

Contact

PO Box 161 Essendon VIC 3040

Rotary
Club of Essendon

ABN 91036600532



D9800

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President: David Abbey president@rce.org.au

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www.rce.org.au

Peter Baker introduced President David who gave a respectful acknowledgement of our first nation and the traditional keepers of the land on which our meeting is taking place.

President David then specifically welcomed quite a few guests, firstly four potential RCE members. President David welcomed our guest speaker, Kim Pedler from No to Violence. President David also welcomed several invited guests and partners of RCE members, namely Patricia Fraser, Kerry Roe, and Sana Halaseh. Norm Mollica was a late withdrawal.

President David then called upon Peter Condos. Peter noted that the Sausage sizzle at Bunnings Highpoint on Saturday January 30 was a financial success with a net surplus of \$1202. Peter thanked Peter Baker, Lino Airo-Farulla, Michael Portelli, Fong Loong, Nola Spicer, Sam, Vera Maljevic, Peter Halaseh, Sunil Perera, John Odgers and Josie Ince (potential member) for their efforts on the day.

Another successful club project was our 2020 Christmas raffle. Vera Maljevic and Carmel La Manna noted that it raised \$5800. A host of people were thanked for their contributions, including Sunil Perera, Stephen Roe, Shirley Kukk, Peter Baker, Fong Leong, Michael Portelli, Maria Kouppas, David Lawrence and Kelly Abfalter. La Manna was also thanked for its donation of vouchers.

President David advised that \$2,500 has just been sent to Myanmar. Of this amount \$1,000 is RCE money and \$1,500 has been donated by individual members.

President David called on Alistair Fraser for an update of the event on February 26 2021.

Alistair Fraser (contactable on 0411 117881) and his committee, Alistair's Angels, invite you to the **Rotary 2021 - A Fresh Start Celebratory Evening Cocktail Party** to be held:

Date: Friday 26th February 2021 at 6.00pm.

Venue: Moonee Valley City Council Chambers (Pascoe Vale Road entrance)

Cost is 50 per person with fantastic finger food and lovely bubbly on arrival. The celebration also includes silent auctions and raffles with great prizes.

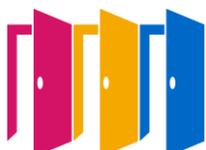
Registration details: <https://www.trybooking.com/BHZXW>

Registration required by 21 February 2021.

Please note that numbers are limited to 71 persons.

A request to Rotarians:

Do you have left over items from Christmas which could be added to a Christmas Hamper to be raffled on the evening. Please bring any items to the meeting on Tuesday or contact Alistair (0411 117 881) or Maria (0438 441 213) directly.



Rotary Opens Opportunities

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2021 Art Show

Past President Kelly Abfalter briefly announced that the RCE and RCE Keilor East Art Show is being planned for the 14-16 May. Kelly requested those attending to think about securing sponsors. More announcements will follow.

Wellness report

Maria Kouppas informed us of the passing of June Bilby, partner of late Past President Ian Thomas, on 26 January. A card and hone call were delivered to the family.

Maria also noted that some non-attending members would also enjoy a phone call.

Guest speaker: Kim Pedler

Cathie Nicou introduced Kim Pedler from No to Violence.

Kim is a social worker who has worked with men who choose to family violence in a variety of agencies and programs for over 25 years including post-separation programs where there had been high level conflict between the parents, in the Caring Dads program which focused on fathers who used family violence towards their children; Kim also worked in a crisis team where team members interacted with all the family members in their home where family violence was occurring. For the last 18 months Kim has been a member of the No To Violence training team that conducts training for workers engaged in the family violence space in working with men in individual or group settings as well as Family Safe contact workers who engage with the partners and children as well as training supervisors of staff working with men.

No to Violence is the largest peak body in Australia representing organisations and individuals working with men to end their use of family violence. We also deliver services to men who use family violence and provide support and training to people who work with men who use violence.

Family violence is predominantly perpetrated by men against women, children and other men. Some statistics shed light on the scale of this problem.

- 1 in 4 women in Australia have experienced physical or sexual violence by an intimate partner (compared to 1 in 13 men) (ABS, 2016)
- Women are 3 times more likely to experience physical or sexual violence by a partner than men (ABS, 2016)
- Almost 3% of women have experienced physical or sexual violence by a current partner (ABS, 2016).



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Kim started his conversation with an acknowledgement of our first nation people and all survivors of domestic violence.

Kim stressed the fact that as men we are not taught (by other men especially) to reflect, to seek feedback. Kim argued that the ability to reflect and acknowledge for a lot of men that he has worked with is like getting blood from a stone. Men are also not taught about how to admit and respect the emotional aspects of living.

