



President Maria's Musings...

Volume 82, Issue 3

July 19th 2016



Maria Kouppas
President 2016-17

We are now into our third week of this Rotary year and next week we have scheduled our Board meeting. I read with excitement the various committee minutes as they come through and am heartened to see that although we are small in numbers the excitement and energy is still strong and following the theme for this year Rotary Serving Humanity.

I have had a busy few weeks, but having a wonderful club full of strong and talented people behind me advising and sharing their skills and knowledge is making each step more exciting than the other.

The amazing team of guys who set up week in week out. I have been making a point of being at the Anglers to assist and I am quickly told "this is our job, just stay out of the way" It all runs to clockwork, although I must admit a level of nervousness as we approach 12.50 and the numbers can be counted on one hand. Thank you to those unsung heroes that make the day click.

Remember it is your Luncheon, a chance to meet old friends and to make new friends. This week we had a friend of Sunils come to lunch, and within five minutes she had reconnected with two friends from her current workplace. Please invite your family, friends or workmates to come to our lunchtime meetings. They are welcome and there is always a spare seat at any one of the tables in the room.

This week Bernadette has forwarded two names of people interested in receiving our Contact. If their interested, then we need to ensure they feel comfortable to come to our luncheons. Sure we still have the weekly hiccups of no side plates or salad servers, at least we can actually meet, eat and share fellowship and we are not in a time of siege and terror. We need to stop

and see our glass half full and not half empty. The calendar is being tweaked and I hope that by the end of the month you will all have a clearer overview of what is coming up. September 13th we are having a special theatre preview night for our Friends of Rotary. Please mark this in your diaries as I would love to see us all welcoming past Rotarians and and their partners to what will prove to be fun night. More details to follow.

I would like to remind you all, especially those who were unable to attend Induction day about what type of people Rotarians really are. Enough from me till next week; please enjoy.

You often hear people asking What is Rotary all about?

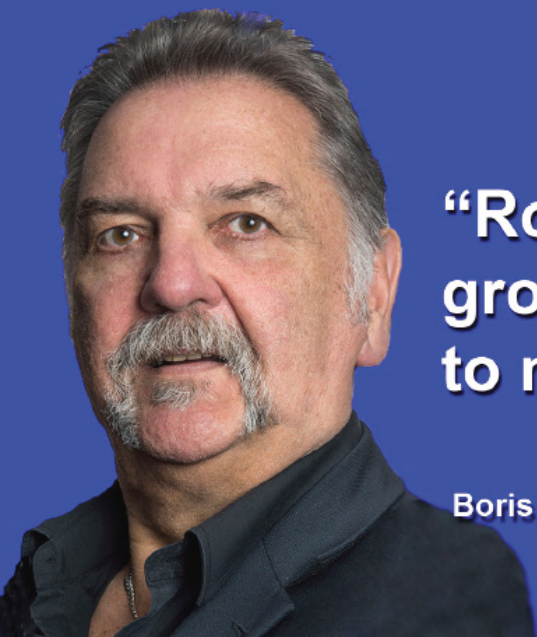
Rotary is made up so many different people, even in this room today we have the

- Builders; Motivating us to the finishing line
- Champions; who stand up for what they believe
- Collaborators; who seek friends with similar interests
- Companions; they are the ones who are always there rain hail or shine
- Connectors; building bridges, sourcing what we need, when we need it.
- Energisers; the fun friends the ones who make us feel welcome and involved as part of the club

What type of Rotarian are you?

"Rotary is about an eclectic group of people coming together to make a difference."

Boris M Struk - RC Essendon



RCE Tuesday Meeting

President Maria was invited to the podium by the sergeant Roger Leask where she unfurled the new banner for the new Rotary year.



Maria thanked those who sent her cards and well wishes for her term of office.

President Maria mentioned that she together with others had visited Jean Abbey at Ardmillan house, her welcoming smile and clear, precise and active mind made it a joyous visit and Jean wished Maria and the new board all the best in the coming year, she also mentioned that she reads Contact weekly and takes a great interest and pride in what we do at the Rotary Club of Essendon.

