



Bath Rotary 4-Way 5K Run/Walk presented by Mid Coast Medical Group-Bath
Saturday, October 12th, 2019 9:00 A.M.
800 High Street, Bath, ME 04530 (Bath Regional Career & Technical Center building)

Race Information: The race will be professionally timed. The event will start and end at the BRCTC building located on 800 High Street, Bath. Proceeds will benefit the Frazier Metcalf Memorial Swim For Health fund which teaches all 3rd & 4th graders in RSU 1 swimming and water safety skills.

Registration and Packet Pick-up Information: \$20 pre-registration (before October 12th), \$25 race day. Ages 18 & under \$10 (no shirt). Pre-registered race participants (before September 20th) will receive a free Sport-Tek t-shirt. **Distribution of t-shirts and bibs will only occur at registration check-in on the day of the race. No other pickups are available. Registration and bib/t-shirt pick up will be from 7:00-8:30 at the BRCTC building.** To register go to www.bathrotary.org.

Course Description: Mix of some rolling hills and flat. Course starts and ends at 800 High Street, Bath.

Facilities: Packet pick-up, same day registration, bathrooms, pre and post race snacks will be in the BRCTC building.

Awards: Overall Male/Female will receive \$100; 2nd Place Overall Male/Female will receive \$50. Prizes will be awarded to the top finishers in their age category.

Additional Information: For more info, contact Race Director, Michael Princiotta at michael.princiotta77@gmail.com or call (207) 449-7447.

Mail Entry Form and make Checks payable to:

Rotary Club of Bath
Attn: Caelie Smith
P.O. Box 313
Bath, ME 04530

NAME: _____ AGE: _____ SEX: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

EMAIL: _____ RUNNER: _____ WALKER: _____ SHIRT SIZE: _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the Rotary Club of Bath, and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

Signature (Parent's Signature If under 18)

Date