

#### Monthly Magazine - OCTOBER 2023, VOL. 22, ISSUE 4 (THEME OF THE MONTH - COMMUNITY ECONOMIC DEVELOPMENT)























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- 17. Malcolm Mpamizo
- 18. James Onyutta
- 19. Monica Rotich
- 20. Eddy Mupende







#### Board of Directors (2023/2024)

- 1. PRESIDENT: Alex M. B. Twesigye
- 2. IMMEDIATE PAST PRESIDENT: Marion Natukunda
- 3. PRESIDENT ELECT: Winnie Babihuga
- **4. DIRECTOR (THE ROTARY FOUNDATION):** Monica Nyakaisiki
- 5. DIRECTOR (MEMBERSHIP): Sheeba M. Tumushabe
- 6. TREASURER: Annette B. Cherotich
- 7. DIRECTOR (PUBLIC RELATIONS): Allen Babihuga
- 8. DIRECTOR (SERVICE PROJECTS): Henry Mukiibi
- 9. DIRECTOR (YOUTH SERVICE): Michael Babu

**10. DIRECTOR (VOCATIONAL SERVICE DIRECTOR):** George Okello Opio

11. CLUB SECRETARY: Julianne Ongom Etima

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- **13. DIRECTOR (FAMILY OF ROTARY):** Dr. Mary Nyende Kansiime
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- 17. 5-A-SIDE OFFICER: Edward Nkangi
- 18. SERGEANT AT ARMS: PP. Elvis Khisa





# EDITOR'S MESSAGE ....



Rtn. Betty Arem Obbo Bulletin Officer.

Dear Friends,

elcome to the fourth edition of "The Kiwatule Mail" monthly bulletin for the Rotary Club of Kiwatule. On behalf of the Bulletin Team, I congratulate the Club President and his Board for successfully completing a very busy first Quarter of the Rotary Year 2023-24. We sincerely thank the various Corporate Companies that have walked this journey with us, thus far.

This October month is dedicated to Centenary Bank who has walked a very special journey with Rotary in Uganda by supporting the Rotary Cancer Run since its inception of the fight against Cancer in 2012.

Through the event, Ugandans are empowered with knowledge about the importance of regular cancer checks and contribute to the establishment of a Radiotherapy cancer treatment facility, which will significantly enhance accessibility to vital treatment options for all individuals, across Uganda and the region.

Centenary Bank has been Rotary Uganda Cancer Program's anchor Sponsor since inception, in 2012, when it kicked off the fundraiser with a Sponsorship package of UGX 160,000,000 (One hundred Sixty Million). The MD (Mr. Fabian Kasi) was the Chief Walker during the 12th Edition of the Rotary Cancer Run which was held on August 27, 2023. The annual event aims to raise funds for the completion of a 36-bed Rotary-Centenary Bank Cancer Treatment Centre facility that will house two bunkers at St. Francis Nsambya Hospital. The building alone is worth approximately UGX 1.5 billion, and the Centre is operational. The funds raised have also constructed the Rotary Blood Bank, which is now operational in Mengo Hospital.

Fast forward... The Rotary theme for October is Community Economic Development. In the same October month, Rotary Club of Kiwatule celebrates 21 years of her service to humanity, having been chartered on October 8, 2002.

As is the norm in the Club's history, a series of events has been lined up including the planned legacy project to be implemented at our sitting President's village (aka "Kashanda ya Kyandahi"). Let's continue to serve humanity through the various focus areas of Rotary: Maternal & Child Health, Disease Prevention, Water & Sanitation, Basic Education & Literacy, Saving the environment, Peace & Conflict resolution, Economic & Community Development – theme of the October month.

Enjoy the ride.

Proud to Serve,

Rtn. Betty Arem Obbo - Bulletin Officer (Rotary Club of Kiwatule)

I may not be the most important person in your Life but I just hope that when you hear my name you smile and say, "That's My Friend!"



#### **Fellowship Program**

Call fellowship to Order The Grace / Invocation The Loyal Toast The Four Way Test The Object of Rotary Apologies Introductions of visiting Rotarians, Rotaractors & Guests Rotary Information Introduction of Guest Speaker Q&A Vote of thanks Sergeant-at-Arms Final Toast

#### **Object of Rotary**

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular, to encourage and foster:

**FIRST:** The development of acquaintance as an opportunity for service;

**SECOND:** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

**THIRD:** The application of the ideal of service in each Rotarian's personal, business and community life;

**FOURTH:** The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

#### The Grace

Oh Lord and Giver of all Good, We thank thee for our daily food. May Rotary friends and Rotary ways, help us to serve thee all our days, AMEN.

#### The 4-way Test

Of the things we think, say or do; 1. Is it the TRUTH? 2. Is it FAIR to all concerned? 3. Will it build GOOD WILL and BETTER FRIENDSHIPS? 4. Will it be BENEFICIAL to all concerned?

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#### COMMUNITY ECONOMIC DEVELOPMENT Rotary International President's Message

#### Mental health and your club

Dear fellow Rotary members,

The World Health Organization designates 10 October as World Mental Health Day, and with Rotary placing a special focus on mental health this year, I would like to help answer the question posed to me most often when I travel to meet members: How can my club get started?

There are some wonderful examples of Rotary members taking action already. In the Philippines, the Rotary Club of Tiaong-Hiyas held a 12-week health challenge for mothers in the community to promote some baseline health screenings and coaching on a healthier lifestyle.

By the end of the challenge, the mothers had a special bond and decided to form a Rotary Community Corps called Ilaw ng Tahanan ("one who lights up the home") with the goal of involving more mothers in health education and wellness support — and later youth services, teen pregnancy prevention, and help with unhealthy substance use. Almost a year later, the RCC is preparing to open its own health center where mothers can come for peer-to-peer support.

Another strong example is in Colorado. In the fall of 2021, a small group of stakeholders from the Rotary Clubs of Highlands Ranch formed the Rotary Clubs of Colorado Endowed Fellowship for Pediatric Mental Health, which enhances the ability of Children's Hospital Colorado to recruit and train pediatric psychiatry providers and allows the hospital network to make additional appointments. This increases access to mental health care for children and decreases provider shortages.

Since then, the project has brought on new supporters and is now fully funded with a \$500,000 endowment. Investment income from this endowment will support a fellow a psychologist or psychiatrist — at Children's Hospital. A new fellow will be named every one to two years, beginning spring of 2024. Over time this will create a cohort to bolster the mental health workforce, treating kids from all 64 Colorado counties and



Gordon R. McInally, President, Rotary International 2023-24

neighboring states.

There are many more great mental health project stories on Rotary Showcase, and I invite you to share your experiences as you begin your own projects. Also, please reach out to mindhealth@rotary.org with any thoughts or ideas you would like to share about mental health in the Rotary world.