Maria also informed the members and guests that she attended the Royce Abbey Scholarship fund finalising reports from the past scholarship recipients and that discussions are now underway for a another scholarship to be granted in the near future.

Maria stated that she attended a combined dinner with Denis Shore, Chairing the District Foundation 9800 with members of the Royce Abbey Scholarship committee and past President Peter Halaseh and his wife Sana.

Maria also mentioned that this weekend marks the 1st birthday of the MV Strathmore Men's shed and invited all to attend the Celebration, see below more information.

Maria further informed the members that the new look Contact is currently being worked on and will be finalised by the end of the month.

Our new exchange student Nina will arrive next week, first home stay will be at the Abfalters and arrangements for her to visit the club are well on the way.

Maria mentioned that Tamara Hycenko's grandson arrived in LA and she is enjoying time with him and hopes to be back early August.

President Maria said that after the next board meeting she will be able to present to the club the calendar dates and events planned. It was announced that only 60% of members have paid the membership fees to date and informed all those who have not yet paid to finalise their payment soon.

Friends of Rotary on the 13th of September, at the Theatre night Bradshaw Street Essendon theatre company to bring back old friends in a social setting, more details to follow.

Caroline Chisholm Society will be moving from Shuter Street and some of the decking wood will be taken to the Men's shed

Maria also said that her youngest son has been on the island of Crete and now meeting up with her second son on the island of Mykonos. She wanted all to take a moment to think of the many travellers both young and old who set out every day going on holidays and journeying overseas with excitement and anticipation in their hearts but never thinking that they may fall victims to terrorism.

President Maria's quote for the day

When life gives you a hundred reasons to cry, show life that you have a thousand reasons to smile.

anon

Guest Speaker

Alan Mead guest speaker for the day was introduced by **Steven Wojnarowski**.



Alan started by saying the Rotary Club of Essendon is a family friendly club and said it is a credit to all the members in our club. Alan stated that we in Australia have the cleanest air in the world monitored by a station in Tasmania.

He explained that we breathe oxygen and exhale carbon dioxide into the environment which is used by the flora. He spoke about the fact that from ancient times people have been aware of the need for clean air and that there is evidence of this found in discoveries of ancient peoples way of life and of more recent times in the 17th & 18th century.

Alan spoke about the scientific improvements in modern day Chemistry & Physics and its use in clean air technology. He also spoke about the allergies that people suffer from closed offices in multi-story buildings and the energy saving and air recirculating and air filtering methods that modern technology has developed to counter these illnesses.

Alan gave an example of how in the renovation process of a building in Monash University how certain impurities were discovered which would have been a health hazard to the people occupying the premises, a study conducted by the CSIRO confirmed this and Monash was advised on how to improve the air quality.

Alan also spoke about the biological research into infectious diseases caused by air pollution and the clean air technology developed for surgical procedures such as hip replacement. Alan finished by saying that in Australia we have an excellent research industry.

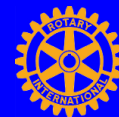
Rotarians and Friends



The two good looking guys, Dennis Shore & Roger Leask



Jean Abbey (centre), Pres Maria, Lisa, Shirley, David Abbey, Peter Halaseh, Roger Leask & Jenny Foster



Rotary Dinner Party Saturday August 20th 2016

Make New Friends, Celebrate old Friends, Enjoy Great
Food & Support Rotary's
DINNER PARTY RAFFLE

Put your name in the draw, you will then be
allocated a party to attend or host.(if there's a very
good reason you can't host, please let Veronica know)

All participants go into a draw and the venues are deter-
mined by the draw, 1st name out gets to host the dinner
for a group of 8 or 9 people. The next names out join that
host and so on. Raffle will be drawn Tuesday August 9th.

