



### April 5, 2023 – Zoom Meeting, 12:15



In Megan’s absence, President-elect Kathy F. led the meeting today and welcomed all to the greatest Rotary Club!

**Thanks to Harry & Marion C.** for picking up lunch

### Program: Nancy Ryan, NH Breast Cancer Coalition

*Bio: Nancy Ryan is a Founding member of the NH Breast Cancer Coalition (NHBCC) and volunteer NH Field Coordinator for the National Breast Cancer Coalition (NBCC). She was diagnosed with breast cancer in 1989 and with ovarian cancer in 1998. Nancy has served as a consumer reviewer for the DoD Breast Cancer Research Program and was a Consumer Participant and Scientific Session Co-Chair at five Era of Hope Meetings. She completed NBCC’s science training course, Project LEAD, and served as a mentor. Nancy is married, enjoys exercise, gardening and caring for her cat, Maddy.*

Nancy passed out copies of the NBCC’s “Breast Cancer Facts and Figures” handout and also the NBCC’s Public Policy Platform. She explained her involvement with NBCC, since its 1991 inception in Chicago. A 34-year breast cancer survivor herself, Nancy said NBCC’s mission is to raise awareness in the U.S. Congress of the need for research money. There are three pillars of action: *Research* which includes lobbying Congress for funds (\$150M annually of late) in the Department of Defense budget; *Access* which lobbies for healthcare for all, including covering screening and treatment costs; and *Influence* which includes leader trainings, seminars, an annual Leadership Summit in Wash., D.C., and the Project LEAD Institute in La Jolla, California.

Breast cancer is a political issue! Initially, Nancy was asked to collect 875 signatures for NH to join the Coalition; she collected 4,000 and graduated from her local support group to national political action.

Nancy also talked about recent breast and prostate cancer figures for NH. She speaks with politicians, many of whom visit NH during primary season, to ask them to sign the NBCC’s Public Policy platform. Most recently, she spoke with Nikki Haley when the former S.C. Governor was in Dover. Haley declined to sign. Nancy will continue her advocacy efforts with each candidate who visits NH, hoping to gain support and to secure continued funding.

### Upcoming Meetings & Events

#### Meetings:

**Apr. 12:** *Cyber Security*  
Chris Brackett

**Apr. 19:** *Seacoast Outright*  
Hersey Hirchkop

**Apr. 26:** *A Rotary Story*  
Mark Lampman

#### Events:

**Apr. 8:** Annual Willand Pond Clean-up 9:30am. Meet behind NH State Liquor Store. Bring gloves, rakes, clippers, etc.

**Apr. 22:** Don’t Trash Dover

**June 24:** Gundalow Trip

**Visiting Rotarian:** Peter W.

**Guests:** David Barnes

**Pledge:** Jim V.

**4-Way Test:** Nick P.

*Today’s newsletter authored by Cathy B.*

## Q & A

**Nick P.:** Why the funds are in the DoD budget, not National Cancer Institute? Nancy: Initially some “leftover” money in the Defense budget was allotted to cancer research and has remained there.

**Jim V.:** What is the mortality rate? How can it be reduced? Nancy: Science is showing that environmental factors may be keeping rates from slowing. NH has a high incidence rate (thanks to 37 early screening sites), but a low mortality rate. Jim and Nancy agreed that more outreach is necessary to get people to the screening locations for early detection.

**Phil R.:** What is the percentage of men with breast cancer? Nancy: In NH, approximately 2000 men will be diagnosed with breast cancer this year. As many as 530 deaths are predicted.