On 10 October, I will host a Facebook Live event when we will recognize World Mental Health Day and further explore how Rotary members can begin this journey. But I would like to leave you with one way every Rotary member can make a difference.

Right now, there is someone you know in the Rotary world — in your club, from a project you've worked on, in a Rotary Fellowship or Rotary Action Group — who could use a little more of your time and attention. Rotary is this great gift of global friendship, and that also means being there for each other.

Discovering the human connections that bind us is what we do through our membership every day. It's what Rotary has always been about, and we can build on it by helping each other find peace at home.

We need to learn how to ask not just "How are you?" but also "How are you really?" By doing so, Rotary can continue to *Create Hope in the World.* 





Edward Kakembo Nsubuga, DISTRICT GOVERNOR 2023-24 (D9213)

# A Quarter of Achievements and New Horizons

ear Fellow Rotarians, Our first quarter is done!! And what a success it has been. Thank you so much people of action for impacting communities working within the 7 Areas of Focus.

As we reflect upon the past quarter, I am filled with immense pride and gratitude for the remarkable accomplishments of our district. Each of you has contributed to the tapestry of success that now graces our Rotary journey. It is with great pleasure that I share the news of our district's outstanding performance at the Rotary Zone Institute in Lusaka, Zambia. Our collective efforts were honoured with numerous awards, a testament to the dedication and hard work of our Rotarians especially during the year that preceded us.

We therefore pay tribute to our Amazing Governor Hon Dr Mike Kennedy Ssebalu and the whole team, for doing amazing things in amazing ways, that resulted into amazing awards. That our membership growth on the African continent emerged as number 1 and in Foundation giving, we emerged number 3 is no mean feat. Thank you, DG Mike. The awards we garnered at the Institute serve as a beacon of our district's commitment to excellence. They

### **District Governor's Message**

are a testament to the impact we are making in our communities and beyond. These accolades belong to each and every one of you, for it is your unwavering dedication that has propelled our district to new heights.

During my visits to various clubs, I have witnessed firsthand the incredible work being done. From life-changing projects to initiatives that address the most pressing issues of our time, our clubs are beacons of hope and agents of positive change. Your tireless efforts in areas ranging from environmental conservation, to education and literacy, to community empowerment, the boy child empowerment, are nothing short of inspiring. This month, our focus on education and literacy has yielded exceptional results. Through mentorship programs, and innovative educational projects, we are sowing the seeds of knowledge and empowerment. The impact of these endeavours will be felt for generations to come, shaping a brighter future for our communities.

Now, as we step into October, a month dedicated to economic and community empowerment, I am filled with anticipation. Together, we will harness our collective strength to uplift communities, foster entrepreneurship, and drive sustainable economic growth. Let us continue to be the catalysts for positive change, igniting a fire of progress that burns brightly in the hearts of those we serve. Friends, whenever people do good, they should sit together and toast to the good- let us do this in April at the common wealth resort Munyonyo during our Discon-I pose the question now; have you registered? The other two celebrations of World Polio Day and the TRF Dinner of 21st November and 25th November respectively, are coming up soon. How I look forward to being with all you, and seeing you all win the great awards the team has put up. In case you have not yet known, the overall contributing club winner shall be taking to its farm a whole cow, second runners up 3 goats and the first runners up 2 goats. And on the 3rd day of November, we shall also have the Peace Concert, 50% of whose proceeds shall be for the Peace faculty and the other half to the Annual fund; ooh the things that make Rotarians celebrate milestones- Let us meet there. In closing, I extend my deepest gratitude to each Rotarian for your unwavering dedication and tireless efforts. Together, we are writing a story of hope, compassion, and progress. Let us march forward with purpose, knowing that our collective endeavours will continue to shape a better world for all









David Rogers Kintu AG Area 8 (D9213)

very club in D9213 is doing something about the boy child through the Boy Child Uplifting Program (BCUP) and I wish to thank our District Governor for such an empowering drive and thank everyone else for adding a brick to it. Rotary never disappoints, and Rotary Club of Kiwatule is vividly counted.

Here are my thoughts and addition to this effort especially through my Vocation of Education, given that September was the Basic Education and Literacy Month.

I would strongly add that through Character Education, both in school and at home, we can build a better foundation for the boy child. Quoting Stephen R. Covey: "90% of failures we see are character failures not ability failures".

As we drive the BCUP, we all acknowledge that it is to address issues the boy child has fallen short of, or is inadequate in. This is where we need to put our effort- the foundation. Compare this to the fact that if you want to construct a high rise building, you have to get the foundation right, otherwise the building will fall.

Now compare this to our boy child falling because of the weak foundation built and this foundation is character. "How do our 'boys' fall?", you may ask, or are they falling anyway? Our boys are filling up prisons, they are unemployed, they are dropping out of schools, they are violent, they are poor fathers and bad husbands, they are corrupt, to mention but a few, and all these are terrible falls, the way a skyscraper with a weak foundation comes tumbling down. Without a doubt, our boys will rise up, just like a skyscraper, they

### Assistant Governor's Message

Character Education to Build the Foundation of the Boy Child

will grow from Grade zero to University, they will become leaders, husbands and fathers, they will become Rotary Presidents, name it; but the saying goes, "Charisma will take you to the top, but only character will keep you there"

A few clubs I visited to talk about this approach did a simple survey and we agreed that our men lacked certain key character traits to be good men, and some of these character traits that stood out were; Self-Control, Responsibility, Wisdom, Creativity and Patience. The good thing is all these character traits are trainable. But unfortunately they are not embedded in our common curriculum for the young boy (and girl, by the way) to have a solid foundation.

If the education curriculum would not only look at academic excellence but also embrace character education, we would have better men out of our boys. Theodore Roosevelt Said "To educate a child in mind and not morals is to educate a menace to society" and we all know that character is the moral excellence an individual exhibits even when no one is watching.

As parents and all BCUP promoters, we will not wait for the education system to change, but start the teaching of character in our homes; it has to be a deliberate effort.

David Rogers Kintu AG Area 8 D9213



## RC Kiwatule President's Message

#### CREATE HOPE IN THE WORLD

#### STATE OF THE CLUB @ Q1, 2023/2024

A.Service Projects: This Rotary year 2023/24, the Service Projects' team committed to involve all club members by assigning projects to Cells (Buddy Groups). A total of 6 projects namely: Boy Child, Mental Health, Sunda, Nakivale, CURE, Papoli Economic Empowerment were assigned for implementation this Rotary year.

## Key Highlights this quarter about Service projects include.

•Submission of the final project report for the Kadi project where RCK was an international partner of the Rotary Club of Kadi, RC Kadi, D3054, India for the provision of cardiac care and Cath lab services at concessional rates

•The Rotary Club of Kiwatule (D9213) joined the "One Million Healthy Mothers & Newborns in Uganda" Program of Scale application as a sponsoring club.