Singles, couples friends of rotary ALL welcome

Great for new members to get to know others

Everyone will be equally responsible for the meal and
drinks

Host will provide main course ,the guests will be allocated
to provide either entree or dessert

Wine / drinks to be shared by all

Time: 7pm

RSVP by Monday August 8th to the front desk (Tuesday
lunch) or to

- Veronica O'Sullivan - veronicaosullivan@bigpond.com
or text Veronica 0418 537 253

The Moonee Valley Strathmore Community Men's Shed Inc. is ONE YEAR OLD!!!

To celebrate this amazing community space the
Sheddies would like to invite you all to join them
for a Big First Birthday Brunch on Saturday 23rd
July 2016.

You will be able to see the incredible difference
a year has made in the Shed, from being a big
empty space to now being one filled with not only
tools and wood but lots of energy and enthusiasm.

This Men's Shed is truly unique in our city being
the only Men's Shed that is run co-operatively
between the Moonee Valley City Council and the
community being the Rotary Clubs of Essendon,
Essendon North and Strathmore. That is three
Rotary Clubs in two districts and that in itself is
quite an achievement.

It really is a major community project of which we
should all be very proud. This shed would never
have been established without the commitment
and many hours of hard work by our Rotarians
and the support of the local community.

It is now providing a space where many men
have attended and made new friends while
participating in interesting and important projects
for our local community. It is in short a wonderful
place to promote and maintain men's good
mental, social and physical health. You might
even decide that you want to join in the fun and
friendship this group has to offer. You will always
be warmly welcomed.

So come along around 10am to see the boys in
action and enjoy celebrating our First Birthday –
which we are sure will be the first of many.

If you require any further information please
contact Lisa Lowcock on 0418 373 599 or via
email to:

lisa.lowcock@preceptservices.com.au

Rotary Art Show

Veronica O'Sullivan spoke about the
Art Show that will be held again on 25th
March 2017 and how a MOU has been
signed by the Rotary Clubs involved for
working together.

She informed those present that one more
member is needed from the club to the
committee of management for the next
Art Show.

BTPA's A Dozen Mothers Dinner

While we all want children to grow up in happy, loving families, sometimes things go wrong and home is not the safe place it should be.

When that happens Bahay Tuluyan, 'House of Welcome', is there. This year BT will provide a home for 200 children at their time of need. Our house mothers and fathers are the everyday heroes on whom these children rely while we work to get them into safe families. Through our 'A Dozen Mothers' campaign we hope to raise \$84,000 so that we can provide 12 mothers or fathers to the very special children of BT and make a real impact in 200 children's lives. Help us ensure that their home away from home is a place of love and laughter.



Join us at BTPA's *A Dozen Mothers* Dinner and throw your support behind these precious children.

Presenters

Daisy and Moteh (Young Filipinos who will share their story and experience at BT)

Catherine (A passionate advocate for children's rights who has worked with BT for more than 13 years)

The night will include a silent auction, raffle, major auction items. EFTPOS will be available on the night. A full list of auction items will be available on our website before the dinner.

Tables of 10 can be booked or we can organise a table for you.

Sponsors

We rely on the generosity of our sponsors to ensure the evening is a success. If you are able to help out with donations for our major auction, raffle or silent auctions, please contact Clare at dinner@aus.bahaytuluyan.org

Dinner Details

Venue: L'Unica Reception and Convention Centre

Address: 476 Brunswick Road, Brunswick West

Date: Friday 29th July, 2016

Time: 7pm for 7.30 start

Cost: \$80pp or \$75 for students

Includes: Three course meal and drinks (beer, wine, champagne and soft drink)

RSVP: Friday 22nd July 2016

Please direct any enquiries to Clare at:

dinner@aus.bahaytuluyan.org or 0403 117 923

How to Pay

EFT

Westpac Society Cheque account

BSB: 033000 • Acc No: 966 498

Account name: Bahay Tuluyan Philippines Australia

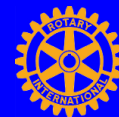
Please put your full name in the description field of the transaction. Then email clare@aus.bahaytuluyan.org so we can identify the deposit and the reason for the deposit.