Kim put these four questions to the men in the audience:

- How do you want to be as a man?
- Are you comfortable with sharing power?
- Are you willing to help others find their own path?
- How do we want to be as a man with our emotions?

Male violence is not a singular event, Kim notes. That is when a man is violent to his partner, he is also being violent to his children. Accordingly, when living in violent settings, children become patients at a very young age. Kim observed however that in such violent settings, it is the coercive control (or emotional violence) rather than the physical violence that is the most damaging aspect.

Kim himself had early age experience of violence, having grown up in a small country town near Mildura where learning how to be a man was quite laden with violence and male rivalry.

Kim challenges men to learn to have the courage to call things out: for example to challenge or openly criticise clear incidences of racial abuse, domestic violence and the unjustified put downs of women.

In closing Kim shared with us that he is working on how he incorporates the emotional aspect of life and living into his own life.

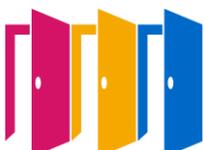
There were several interesting and at times challenging questions from the audience. Cathy Nicou thanked Kim for his fantastic work and stimulating talk and presented Kim with a copy of *The Pick of the bunch*. President David also thanked Kim and all those attending. The meeting was closed a little later than planned.

Lino Airo-Farullo's coin cleaning efforts

This brief email is self-explanatory. Well done Lino

In order to clean the very dirty coins I had to buy:

- A small bag of sand
- A small bag of pebbles
- 8 bottles of Coca Cola
- 2 bags of bicarbonate soda.



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Lino Airo-Farullo's coin cleaning efforts

All was necessary to mix in my cement mixer to be able to do the cleaning for over 5 hrs.
My expenditure was approximately \$45.
Last year when I cleaned the coins together with Peter Condos, I didn't ask to be reimbursed.

Many thanks
Lino

District Grant - Youth Projects, After Dark Program

Shirly Kukk has Advised that the RCE has been successful in receiving a District 9800 Foundation grant for Youth Projects - After Dark Program. The club contribution is \$2,000 and Rotary District 9800 Foundation Grant \$2,000. The project total: \$4,000.

Youth Projects is an independent, registered charity which provides front line support to young people and individuals experiencing disadvantage, unemployment, homelessness, alcohol, and other drug issues. They also help those looking to re-engage with learning and employment.

The RCE are partnering with Youth Projects Night Nurses Outreach. The after-hours primary care team (night nurses) deliver health care on the streets of Melbourne for people sleeping rough or experiencing homelessness. They address the immediate and primary care needs, including health and social assessments, professional nursing care, counselling, and active support, first aid, medication management and follow ups for people.

The project will purchase medical supplies, sunscreen, and backpacks to support the night nurses in providing the after-hours primary care services to people on the streets of Melbourne. The Youth Projects Night Nurses Outreach program will support an average of 60 people per week.

Shirley

New Dinner Badge Style

Stephen Roe has advised that RCE Board has agreed to change to a more modern dinner badge as pictured below. New members will be provided with a dinner badge in the new style. Current members are invited to update their badge to the new style at their own cost. This is currently \$17.60 which includes a magnetic strip replacing the original clasp or safety pin.



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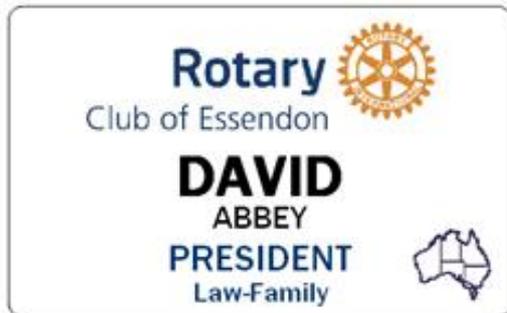
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To minimise ongoing administrative costs, the only badges which will be replaced regularly are those for the President and Immediate Past President. Text for Paul Harris Fellowships, Royce Abbey Awards and other recognitions will not be included on the new badges. The pins presented for these individual honours provide adequate

If you would like to purchase a new badge, please email your request to Secretary Stephen Roe and include your preferred classification for inclusion on the badge.

Upcoming event

Tuesday 16 February Lunch meeting at Angler's Tavern 12:45 pm – 2:30 PM

Friday February 26 Fresh Start Celebratory evening Moonee Valley City Council Chambers (Pascoe Vale Road entrance) commencing, ending 9 PM.

Strathmore Community Bank® Branch



Thank you to our supporters!!!

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Drop into the branch at 337 Napier Street, Strathmore or call Manager David Porter on 9374-2607 for details



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