

BING

Newsletter

Rotary

Dover, NH

Doing good. Very good!



UNITE FOR GOOD

December 17, 2025 – Broadway and Zoom

President Cathy welcomed all to the Rotary Club of Dover, NH.

Music – Showstoppers, Kathy Fink and troupe included a rousing rendition of The Grinch and a Holiday Sing-A-Long.



Program: Lauren Kolifrath, Program Coordinator for End 68 Hours of Hunger

Program Coordinator Lauren Kolifrath has served 14 years in her role at End 68 Hours of Hunger -- a public, non-profit effort to confront the 68 hours of hunger some school children experience between free lunch in school on Friday and free breakfast in school on Monday.

In a country where 1 in 5 children struggle with food insecurity, End 68 Hours of Hunger's work is simple and powerful. "Poverty is complex... feeding a child isn't," Lauren said.

Over 95% of food is donated to End 68 Hours of Hunger and 100% of the workers are volunteer. The organization currently operates 50 program in 8 states, involves 325 students, and serves over 5,000 kids – 200 in the community of Dover – each week during the school year.

As a private non-profit, the organization is not directly subject to recent federal cuts in the SNAP program, however, the need for food escalates

Upcoming Meetings & Events

Meetings (12:15 pm):

Jan. 7: Ann Bliss, Outreach in India

Jan. 21: Jeremy Miller, Dir. Dismas Home

Feb. 4: Doug Dodd

Feb. 18: Bob Carrier and Perry Plummer

Events:

Jan. 7: PR committee, 11 – 12, Broadway.

Jan. 22, Mid-year dinner - Portland – more info to come

Senior visits: - all 3-4 pm.

Jan. 28, Covered Bridge Manor

Feb. 3, Riverside Rest Home

Feb. 20, Langdon Place

Mar. 13, Silver Squares

Guests: Audrey Bryce and Lauren Kolifrath, End 68 Hours of Hunger

Pledge: Cathy B.

4-Way Test: Jim V.

Today's newsletter authored by Noreen B.

when current recipients of these programs rely more heavily on other resources as their allocations dwindle.

Lauren said food insecure children are twice as likely to be in poor health, suffer from developmental delays, lower reading scores, higher anxiety and are more likely to express anger. Teenagers are suspended twice as often, and more likely to express suicidal ideation and be incarcerated.

End 68 Hours donates food to Grab & GO for three months over the summer to help supplement the work they do during the school year. They also distribute food in a way that reduces the stigma in middle school by offering students the choice of a school office, or a nurse's office to pick up bags. Elementary students pick up bags in the classroom and high school students use the Dover H.S. Food Pantry or Dover Teen Center to access bags. The contents are simple to use, nutritionally well-balanced and light enough for a young child to carry.

Lauren thanked Rotarians for participating in food packing in Dover and making the building comfortable both summer and winter at John's Methodist Church thanks to Rotary's donation of a mini split system. "We no longer have blue fingers packing bags," Lauren said.

All recipients are anonymous to the organization, and they rely on school administrators, school nurses and counselors to identify the children needing support.

President Cathy noted a quorum existed for the BOD vote:

1. **Vote:** Board of Directors 2026-2027: Motion by Jay S. seconded by Phil R., vote unanimous

The slate of directors:

- Rob G., President
 - Cathy B. Past President
 - Gregg D. Treasurer
 - Marion C. Secretary
 - Beth F., Steve P., Cindi I., Nick P., Michael S., Rod B. and Kathy F.
2. **Vote:** By unanimous vote, members endorsed Marion Cheney's RI application to serve on the Council of Legislation and Resolutions.



Paul Harris Recognition:

Past President Harry C. presented Gregg D. with a Paul Harris +6 recognition pin.

Congrats Gregg!

Announcements:

- **Cathy's book suggestion:** *Healthy to 100*, by Ken Stern, How strong social ties lead to long lives
- **Member resignation:** Kathy Dillion has a new job and will be moving out of the area.

