

THE KIWATULE MAIL

Rotary
Kiwatule



RC KIWATULE PRESIDENT'S MESSAGE

A call to serve humanity

RTN. VINCENT BAGAMBE | 2019-2020

I would like to begin with warm wishes to all for a joyous Christmas holiday season. This month also includes RC Kiwatule's Family day out, Rtn Roy's wedding and of course, New Year's Eve. I pray that everyone enjoys this special time of the year.

December is also the month where Rotary Club of Kiwatule holds a very special event: "Friends of the Year Gift Exchange". The event is on 11th December and I hope you are as excited as I am and ready to surprise your mate. It will feature Christmas Carols remix in cell members' own melodies. Plan to be there and see the likes of Afande Ngobi doing their thing as cells try to outdo each other.

The November month started on a high note with World Connecting Presidents representing 50 Rotary clubs at a Kampala meeting with high level officials of Ministry of Health to establish a partnership in response to the



upsurge of malaria in Uganda. The Rotarians were informed that malaria cases in 2019 are almost double the number registered in 2018. The Club Presidents committed to dedicate a minute at every Rotary fellowship, dubbed "the Malaria Minute", to talk about Malaria. RC Kiwatule has committed to have the "Malaria Minute" starting December and throughout 2020. Many thanks to our serial guest Mr Solomon Ossiya, who presented the Rotary Malaria Partners Agenda, and to Rotarian Marion Natukunda who was on the organizing committee for the meeting.

The Rotary Foundation Directorate was able to collect USD 6,500, which has been remitted to Rotary International for members' recognitions. In pursuit to increase TRF utilization, RC Kiwatule agreed at our 20th November Club Assembly, to partner with Rotary Club of Gmunden, District 1920 in Austria in a USD 396,000 Global grant to establish a Campus for skills to train youths in Mityana Town, Uganda as water,

solar power and irrigation technicians. The application process has been initiated and should be finalized by end of this month.

Dear reader, please join RC Kiwatule in her efforts to serve the communities. November has been a great month of service and members have had great fun. You are also invited to experience the warmth of the Governor's Club!

I wish all of you my friends and family, a Merry Christmas and Happy New Year.



NATIONAL WATER AND
SEWERAGE CORPORATION



Connecting the world:

One on One with Rtn. Dr. Vincent Bagambe, President Rotary Club of Kiwatule 2019-2020.

Dr. Vincent Bagambe, a medical doctor by profession, works with Uganda AIDS Commission (UAC) as Director Planning and Strategic information. His role at UAC is to bring together actors in the field of HIV/AIDS response across the country, develop a national strategic plan for the implementation and monitoring of actions aimed at creating a positive impact on the HIV/AIDS epidemic in the country. He is a family man married to Immaculate Bagambe and with whom that are blessed with four

children; a girl and 3 boys. Dr. Bagambe is a Christian, a social person and a proud Rotarian who likes to provide service by giving back to society. He took time off his busy schedule at UAC and spoke to us about his journey as President of the Rotary Club of Kiwatule.

How and why did you become a Rotarian?

Anyone can become a Rotarian. We become stronger only if we work

together and each one has something to contribute. Between 2003/2005, my friend Josephat Nuwabeine would invite me to Rotary functions. Whenever he would have his Rotary friends he would invite me to meet those friends. Initially I did not take it seriously. In 2008, as a sitting president of Rotary Club of Kiwatule, Josephat held a medical camp in his home district in Ntungamo. He invited me as a medical doctor to join him in supporting the Rotarians to provide Medical services to the people in Ntungamo. That was my first time interfacing with the Rotarians at close range and to get to see the good that they provide to society. I made good friends during that medical camp but also took a decision to join Rotary despite my busy schedule. I felt that Rotary required

