



BING

The newsletter of the Rotary Club
of Dover, NH



SERVE TO CHANGE LIVES

January 19, 2022 – 121 Broadway, Dover, NH

Welcome one and all to the greatest Rotary Club in the world.
We are all here to Serve to Change the World.

Thank you to Megan K. for tech help and Noreen for cookies.

Program: Chief Bob MacKenzie of the Kennebunk PD: Update on the opioid epidemic and substance use disorder

Bio: Bob MacKenzie is a 33-year veteran of law enforcement, serving as Chief of Police with the Kennebunk Police Department since 2008. Bob is a graduate of the 243rd FBI National Academy in Quantico, VA, and holds a BS in Criminal Justice through Husson University. Bob is a Past-President of the Kennebunk Rotary Club and chairs the District 7780 Recovery Initiative, serves on the Board for Milestone Recovery and the United Way of Southern Maine. Bob was recently elected as DGND and will serve as District Governor in 2024-25

Chief MacKenzie reminded the club, the work of combating substance abuse, a disease of isolation, is ongoing and amplified by the Covid epidemic. Substance abuse is also involved in most of the crime he sees on a day-to-day basis, the cause of motor vehicle accidents, and domestic abuse due to people being under the influence or seeking to obtain the means to get drugs.

“Anyone can be addicted to drugs,” he said and referred to the story of his own daughter who was on the dean’s list at Salve Regina University when she started taking the stimulant Adderall to keep up with her efforts to achieve high marks. She and a boyfriend were later prescribed opioids following surgeries and both became addicts. She denied she was using heroin, but her

UPCOMING MEETINGS & EVENTS

Jan. 22 – Partner with Don’t Trash Dover, 9:30 – 10:30 am, meet on steps of Dover Public Library, coffee & donuts after

Jan. 26, no meeting

Pledge: all
4-Way Test: all
Guests: Chief Bob MacKenzie, speaker

Rotary moment: Marion told the story of Herb Taylor and how he focused on 24 words in four questions to save his company from bankruptcy in 1932. When he became IR’s president in 1954-5, he adopted it for Rotary and is now known as the 4-way test.

Today’s newsletter authored by Noreen B.

father knew the signs: pinpoint pupils, sweating. When she was arrested in Massachusetts, her dad helped her through an intervention program but in a matter of 2 to 3 months the telltale signs were back. She was arrested again and went into treatment and is now 2 years and 3 months sober and working with her dad to tell their story of Learning to Cope.

Chief MacKenzie was asked by Sen. Susan Collins to participate in a Congressional hearing on substance abuse chaired by Sen. Bernie Sanders. Sanders asked him, "What are you doing at the community level?" The Chief said communities need to get more involved and recommended looking at issues such as transportation, Narcan training and ACES training to break the cycle of children raised in domestic violence situations from becoming domestic violators themselves.

Questions:

Q. Is giving Narcan enabling addicts?

A. It's saving a life – what if it was your daughter?

Q. Are sober injection sites a good thing?

A. Considering the drugs are illegal, it's a problem, but the program may save lives – the Chief is open about the subject.

Q. Are you getting the word out about counterfeit pills?

A. Law enforcement are working on this new issue and recently arrested a drug dealer in Portland, ME on federal charges.

Q. What are you doing about creating Recovery Free Workplaces?

A. They are currently working with Kennebunk Savings Bank on a Recovery Free Workplace program and hope to use their program to present to LL Bean and other businesses in Maine to encourage hiring people in recovery.

Joke of the week: Doug L.'s joke involved competitive football teams, an ice fishing competition and the winner discovering the way to catch fish in the winter is to drill a hole into the ice. Duh?

Board of Directors' Meeting

- **Finances** in good shape
- **Social committee** - \$1,000 support will be allocated from the meeting expense budget
- **By-laws** committee looking into a change to allow membership email voting
- Donation made to the Foundation in memory of Lucille Richard, wife of Bob and mother of Ron Richard – both Dover Rotarians

- **Bingo** - in order to protect volunteers at Bingo (based on increases in Covid cases in NH), the Board decided to require players to be masked in order to purchase rip tickets. Subsequent to the Board vote, Megan K. noted Sheila T. had some concerns about the effectiveness of this process. Beth F. also mentioned the recent ticket buying frenzy and the possibility players will not be willing to wear masks to buy tickets. After discussion, a few members suggested giving this process, approved by the board, a try at this week's Bingo and follow-up concerns, if any, with the Bingo Committee.
- **Skate Park Donation** – after discovering last week's vote (11-5) to donate \$30,000 for Dover's new skate park education/learning center was invalid, due to the lack of a quorum (20 needed), the Board agreed to hold another vote at the regular meeting on **Wed., Feb. 2** and encourage members to make every effort to attend in person or by zoom. Note: the 1/21/22 zoom meeting was cancelled.

Social committee: Rotarians will join Don't Trash Dover group for a cleanup event on **Sat., Jan. 22, 9:30 to 10:30**, followed by refreshments at the McConnell Center. All meet at the library.

No meeting on the 4th Wednesday – Jan. 26

Rotary Brochures from Florida – received from Laurie W. – who also suggested using this same idea to promote Rotary's donation to the new skate park in Dover.

Fines: Doug fined:

- **Cate R.** for being at the meeting ??? and something about **Tom D.** who was on Zoom
- **Frank B.** for wearing a hat at the meeting
- **Phil R.** for telling Doug to fine Frank

Drawing – \$456 - Frank C. pulled the number but not the Ace. Pot grows!!!

Happy Bucks

Frank C. \$10 for heading to Florida

Cate R. for sharing her age and feeling young

Peter W. for being in Florida

Jay W. for New Year's Eve I Florida

Noreen B. for finally publishing her mystery novel, **Guilty News** on Amazon.com.

January Birthdays

Dick C.	Jan. 4
Ken P.	Jan. 5
Megan K.	Jan. 8
Kevin R.	Jan. 13
Cate R.	Jan. 29

January Anniversary

Jay S.	30 years
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