

# ROTARY CLUB OF YORK – EAST - District 7390

**Meetings:** (please check website for changes/updates) **Tuesdays @ 7:30 a.m.** follow signs for venue  
**& every 2<sup>nd</sup> and 4<sup>th</sup> Wednesday @ Heritage Hills Avenue Ale House from 5:30 to 6:30 p.m.**

## October 2022 Newsletter

Editor: Friedel Liebe-Elser

[www.clubrunner.ca/york-east](http://www.clubrunner.ca/york-east)



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### Rotary Membership Anniversaries

*Thank you  
for your continued service above self*

Norton, Jim	25 years	Oct 06 1997
Nauman, Randy	29 years	Oct 09 1993
Keese, Wendy	24 years	Oct 11 1998
Nunn, Lydell	15 years	Oct 16 2007
Walters, Jim	35 years	Oct 27 1987

### York East Board of Directors 2022-23

**President:** Karen Comery  
**President-Elect:**  
**Treasurer:** Diane Yocum  
**Secretary:** Friedel Liebe-Elser & Bob Elser  
**Past President:** Sandra Graham  
**Committee Chairs & Members-at-large**  
**Becky Disney – Fundraising & Giving**  
**William Gierasch – Club Administration**  
**Elizabeth Wolf – Rotary Foundation**  
**Deb Klinedinst – Membership**  
**Chris Izzo – Grant Committee**  
**Greg Kern – Community Service**  
**Tim Koller – Public Relations**  
**Bob Straw – Vocational Service**  
**Kris Pollick**  
**Hunter Mink**

### Happy Birthday to you...

Keese, Wendy	Oct 01
Koller, Tim	Oct 01
Dick, Victoria	Oct 07
Calloway, Dan	Oct 22
Mink, Hunter	Oct 25
Andrews, Dave	Oct 30
Pokopec, Tom	Oct 31

\*If your birthday is not listed, please contact  
Bob Elser at [navman9@comcast.net](mailto:navman9@comcast.net) or  
Friedel Liebe-Elser at [friedel.liebe@gmail.com](mailto:friedel.liebe@gmail.com)

### Programs for this month

**October 4.** President commissioner Julie Wheeler talking about Election Integrity – *Hybrid*

**October 11.** Chuck Belz, NRA Police Firearms Instructor and Two-Time 'Law Enforcement World Shootout Champion' talking about Responsible Gun Ownership – *Hybrid*

**October 18.** Students of the Month & Charles Wurster's Senior Classification Talk – *Hybrid*

**October 25.** Ann Kunkel, V.P. of WELLSPAN Community Health and Engagement describing this aspect of WELLSPAN's Mission. – *Hybrid*

**For ZOOM VIRTUAL MEETINGS on Tuesdays ONLY:**  
**Instructions on how to join the virtual meeting will still be sent to members - or guests upon request - via the email meeting reminder latest each Monday.**  
**The in-person meetings are held at Heritage Hills Hotels with the venue – location advertised on a sign outside - opening at 7 am.**  
**All meetings on every 2<sup>nd</sup> & 4<sup>th</sup> Wednesday are in-person ONLY at Heritage Hills Hotels – please follow signs. This is a fellowship event only. There will be no program and no email invitation/reminder will be sent.**

### YORK EAST ROTARY CLUB BOARD MEETING

**Board Meeting on Wednesday, October 12<sup>th</sup>, 2022**  
**7:30 a.m. In person only at Brewery Products**

# HAPPY



I would be grateful if  
**once you have pledged your HAPPY DOLLARS**  
 PLEASE send an email to  
[friedel.liebe@gmail.com](mailto:friedel.liebe@gmail.com)

asap with the amount, your story and if possible, a photo.  
 Since it is impossible to get any of the above details during  
 hybrid meetings, your help is very much appreciated.

THANK YOU

Your backdated Happy Dollar Stories are always welcome  
 at any time!