•The Boy child and Mental Health Projects of the Rotary Club of Kiwatule were launched on 08th September 2023 at St. John's Church of Uganda, Kiwatule. Acceptance from Ntinda Vocational training institute to partner with RC Kiwatule in skilling the Boy child received on 11th September 2023.

•RC Kiwatule in partnership with RC Osaka Semba (Japan) submitted a global grant application worth USD 62, 500 to improve access to safe and sustainable water for a population of over 15,000 households in the Districts of Mubende and Kassanda Uganda (SUNDA Project). **B.Treasury:** 

•We have paid half year dues to Rotary International and District (D9213).

•Challenge: Currently 43 members are not paid up.

Financial statements: RY 2021/2022 audited & approved by Club Assembly. Audit of last year (2022/2023) is underway.

#### C.Membership:

•The Club started RY 2023- 2023 with 122 members. The plan for this Rotary year is to re-engage its members, grow membership by 5 members and membership extension formation of RC of Nakivale and reinstating its 3 Interact Clubs.

•Club retreat was held 26th August 2023 at one of the member's homes. Strategies to engage members

"The important thing is to be able at any moment to sacrifice what we are for what we could become" (Charles DuBois)



were developed and shared with RCK members during the Club Assembly held on 13th September 2023.

•On 20th July 2023, a team from the Club visited one of RCK's honorary members, Hon. Jaberi Bidandi Ssali to celebrate his birthday with him.

•RCK engaged 15 Corporate partners through the Rotary 5-A-Side Football Competition: KCB Bank, Centenary Bank, CIC Insurance, KCCA, NCBA Bank, PKF, FINCA Uganda Ltd, Pride Microfinance, Vision Group, URBRA, Honda Uganda, DSTV, FMS Africa, Plan Build & KCCA.

• Participation: 85% of members participated in Club activities this quarter (Rotary Cancer Run, Family of Rotary activities, the Rotary 5-A-SIDE football Tournament, the Boy child and Mental Health projects, and Sunda).

• Training: Five members attended Grants Training, 2 members attended Rotary Leadership Institute and 8 members attended the District trainings.

•The signature Medical Camp (Rotary Family Health Day) is planned for October 14th 2023 to offer services to 1,500 people in Kagongi; "Kashanda Ya Kyandahi".



#### **D.The Rotary Foundation**

• This Rotary year 2023-24, we plan to give USD 20,000 USD to The Rotary Foundation, USD 3,000 to Polio plus, and we have so far collected USD 4,563. RCK is privileged to have been selected by District 9213 to organize the TRF recognition Dinner in partnership with RC Kyadondo.

• Below is a snapshot of RCK's record of giving to The Rotary Foundation as of 18 September 2023:

Major Donor (MD) - 7; Paul Harris Fellows - 87; Benefactors - 5; Bequest Society Member - 1 E. Family of Rotary

• The Directorate engaged members to ensure membership participation and retention. The objective is to Love and care for family as a priority. As RCK Family, this year we set out to create and keep family friendly VIBE within our club, as we create Hope in the World. With the new cells created, members arranged maiden bonding activities, to get to know and appreciate one another better. We've had members dine, dance, love & play together.

•We have grown into an amazing profound network of 122 members who share deep commitment to doing good and putting smiles on our faces and those of other families around the world.

• We will continue to participate in family activities, sharing love and creating hope in the world.

#### F.Youth Service

• RC Kiwatule supported the re-instatement of Rct. Nakivale, who had challenges with payment of dues because many members had been resettled by the Government of Uganda through UNHCR in different countries (Refugee community).

• Continue to activity attend fellowship with our baby club the Rotaract Club of Kampala The CORE to revamp the club. A 2-day training for the new board of Rct. Kampala The CORE was conducted on 2nd - 3rd September 2023

• A meeting and training are planned for the Rotaract Clubs of Nakivale and Juru in October 2023.

• RC Kiwatule will sponsor 10 Youth to participate in RYLA scheduled for 8-10th December 2023.

• We will re-instate the 3 Interact clubs of RC Kiwatule in October 2023

• RC Kiwatule will support 1 inbound



exchange student and 1 outbound exchange student.

#### **G.Vocational Service**

•Vocational service directorate encourages Rotarians to: Talk about their profession in the club, and take time to learn about fellow members' occupations, use one's skills and expertise to serve a community, practice one's profession with integrity, and inspire others to behave ethically through words and actions, help young people achieve their career goals and guide and encourage others in their professional development.

•Sept. 30, 2023, the Directorate arranged a vocational visit to a member's businesses (Ava Poultry Farm) and a get-together, thereafter. **H.Public Relations** 

•Visibility of Club and club activities – Weekly fliers for fellowship and fliers bearing monthly schedules.

•Online presence: All social media channels setup & functional to update club activities on Facebook and Twitter.

•Good social media growth in July and August. We increased our total followers by 15% and our total engagements by 35%.

•Promotional materials procured & being used at various club activities i.e., Pull up banners, Tear drops and Club Banners.

•We have had over 2 media stories about Rotary 5-A-side.

•Monthly Club magazine produced regularly since July 2023 through September 2023

#### I.Club Administration

•99th DISCON: RC Kiwatule is privileged to have the chair of the 99th DISCON Rtn. Robert Kiggundu and members have pledged to fully support him and the district,

•Membership Attendance: Fellowship attendance for July & August 52% - 85%, and visits to other clubs is at 74%.

J. SAA Performance: In the last 2 months, the SAA collections totaled to UGX 853,000

K. Movie Fellowship: The movie sale has generated a net revenue of UGX 6,220,000 In the last 2 months.

#### Challenges / Lessons

1. Member engagement needs to be continuous throughout the Rotary year.

2. There is a need for the Club to continue supporting the baby Rotary clubs, Rotaract clubs and the Interact clubs.

3.Non-participation of some members in club activities.

4.Improving quality of online fellowship

# Sponsor's message

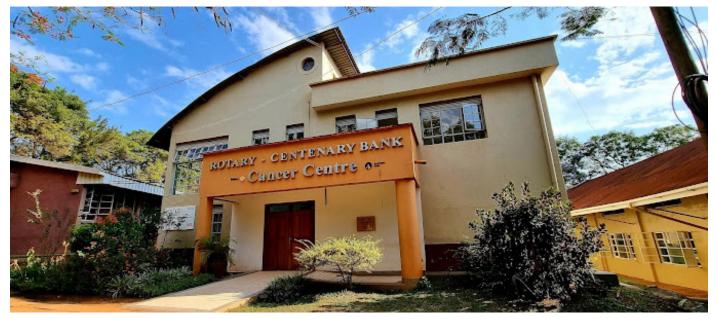
#### Forty Years of Transformation: Centenary Bank's remarkable CSR Journey in Uganda.

In the heart of Uganda's journey towards progress and development stands Centenary Bank, a steadfast commercial microfinance institution that has contributed profoundly to the growth of the nation.

