536 Ultrasound Machines, in partnership with RC Kampala Ssesse - Supporting 3 Health Centres \$99,915 USD	Site readiness assessments completed at Bumangi HC III, Bwendero HC III & Mugoye HC; equipment procured for all 3 HCs, and training done; Project completed & closed
E	Global Grant #GG2012305_Cardiac Care & Cath Lab services at concessional rates to the rural poor in Kadi, India, in partnership with RC Kadi, India; \$576,000 USD	Equipment procured, lab launched and patients are now receiving service. Project Completed and Final report submitted
F	Nakivale Malaria Project (\$7,000) - in partnership with Rotary Malaria Partners International & Rotaract (Nakivale, Juru & Kampala The CORE) supporting pregnant women and children under 5 (community sensitisation, IEC materials, Radio messages)	IEC materials / Pamphlets IEC printed, Capacity building for VHTs, CRSs, HWs & Community sensitization done. RCK field visit conducted. Project closeout in progress
G	Global Grant #GG 2121577 (\$ 37,000) WASH projects in Nakivale: Improving Education, access to water and Sanitation in Nakivale with RC Prior Lake (USD 37,000)	Completed and finalizing with a final Closeout report.





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1	GLOBAL GRANTS UNDER IMPLEMENTATION	
A	Global Grant #GG 2122662 (\$80,515) WASH projects in Nakivale:	Application has been approved by RI.
	Providing Safe Drinking Water in Nakivale Refugee Settlement	RCK contributed USD 2,000;
	Camp with RC Prior Lake	Handover to Contractor done:November 4, 2023
В	Global Grant #GG2347415 "SUNDA Project" – Providing	International partner - RC Osaka Semba;
	Sustainable Safe Water project in Mubende & Kassanda	Needs Assessment done; Global grant
	districts \$62,500 USD	application submitted; awaits approval
С	Global Grant #GG2340995 - District Grant for D9213 Basic	RC Kiwatule to be part by contributing at least
	Education and Literacy Programme (BELEP) \$ 400,000 USD	\$1,500 towards the grant
2	GLOBAL GRANTS APPLICATIONS IN PROGRESS	
А	Global Grant #GG2344643 (\$99,960 USD) - Scaling Farming	RCK is in Partnership with COFIA Uganda & RC
	Practices in Eastern Uganda to reach more farmers (training,	Tacoma North; Needs Assessment done; GG
	farm inputs including seeds & fertilisers – Tororo District.	Application in progress; RCK to contribute \$5,000
В	Provision of dental services in Nakivale Refugee Settlement,	Needs Assessment completed; GG Application in
	Uganda \$150,000 USD	progress; sourcing for International Partner
С	Equipping, Medical outreach and capacity building of Health	Needs Assessment completed; GG Application in
	workers at AKB memorial Hospital, Iganga, Uganda \$452,226	progress & sourcing for International Partner
	USD	
D	Empowering the Boy & girl child in Karenga-Karamoja, Uganda in	Needs Assessment completed; embarking on
	collaboration with Sheeba Cares Uganda \$400,000 USD	Global Grant & sourcing for International Partner
Е	RI - USAID WASH project \$150,000 USD	RCK's 2,000 USD Commitment submitted to
		District Project Coordinator;
		await further instruction from District
F	Global Grant #GG2240379 Empowering marginalized	MOU signed between RCK and Centenary Bank
	communities by providing access to economic opportunities in	for the revolving fund; Finalizing grant process
	Tororo with RCK / RC Cabarrus County in Concord - \$ 129,870	with International Partner and global grant
	USD	application
3	NON-GLOBAL GRANTS PROJECTS	
	(ONGOING & PLANNED)	
А	Anamwany Maternity Ward (UGX 184 million) \$53,000	Phase 1 construction in completed; final
	(Kashanda Ya Anamwany) PP Francis Ogwang	instalment paid (approximately 22 million
		shillings). Embarking on Global Grant to equip
		the maternity ward
В	Mental Health Caravans (7 clubs) - RC Kiwatule, Bugolobi, Gulu,	Mental Awareness Project Concept completed;
	Morning Tide, Bweyogerere central, Kololo & CORE-Rotaract.	Resource Mobilization in progress
	(\$115,000 USD)	
С	Construction of a Vocational Training Centre & Show Room in	Needs Assessment completed, planning for
	Tororo \$500,000 (UGX 1.4 billion)	implementation; The Construction Component is
	(Kashanda Ya Papoli) PP Dennis Wandera ; Empowering	to be done by RC Kiwatule through partners like
	marginalized communities by providing access to economic	Tororo Cement & Others
	opportunities and services in Tororo. Skills building for 25 groups	
	and Construction of a show room. The Global Grant will be	
	implemented with RC Kansas, USA.	
D	Capacity building project for Youth & Mothers in Nakivale	Phase 1 (sewing machines) Completed
	(provision of sewing machines, computers, solar power, tables	Phase 2 (supply of computers & solar system) is
	and chairs (RC Kiwatule / RC District Perth western Austria)	not yet completed.
	\$27,027 USD	