**Jim.** Thanking Becky for her tremendous work and for the  
 Mystery Basket, which he won

**Sandy.** Thanking Becky and her team for another excellent  
 Golf Outing

**Elizabeth.** Thanking the club's AV team for their excellent  
 and often challenging work setting up the equipment for  
 our hybrid meetings

## Our next important Event is WORLD POLIO DAY



**York East Rotary Club**  
**Along with the Victory Athletic Association**

**Monday Night October 24<sup>th</sup>**  
 At the Victory Athletic Association (aka Victory Club)

**\$10 - Single Ticket**  
**On sale in advance or at the door that evening**

Join us at the Victory Athletic Association at 471 South  
 Ogontz St. York, PA from 5 to 9 pm for a fun filled evening  
 including appetizers and non-alcoholic beverages, door  
 prizes, auction items, music, and entertainment. Additionally,  
 beverages from the bar and items for dinner from the Victory  
 Club menu will be available for purchase.

These are some of the Items that will be auctioned at Pints  
 for Polio October 24, 2022

*These unique precious pieces of jewelry are the generous  
 donations from Jin Jou's GEM BOUTIQUE – yet another  
 admirable contribution from our club's own 'Queen of  
 Diamonds'.*

*THANK YOU, Jin Jou, for always adding your very personal  
 touch of elegance and beauty to our events.*

Photos © Tim Koller





- For 35 years Rotary has had a goal of eradicating Polio. We have reduced polio cases by 99.9% since our first ever project to vaccinate children in the Philippines in 1979. Rotary members have contributed more than \$2.1 billion and countless volunteer hours to protect nearly 3 billion children in 122 countries.

Every purchase will help raise money towards our cause. PLUS, every dollar we raise will get matched 2:1 thanks to the generous support of the **Bill & Melinda Gates Foundation**. That's right...for every \$100 dollars raised, \$300 will support global eradication efforts.

Join us for this fun and extremely meaningful event!

- **\$10 - Single Ticket**
- **Contact Tim or Wendy for tickets or purchase at the door the night of the event**

#### ORGANIZING COMMITTEE - REPORT By Committee Chairman TIM KOLLER

- We had a good meeting with the Victory Club on September 29<sup>th</sup>. Here are some of the highlights
- 
- The entire club will reserved for our event. Any member coming for dinner will pay for admission.
- We selected the food items included with admission.
- The club will have a limited menu for dinner guests
- We discussed the general layout of the food tables and auction items
- We will have a live auction for the high valued items ( + \$1,000) and other items for a ticket voting system (like the golf tournament).
- Small items will be door prizes
- We reviewed some of the logistics for the evening:
- o A victory club member will be at the entrance to let guests in
- o We will have 2 members inside welcoming guests, checking tickets
- and selling 50/50 (Bob Straw will supply tickets for 50/50 and voting
- prizes.
- A Victory club member will sell voting prize tickets table to table.
- 5 to 6 pm will be a gathering time with the program and auction from 6 to 8 pm, 8 to 9 will be music
- There will be a program on each table for the evening with the timing of auction items and presentation

- Rotary will wear Red Polio shirts and Victory Club will wear Purple
- Things we still need to do!
- Acquire club T-Shirts – Connie
- Get auction items value to Tim to post – Cher
- Develop program for evening – Committee (Tim will draft and ask for input)
- Acquire door prizes and male-oriented auction items (sports memorabilia?)
- Work up volunteer schedule and ask for volunteers
- Tickets and all monies in by Tuesday 10/18/22
- Meet with Victory Club Wednesday 10/19/22 to estimate guest count and
- Review program and logistics.
- Sell Tickets!
- 
- **Please send Tim your thoughts and comments!**

## Brief History of Polio

<https://polioeradication.org/polio-today/history-of-polio/>

In the early 20th century, polio was one of the most feared diseases in industrialized countries, paralysing hundreds of thousands of children every year. Soon after the introduction of effective vaccines in the 1950s and 1960s however, polio was brought under control and practically eliminated as a public health problem in these countries.

It took somewhat longer for polio to be recognized as a major problem in developing countries. Lameness surveys during the 1970s revealed that the disease was also prevalent in developing countries. As a result, during the 1970s routine immunization was introduced worldwide as part of national immunization programmes, helping to control the disease in many developing countries.