Over the past four decades, Centenary Bank's commitment to Corporate Social Responsibility (CSR) has left an indelible mark on various aspects of society, shaping lives, fostering unity, and nurturing a brighter future for all.

Year after year, the bank's support for the Rotary Cancer Run has translated into crucial funds for cancer treatment in Uganda. The bank's devotion to improving healthcare access for those affected by cancer echoes its larger mission of improving lives within the community.

Through this collaborative effort, Centenary Bank is making strides in reducing the impact of cancer through early detection and treatment. The Bank has for the last 12 years invested over 2.5 billion towards bridging the cancer gap activities including cervical cancer screening, a 36-bed capacity at Nsambya hospital, treating over 10,000 patients annually. The cancer parades aimed at raising awareness about the scourge and caretaker materials for guidance on patient care have been very instrumental.



In the sports fraternity for the past decade, Centenary Bank has been a resolute supporter of the Masaza Cup, a cherished local football tournament celebrating the cultural unity of the 18 counties in Buganda. This commitment to sports stems from the bank's recognition of the transformative power that athletics hold for young individuals and strong relationship with the Buganda Kingdom.

Through its consistent backing of this event, the bank has not only promoted healthy competition but has also nurtured a sense of togetherness that transcends boundaries.

As Uganda's largest commercial microfinance institution, Centenary Bank understands the significance of financial literacy in empowering individuals and driving economic growth. The bank's efforts to bridge financial knowledge gaps and promote effective governance have reverberated across the education sector. By offering practical solutions through targeted trainings across the country with various school administrations in addition to Village savings

and loan associations, VSLAs, SACCOs, youth, women and small and medium enterprises in the different cities in Uganda.

Recognizing the transformative potential of technology in education, Centenary Bank has taken significant strides to promote technology-powered learning. The donation of computers to numerous primary schools across Uganda such as St. Cecelia in Najjanankumbi, and Madera Boys is a testament to the bank's commitment to fostering digital education. By providing access to modern tools, the bank is not only enriching the learning experience but also preparing young minds for the challenges of a digital future.

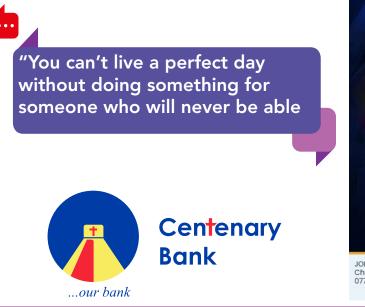
Uganda's health sector still leaves a lot to be desired. In a country where thousands battle cancer every year, Centenary Bank has over the years joined forces with Rotary to combat this insidious disease.

Amidst growing concerns about climate change, the bank has embarked on a commendable journey of afforestation. Collaborating with local leaders in various cities like Masaka, Mbale and Kasese, the bank has taken proactive steps to contribute to environmental conservation and combat the effects of climate change. Through over 10,000 trees planted in the country, the bank demonstrates its commitment to preserving the planet for future generations and creating a sustainable ecosystem.

Beyond financial support, Centenary Bank extends its hand to embrace the diverse tapestry of religious communities in Uganda. From donating food items during Ramadan to supporting the renovation of Kibuli Hospital, Church construction support, pews and iron sheets for refurbishment, the bank exemplifies solidarity through action. The annual Ramadan initiatives and ongoing community engagement showcase the bank's dedication to enriching the lives of its customers and the wider community, irrespective of their faith.

Since its inception in 1983, then a credit trust, Centenary Bank has been more than a financial institution; it has been a catalyst for change. Through its unwavering dedication to education, health, environment, and social mission, Centenary Bank has indomitably contributed to the holistic well-being of Ugandan society. As the bank celebrates 40 years of transformative impact, its legacy of empowerment and progress continues to inspire generations and shape the nation's future.

Fabian Kasi, Managing Director, Centenary Bank Uganda Ltd.







Centenary Bank M.D. (Mr. Fabian Kasi) - participates in the 12th edition of the Rotary Cancer Run



Centenary Bank GM Corporate Communication & Marketing launching the Greening Mbale - Tree Planting campaign



# Rotary Cancer Run (12th Edition)





"The beginning of knowledge is the discovery of something we do not understand" (Frank Herbert)







## **Rotary Friendship** Exchange (Sept. 6, 2023)





CREATE HOPE

Wed 6th

Sept 2023

WE

APPRECIATE

YOU

Club (

ROTARY CLUB OF KIWATULE AND ROTARY CLUB OF NAKASERO CENTRAL APPRECIATE THE FOLLOWING CLUBS....

13. Lake City 14. Meraki 15. Guindy 16. Koratur

17. Fort

JOINT FELLOWSHIP

II. BC KAMPALA MORNING STARS IA BC MUMYONYO IS BC AUODOBI IS BC AARICHT CITY IT RC SUNDAY SUNSET IB RITANTE IB RITANTE IB RITANTE IB RC KAMPALA EARLY BIRD 20 RC UPPER KOLOLO 21 RC GULU 22 RC KISAASI KYANJA 23 RC KAMPALA IMPALA 24 RC KAWEMPE

OUR VISITORS FROM D3232 ARE FROM THE FOLLOWING CLUBS:

7. Towers

8. Cosmos

9. Mambalam

10. Coromandel

11. Velachery 12. Madras West

Rotary Club of Kiwatule

THE DGs

VISITING CLUBS

RC Ntinds
Z RC Kyadondo
S RC KAMPALA NALXA
S RC KAMPALA NALXA
RC KAMPALA LIFE STARS
S RC RWERADIA
RC KAMPALA LIFE STARS
S RC RWERADIA
RC KAMPALA
RC KAMPALA NORTH
9. RC KAAJANSI
10. RC KAMPALA
SOUTH
RC KAMPALA SOUTH

1. Thiruranmiyur

2. IT City

3. Pearls 4. Port City

5. Musappair 6. Temple City







"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around." Leo Buscaglia

## District Governor's Visit (Sept. 27, 2023)









Rotary

KABIRA COUNTRY CLUB



01

HONDA UGANDA LIMITED



of Kiwatule



"Wherever there is a human being, there is an opportunity for kindness." Seneca

NGER 3°EDITION

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# **PROJECTS UPDATE:**

#### Boy Child Up-Skilling Program (BCUP) by Rotary Club of Kiwatule

#### Introduction

This Rotary year, District D9213 is dedicating their efforts towards uplifting the Boy Child. This is in line with two of Rotary International Focus areas: Basic Education and Literacy, and Economic / Community Development. The agenda is to bridge the gaps that hinder the holistic development of boys in our communities under Boy Child Up-Skilling Program (BCUP).

The rationale is to create or consolidate education opportunities for the Boys, conduct mind-set change through sharing learning experience, conduct skilling projects and running mentorship programme for Boys.