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NEEM Cell on Duty members,	BoD members,
Rtn. Peter Odoki	Vincent Bagambe - PRESIDENT
Rtn. Marion Natukunda	Francis Ogwang - IMMEDIATE PAST PRESIDENT
Rtn. Henry Mukiibi	Winnie Babihuga - DIRECTOR (THE ROTARY FOUNDATION)
Rtn. James Onyutta	Alex Twesigye - DIRECTOR (MEMBERSHIP)
Rtn. Annette Cherotich	Martin Omara - (TREASURER)
Rtn. Charles A. Malinga	Peter Odoki - DIRECTOR (PUBLIC RELATIONS)
Rtn. David Ngobi	Arthur Sewava - DIRECTOR (SERVICE PROJECTS)
Rtn. Francis Ogwang	Lynn Katende - DIRECTOR (YOUTH SERVICE)
Rtn. Godfrey Ssemugoma	Annette Were Munabi - (CLUB SECRETARY)
Rtn. Grace Ngabirano	Josephine N. Byabazaire - DIRECTOR (CLUB ADMINISTRATION)
Rtn. Henry Katongole	Patricia Kyambadde - DIRECTOR (FAMILY OF ROTARY)
Rtn. Ronald Kasolo	Dr. Brenda Anena - (VICE PRESIDENT)
Rtn. Tracy Turyakira	Elvis Khisa - (SERGEANT AT ARMS)
Rtn. Ernest Kusiima	



FELLOWSHIP PROGRAM

- 7.00 Call to fellowship to Order
- The Grace
- The Loyal Toast
- The Four Way Test
- The Object of Rotary
- Apologies
- Introductions of visiting Rotarians, Rotaractors & Guests
- "The Malaria Minute"
- Rotary Information
- Guest Speaker
- Vote of thanks
- Sergeant-at-Arms
- Final Toast

The Four Way Test

Of the things we think, say or do:

- Is it the truth
- Is it fair to all concerned?
- Will it build good will and better friendship?
- Will it be beneficial to all concerned?

The Grace

"Oh God, Giver of all good, we thank you for our daily bread, may Rotary friends and Rotary ways help us to serve you all our days" - Amen



Upcoming Events:

December 1, 2019: RCK Family Day Out

December 4, 2019: RCK Fellowship (Salvador - Profession versus Talent

December 11, 2019: RCK X-Mas Fellowship & Friend of The Year Gift Exchange

December 14, 2019: Rtn. Roy Nagawa's Wedding

December 18, 2019: Movie Fellowship @ Cinemax

April 29 - May 2, 2020: The 95th DCA - Mbarara 2020

June 6 - 10, 2020: 111th RI Convention in Honolulu, Hawaii, USA



RI PRESIDENT'S DECEMBER MESSAGE

Rotary Connects the World

MARK DANIEL MALONEY PRESIDENT | ROTARY INTERNATIONAL, 2019-2020

There is no experience quite like attending the Rotary International Convention. Discover the true spirit of aloha and Rotary with your family, friends, and fellow Rotarians from 6 to 10 June in Honolulu. It is the perfect setting for the entire family of Rotary to celebrate, collaborate, and connect.

There are two types of people who enjoy visits to Hawaii – those who have never been to the islands and are about to have unique and wonderful experiences, and those who have had those Hawaiian moments etched into their memories already and cannot wait to create some new ones.

The convention is the best place to find and share your aloha, which you will soon discover is much more than a greeting. Just as Rotary is a way of life for Rotarians, aloha is a way of life for Hawaiians – one that focuses on living in harmony, being patient, treating everyone with respect, and sharing joy with your family, or 'Ohana.

Our host committee has arranged some fabulous events for you and your family. This includes a Hawaiian Culture and Lunch Boat Cruise, a two-hour tour that will feature spectacular views of Diamond Head, Waikiki, and the Kahala Gold Coast. On board, you can learn to play



the ukulele, take part in hula dancing, and create your own Hawaiian flower lei.

You will also have the opportunity to enjoy a full range of island hospitality events, from small backyard picnics to multicourse family meals. There will be fantastic service projects to see, including two ancient Hawaiian fishponds. And a sunrise Walk for Peace will take place at the beautiful Ala Moana Beach Park, a 3-mile stroll in the shadow of the iconic Diamond Head crater.

Inside and outside the convention halls, we are going to hold the most family-friendly convention in Rotary history, including a family-centered opening ceremony and family-focused events in the House of Friendship. The opening session will, of course, include our traditional flag ceremony.

Our 2020 convention will also be a time to celebrate

Rotary's historical ties to the United Nations. As I mentioned in my November message, June 2020 will mark the 75th anniversary of the signing of the United Nations charter. On the day before the start of the convention, Rotary and the UN will host our fifth joint event of 2019-20, one focused on environmental sustainability.

In addition, we are planning the greenest convention in Rotary history – and I will share more details about this in the months ahead. But now, go to riconvention.org and click the REGISTER button right below the Honolulu Hawaii 2020 logo. Early registration discount pricing ends 15 December, so do not delay.