[Rotary International](#) launched a global effort to immunize the world's children against polio in 1985 followed by the establishment of the Global Polio Eradication Initiative (GPEI) in 1988. When the GPEI started, polio paralysed more than 1000 children worldwide every day. Since then, more than 2.5 billion children have been immunized against polio thanks to the cooperation of more than 200 countries and 20 million volunteers.

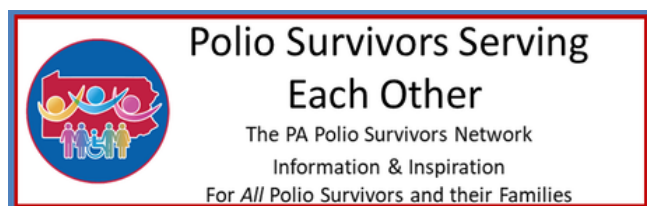
Today, wild poliovirus continues to circulate in only two countries, and global incidence of polio cases has decreased by 99%.

## POLIO

### The lifelong painful & challenging Journey of Polio-Survivors

On June 8<sup>th</sup> 2021, Deb Stambaugh of the Hanover Rotary Club spoke to our club. As a polio survivor Deb shared some of her own experience gained during a lifetime of suffering the long-term effects of this disease. She is a member of

#### THE PA POLIO SURVIVORS NETWORK



<https://www.papolionetwork.org/>

*Apart from patients whose bodies never fully or even partially recovered from Poliomyelitis, there are those, whose symptoms may only become evident later in their lives -*

*according to the NATIONAL INSTITUTE OF NEUROLOGICAL DISORDERS*

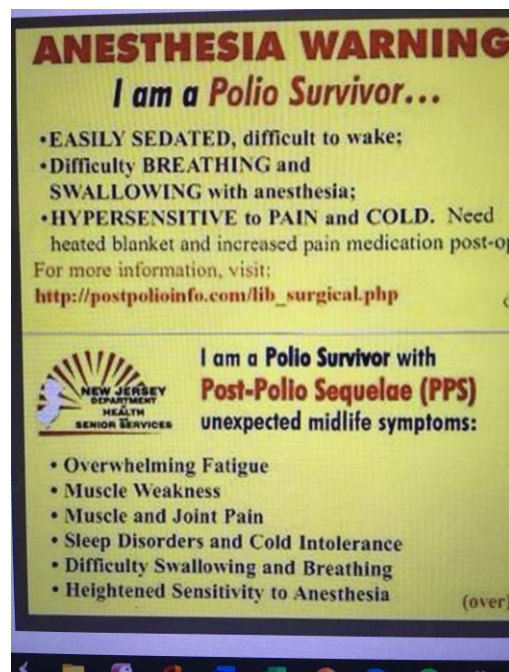
<https://www.ninds.nih.gov/health-information/disorders/post-polio-syndrome>

*Post-polio syndrome (PPS) is a condition that affects polio survivors many years after recovery from an initial attack of the poliomyelitis virus. PPS is characterized by a further weakening of muscles that were previously affected by the polio infection. PPS is not contagious. The most common symptoms include:*

- *slowly progressive muscle weakness*
- *fatigue (both general and muscular)*
- *decrease in muscle size (muscular atrophy)*
- *loss of muscle function*
- *pain from joint deterioration and increasing skeletal deformities such as curvature of the spine (scoliosis)*

*Some individuals experience only minor symptoms, while others develop more visible muscle weakness and atrophy. PPS is rarely life-threatening but the symptoms can interfere significantly with the individual's capacity to function independently.*

Due to damage the polio virus causes especially to nerves and muscles we Polio Survivors are advised to carry the following document at all times.



The heart wrenching photos documenting this epidemic during the 1940s and 50s, when Polio posed a threat to all children and even some adults, went around the world, showing rows of Iron Lungs where only the young patients' heads were outside this lifesaving device. And watching these patients' parents, balancing on ladders outside the ward's windows made everyone's heart bleed for the stricken families.

