



Maria Kouppas
President 2016-17

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August 9th 2016

In the absence of President Maria the meeting was conducted by the Vice President Dr Peter Condos who welcomed Peter Duras's wife Sue.

Sergeant Michael Cariss distributed gold medals to members and our exchange student Nina, Steve Chandler informed all present that the Community committee met last night and decided to go ahead with the Steam Train Project and said that this will be a whole of club event and encouraged all to share this news on Face Book, the event will be held in the 2nd week in November and part of the Essendon Historical Society.

Veronica O'Sullivan informed all that the dinner party on the 20th August was going well and there are 30 participants and requested any others to inform her if willing to join.

Sergeant Michael announced birthdays and Steven Wojnarowski had to pay a fine for having yet another birthday!

Peter Duras a Past President of the Rotary Club of Essendon was congratulated on the anniversary of his induction ceremony, Peter was also the speaker for the day (see details below)

The Raffle was won by Pat O' Connell but he failed to draw the joker. VP Dr Peter Condos wished Stephen Roe and Richard Lawrence all the very best for their upcoming Kakadu walk.



**"Fellowship, Service and
Commitment gives direction and
fulfilment of one's existence."**

Peter Condos - RC Essendon



VP Dr Peter Condos called Pat O'Connell to the podium to give him an award for his services to the Rotary Club of Essendon for the past 42 years. Pat speaking in return stated that he joined Rotary in 1974 when he came to Melbourne from the country, he said that Rotary provided him with a lot of opportunities to meet people during his working life in Australia and overseas, he said he has visited Rotary clubs in many parts of the world.

Pat congratulated the Rotary club of Essendon for carrying on the good work in the community for so long and wished the members all the very best. He finished by saying that a lot of people enjoyed our club membership and he is now an active member of Probus.



Pat O'Connell



Peter Duras

The speaker for the day Peter Duras was welcomed by Dr Peter Baker, the theme of the talk was – “A funny thing happened on the way to the Olympics”

Peter Baker introducing Peter Duras said that Peter Duras graduated from Latrobe University with a B.App.Science in 1969, he worked for 2 years as a Physiotherapist at the Toronto General Hospital in Canada and returned to Australia in 1971 and started a private practice in Essendon with his wife Sue who is also a Physio.

Peter joined the APA and the Australian Sports Medicine Federation Victoria Branch and was appointed Physiotherapist to the Footscray Football Club. Peter travelled extensively overseas as Chairman of the APA and part of the Australian Track and Field in the 80's and 90's this included 4 World Championships, he was physio at 6 Commonwealth games.

Peter Duras has received the Australian Sports Medal and the Centenary Medal for his services to National and International athletes.

Peter's talk involved a power point presentation on the history of the Olympic Games, he said that the games started in ancient Athens in Greece and went on for 1200 years. He said the Greeks were intensely competitive and engaged in various forms of sports starting with running. The games then involved other sports such as boxing, pentathlon, running with armour, wrestling among others. His presentation showed the gloves that were worn by the boxers.

The games later involved Pankration and horse & chariot races. He related an incident when Emperor Nero took part in the Chariot race and won even though he fell many times and the other contestants let him win in fear of their lives!

Peter said that all the spectators & participants had to come in the nude and no women were allowed even as spectators!!



Peter said that the Womens games called the Heraion games were started later and showed the uniforms the women participants wore which were not unlike the attire worn by the modern women athletes.

The Roman Christians who later ruled Greece banned the games and later a earth quake destroyed Olympia.

Peter further explained to the audience that William Penny Brooks started the modern Olympic games and Counbertin got the Olympics going.

Peter also spoke about Edwin Flack an Australian who took part in the early games and was known as the Lion of Athens and Donald Mackintosh who took part in shooting, in those day he had to shoot live pegions which no longer happens.

Then there was Freddie Lane a swimmer from Sydney who not only represented Australia but was aske by the UK team to join them and he became the first and only athlete to represent two countries at the same Olympic games!!

There was also George Eyser who won 6 medals and the first Aussie woman to compete in swimming, Fanny Durack who was advised not to go as she will be under the gaze of to many other men! and Clare Dennis who was criticised for showing too much shoulder.

Peter also spoke about the time Jessie Owens won gold and Jonny Weissmuller who competed in the 1924 Olympics and later acted as Tarzan.