Rotary Connects the World in no better way than at the Rotary Convention. Bring your family to meet our family. See you in Honolulu!

Jubilee
INSURANCE

KK FOODS™
Fresh Fruits & Vegetables From Africa

Coming back home

FRANCIS XAVIER SENTAMU | DISTRICT GOVERNOR (D9211), 2019/20



Dear President Vincent and members of RC Kiwatule,

Thank you for hosting me so warmly September 18-10, 2019. The connections, interactions and the meetings were so enjoyable. Thank you for the exemplary leadership steering the club to such stellar performance. It was quite a good interaction we had at the club Board meeting and assembly, I have no doubt we are destined to strengthening the club and achieving together. Thank you for agreeing to host the DG's banquet at the 95th DCA.

"Rotary connects the world" is our theme this year. Family should be central as we connect. Let's give the most amazing experience to our members, make service fun in our communities, support our foundation (The Rotary Foundation), grow and connect with our Youth.

I would like to remind you on a few areas where we made commitments;

Increase our impact.

- What an impact you my friends are making to Ishakye; you, indeed, exemplify Rotary as People of Action. Congratulations! I encourage you to continue with these good works and partner with your sponsored clubs to learn and get them started.
- I encourage you to ensure 100% donation to the Ro-



tary Foundation by every member of the club; You all know how much we can gain utilizing TRF resources but they come from donations of Rotarians and friends of Rotary. Target a minimum Contribution to TRF of US\$ 15,000 and utilization of at least \$250,000.

- Look out for partnerships with other clubs (especially your sponsored clubs) to carry out sustainable and impactful service projects.
- Continue engaging and mentoring the youth in the community because they are our future. I encourage you to triple the efforts put in mentoring the youth in Nakivale refugee camp.

Expand our reach.

- Ensure 100% retention of current membership by giving each member the right experience.

I encourage each member to attract a new person into Rotary this year.

- Put a lot of focus on Public relations. You need to be

known more because of the great Rotary service that you render;

Enhance participants' engagement.

- I recommend structured ways to ensure every member is engaged; make use of everyone by knowing their interests and talent. I appreciate "the Rotary 5-Aside" fundraiser that you have going on. The fact that this year's edition attracted over 60 teams to participate is quite fulfilling. Bravo my friends.
- Maintain 100% appearance on My Rotary and keep updating Rotary club central.
- Ensure all members' details on club runner are updated to ensure effective communication with each member from the District and country leadership.
- Carryout trainings to ensure members keep on the right track.

Increase our ability to adapt.

- Flexibility, innovation and fun will keep Rotarians enjoying their service.

As the hosts of the last night at the DCA (April 29th to May 2nd 2020 in Mbarara), I look forward to a night to remember. Let's go connect and make this world a better place to live in.



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my services though I was worried that I would not be able to manage the time requirements. I nevertheless started visiting their fellowships, getting to know more about them and in 2011, I took the decision that to become a Rotarian and soon, I was inducted into Rotary. So the reason as to why join Rotary was natural; I'm a person who likes to give back. With Rotary I had a platform to enable me give back to society.

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Tell us how you came to be a Rotary official.

By the way in Rotary, you do not choose to be a leader and we don't campaign. It is people who put their trust in you and you have to rise to the occasion. I remember when I joined in 2011, we were three doctors in that club. One of them was working in the East African Community (EAC) so she was not in Kampala most of the time so that left two of us. When we organized a medical camp, it was our responsibility to ensure that we brought Doctors, mobilized drugs, and were there on the day of the camp. That is how I found myself showing my capacity to deliver and organize. Thereafter, for