On June 16, 2022 the world was reminded of a patient who has spent the past 70 years of his life in an Iron Lung  
*Stricken with paralytic polio at the age of six in 1952, Paul Alexander is now one of the last people on Earth still living in an iron lung. Monica Verma/TwitterPaul Alexander, the man in the iron*



*lung, was placed there when he was stricken with polio at just six years old – and he's still there today.*

<https://allthatsinteresting.com/paul-alexander>

And on October 25<sup>th</sup> 2021 NPR reported that *Martha Lillard needed a large respirator called an iron lung to recover from polio, which she caught in 1953. She still uses a form of the device at nights.*

<https://www.npr.org/2021/10/25/1047691984/decades-after-polio-martha-is-among-the-last-to-still-rely-on-an-iron-lung-to-br>

## The very personal story of a Polio Survivor

One of those children, who spent months on end trapped in an iron lung that helped him breathe, is the father of our own fellow Rotarian Todd King and we cannot thank him enough for agreeing to share with us the poignant story of his late father, who is HIS HERO.

And while reading about this Hero's life none of us can hold back the tears that keep welling up – not just because Todd's Pop is a true hero but because, despite all his problems, he has raised a son whose love, respect, and admiration for him is beyond any father's wildest dreams.

Therefore, as we read Todd's words, his Pop also becomes a hero in our eyes, one we will never forget – and one whose pride in his son will never die..

### Pop

Recently I spoke at our weekly meeting regarding a donation I made to PolioPlus. The donation was made in name of my father, Robert King, more affectionately known as Pop.



Pop, here in 2020, was a polio survivor. He was also a remarkable man. Not remarkable as it is often measured today. He did not have a viral following on social media. He did not have prodigious skill in any particular sport. He was not the wealthy benefactor of an amazing technological invention. He was not remarkable at all for what he was, he was remarkable for who he was.

Pop was born February 12, 1944, in York. He was the fourth of nine children, seven boys and two girls. The family resided on North Penn Street just south of the railroad tracks. Pop's family lived in poverty. Pop used to like to laugh when he told the story about how he and his brothers would collect coal along the railroad tracks that fell from the trains. They used the coal to heat the house in the winter. When they got a little older, Pop said he and his brothers would hustle pool for lunch money. Like many families, they did what they needed to do to survive.

Pop was not remarkable because he survived poverty. His fate was far worse. At eight years old, Pop was diagnosed with polio. He spent much of his eighth year on earth in the hospital. He was placed in an iron lung for an extended period of time. At eight years of age, he was told that he would not have a long life. He would probably not live past thirty. He was also told he would most likely never walk again. If he walked it would not be without assistance. Pop's condition necessitated a replacement left hip. This coupled with the effects of polio stunted the growth of his left side from the waist down. For the rest of his life, his left side would be considerably smaller and weaker than his right.

Pop was not remarkable because he was diagnosed with polio at a young age. This devastating disease affected countless children. Many died from the disease. Many were left disabled for life. Many would suffer unending pain or need mobility assistance.

Pop was remarkable because of who he was. He refused to allow the disease to define him. At eight years old, he determined that the doctors were wrong. He decided that he was in control of his destiny. He made the decision whether he would live or die. He made the decision whether he would walk. He made the decision how he would live his life. At eight years old, he determined that no one other than him would be in charge of his fate.

Pop was the most determined and independent person I have ever known. Upon exiting

the hospital, he began his journey. For the first two years, he needed assistance to walk. He had crutches that fastened to his forearms and had handles he could use to keep his balance. By the age of eleven, he no longer used the crutches. He strengthened his body so he would no longer be dependent on the crutches. Pop also decided that his mind needed to be strengthened as well. He knew that his condition was a stumbling block in the 1950s. He wanted to make himself the most complete person possible so his condition could be overlooked. He decided he would never refer to himself as handicapped or disabled. He kept this mantra throughout his life. Growing up with Pop, I never knew he was disabled. Around seven or eight years old, a friend asked me what was wrong with my dad. My response was “Nothing, why?” That was Pop’s level of determination to never be seen as anything less than he was.



*My Parents – the Love Birds – Bonnie and Robert King in 1991*

Pop was remarkable because of his independence. He lived in pain his entire life, but never looked for any assistance. He walked with a severe limp but refused crutches or canes. (Later in life he would finally give in and use a cane, but always said it was due to old age.)