## Announcements:

**April 15: District 7780 Training Assembly** at Westbrook (ME) High School from 9-2:30. Gregg will be driving the CAP bus again. It can hold 14 and we’d like to fill it. Please consider attending this valuable conference with 32 breakout sessions. Let Marion know if you’d like to go. Our club is paying for our registrations. Breakfast and lunch will be served. You can view the entire schedule and all of the sessions here: <https://rotary7780.org/event/district-training-assembly-4/>

**April 22:** The Rotary Club of Biddeford-Saco is hosting a **Welcome Gala** “A MISSION of HOPE” for our Ukrainian Guests, Sat., April 22<sup>nd</sup> at 7pm in the Auditorium at Thornton Academy

Admission: \$5 *All proceeds will be donated to the Ukrainian Delegation.* Highlights include:

- o National Anthems (USA & UKRAINE)
- o Keynote Speaker Senator Angus King
- o Welcome Video by John Hewko – General Secretary and CEO of Rotary International
- o Meet the Ukrainian Delegation
- o Presentation of Keys to the City
- o Musical Entertainment

For more information on the Ukrainian Program, visit: [www.Biddeford-sacorotary.org](http://www.Biddeford-sacorotary.org)

**April 22: Don’t Trash Dover** - Henry Law Park at 9:30am for a one-hour litter pick-up there. Beth Fischer is coordinating.

**International Committee:** Gregg D. gave an update from Carl Dyer’s project in Mexico to establish a permaculture farm and organic kitchen and cooking lessons for residents in that region. They have just harvested their first crop of green beans! Our club donated \$3,000 and Harvey Bernier will be here Sept./Oct. to give us another update. They still need water tanks and pumping system for irrigation.

**Literacy/Dictionary Project:** Marion C. announced books will be distributed to Grades 2,3, & 4 on May 2 from 9-10:45am. Third graders will get dictionaries. Another day will be selected for distribution to Kindergarten and Grade 1. Books will also be placed in school Resource Rooms.

**RYLA:** Phil R. announced that RYLA applications will be accepted until the end of April. Please encourage sophomores to apply to this Leadership Camp in Maine. Cost is free to the student.

**DMS Student of the Month Award:** Gregg D. announced the award was presented last week to Aisha Khan (her sister won it last year!). She received a VISA gift card and a donation to the charity of her choice.

**District Conference 2024:** Marion C. told members to save the date of **June 8, 2024** for the District Conference in Dover (first time ever held here!), at Dover HS with an afternoon concert planned for Rotary Pavilion at Henry Law Park. An Interact Conference will run concurrently.

**Committee Reports:**

**Bingo---** There were 103 players and 27 boxes were sold. The Bingo Committee has been in discussions with the owners of Dover Bowl as they have future plans to expand their casino and gaming machines, most likely into the bingo space. The Committee is looking at other future options to continue Bingo elsewhere. An exploratory letter has been sent to another gaming concern. That's a total of 160 boxes for the month of March. The position-based sign-up link is now live:  
<https://www.signupgenius.com/go/10C0F49AEAF22AAF5C61-april1>

**Happy Bucks:**

**Jim V.** was happy to spend time in Utah with his two sons, enjoyed hiking in Zion, and winning \$50 at a local casino. Jim also mentioned that My Friend's Place is without kitchen facilities for about a month and would appreciate meals for their 28 residents.

**Gregg D.** was happy to welcome Brian H. to the meeting and encouraged him to come back. Also happy to bring the twins to their first New England Revolution game.

**Jay S.** was happy (in advance) to celebrate his 50<sup>th</sup> wedding anniversary (in June) with a cruise in April.

**Kathy F.** was happy that a celebration of life for friend Gerry Finlay was such a joyful celebration with stories and remembrances by many. She's also happy that even during Holy Week, she's managing to sneak in a date night with her husband, seeing "Million Dollar Quartet" at The Music Hall.

**50/50 Drawing:** 280 in the pot. The winning ticket was Noreen B's but her 4 of spades was not the winner.

**April Birthdays:**

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| Harry C. | April 3  |
| Jay S.   | April 4  |
| Kim F.   | April 15 |

**April Anniversaries:**

|        |          |
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| Ken P. | 15 years |
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