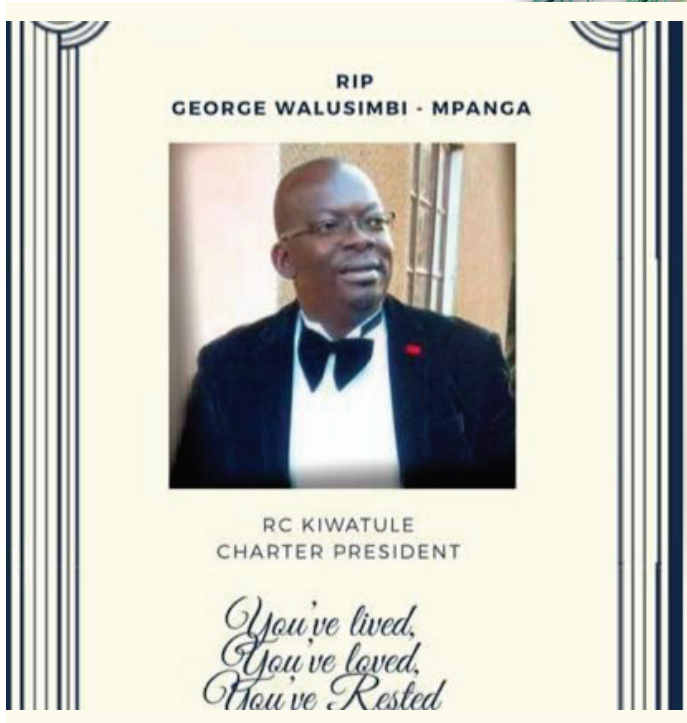
all the medical camps, and sometimes in a year we hold two, I had to take the lead in organizing medical camps. Every year, we hold elections and members elect members to different positions of responsibility. I remember in 2013, I became a Director responsible for the Rotary Foundation which mobilizes resources from other Rotarians and remits it to Rotary International to go into a pool where Global grants pull their money from. In 2014, I became Membership Director. I was tasked with the role of preparing club guests to become Rotary members. In 2015, I was elected to Vice President Nominee. Now, having grown through the ranks, I am President Rotary Club of Kiwatule.



TUNE IN FOR THE NEXT EDITION, where we find out..

- What does your job as Club President entail?
- Greatest accomplishment so far?
- Balance between work, family, Rotary?
- What next after Presidency?





Object of Rotary

The Object Of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular, to encourage and foster:

- FIRST:** The development of acquaintance as an opportunity for service;
- SECOND:** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD:** The application of the ideal of service in each Rotarian's personal, business and community life;
- FOURTH:** The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.



Ishekye Medical Camp Report

The medical camp is held annually in line with the Rotary Calendar for Family Health Days. In the Rotary Club of Kiwatule (RCK), this event has been held over the years under the theme "Kashanda Ya...". The RCK medical camp culture is that this event is held to benefit the community of the sitting President's place of origin and/or birth. The spirit of the camp in the RCK culture is one of these communities experiencing the power of Rotary in touching people's lives in various facets as organized for each event.

Kashanda ya Ishekye Medical Camp was held at Kabwohe HC IV, Sheema District, on 5th October 2019, as RC Kiwatule celebrated 17 years of service. Approximately 1000 community members benefitted from Ishekye and its environs. A total of 16 services were provided during the camp. Laboratory services were the most utilized representing about 25% of the patients. A total of 121 Health care Workers were deployed representing a ratio of approximately 1 HW to 7 patients. Overall 80% of the budget was spent. RCK and the Rotary Club of Nairobi entered into a twinning arrangement with the aim of furthering international service through Rotary.

This Medical Camp was undertaken in partnership with the Rotary Club of Kabwohe.



MARSH

Anamwany Health Centre Maternity Ward Project in Amolatar, Lira District

A very unique story, that may not be repeated in RC Kiwatule's existence...

The Rotary Club of Kiwatule's 2018-19 President Rotarian Francis Ogwang (PHF) hails from Amolatar District and so does, Danny Ajuu being President 2018-19 of RC Kiwatule's baby Club, the RC of Najjeera. Furtherstill, they are siblings.

In October 2018, whilst both were sitting Presidents, RC Kiwatule partnered with the following: Rotary Club of Najjeera; Rotary Club of Lira; Rotary Club of Nairobi North; Rotary Club of Sebring in Florida, USA; Rotaract Club of Nakivale;

Rotaract Club of Kampala the Core; CASE medical Centre-Kampala, Amolatar District Leaders; Two NGOs (Health Lineage Foundation and RHITES North) and carried out the following community projects in Amolatar District:-

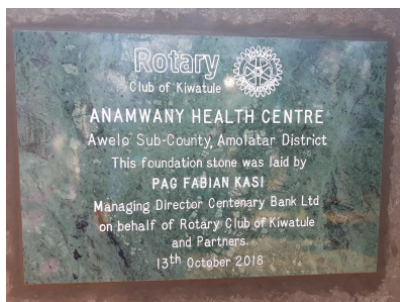
- i Laying the Foundation stone for Anamwany Health Centre II Maternity wing. The construction was estimated to cost \$ 46,500 USD (UGX 171,437,952). More funds will be required for furnishing and equipping the health Centre.
- ii Tree planting in line with Rotary's "Mission

Green" vision.