When I was a kid, Pop worked two jobs. One at Borg Warner and one fixing cars on the side in his own shop. Pop worked at Borg Warner in the lab into his forties. Upon leaving Borg Warner, he opened his own heating and air conditioning business. This was a commercial and residential business. He would enter crawl spaces and basements to work on home systems. He would climb ladders onto business roofs to service large air handler units. If you asked to help him carry

something up the ladder or into the basement, he would always give you the lighter load. That was his level of determination to be independent. Pop “retired” at sixty-two years of age. But with a large, closely knit family like ours, ‘retirement’ only meant he had more time to spoil his loved ones.



*Here we are, starting at the backrow left with (obviously) me, my wife Dawn, Pop, my grandmother Jeanne Fair, my grandfather Wayne Fair, my mom Bonnie King, my sister Kelley Otto and her husband Brett Otto.*

*First row from the left my three sons Jakob, Alex, and Chance King, and my sister’s son Robert Otto (Pop’s Namesake)*



*The Joy of Pop’s first Great-Grandson, Taegan King, bouncing on his leg speaks volumes – not to mention my own hands wiggling his favorite green teddy in front of him.*

After his ‘retirement’, Pop continued to work on heating and air conditioning for friends and family well into his seventies.

My Pop was a remarkable person. As he got older, he would talk more about his life dealing with polio. He never lamented his lot in life. He would say he may have walked in pain, but he walked. He may not have had all the wealth he wanted, but he got himself out of poverty and raised a family of his own. And he may have not lived as long as he wanted, but he definitely lived.

Pop died on October 17, 2021, at the age of seventy-seven.



You beat all the odds Pop and you lived life on your terms.  
Always independent and always my hero.



## The Calm before the Golf Storm

She has done it again!!!

Becky and her admirable team of dedicated, seasoned Golf Outing Organizers have not only booked dozens of sponsors, a large number of golfers, not to mention those who helped the event to run smoothly, no that group has used their special link to the heavens above to provide yet again the perfect Golf weather – a glorious sun shining from a crystal blue sky.

Another success story and our admiration and gratitude go to Becky and her team. **THANK YOU ALL!**

Photos courtesy of Becky Disney

*The complete series is available on our website under PHOTO ALBUMS – Golf Outing 2022*



2022 Golf outing report by Bill Gierasch

After raising over \$18,000 in sponsorships and paying Heritage Hills, we have a grand total of \$16,045 to fund grants, scholarships, etc. Once again, many members of York East assisted Becky in registering golfers, monitoring on-course contests, and recognizing winners at the banquet.

Al Gregson (Karen's Dad) sponsored the winning team of Bill Brenner, Scott Knouse, Marty Trimmer, and Gary Sutton. Brenner and Knouse have each won multiple York County Championships! The winning score was 56. Hopefully they will be back next year to defend their title.

The Mystery Bag winner was Jim Walters. Jim will soon reveal the goodies contained in the Mystery Bag.

Jim Norton's future son-in-law, Jordan Houck, played with Jim at this year's outing. Jordan's foursome did not win any golf prizes, but he did win not one but TWO Gem Boutique gift certificates! I'm sure Jordan will put these to good use as he is preparing to marry Jim's daughter! Thanks to Becky for organizing another successful, enjoyable event!









## We are happy to welcome our Two New Members

Here is a brief Introduction



Christina Bankos Vranich is Vice President and Partner of Collens Wagner Insurance agency. She is a graduate of York Catholic high school and Penn State University. She graduated from Penn State with a Bachelor of Science in Insurance from the Smeal College of Business.

She also has a minor in Labor and Industrial Relations. Christina has been working in the insurance industry for nineteen years and has both her CISR and CIC insurance designations. She specializes in Personal insurance, including home, auto and umbrella policies.

She is a busy mom of four children, including triplets, plus two step-children. She enjoys spending time with family and friends and watching her kids play sports on the weekends. In her free time, she enjoys going to the gym, riding her peloton, working in her yard or decorating her house.

*Christina Bankos Vranich, CIC, CISR*  
Vice President  
Collens-Wagner Agency, Inc.  
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PO Box 3307  
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(F) 717-757-3070  
[www.collenswagner.com](http://www.collenswagner.com)

AND



STEPHANIE HOFFMAN

I want to begin by thanking everyone at the Rotary Club of York East for the opportunity to be a member of this prestigious club. I am looking forward to building new relationships and giving back to the community.