In an effort to empower the Boy Child, The Rotary Club of Kiwatule is in Partnership with the Nakivale Refugee Camp in Isingiro District and Balintuma Zone in Kiwatule, Kampala District to create a nurturing environment where Boys can flourish, armed with essential life skills and opportunities for personal growth.

Together, we shall tailor interventions that address the specific needs of boys in the Nakivale refuge settlement Camp and Balintuma Zone by creating pathways for their success.

#### **Problem Statement:**

In the Nakivale refugee settlement camp and Balintuma zone of Kiwatule, Boys confront multiple vulnerabilities, including limited access to quality education, inadequate healthcare, economic instability, substance abuse, crime, mental health stigma, and more. Their marginalized status, coupled with a lack of targeted interventions, hinders their development potential.

The absence of focused efforts on the boy child within gender equality initiatives has resulted in a host of challenges, from low self-esteem to crime and substance abuse.

The Boy Child Up-Skilling Program seeks to rectify

these disparities by empowering boys with skills, support, and opportunities to break free from disadvantage.

#### **Program Objectives:**

The Boy Child Up-Skilling Program intends to support over 50 boys with the following objectives:

•Provide Skills Development

•Promote Mind-set Change

•Raise Mental Health Awareness.

•Create Educational Opportunities

#### **Program Components:**

•Skill Development Initiatives: Collaborate with local partners to establish projects in fields like carpentry, tailoring, automotive repair, and baking.

•Mentorship and Guidance: Engage mentors to provide advice, support, and guidance, enabling boys to navigate challenges and make informed decisions.

•Community Engagement: Conduct campaigns and discussions to raise awareness about empowering boys, challenging stereotypes.

•Holistic Well-being: Prioritize mental health by offering regular workshops, discussions, resources to address emotional challenges & build resilience.

#### **Expected Outcomes:**

•Increased participation of boys in skill development activities.



"Never doubt that a small group of thoughtful, concerned citizens can change the world. Indeed it is the only thing that ever has." Margaret Mead

•Improved self-esteem, confidence, and mental well-being among participants.

•Reduced substance abuse and engagement in criminal activities.

•Enhanced community awareness and support for the boy child's empowerment.

•Gradual reduction in school dropouts and increased access to education.

•To increase social cohesion and Ubuntu spirit among community members.

Collaborative Sustainability Plan:

•Our sustainability plan is built on collaboration within Rotary's framework, focusing on Basic Education and Literacy, and Economic and Community Development

•Basic Education and Literacy: Engage Rotary Clubs and Rotaract Clubs across District 9213 to ensure continuous impact.

•Economic and Community Development: Forge partnerships and sponsorships with diverse stakeholders, including Religious Institutions, Schools, Government bodies, NGOs, Prisons, and more. This collaborative effort amplifies the program's reach across various societal sectors.

#### Successes registered so far ...

•Through existing structures of Rotary Community Corps, LCs & Church Leaders, we conducted assessments and identified 50 boys from Balintuma zone and over 100 Boys from Nakivale refugee camp who signed up and registered for the up-skilling programme in a number of different fields including carpentry, welding, brick-laying, mechanics and bakery. The boys range from 15 to 25 years.

Balintuma zone in Kiwatule is an impoverished urban area facing







significant rates of low employment, high rates of prostitution and crime. The boys are not engaged in any formal work or education.

•Categorization of the boys into different course programs

•Sensitization of parents and the community about the programme.

•Identification of different training centers within the community and these include; garages, carpentry workshops, bakeries, salon and welding and fabrication.

•Kick-off workshop: Friday September 8, 2023, 9:00am – 11:00am featuring Mental health talks to promote mindset change

The boys were excited at the opportunity to meet their potential employers and listened intently to what was expected of them. For most, however, the highlight was listening to the different speakers including our own Past President Robert Kiggundu,

> "Each friend represents a world in us, a world possibly not born until they arrive, and it is only by this meeting that a new world is born." Anais Nin



with an emotionally charged talk about his life journey. It inspired so many of the boys to boldly go, work hard and grasp these opportunities.

We also had a speaker from a mental health perspective (Mr. Kawekwa Douglas) who focused on attitude and behavioural change in order to achieve any goals.

The other Speaker was the Vicar of St. John's C.o.U. Kiwatule.

#### What next:

a)Training of boys within Balintuma Zone and Nakivale Refugee Camp.

b)Provision of protective wear to the boys which are to be used during their training.

c)Provision of equipment e.g. a spraying machine to a garage to enable continuous learning to the boys within the community and this will always be done at no cost.

d)Awarding certifications to the boys who have completed the training

e)Identification and recommendation of boys to different job opportunities

f)Continuous capacity building and career guidance to the selected boys, including group counselling and mental health awareness sessions to the boys during the period of the placement.





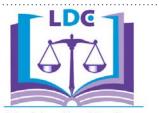












A Tradition of Legal Excellence

# RCK PROJECTS' PIPELINE

#### **RCK PROJECTS' PIPELINE**

S.No:	DESCRIPTION	STATUS
0	PROJECTS COMPLETED	
A	Global Grant #GG1982469 Uganda Global Grant Solar Suitcase Project – Supporting 25 Health Centres \$152,500 "Lighting Every Birth "Initiative; Implemented with RC Mt. Pleasant Pennsylvania, USA (D7305), RC Blue Bell, Pennsylvania, USA (D7430).	All 25+2/25 Solar suitcase installations completed; Midwifery training done at 25+2/25 Health Centres; TRF CADRE visit completed; Final report submitted & Project closed
В	<b>BELEP Programme</b> , RC Kiwatule in Partnership with Nakyessanja Primary School was involved in the following activities; 1. Renovation of a library block at Nakyessanja P/S, 2. Supply and installation of bookshelves, 15 Desks, 1NO. Teachers table & Chair and Donation of 664 text books to the school. 3. Group reading, Sensitization of teachers, Parents and the students, Essay writing competition. 4. Tree planting (Donated over 200 Trees to the School, 5. Reading tents at different time intervals.	Handover of the Library done – July 1, 2022; Project Completed and Final report submitted & Project closed
C	Kashanda Ya Nyamabaare – Medical camp with over 1,300 patients served & BELEP Programme at Nyamabaare COU P/S: a) Construction of a 3-stance sanitation facility for students and teachers; b) Supply of 45 desks, 2No. Teachers tables and 2No. Teachers chairs; c) Career guidance and counselling; d) Donation of reading Materials, sensitization of teachers, Parents and students and Tree planting	Completed – October 8, 2022; Project Completed and Final report submitted & Project closed
D	Global Grant #GG 1866536 Ultrasound Machines, in partnership with RC Kampala Ssesse - Supporting 3 Health Centres \$99,915 USD	Site readiness assessments completed at Bumangi HC III, Bwendero HC III & Mugoye HC; equipment procured for all 3 HCs, and training done; Project completed & closed
E	Global Grant #GG2012305_Cardiac Care & Cath Lab services at concessional rates to the rural poor in Kadi, India, in partnership with RC Kadi, India; \$576,000 USD	Equipment procured, lab launched and patients are now receiving service. Project Completed and Final report submitted
F	Nakivale Malaria Project (\$7,000) - in partnership with Rotary Malaria Partners International & Rotaract (Nakivale, Juru & Kampala The CORE) supporting pregnant women and children under 5 (community sensitisation, IEC materials, Radio messages)	IEC materials / Pamphlets IEC printed, Capacity building for VHTs, CRSs, HWs & Community sensitization done. RCK field visit conducted. Project closeout in progress
G	GG 2121577 (\$ 37,000) WASH projects in Nakivale: Improving Education, access to water and Sanitation in Nakivale with RC Prior Lake (USD 37,000)	Completed and finalizing with a final closeout report.