- iii Medical Outreach Camp: Polio vaccination; Safe male circumcision; General out-patient services; Cervical & Cancer Screening; HIV counselling and testing; Child Health and immunization; Dental Clinic; Maternal Health and Family Planning; eye check-up, Hepatitis B screening; Blood donation drive; Ultrasound and Laboratory services.

Construction of the Maternity Ward is now in progress, having started May 4, 2019 and expected to be commissioned May 2, 2020.

Anamwany @ Ground Zero



Anamwany @ 3 months



Anamwany @ 1 year





BABY CLUB'S (RCT. KAMPALA THE CORE) PROJECT PLAN FOR NAKIVALE

ROTARACT KAMPALA THE CORE IN PARTNERSHIP WITH
ROTARACT NAKIVALE | ROTARACT JURU | MOTHER CLUB; RC KIWATULE

PRISCILLA NUWEAINE | PRESIDENT 2019 - 2020
ROTARACT CLUB OF KAMPALA (THE CORE)

SPONSORED BY ROTARY CLUB OF KIWATULE



**The
Nakivale
refugee
settlement
camp is one of
the many refugee
settlements within
the country.**

It was created in 1960 and is the oldest refugee settlement in Uganda. The settlement is currently host to 119,587 refugees mainly from the DRC, Burundi, Somalia, Iran, Pakistan and many others. Recently, increased conflicts in neighboring countries have seen a rise in the number of refugees in the settlement.

Uganda is a signatory to many international instruments that provide for the Right to Health, Education clean water and sanitation. Rotaract Club of Kampala the CORE in partnership with the Rotaract club of Nakivale and Rotaract Juru intend to hold a project to serve the people in the Base Camp community in Nakivale settlement camp.

The project is intended;

- To reduce the neonatal and newborn mortality rate, improving access to essential medical services, trained community health workers, and health care providers.
- To sensitize refugees on their legal status, rights and responsibilities within

the local communities, and in the national and international context.

- To provide scholastic materials for the primary schools in the settlement camp.
- To extend knowledge on how to generate and expand personal income.

Given the breadth of the community area, resource mobilization shall be apportioned into four sub categories:

1. Sanitation and Disease Prevention classed together with Maternal Child Health
2. Peace and Conflict Resolution
3. Literacy and Education
4. Economic and Community Development

The estimated budget is **UGX 30,000,000** for the entire project

I strongly believe that there is hope for change in our communities with support from philanthropists, friends of Rotary (Corporates, Community, Social & Non-Government Organizations), and partners. Without doubt, the Rotaract Club of Kampala the CORE together with the partnering clubs will enable communities of the Settlement to develop and improve on how conflicts are resolved, health of mothers and their children and education facilities for young children.



Rotaract, in a Refugee Setting

The Rotary Club of Kiwatule (RCK), together with Rotary Club of Mbarara and Rotary Club of Roseville, Minnesota, USA, proudly sponsor the Rotaract Club of Nakivale. The Rotaract Club of Nakivale is a unique one, the first of its kind in a refugee settlement in Western Uganda, Africa and the world over. Rotaract Club of Nakivale was chartered with 37 members, recently followed by Rotaract club of Nakivale - Juru that was chartered on November 23, 2019 with 26 Charter members after fully packed day of training on how to run a Rotaract club, leadership and professional growth, Roles of a mother club, innovation and creativity of incoming generating activities to mention but a few.

The Refugee Rotaract clubs are exceptional because they avail opportunity to implement projects across all the 6 Rotary focus areas.

These exceptional Rotaractors have gone ahead to grow partnerships with the different local and international organizations that support the refugee camps for example The American Refugee Committee supports their Education and literacy program by training them in vocational skills e.g art and craft, weaving, tailoring and carpentry. WFP and UNCHR has supported and employed some Rotaractors like the charter President Paul Mushaho who goes around the camp to monitor the saving schemes set up for the refugees and educates them on Financial Literacy.

Under Economic Empowerment, the Rotaractors

have set up tailoring shops, selling of fabric and making art and crafts that they sell within the camp and online or through bazaars organized around the local markets.