I am the new Branch Manager for Members 1st at Mount Rose. My previous experiences include a 5-year career as an Elementary School teacher, Store Manager at Kay Jewelers for 10 years, and most recently an Assistant Manager for Mariner Finance.

My passion is team development and growth. I am a 2003 graduate of York College of Pennsylvania with a bachelor's degree in Elementary Education.

My husband Nate, and I have been married for ten years and we have an 8-year-old daughter named Kelsey. In my free time, I enjoy being outdoors. I enjoy hiking, watching Kelsey play soccer and basketball, and helping on my family's farm. Family time is the most important to me. Even though summer is my favorite season, I am looking forward to some fall activities.

Thank you again for this amazing opportunity and I look forward to getting to know all of you!



Stephanie with her husband Nathan and their daughter Kelsey at one of their favorite activities – watching Kelsey play football.

**Stephanie Hoffman**  
Branch Manager  
Mt. Rose  
**Phone** (717)840-4832 ext.71501  
**Email** [hoffmans@members1st.org](mailto:hoffmans@members1st.org)  
2420 Mount Rose Avenue  
York, Pa 17402  
[members1st.org](http://members1st.org)

Bill Gierasch suggests a truly worthwhile

## COMMUNITY PROJECT,

one that symbolizes  
SERVICE ABOVE SELF  
on a very personal level.

Cathy Bollinger, managing director of senior citizen services at the York County Community Foundation, spoke to our club last year about the needs of some of York's seniors. She contacted me recently to ask if we could provide transportation assistance to a resident of Stony Brook Gardens, a senior apartment complex in East York at the corner of Eastern Blvd and Cinema Dr. I met with the resident recently. She is in her 80s, in good health and uses a cane. Transportation needs involve trips to doctors and Weis. My guess is trips would average once per week.

I am seeking 3-4 volunteers to serve on a committee with me. I realize this will only be workable for members who are retired and live in East York. I told the resident we would need notice a week in advance. I would email committee members when I receive date and time of the resident's appointment and keep a log of the assignments so as to try to distribute evenly. I estimate each assignment will take 1-1 1/2 hours

It is admittedly difficult to know how burdensome, inconvenient, etc. these assignments will be. Time will tell. Cathy and the resident, as well as the supervisor at Stony Brook Gardens, understand this. If you have questions or are willing to give this project a try, please respond to this email.

Thanks. Bill

## *Magical Moments*

### *September Sunrise on Chincoteague Island*



# SEPTEMBER 2022 PROGRAMS

INCLUDING LINKS TO THE RECORDINGS

PHOTOS & TEXT - *TIM KOLLER*

Please also check our website for updates

## York County Department of Human Services



To view this meeting: <https://youtu.be/RwLbVdgNXus>

September 6, 2022 - Clair Doll oversees six human-services agencies in York County: the Area Agency on Aging; the office of Children, Youth and Families; Health Choices; York/Adams Mental Health/Intellectual and Developmental Disabilities (MH-IDD); the York/Adams Drug and Alcohol Commission; and the Youth Development Center. With an annual budget of over \$300 million they one of the County's largest department in the York County.

Clair reviewed some on the department's challenges and successes at our weekly meeting. The staffing and training in the Office of Children, Youth and Families continues to be a major challenge in that funding is limited, the difficulty of the job, recruiting and retaining employees. He described a new training program and is optimistic that it will make improvements to the program. The Co-responder program has been a great success and helps police departments in their responses. It will also free up officers to handle other emergencies. The Co-responder is not a police officer but a mental health worker. They don't wear a uniform, and don't carry a firearm. Clair said police make sure the scene is safe before the Co-responder is called in. By the time they arrive, an officer has explained who they are to the person in need of services. This helps to de-escalate the situation for people who need help and aren't an immediate threat to others. Many of the calls involve teens dealing with mental health issues, he said. Without them, police might arrest that teen or take them to the emergency room, depending on the situation. The Co-responder is also able to follow up with people for days or weeks afterward, something police typically aren't able to do. York County District Attorney Dave Sunday said the program will help keep people who haven't committed serious crimes out of jail.