Cash

Can be dropped off at 21 Cooper St, Essendon. Alternatively cash / EFTPOS can be paid on the night. Please note that cancellations less than 72 hours before the event will not be refunded.

Cheque

Payable to 'Bahay Tuluyan Philippines Australia Inc' and mail to 21 Cooper St, Essendon 3040



RCE Calendar of Events

DATE	SPEAKER/EVENT	VENUE
23 rd July - Saturday	Men's Shed Big First Birthday Brunch	10am to 12 pm Men's Shed 144a Mascoma Street Strathmore
26 th July	Mark Rusic – Iconic Melbourne Author/Artist	The Anglers Tavern 12.30 pm for 1pm to 2pm
2 nd August	TBA	The Anglers Tavern 12.30 pm for 1pm to 2pm
9 th August	TBA	The Anglers Tavern 12.30 pm for 1pm to 2pm
16 th August	Ron Adams – ARH Team on Health	The Anglers Tavern 12.30 pm for 1pm to 2pm
20 th August - Saturday	Rotary Dinner Party Raffle	
23 rd August	New Exchange Student – Nina – Presents to club	The Anglers Tavern 12.30 pm for 1pm to 2pm
30 th August	Andrew Weatherhead – Bereaved parents & siblings support & information	The Anglers Tavern 12.30 pm for 1pm to 2pm
6 th Sept	Mark Graf – Manager of Prosthetics & Orthotics at RMH	The Anglers Tavern 12.30 pm for 1pm to 2pm
13 th Sept	Friends of Rotary	Theatre Night Meeting
20 th Sept	Malcolm Baird – RAGACS – So what can Rotarians do	The Anglers Tavern 12.30 pm for 1pm to 2pm

Jokes for the day

I changed my car horn to gunshot sounds. People move out of the way much faster now!

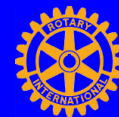
I didn't make it to the gym today. That makes five years in a row.

I decided to change calling the bathroom the John and renamed it the Jim.

I feel so much better saying I went to the Jim this morning.

If God wanted me to touch my toes, he would've put them on my knees.

Of course I talk to myself, sometimes I need expert advice.



RCE Sponsors

John Kouppas
Customer Service Manager
79 Wellington Street Collingwood
Victoria, Australia 3066

TRAVELLERS
APPAREL

Phone. 03 9419 8411
Facsimile. 03 9419 7804
travellersapparel.com.au

paul mcdonald
real estate

1112a Mt Alexander Road
Essendon 3040
+61 3 9375 9375

Strathmore **Community Bank®** Branch



Bendigo Bank

Help yourself and help the Club by banking with Strathmore Community Bank. For example, take out a home loan and the club will receive up to \$500. Take out a 3 month fixed term deposit and the club will receive up to \$50. For more details drop into the branch at 337 Napier St or call branch Manager Philip Stewart on 9374-2607.

John L Gregory

Certified Practising Accountant

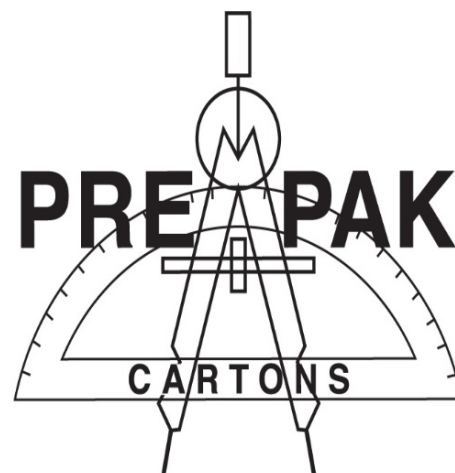
272 Keilor Road,
North Essendon, VIC 3041

jgregory@netspace.net.au

Telephone: 03-9379 1705



OFFSITE DATA



129-131 Sussex Street
Pascoe Vale, Victoria 3044
Tel (03) 9350 4700 | Fax (03) 9350 7422