Peter had so many interesting historical facts about the Olympics but had to cut short his presentation due to time constrains.



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**JENNY FOSTER WILL BE AT 'DONATIONS IN KIND' THIS COMING
THURSDAY, 11 AUGUST.**

**IF ANYONE WOULD LIKE TO COME ALONG & HELP BETWEEN
10:00AM & 3:00PM YOUR ASSISTANCE WOULD BE MOST
APPRECIATED PLEASE.**

**THERE IS SO MUCH MEDICAL EQUIPMENT TO BE SORTED &
ORGANISED. MORE HANDS ON DECK WOULD BE VERY USEFUL.
PLEASE CONTACT JENNY FOR FURTHER DETAILS OR IF YOU
WOULD LIKE A LIFT TO THE WAREHOUSE**

Next speaker 16th August

Ron Adams – ARH Team on Health



Hi Friends,

You are all invited to join in the Essendon Rotary BFF's (Books, Films and Food) Book Club.

Our next get together will be on Wednesday 5th October 2016 and we will be reviewing a book that is quite relevant to our club – "The Lady and the Peacock: The Life of Aung San Suu Kyi" by Peter Popham.

You have a couple of months to read what promises to be a very interesting book – especially for those in the club who have been to Myanmar/Burma and have seen the changes over recent years.

We've had some people say that they would like to come along to the RCE BFF's Book Club but cannot commit to be there every time. No Problems! If you can just come once or twice or even if you find one particular book that takes your fancy that is OK. You are always welcome to come along. You just need to let us know so we can manage numbers and catering. Sometimes we meet at a member's house, sometimes at a restaurant and we even go to the odd movie as well.

And we meet only every second month so there is plenty of time from one get together to the next to read the chosen book. We all make suggestions for books to read so you can be assured of a variety of reads.

If you are interested in attending please contact Lisa Lowcock via email; lisa.lowcock@preceptservices.com.au





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BOOK NOW

**TICKETS SELLING
FAST!!!!**

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Our Space will feature 2 PHF Recognitions, prizes, great food, good music and a whole lot of fun.

Grab your tickets fast before they all sell out.



EVENTS CALENDAR

DATE	SPEAKER/EVENT	VENUE
16 th August	Ron Adams – ARH Team on Health	The Anglers Tavern 12.30 pm for 1pm to 2pm
20 th August - Saturday	Rotary Dinner Party Raffle	
23 rd August	New Exchange Student – Nina – Presents to club	The Anglers Tavern 12.30 pm for 1pm to 2pm
30 th August	Andrew Weatherhead – Bereaved parents & siblings support & information	The Anglers Tavern 12.30 pm for 1pm to 2pm
6 th Sept	Mark Graf – Manager of Prosthetics & Orthotics at RMH	The Anglers Tavern 6.30pm to 8pm
13 th Sept	Colin Styles – Rotary District 9800 Assistant Governor	The Anglers Tavern 12.30 pm for 1pm to 2pm
20 th Sept	Malcolm Baird – RAGACS – Rotarians action group against Child Slavery	The Anglers Tavern 12.30 pm for 1pm to 2pm

Thoughts for the day & some humour

“If you must create something then do something” - Dr Peter Condos

“I don't like making plans for the day because then the word "premeditated" gets thrown around in the courtroom” – I wish to remain anonymous!

Old age is coming at a really bad time! – Everybody is saying this!

Why do I have to press one for English when you're just gonna transfer me to someone I can't understand anyway? - Nobody is saying anything!

THEN:

I've lost my mind and I'm pretty sure my wife took it! – They *are* smarter than you buddy!!!



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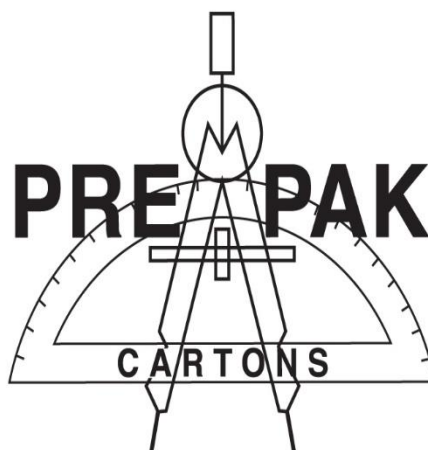
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