### malaria consortium disease control, better health

1	GLOBAL GRANTS UNDER IMPLEMENTATION	
А	GG 2122662 (\$80,515) WASH projects in Nakivale: Providing Safe	Application has been approved by RI.
	Drinking Water in Nakivale Refugee Settlement Camp with RC	RCK contributed USD 2,000;
	Prior Lake	RC Prior Lake contribution pending
В	"SUNDA Project" – Providing Sustainable Safe Water project in	International partner - RC Osaka Semba;
	Mubende & Kassanda districts \$62,500 USD	Needs Assessment done; Global grant
		application submitted; awaits approval
С	GG2340995 - District Grant for D9213 Basic Education and	RC Kiwatule to be part by contributing at least
	Literacy Programme (BELEP) \$ 400,000 USD	\$1,500 towards the grant
D	Capacity building project for Youth & Mothers in Nakivale	Phase 1 (sewing machines) Completed
	(provision of sewing machines, computers, solar power, tables	Phase 2 (supply of computers & solar system) is
	and chairs (RC Kiwatule / RC District Perth western Austria)	not yet completed.
	\$27,027 USD	
2	GLOBAL GRANTS APPLICATIONS IN PROGRESS	
А	Scaling Farming Practices in Eastern Uganda to reach more	RCK is in Partnership with COFIA Uganda & RC
	farmers (training, farm inputs including seeds & fertilisers) –	Tacoma North; Needs Assessment done; GG
	Tororo District.	Application in progress; RCK to contribute \$5,000
В	Provision of dental services in Nakivale Refugee Settlement,	Needs Assessment completed; GG Application in
	Uganda \$150,000 USD	progress; sourcing for International Partner
С	Equipping, Medical outreach and capacity building of Health	Needs Assessment completed; GG Application in
	workers at AKB memorial Hospital, Iganga, Uganda \$452,226	progress & sourcing for International Partner
	USD	
D	Empowering the Boy & girl child in Karenga-Karamoja, Uganda in	Needs Assessment completed; embarking on
	collaboration with Sheeba Cares Uganda \$400,000 USD	Global Grant & sourcing for International Partner
E	RI - USAID WASH project \$150,000 USD	RCK's 2,000 USD Commitment submitted to
-		District Project Coordinator;
		await further instruction from District
3	NON-GLOBAL GRANTS PROJECTS	
	(ONGOING & PLANNED)	
А	Anamwany Maternity Ward (UGX 184 million) \$53,000	Phase 1 construction in completed; final
	(Kashanda Ya Anamwany) PP Francis Ogwang	instalment paid (approximately 22 million
		shillings). Embarking on Global Grant to equip
		the maternity ward
В	Mental Health Caravans (7 clubs) - RC Kiwatule, Bugolobi, Gulu,	Mental Awareness Project Concept completed;
	Morning Tide, Bweyogerere central, Kololo & CORE-Rotaract.	Resource Mobilization in progress
	(\$115,000 USD)	
С	Construction of a Vocational Training Centre & Show Room in	Needs Assessment completed, planning for
	Tororo \$500,000 (UGX 1.4 billion)	implementation; The Construction Component is
	(Kashanda Ya Papoli) PP Dennis Wandera ; Empowering	to be done by RC Kiwatule through partners like
	marginalized communities by providing access to economic	Tororo Cement & Others
	opportunities and services in Tororo. Skills building for 25 groups	
	and Construction of a show room. The Global Grant will be	
	implemented with RC Kansas, USA.	
D	· ·	MOU signed between RCK and Centenary Bank
D	Empowering marginalized communities by providing access to	MOU signed between RCK and Centenary Bank for the revolving fund: Finalizing grant process
D	· ·	MOU signed between RCK and Centenary Bank for the revolving fund; Finalizing grant process with International Partner and global grant



E	Construction of specialized latrines, walk ways and other facilities at Ishekye School for children with special needs \$20,000 (Kashanda Ya Ishekye) PP Vincent	Planning Stage; on hold; the district Leaders opted for IREAD project
F	Hope Always; construction and equipping a home for children with severe disability, vocational training, environmental conservation; \$1,000,000	Needs assessment done; detailed project definition in progress; fundraising for construction in progress; Received \$24,556 USD from international partner (RC Fryeburg / D-7780 USA in the USA towards phase 1 and thereafter Global Grant application;
G	Saving babies and promoting their development, In partnership with Baylor Uganda	Concept formulated; review in progress
Н	Boy Child Up-Skilling Program (BCUP) in Partnership with The Nakivale Refugee Camp (Isingiro) and Balintuma Zone (Kiwatule, Kampala) to support over 150 boys in Kiwatule and Isingiro.	Concept formulated; launch for the Kiwatule phase done on Friday, September 8, 2023. Nakivale launch planned end October; MoUs with Vocational Institutes to follow – DIT, NVTI & Isingiro Vocational Institute
I	Nyabishera Early Childhood Development Centre. Access to affordable holistic ECD services, improvement of lives of women and their families through health promotion, income generation and food security in Sheema district. RC Kampala Day Break/RC Kiwatule and RC Kabwohe & Institute of Rural Education and Development (IREAD)	Sourcing for Partnership with IREAD
J	C.U.R.E. Project (equipping 10 Health Facilities) <b>USD 350,000;</b> Container for each HC costs just over \$30,000	Needs assessment report has been submitted by Project CURE and RC Kiwatule is Mobilizing Funds for the First Container and also sourcing for an International Partner for GG application

Allocation of Community Service Projects to Cells

- 1. Papoli Trumpet Cell
- 2. Boy Child Saxophone Cell
- 3. Sunda Project Violin Cell
- 4. Mental Health- Piano Cell
- 5. Nakivale water Project Harp Cell
- 6. Project cure Flute Cell

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around." *Leo Buscaglia* 







abian Kasi is a Ugandan, professional accountant, and businessman. He is the current Managing Director and Chief Executive Officer of Centenary Bank, and has been at its helm since 2010. As MD, he has steered the bank to grow and become one of the most profitable financial institutions in Uganda.

He is a Past President at The Rotary Club of Kiwatule, and a Major Donor to The Rotary Foundation.

