



Jan. 25, 2023 – Zoom Meeting, 12:15

President Megan welcomed everyone to the Rotary Club of Dover

Program – Superior Court Chief Justice Tina Nadeau

Tina Nadeau was appointed Associate Justice to the NH Superior Court in 1996, and in 2011, was appointed Chief Justice of the Superior Court. Justice Nadeau received a bachelor's degree from the UNH in 1985, and she received her law degree from the UNH School of Law in 1989. Prior to being appointed to the bench, Nadeau served as legal counsel to former Governor Steve Merrill from 1992 through 1996. In 2016, Justice Nadeau worked with legislators to pass legislation for statewide funding of drug court in NH.

Justice Nadeau noted she was especially pleased to present to motivated community leaders such as Dover Rotarians.

During her tenure, she spearheaded an effort to open a drug court docket in Rockingham County Superior Court and presided as the drug court judge. Today there are 10 drug courts in NH in every county except Sullivan. Drug Courts have changed the lives of individuals convicted of crimes related to substance abuse and/or mental illness. She noted the US has 2.4 million people incarcerated – five times the number of any other country in the world. And it's not working. Without intense community treatment, the rate of recidivism is close to 80%.

NH's Drug Court team members include: Court Judge Drug, Court Coordinator Case Manager(s), Representative(s) from treatment agency, Representative(s) from state probation & parole, and other community supervision officers, Representative(s) from county prosecutor office, Representative(s) from public defender Representative(s), from law enforcement and/or

Upcoming Meetings & Events

Meetings:

Feb. 1: Gina Bowker from the Black Heritage Trail

Guests: Tina Nadeau, Chief Justice Superior Court

Pledge: Gregg D.
4-Way Test: Harry C.

Today's newsletter authored by Noreen B.

House of Corrections. The drug courts provide a treatment program of intensive outpatient/inpatient care, recovery supports, case management, and effective random drug testing twice a week. In the initial phases of the program, which can last from 18 months to over 2 years, participants are not expected to stop using right away.” All they have to do is show up,” she said.

The program includes motivational approaches to acknowledging good and bad behavior. As it continues, the goal is to reduced risk and address critical thinking. Justice Nadeau explained the brain’s process of recovery from drug addiction showing brain scans at 0, 10 and 100 days drug free. “It can take months for the brain to recover” and the program looks for “progress not perfection.”

Individuals recovering from opioid use may be prescribed non-addictive medication for their brain injury. Without the meds, 9 out of 10 continue to abuse drugs. In a study of 40 individuals, 20 received a placebo med and 20 received the actual prescribed med to treat substance abuse. Of the 20 with the placebo, all had dropped out of the program after three months and four died. Of the 20 who receive the actual prescription, 90% were still engaged.

Justice Nadeau said police and probation officers in the state have been very supportive of drug courts and she praised the work of Strafford County drug court and the County Commissioners.

Announcements

Willard Warming Center is looking for meal donations. Sign up at <https://signup.com/go/xaWRjPB>

Rotary Foundation 101 Basics for Clubs to be held via Zoom (link below) on Tuesday, 7 February, from 7-8 pm. No registration or fee is required. **We ask each club to send at least two representatives to this session to learn, share success stories, and ask questions.**

Although this session is for **ALL Rotarians** and encourages participation from each Club, our Club Presidents, Presidents-elect, Club Foundation Chairs, and club board members.

<https://us02web.zoom.us/j/87055138945?pwd=VmVPU21vQW5XNUZtdFpBY1VGaUJSZz09->

Rotary Mid-Year Leadership Conference and Dinner: Feb 14th from 4pm until 8pm Registration fee is \$40. Register at <https://rotary7780.myeventscenter.com/event/2023-Midyear-Leadership-Dinner-Peace-Concert-72154?preview=1>

Rotary Leadership Fundamentals: The new (FREE) Leadership Fundamentals program can help Rotary and Rotaract members build the skills they'll need to take on leadership roles. This online program presents key leadership skills and is available through Rotary's Learning Center only for members.

Registration closes: 6 February 2023, Program begins: 20 February 2023, Program ends: 12 June 2023

https://rotary.qualtrics.com/jfe/form/SV_a3HgTJiD3s4JqOq

Thank you letter from Dover High School:

Gregg and the Entire Rotary Club:

I just want to reach out to you and let you know that your help has been AMAZING for our students this year, and we can't thank you enough for all your support! We are able to support students in ways not possible in the past without your assistance. Thank you! May 2023 be a wonderful year filled with blessings for all of you on the Rotary. We want you to know your generosity has been incredible, extremely helpful and continuing to support many students. Thank you! Take care,

Donna Frank-Berchulski MSW, LICSW, Social Worker/Intervention Specialist

Bingo report: Last week we hosted 77 players and sold 20 boxes. Sign-up via the January link if you're able to help out: <https://www.signupgenius.com/go/10C0F49AEAF22AAF5C61-january1>. Phil R. noted he has completed required paperwork to comply with state bingo regs. related to his role as treasurer.

International Committee: Gregg D. noted the next meeting will be Feb. 6, via zoom. A notice will be sent to members. Gregg also said Rotary's support for Community Action Partnership led to the agency receiving a grant for \$125,000 for mental health first aid training.

Rotary publicity: Cathy B. reported on an article promoting the Portsmouth Rotary donation of \$100,000 to the Portsmouth 400 celebration, noting the actual donation was \$30,000 and the remainder of funds were from various other projects and partnerships. She also suggested Dover Rotary needs to get more recognition for our contributions to the community. She would be willing to write a press release. Malcolm M. said the club needed more linkage. Marion C. said the club could work with the District Branding team. Melissa L. said she knew the leader and would talk with her. Gregg D. suggested considering the creation of a Impact Statement for the community outlining all of the clubs contributions. Harry C. suggested the impact statement should be quarterly.

Happy Bucks:

Nancy B. for having invested in a generator several years ago

Jay S. for some generator help during 20 hours without power

Marion C. for recent trip to Orlando for Rotary's International Assembly with 37 countries and 550 attendees as part of her journey to become the next Dist. Gov. She will report next week's meeting.

January Birthdays:

Dick C. Jan. 4

Ken P. Jan. 6

Megan K. Jan. 8

Nathania S. Jan. 10

Cate R. Jan. 29

Dave K. Jan. 30

Jonathan N. Jan. 30

January Anniversary:

Jay S. 31 years