



Apr. 10, 2024 – In-person & zoom meeting, 12:15

President Kathy welcomed all to Dover Rotary and everyone enjoyed our luncheon thanks to David B. providing the luncheon wraps, Cate R. providing a carrot cake, and Marion C. providing chocolate chip cookies and chips.

Program: Amy Rich Crane, MSOT OTR/L - Reach for the Top

Amy is the Executive Director of Reach for the Top N. H. Therapy Services, holds a B.S. in Speech Communication from SUNY and a MS in Occupational Therapy from Utica College in NY. She is a board certified pediatric occupational therapist and became the executive director in 2021 after serving as the organization’s clinical director.

Reach for the Top Therapy Services works with families to provide individually tailored, holistic, respectful, and evidence-based occupational, physical, and speech therapies, in a supportive environment using fun and engaging activities to help children with exceptional needs thrive. The organization provides 18 therapy and specialty programs and served 490 children and families in 2023. They provided over 8,450 hours of therapy last year and currently have 265 children on a waiting list for services. Reach works with children and families in a variety of locations throughout Strafford county including horse farms, the Children’s museum, the Dover Public Library and Snapology. They follow Harvard’s Three Principles of Family Centered Care, support responsive relationships, strengthen core life skills and reduce sources of stress.

Amy reported the needs have never been greater with 1 in 4 children in need of sensory therapy, 1 in 10 children identified as ADHD, 1 in 36 children on the autism spectrum, 1 in 44 children with feeding dysfunction, 1 in 20 children with anxiety, and 1 of every 2 children having experienced trauma. Reach provides services to help meet these needs. Occupational therapy helps children regulate their bodies and provides tools to overcome challenges. Physical therapy helps children with fine and gross motor skills and works on such things as balance and coordination. Speech therapy focuses on communication,

Upcoming Meetings & Events

Meetings:
Apr. 17: Jen Krans, Dir. Curriculum, Assessment Dover Schools.
Apr. 24: Megan Keil, Peace Corps

Events:
Apr. 20: District Assembly – Westbrook
Apr. 27: Don’t Trash Dover event at Dover Skatepark, 9:30 a.m. followed by ribbon cutting of Dover Rotary Pavilion
May 2: Senior Visit, Maple Suites, 3-4 pm (rescheduled)
May 4: Meal Packaging
May 24: Centennial, CCC, 6 pm
“Party like it’s 1924”
June 29: District Conference – Star Island, ferry leaves Portsmouth at 8:50

Pledge: Marion C.
4-Way Test: Jim V.

Today’s newsletter authored by Gregg D.

articulation, language deficits and dysphasia. Reach has recently begun work with the Dover Children's Home on Trauma Informed care and collaborates with law enforcement, schools, the NH Dept of Children and Families, and the Child Advocacy Center.

Amy responded to questions regarding funding, volunteer opportunities, service area and discussed trends she is witnessing in children's services. She felt needs have increased since COVID and our society is more aware of issues regarding child abuse and neglect has contributed to growing needs.

Announcements:

Meal Packing Project: President Kathy asked people to use sign-up genius to select a job slot for our mega packing project scheduled for May 4th. Currently four food pantries have requested a delivery of the 190,00 meals we will be providing with more being contacted. Jobs will include setting up tables, loading and unloading boxes of provisions for the meal packs, and delivering to food pantries. Melissa L. will be posting on our Facebook page and contacting the Chamber to promote the project.

100th Anniversary Celebration: Currently only 16 reservations, so sign up to reserve your slot. Marion C. and Kathy F. are working with Cochecho CC on the menu for the event to be held on **May 24th**.

Senior Project: The maple suites Bingo activity has been moved to **Thursday, May 30th** due to the snow storm which forced the cancellation. Please plan on joining in the fun.

Club Project: Beth F. reminded members that **Don't Trash Dover is planned for April 27th** with a ribbon cutting to dedicate the new Rotary structure at the Dover Skate Park to follow.

Foundation: Jim M. recognized Kathy F. with a Paul Harris plus one pin for her contributions to the Rotary Foundation.

Garden Project: Kevin Q. announced had been in contact with Purdy Monuments to reset the stone in the front garden. He has also had discussions with the city regarding fixing the walls in the lower garden. Noreen B. and Beth F. offered to assist with the flower selection for this year's planting.

District Assembly: Currently 8 members will be traveling to Westbrook for this year's District Assembly on April 20th. Carpooling is available.

Happy Bucks:

Jim V. for our speaker and informative presentation.

Cate R. for the opportunity to present at a Women's Conference recently and for our speaker.

Harry C. for our speaker and important information.

Kathy F. for Paul Harris recognition and being able to sing with Tom D. at a friend's celebration of life.

Gregg D. for upcoming Poland trip, our lunch treat, and our speaker

Doug L. for Dave R. and the lunch he provided.

50/50 Raffle: Doug L. drew the chance for the prize. No luck this time!

April Birthdays:

Harry C. Apr. 3

Rod B. Apr. 3

Jay S. Apr. 4

Kim F. Apr. 15

April Anniversaries:

Ken P. 16 years