- **Greetings from Megan K.** – Pres. Cathy read a holiday message from former Rotarian Megan with news she found a job in PA working for the State as a vocational rehabilitation counselor.
- **New fundraiser:** Dover Rotary will participate with Dover Women’s Club, Dover Arts Commission and Dover Pottery in **“Mugs Make A Difference” Fundraiser**, a two-part event where creativity meets community support! Come to Dover Pottery Studio to create a handmade mug during one of our January studio sessions. Register Here: <https://doverpotterystudio.kilnfire.com/classes/fundraiser-events>
All the mugs will be featured at the Fundraiser Event on Friday March 6th from 5:30–8 PM, where attendees can enjoy the evening - select a handmade mug to take home, share warm drinks, and light refreshments. **All proceeds will go directly to support HAVEN**, helping make a meaningful difference through the power of art and community.
- **Seeking members for Non-Profit Summit Exploratory Committee:** Pres. Cathy is seeking volunteers to join a committee to gather non-profit “do gooders” in Dover to determine where gaps or duplication in services exist. She would like to meet sometime in January. Let Cathy know if interested in joining Rotary’s newest project!!!
- **Bingo & New Year’s Game:** Cate R. reported players, which had been over 100 per week, are now running at about 40 and revenue is down due to reductions in bonuses and the change in venue. Workers are still needed and especially for the upcoming New Year’s Day game. It will be an afternoon game, and four participating Rotaries will donate a total of 16 gift baskets as one incentive to increase participation. Please share information on your social media sites about the game at Lilac Club Casino – visit [Granite State Bingo | Rochester Bingo | 5 Milton Rd, Rochester, NH, USA](#)

Gregg D. also noted 147 hand knit mittens were donated to schools from a bingo player – Beverly. If you see her, say thanks. Revo has once again included Dover Rotary as a recipient of their annual 10 day percent of proceeds event.

- **Senior Visits:** Melissa outlined the next four events – all 3-4 p.m. and all invited to participate:
 - Jan. 28, Covered Bridge Manor
 - Feb. 3, Riverside Rest Home
 - Feb. 20, Langdon Place
 - Mar. 13, Silver Squares
- **Student of the Month for December:** Dec. 23, 12:00 p.m., DMS – all invited
- **Warm clothes** event for recently released House of Correction individuals was held Dec. 18 according to Beth F.
- **Mid-year dinner:** Jan. 22 in Portland, more to come.
- **Mitten Project:** Jim M. said 32 attended the recent mitten making event and he felt it was the “best event I’ve ever been a part of.” Thanks to all who participated. More events to come.
- **Contact information:** Please let Marion C. know if any of your contact info has changed: phone, address, name, etc.

Happy Bucks:

- Kathy F. for end of a busy concert season, for End 68 Hours of Hunger, for Dover Friendly Kitchen and for paying it forward.

- Kim H. for today's music and community connections
- Pam S. for music and End 68 Hours
- Jim M. for mitten project
- Malcolm M. for today's Christmas special
- Harry C. for sitting next to Malcolm and \$5 for music, thanks to Kathy F., and great trip to Mexico to visit Harvey Bernier and see the great work of other Rotaries in action
- Doug L. for happy holidays
- Gregg D. for grandchildren going to Caymen Island for holidays (without him)
- Melissa L. for music, Lauren, closed on investment condo in Dover and offer accepted for Marco Island (not in Dover).
- Cindy I. for Kathy F. and musicians, 68 Hours and Hannaford's for community involvement.
- Rod B. for Christmas movie
- Cate R. for recent student of the month – amazing story
- Phil R. for his Rotary family

50/50 Raffle: \$408 – Jay Stevens won!!!! Sorry, Doug.

December Birthdays:

Kathleen C. Dec. 1
 Nancy B. Dec. 11
 Jerry D. Dec. 29
 Cathy B. Dec. 30

December anniversaries:

Jonathan N. 1 year