He is married and has six children.

#### Early Life and Education

Fabian Kasi was born in 1967 in Matugga, Wakiso District, Uganda's Central Region. Fabian Kasi received his primary education at St. Charles Lwanga Primary School in Matugga.

From 1982 until 1988, he attended St. Mary's College Kisubi for his O-level and A-level schooling. He then enrolled at Makerere University in 1988 and graduated in 1991 with a first-class Bachelor of Commerce in accounting degree. Later that year, in 1994, he enrolled at the University of Newcastle (Australia), where he earned a Master of Business Administration degree in 1995.

#### **Career and Professional Work Experience**

Fabian Kasi began his career as a banking officer at the Bank of Uganda in May 1992 and worked there till July 2000. Thereafter, from November 2000 until April 2001, he was the Director of Finance and Administration of Finca Uganda, a global microfinance organization and a Microfinance Deposit-taking Institution (MDI) in the country.

He was the Chief Financial Officer of the Commercial Bank of Rwanda in Rwanda Kigali (Banque Commerciale du Rwanda (now I&M Bank Rwanda Ltd)) from August 2001 to April 2002. Fabian Kasi was appointed executive director of FINCA Uganda Limited in May 2002 and served there until July 2010.

He was then appointed managing director and chief executive officer of Centenary Bank in August 2010, a position he still holds up to now.

#### Achievements and Awards

Fabian Kasi is a member of the Association of Certified Public Accountants of Uganda and a fellow of the Association of Chartered Certified Accountants of the United Kingdom. He is now the Chairman of the Board of Directors of the Agent Banking Company of Uganda and the Buganda Broadcasting Service. He also serves on the boards of British American Tobacco Uganda and Pax Insurance.

He is also a member of the Uganda Bankers Association, the Financial Sector Deepening Uganda, the Capital Markets Authority, Buganda Investments and Commercial Undertakings Ltd.

> "An effective CEO should have his hands on the present and an eye on the future", - Kasi

# In your view, what defines an effective Chief Executive Officer (CEO)?

A CEO is a person who can inspire his team to walk with and deliver the vision and strategy of an organisation. One who builds trust and creates a great working environment and performance culture in which our people can thrive and achieve the best results for the organisation. These results are defined by the value created by the impact of

the communities we serve, increased sales, and increased profitability. An effective CEO should have his hands on the present and an eye on the future while prioritizing the staff, and the people, who are the engine of the company.

Centenary Bank is celebrating 40 years of unprecedented growth and transforming livelihoods. What key milestones have been realized in the journey so far and what direction is the institution?

The key milestone to note is the contribution we have made toward the communities in which we operate. The bank boosts more than 2.5 million customers in retail, SME, and corporate segments. We have managed to grow our balance sheet to over Shs6 trillion and are now ranked the number two bank in the industry. Currently, more than 45 per cent of all transactions are done through our extensive agent network. Our future in the next forty years is to continue to be the number one provider of microfinance and leading Smart bank for all your needs. We pledge to continue to transform lives with a focus on the triple bottom of the pyramid providing services in the real economy for our ordinary Ugandans and beyond.

# COMING UP: RCK October 2023 Calendar



## RC Kiwatule @ 21



Down the memory lane ... (By PP Robert H. Kiggundu)

ometime towards the end of 2001, I was approached by the Late George Walusimbi Mpanga about a Rotary Club that was being formed in our area of Naalya-Kiwatule. This was the second time I was being invited to join the Rotary fraternity. The first time was 9 years earlier, while at Makerere University and I had confided in George at the time that people of my background could not possibly rub shoulders with the sons and daughters of the rich in the University. I firmly but politely declined the invitation. On this occasion, I tried to give him the same reasons, but he would not accept them. He insisted and I eventually relented.

I visited what I later learnt was only the third meeting of the Rotary Club of Kiwatule in formation. I found two other faces that I was familiar with – Godfrey Ssemugooma and Hassan Saleh. To my best recollection, the Rotary Club of Kiwatule is a result of the vision of these three people.

The meetings were then held at the Kiwatule Recreation Centre in one of the huts. Slowly the Club started picking up and by early 2002, we had grown to about 15 members. At that time, Rotary required that for any club to be chartered they must have a minimum of

#### 25 members.

We had been meeting for over 6 months, but we had not reached that magic number. One of the problems we faced at the time, was that the Recreation Centre was very far from the Central Business District and with the kind of traffic at peak hours, it was not possible for people to be in Kiwatule by 7.00 pm.

Secondly, many of us had young families with school going children. It was therefore a big ask for members to collect kids from schools and be in Kiwatule in time. We all agreed that this was a major turn off for many prospective members. We further agreed that we should find a venue closer to the centre of the city but not very far away from our community.

I contacted the management of Kabira Club on 15th May 2002. I had a fruitful meeting with the manager then, Mr. Amit Sachdeva, and the Provisional Rotary Club of Kiwatule moved to Kabira Club on 22nd May 2002. Within 3 months of moving into Kabira we attained the required minimum number for charter and our paperwork was submitted in August 2002 with 27 members on the list. The Rotary Club of Kiwatule was formally chartered on 8th October 2002 and our charter was handed over to us by PDG Dr Varinder Singh Sur on 26th January 2003. On the same day, two other prominent Rotarians of the Club were inducted - Rtn. Elvis Khisa and Rtn. Xavier Ssentamu. As we all know, this was a great harvest, one of them has since gone on to become a District Governor and the other a President of the club.

During the long nine months of our provisional status, we had Rtn Jackson Karyarugokwe from our mother club the Rotary Club of Kololo as the DG's Representative assisted by the Rtn Charles Turyamureeba and the Late Rtn. Yorokamu Abainenama. These fine gentlemen taught many of us who were very new to Rotary about the Rotary etiquette.

I remember with a smile, how I once got a lecture from Rtn. Charles Baryamureeba. He walked to me after I had ended fellowship and took me to

the side. 'Robert, as a President you should not be wearing that suit' he said. 'Presidents are the ultimate representative of their clubs, you are supposed to be smart and always in a dark suit', he added as I listened intently. 'Please ensure that you are wearing a black or dark blue suit whenever you are presiding over fellowship' he concluded. What Rtn Charles did not know at the time as one of our mentors, is that I was even struggling to wear a suit to work every Wednesday. My job did not require a suit because it is very inconveniencing to visit sites in suits. A T-shirt, pair of jeans and pair of safety boots would do just fine. I was still very young in my career and visiting sites was part of my daily assignments. I found (and still find) wearing suits cumbersome and unnecessary. Slowly, I came to peace with the rules of the new fraternity I had joined. I cut out site inspections on Wednesdays and stopped wearing my grey suit.