E	Construction of specialized latrines, walk ways and other facilities at Ishekye School for children with special needs \$20,000 (Kashanda Ya Ishekye) PP Vincent	Planning Stage; on hold; the district Leaders opted for IREAD project
F	Hope Always; construction and equipping a home for children with severe disability, vocational training, environmental conservation; \$1,000,000	Needs assessment done; detailed project definition in progress; fundraising for construction in progress; Received \$24,556 USD from international partner (RC Fryeburg / D-7780 USA in the USA towards phase 1 and thereafter Global Grant application;
G	Saving babies and promoting their development, In partnership with Baylor Uganda	Concept formulated; review in progress
Н	Boy Child Up-Skilling Program (BCUP) in Partnership with The Nakivale Refugee Camp (Isingiro) and Balintuma Zone (Kiwatule, Kampala) to support over 150 boys in Kiwatule and Isingiro.	Concept formulated; launch for the Kiwatule phase done on Friday, September 8, 2023. Nakivale launch planned end October; MoUs with Vocational Institutes to follow – DIT, NVTI & Isingiro Vocational Institute
I	Nyabishera Early Childhood Development Centre. Access to affordable holistic ECD services, improvement of lives of women and their families through health promotion, income generation and food security in Sheema district. RC Kampala Day Break/RC Kiwatule and RC Kabwohe & Institute of Rural Education and Development (IREAD)	Sourcing for Partnership with IREAD
J	C.U.R.E. Project (equipping 10 Health Facilities) USD 350,000; Container for each HC costs just over \$30,000	Needs assessment report has been submitted by Project CURE and RC Kiwatule is Mobilizing Funds for the First Container and also sourcing for an International Partner for GG application

Allocation of Community Service Projects to Cells

- 1. Papoli Trumpet Cell
- 2. Boy Child Saxophone Cell
- 3. Sunda Project Violin Cell
- 4. Mental Health- Piano Cell
- 5. Nakivale water Project Harp Cell
- 6. Project cure Flute Cell

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around." Leo Buscaglia





Up, Close & Personal The Newest Saxophones



Rtn. Darren Namatovu

• Founder of Phoenix Children's Foundation, a non-profit NGO advancing children's rights.

- Program Manager at Raising Teenagers Uganda.
- Bachelor's Degree in Early Childhood Development.

• Certificates in Monitoring and Evaluation, Leadership and Management in Global Health from the University of Washington, International Peace Building and Conflict Analysis from the Teaching Agency for Peace Building and Conflict Analysis based on Germany, among others.

• She is a member of the EA & National Youth Parliaments, EA Youth Network and Young African Leaders Initiative (YALI), Volunteer Programs Associate and Peace Ambassador with the Commonwealth Youth Peace Ambassadors' Network.

- Sponsored by AP Rtn Marion Natukunda
- To be mentored by Rtn. Stella Kasozi
- Classification: Education services

Rtn. Jonathan Cula

• Owner and Chief Executive, La Marquee Group of Companies with interests in sustainable energy initiatives, and translation services for over 10 international languages

- Participated in 5-a-side tournament.
- Was on the Committee for Kashanda Ya Mbarara and the Medical Camp in Sheema.
- Has attended mentorship sessions organized for prospective members.
- Former Rotaractor.
- Sponsored by Rotarian Julianne Etima Odwee





malaria **consortium**

disease control, better health

COMING UP: RCK December 2024 Calendar





Signs that your child is a genius

These signs offer insight into the remarkable qualities of geniuses and the way they perceive and interact with the world.

1. Relentless Curiosity: Geniuses are marked by their insatiable curiosity. They question the world around them, from the color of the sky to the science behind a rainbow. Their thirst for knowledge guides them through a vast landscape of ideas and discoveries.

2. Embrace of Failure: Geniuses have a unique relationship with failure. Instead of fearing it, they view it as a stepping stone in their learning journey. They understand that failure is not the end but a valuable teacher. For example, Thomas Edison failed countless times before inventing the light bulb.

3. Insatiable Creativity: Geniuses possess remarkable creativity. They see connections between seemingly unrelated things, constantly reimagining the ordinary into something extraordinary. Their creative sparks light up new paths and ideas that others might overlook.

4. Hunger for Knowledge: Geniuses are insatiable learners. They devour books, documentaries, and engage in conversations to satisfy their intellectual hunger. Their pursuit of knowledge is not just for passing exams but to feed their curiosity and gain new perspectives.

5. Passion-Driven Persistence: Geniuses are driven by an unwavering passion. Challenges become stepping stones, and setbacks are mere pauses in their journey. Their inner fire refuses to be extinguished, and they persevere with a relentless spirit.

6. Boundary-Pushing Imagination: Geniuses are the architects of innovation. They constantly push the limits of what's possible, whether in technology, art, or science. Their imagination knows no bounds, challenging norms and rewriting the rules to create awe-inspiring advancements.