Another great partnership created with the Rotaract club of Salisbury City in Australia provided classroom furniture for "Best Future School", which provides elementary education for the marginalized albinos in the camp.

As a Rotary club we take pride in this diversity and expansion of Rotary's work out of our normal comfort zones.

Compiled by
Rtn. Marion Natukunda
Rotary club of Kiwatule
The District Youth Exchange
Chair-2019/20





Proud to be a Rotary Foundation Cadre

Stewardship is crucial to ensuring that The Rotary Foundation funds are spent according to an agreed plan. A cadre plays a pivotal role by supporting grant proposals and projects that are technically feasible and sustainable.

My first assignment as a member of the Cadre of Technical Advisers was a post-project evaluation of a Disease Prevention (Prevention of Mother to Child Transmission- PMTCT) Program based in Malawi. This Global Grant involved Training 120 HIV expert clients and enrolling the PMTCT program in 68 health centers.

RI provided me with both the international and local Rotarian contact information, which I supplemented with direct phone and email contact with the international partner, a non-Rotary facilitating organization. The assignment itself involved meeting with administrators, health workers, families, social workers, and beneficiaries who were the (Expert clients) in villages and in about

4 health center which were far away. Local Rotarians provided transportation and accompanied me to all of the meetings and health facilities. Because of their input, I got a much better understanding of their country, its health needs, and the importance of this grant.

Below are some lessons learned, and suggestions, which might be helpful for future cadres:

1. Formulate available information in advance and list down questions for the site visit.
2. Talk with as many people as possible to gain perspective about the project.
3. Try to understand the local culture and challenges facing the participants.
4. Be flexible and don't let the unexpected disturb you.
5. Appreciate the welcoming spirit of Rotarians everywhere.

6. Always pack any medicines you are likely to need during the visit. I was delighted by the opportunity to review this Matching Grant and I look forward to the next assignment

My club, the Rotary club of Kiwatule, has 4 Cadre members namely, PP Godfrey Ssemugoma, Mpamizo Malcolm Twino, Dr. Brenda Anena and myself. I encourage all Rotarians to enroll and become Cadres who will get to learn, use their vocations and expertise along the 6 focus area of Rotary to evaluate projects all the world where Rotary operates. What I have experienced for the past 4 years as I evaluated over 6 projects around Africa is amazing. I thank Rotary International and the Rotary Foundation for giving me this opportunity to serve beyond my club.

**Rotarian Marion
Natukunda
Vice President Nominee,
Rotary Club of Kiwatule**



Recognition Wall for our Rotary 5-A-Side (2019 Edition) Corporate Partners





RCK PROJECTS' PIPELINE

S.No:	DESCRIPTION	STATUS
1. GLOBAL GRANTS WAITING FINAL APPROVAL		
A	Global Grant #GG1982469 Uganda Global Grant Solar Suitcase Project – Supporting 30 Health Centres \$150,000	26/30 MoUs & Needs Assessments received; await Kamulegu & Anamwany
B	Global Grant #GG 1866536 Ultrasound Machines - Supporting 5 Health Centres \$267,700 USD	5/5 MoUs & Needs Assessments received; await procurement clarifications
C	Global Grant #GG2095137_Mityana Campus of Practical Skills (Vocational Support) \$396,840 USD	Due diligence & verification in progress
2. PROJECTS FOR GLOBAL GRANTS APPLICATION		
A	Adopt Nakivale Refugee Settlement	Needs Assessment visit done & report prepared; populating global grant template in progress
B	Poyameri Primary School	Await Needs Assessment visit
C	Adopt Ishekye Village	Needs Assessment visit done & report prepared; populating global grant template in progress
D	Support to KCCA Schools, including: Kampala School for physically handicapped (KSPH)	Needs Assessment visits done & report prepared by 2017 Cells; to prioritise KSPH
3. NON-GLOBAL GRANTS PROJECTS (ONGOING & PLANNED)		
A	Anamwany Maternity Ward	Phase 1 construction in progress; to be handed over in 2019
B	Kashanda Ya Mawokota	Planning Stage
C	Nakyessanja Primary School	Planning Stage