Although only six (6) members are left out of the original 27 members, the club has satisfyingly grown by leaps and bounds. We now clearly have three generations of members, and the club is stronger, more visible, and exciting. My generation of 2001-09, is almost extinct and we are slowly taking the back seat like accomplished grandfathers. Some of our members have since passed on and we shall always miss them. These are Rtn George Mayanja, Rtn Alex Kamujuni, Rtn Lawrence Ekirapa, Rtn. Jackson Kigonya and CP George Walusimbi Mpanga. May their souls always rest in Eternal Peace. I look on with satisfaction when I see members of the second generation (2010-19) and third generation (2020+) leading us and running the club that we always envisaged during its formation 21 years ago.

Our fellowships and club meetings are increasingly breaking boundaries in terms of innovation. Programs like 5-aside, end of the month cinema fellowships etc, have all enhanced our friendship as club members. Such beautiful ideas could only come from the new and younger people that we keep attracting to the club.

In service, we have completed over 20 projects through the years. From the time of our very first was project – the Kiwatule Medical Outreach which was always funded using collections from those who attended our club meetings to multimillion funded projects that we currently executewith international partners, we have done it all. I have seen first-hand the changes in the communities where we have been involved for example Katebo, Kaberamaido, Kamulegu, Bugiri, Nakafumu, Kiwatule and others.

Our support to individuals and groups of people has given opportunities to those who would otherwise have had no chance of getting out of poverty. PatrickOdera who we jointly supported with the Rotary Club of Nairobi Lang'ata is now a practicing Advocate in Nairobi. Many of the ladies of the Claves Christian Women Association that we supported with the Rotary Club of Ohio Zanesville, USA have gone on to set up their own tailoring businesses.

A few years back, we witnessed how our support to our partners in service - Concernfor the Girl Child had transformed the lives of girls in the districts of Luweero, Nakaseke etc. It gives me great pleasure to see these changes and contentment to know that the little we do, brings about genuine changes in communities.

Rotary International through this club has given us the opportunity to bring about this change. We are ever thankful to George Walusimbi Mpaga (RIP), Hassan Saleh, PP Godfrey Ssemugooma and entire membership of the Rotary Club of Kololo for having given the rest of us this opportunity.





# **Past Presidents**



**Charter President** George F. Walusimbi (RIP) 2002-2004



**Cathy Nassali** 2008 - 2009



**Robert Henry** Kiggundu 2004-2005



Godfrey Ssemugooma 2005-2006



**PDG Salongo Francis** Xavier Sentamu 2006-2007



Josephat Nuwabeine 2007-2008



Elvis Khisa 2009-2010



**Ernest Kusiima** Abwooli 2010-2011



Fabian Kasi 2011-2012



**Byekwaso Godfrey** 2012-2013



**Florence Lunkuse** Lwanga 2013-2014



Simon Oola 2014-2015



Dr. Anne Begumisa 2015-2016



Wycliffe Mwambu 2016-2017



Dr. Gorrettie **Kyeyune Bamwine** 2017-2018



**Francis Ogwang** 2018-2019



**Dr. Vincent** Bagambe 2019-2020



Dennis Wandera





**Daisy Anena** 2021-2022



IPP Marion Natukunda President Alex Twesigye (2022-2023) (2023-2024)



#### Let's Talk about Money

Contrary to what some people think, money is not the root of all evil. There are three things in life that can ruin you: power, sex and greed. Money is simply a reward for services rendered. Therefore, to attract more money, you must be attractive, in the sense that people will want your products or service over those of your competitor.

If you're struggling financially or would like to significantly boost your net worth, understand this: Your money habits are primarily the cause of your current financial status.

The following are the principles or basic rules for creating wealth:

• Debt, whether personal or collective, should not keep you from investing in your future.

• Invest in many different places – there's safety in numbers.

• Money should do more than simply reproduce itself.

• Remember that patience is a virtue.

• If you want to prosper, investigate before you invest.

• Invest first in your own business. Stay away from deals and industries you know little about.

• The secret of creating riches for oneself is to create them for others.

• There will always be difficulties, failures and challenges along the way; learn from them and put them behind you

#### ...

"Example is not the main thing in influencing others, it is the only thing." Albert Schweitzer

#### 7 Things Successful People Do Every Day (by Kellie D'Andrea)

1) They Plan. Successful people write down their goals, make plans and plan to achieve them every day. Unsuccessful people talk about who is to blame, what they don't have and etc..

2) Stay True to Their Values. They select goals that align with themselves and understand that their values impact their beliefs and their beliefs impact their expectations and their expectations impact their attitude and their attitude impacts their actions.

3) Overcome Obstacles & Roadblocks. They know there will be obstacles to overcome and remain flexible and strive to overcome every challenge thrown at them.

4) Commit to Excellence. Successful people decided to be great and decide what a life of excellence is to them and live each day in pursuit of that excellence. They live a life of integrity and value and follow a systematic approach to achieving their goals.

5) Associate with the Right People. Successful people associate with people who are like-minded, focused and supportive. They keep their network complete with people who right for their goals.

6) Manage their Time. TRather than live a life of constant disruption, they apply time management, prioritization and appreciation of their most precious asset – time.

7) They Take Action. It is not what you know it is what you do with what you know.

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# CONTACT US

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# **BOOK REVIEW CORNER**



Why do most companies start small and stay that way? ...

The problem is resistance to change. "The art of progress is to preserve order amid change and to preserve change amid order" (Alfred North Whitehead)

What is special about the handful of companies that successfully 'breakthrough' the entrepreneurial stage of development?

... these are the 'Breakthrough Companies" ... the ones always focused on the next challenge up ahead, the ones ready to 'risk what they are for what they can become', the handful of companies that successfully 'breakthrough' the entrepreneurial stage of development...

Building a 'Breakthrough' company is less about choosing the right industry and more about acting on the opportunities already available in your existing business. Don't look for extraordinary people; build a place where ordinary people can do extraordinary things.

Breakthrough companies:

• Are centred on the good for the organization rather than that of the founding members, or leadership; the customer is king; set out to build something great; involve the team

• Focus resources in a few big bets ... leaders should distinguish between big bets and risky bets

• Believe in systematic organization character building rather than fretting about corporate culture. When they say they stand for something, they take action to back it up.

• Win through structural advantages; by definition, small companies tend to be lean and close to the customer: give customers what they want, react quickly and keep costs low (the Bermuda Triangle). The question is how to sustain these advantages and build on them as they grow.

• Encourage outside resources and ideas that enable them to take their businesses to the next level • ... how helpful another set of eyes can be... "Too many growing companies continually try to re-invent the wheel instead of seeking out the very best wheel makers"

• Enlist 'insultants' ... 'the best servants of the people, like the best valets, must whisper unpleasant truths in the master's ear'.

• See difficult times as opportunities for the organization to develop a crystalclear focus on its most important initiatives and even tap into energies in people that tend to go dormant during the good times.

• "Adversity has the effect of eliciting talents, which in prosperous circumstances would have lain dormant" (Horace)









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