7. Mastery of Complexity: Geniuses possess the rare ability to unravel complex topics and present them in a simple, concise, and brilliant manner. They excel at making complex subjects understandable, whether it's quantum physics or intricate philosophical concepts.

8. Exceptional Problem-Solving Skills: Geniuses have a knack for solving complex problems with remarkable ease. They approach challenges with a methodical and innovative mind-set, breaking them down into manageable steps.

9. Adaptability to Change: Geniuses are highly adaptable individuals. They embrace change and thrive in dynamic environments. Their ability to pivot and evolve in response to new circumstances is a testament to their intelligence.

10. Empathy and Emotional Intelligence: Contrary to the stereotype of cold, unfeeling geniuses, many exhibit high levels of empathy and emotional intelligence. They have a deep understanding of human emotions and can connect with others on an emotional level.

11. Effective Communication: Geniuses excel in communicating complex ideas in a way that's accessible to others. Their clarity and ability to convey intricate concepts make them effective teachers and communicators.

12. Multidisciplinary Knowledge: Geniuses often possess expertise in multiple fields. Their diverse knowledge allows them to draw insights from various areas, creating innovative solutions and unique perspectives.

13. Inventive Problem-Seeking: Geniuses don't just solve existing problems; they have a knack for identifying problems that others may not even notice. Their ability to seek out new challenges and solutions sets them apart.

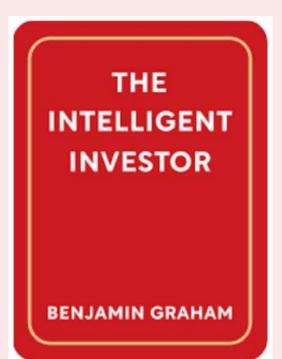
14. Global Perspective: Geniuses tend to have a broad global perspective. They consider the impact of their actions on a larger scale, striving to make a positive difference in the world.

15. Lifelong Learning: Geniuses are lifelong learners. They have an unquenchable thirst for knowledge that continues throughout their lives. Their commitment to learning and personal growth is a driving force that keeps their minds sharp and open to new possibilities.



"Example is not the main thing in influencing others, it is the only thing." Albert Schweitzer

BOOK REVIEW CORNER



The Intelligent Investor by Benjamin Graham gives you everything you need to equip yourself with the investor's mind-set necessary to avoid the panic of market fluctuations that plague the ordinary investor. Don't be ordinary. Be intelligent.

There are two kinds of investors.

Part-time (Defensive) investors aim to protect their capital from losses, generate decent returns and minimize frequent decisions.

Enterprising investors devote most of their time to manage their portfolios actively. An enterprising investor does not take more risks than a defensive investor but invests more in stock selection.

Confusing speculation with investment can be a costly mistake. Speculators buy hot stocks based on future growth prospects. In contrast, investment is made on a thorough analysis of the underlying business to ensure the safety of principal and adequate — but not extraordinary — gain. Invest in a stock only when you can comfortably own it without following its daily share price.

If you cannot resist the urge to bet on the next big growth stock, set strict limits on speculation. Keep a separate speculative account with less than 10% of your capital for speculative activities. Never mix money from the investment account and speculation account. It's a risky idea to speculate on high-growth industries, and high-growth stocks are a risky idea. Graham strongly urges investors to stay away from Initial Public Offerings. IPOs often happen in bull markets and lead to inflated valuations. When the bear market begins, these overheated speculative stocks are the first to crash and cause severe losses.

A defensive investor's portfolio must have 50% in highgrade bonds and 50% in common stocks irrespective of market conditions. Doing so will prevent them from buying excess shares in a bull market and rushing into bonds in the bear market. Once they set up their portfolio, the defensive investor checks every six months to rebalance it if market change alters this ratio by over 5%.

Enterprising investors' confidence in their professional analysis may reduce their stock component to 25% when the markets are dangerously high and raise their stock component to 75% at the bottom of a bear market. However, a minimum of 25% in bonds is essential as it will give investors the cushion to hold on to stocks even through the worst bear markets.

Purchase only tax-free municipal bonds unless you fall in the lowest tax bracket. Choose bonds that mature in five to 10 years as they remain relatively stable with interest rate fluctuations. Bond funds are an excellent choice for individual investors as they offer cheap and easy diversification to minimize risk.

Both Graham and Warren Buffet recommend index funds as the best long-term bet for defensive investors. Index funds own a cross-section of the entire market without any stock selection. While they may be unglamorous and show steady returns compared to more aggressive funds, index funds have low risk and have historically outperformed most mutual funds over 20 year periods.

Graham designed his approach to craft a reliable portfolio that requires minimum maintenance and offers maximum odds of a steady return. By sticking to a formula for investment decisions, the defensive investor gives up the risk of speculating on stock movements and gains steady returns. After the initial curation, if the investor trades more than twice a year, it is a clear sign something has gone wrong.

Sybyl 😵 Sanlam





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