



Feb. 7, 2024 – In-person & zoom meeting, 12:15

President Kathy welcomed everyone to Dover Rotary.

Program: Al Johnson: Children & Diabetes

Rochester Rotarian, Past President and former Dover Rotarian Al Johnson presented an enlightening and, at times emotional, overview of Type 1 diabetes from the perspective of a dad. His daughter Kim was diagnosed in 1997, with Type 1 diabetes, also known as juvenile diabetes or insulin-dependent diabetes, after a sports physical. At the time Al and his wife knew very little about the disease but eventually discovered how challenging and devastating the disease can be.

Al described his daughter as a “champion with the diagnosis” who was a great kid, attended RYLA, and went off to college. She managed well during her freshman year but stopped taking insulin in her sophomore year because it was a cumbersome process and she lost weight when she stopped it. Her health began to deteriorate and she had to drop out of school. She went to Joslin in Boston to treat multiple problems including foot neuropathy and the loss of most of her eyesight. Eventually she lost all of her eyesight and could not read her monitor (now available with sound). Her life improved when she had an insulin pump installed and was able to live “normally.” In 2012 her kidneys failed and her mother-in-law became a donor. Kim became an advocate for Children With Diabetes and attended their annual conference in Disney World in 2014 where she made friends for life, a group she called her “tribe.”

Al described his daughter as “extremely happy” and “supper Kim” until one day in June 2019 her heart stopped. No one in the family was prepared for her sudden death. “It changed our lives forever,” he said.

Al and his family and friends chose to remember Kim by raising awareness about the disease through community talks and raising funds to send other children with diabetes to the Children with Diabetes

Upcoming Meetings & Events

Meetings:

Feb. 14: Portrait of a Learner

Feb. 21: Club Assembly

Feb. 28: TBA

Events:

Feb. 17: Peace Concert at Noble High School in North Berwick, 2-3:30 pm \$25, sign up at: <https://our.show/concertforpeace2024>.

Pledge: Gregg D.

4-Way Test: Nancy B.

Guests: Rotarian Al Johnson and daughter Ashlely Child (via zoom)

Today’s newsletter authored by Noreen B.

annual event at Disney World. Last year's event hosted families from 47 states and 7 countries and hundreds of "friends for life." So far they have raised over \$25,000. It costs about \$3,500 to send one child to the event and about \$5,000 for a family – includes travel, accommodations, food and registration. Any amount is welcome. For more information, visit: www.childrenwithdiabetes.com

Questions:

Is there an RI group focused on Diabetes?

According to RI: Rotary Action Group for Diabetes (RAGD) aims to address the [Global Diabetes Epidemic](#) by raising awareness to the humanitarian eyes, hearts and minds of 1.4 million members of [Rotary International](#) and other individuals and organizations who would like to join our efforts. And to inspire, provide guidance, promote, assist and support Rotary Humanitarian Projects that address our [Areas of Focus](#).

What is the difference between Type I diabetes and adult or Type 2 diabetes?

A person with Type 1 doesn't produce insulin and is insulin dependent. A person with Type 2 or adult onset doesn't produce enough insulin and may manage with changes in diet and medication.

Announcements:

Thank you note from the coordinator of the Pumpkin Dash for our club's donation to support the Dover Middle School PTA and another note from Operation Blessing for our Student of the Month program at DMS that supports a student's charity of their choice and for receiving a student donation from Joseph Harmoko.

Concert for Peace: Feb. 17, 2 pm, Noble High School. Sign up or Donate to support DG Marion and the District's program to help fund the International Peace Center in Istanbul, Turkey.
<https://our.show/concertforpeace2024>

Foundation: Jim M. presented a Paul Harris +3 pin to **Phil R.** for his support of the Foundation and offered to meet with any Rotarian interested in learning more about the Foundation and the benefits of membership.

Happy Bucks:

Nancy B: Happy & sad for Dover Rotarian Dave D. who recently passed away and for Marion and Harry for bringing her with them to his funeral. Dr. Drucker, she said, was an amazing man and poet and she was very fortunate to have known him.

Cathy B. for Phil R.'s PH+3 and for his hosting her in the Bahamas.

Gregg D. for being chosen to join a Rotary team to visit Poland and for meeting Polish Rotarians via zoom ahead of the trip to understand the need for supporting Ukrainian children and families living in Poland during the war.

Phil R. for his PH+3 pin and for Cathy's island visit with he and Donna.

50/50 Drawing: \$151, Gregg pulled the ticket but not the right card. Pot grows

February Birthdays:

Kathy L. Feb. 15

February Anniversaries:

Kristin S. 8 years

Naila A. 4 years