Sybyl



When & Where Clubs Meet

CLUB NAME	LOCATION	DAY / TIME
Acacia Sunset Kampala	Ibamba Restaurant	Tuesdays at 6:30 PM
Bugolobi	City Royal Hotel	Thursdays at 07:00 PM
Bukoto	Kabira Country Club	Tuesdays at 7:00 PM
Bulindo	Conbary Resort	Sundays at 5:00 PM
Buloba	Joggies Recreation Centre, Mityana Road	Tuesdays at 7:00 PM
Bwebajja	Bwebajja	Thursdays at 08:00 PM
Bweyogerere Central	Jokers Hotel (Bweyogerere)	Fridays at 7:00 PM
Bweyogerere-Namboole	Hotel Mamerito (Bweyogerere)	Tuesdays at 6:30 PM
Gaba	Green Valley Hotel	Thursdays at 7:00 PM
Kajjansi	Nican Resort	Wednesdays at 7:00 PM
Kampala	Grand Imperial Hotel	Thursdays at 12:30 PM
Kampala 7 Hills	BMK House	Fridays at 6:00 PM
Kampala Central	Hotel Africana	Wednesdays at 6:00 PM
Kampala City	Nommo Gallery	Saturdays at 1:00 PM
Kampala City-Makerere	Kolping Hotel, Bombo Road - Kavule	Thursdays at 6:00 PM
Kampala Day-Break	Grand Imperial Hotel	Thursdays at 7:00 AM
Kampala Munyonyo	Green Valley Hotel, Gaba	Mondays at 7:00 PM
Kampala Muyenga Breeze	Hotel International Muyenga	Sundays at 6:00 PM
Kampala Naguru	Kati Kati Entertainment Centre	Mondays at 7:00 PM
Kampala Nalya	Ndere Centre	Wednesdays at 7:00 PM
Kampala South	Hotel Africana Ltd, Wampewo Avenue	Mondays at 6:00 PM
Kampala Wandegeya	Kampala Kolping Hotel	Tuesdays at 6:00 PM
Kampala-East	Hotel Africana	Thursdays at 7:00 PM
Kampala-Impala	Kati Kati Restaurant	Tuesdays at 12:45 PM
Kampala-Kibuli	Hotel Africana	Fridays at 6:00 PM
Kampala-North	Pearl Restaurant (Next to Nommo Gallery)	Mondays at 6:00 PM
Kampala-Nsambya	Moonland Gardens	Tuesdays at 7:00 PM
Kampala-Sseese Islands	Pearl Restaurant, Nammo Gallery	Thursdays at 6:00 PM
Kampala-West	Shanghai Rest.	Wednesdays at 1:00 PM
Kisaasi Kyanja	Benrich Lounge	Tuesdays at 7:00 PM
Kisugu Victoria View	Shangri-la Hotel, Muyenga	Tuesdays at 7:00 PM
Kitante	Hotel Protea	Thursdays at 7:00 PM
Kiwatule	Kabira Country Club	Wednesdays at 7:00 PM
Kololo - Kampala	Hotel Africana	Tuesdays at 6:00 PM
Kyambogo-Kampala	Sports View Hotel	Wednesdays at 6:30 PM
Kyengera	Sendi House	Fridays at 7:00 PM
Lubowa	Graces Entertainment Centre	Tuesdays at 7:00 PM
Makindye	Xanadu (Former Mackinnon Suites) Nakasero	Tuesdays at 06:00 PM
Makindye West	Makindye Country Club	Thursdays at 7:00 PM
Mengo	Pope Paul VI Memorial Hotel	Mondays at 12:45 PM
Muyenga	Intl. Hotel Muyenga	Wednesdays at 6:30 PM
Najjeera	Tavern Breeze Restaurant & Bar	Thursdays at 7:00 PM
Namugongo	Abba Hotel Uganda Limited	Thursdays at 7:00 PM
Nansana	Hotel Ivory	Wednesdays at 07:00 PM
Nateete-Kampala	IVYS Hotel	Thursdays at 07:00 PM
Ntinda	Nob View Hotel	Fridays at 07:00 PM
Port-Bell	Silver Springs Hotel	Wednesdays at 07:00 PM
RC Entebbe	Lake Victoria Hotel, Entebbe	Wednesdays at 7:00 PM
RC Kasangati	Kasangati Resort Center	Mondays at 7:00 PM
RC Seguku	Nican Resort, Seguku	Sundays at 05:00 PM
Rubaga	Pope Paul VI Memorial Hotel	Tuesdays at 12:45 PM
Seeta	Ridah Hotel	Thursdays at 07:00 PM
Sunrise-Kampala	Shanghai Restaurant	Tuesdays at 07:00 AM

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