



Rotary Opens Opportunities

# BING

THE NEWSLETTER OF THE ROTARY CLUB OF DOVER,  
NH SINCE 1924

.MEETS WEDNESDAYS AT 12:15 PM

GOSS BUILDING 121 BROADWAY, DOVER, NH

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## July 15, 2020 - Rotary Club Zoom Meeting

**Submitted by** Melissa L.

Welcome to the Rotary Club of Dover – the greatest Rotary Club in the Universe –  
Onward and Upward!

**Pledge:** All

**Invocation:** Jerry D.

**Rotary Moment:** Avenues of Service: Club Service, Vocational Service, Community  
Service, International Service, New Generation Service

**4-Way Test +1:** All

**Guests:** Cara Swiechowicz, SOS Recovery and Sherrie Evans from Yoga in Action

### **Presentation: Yoga in Action Donation**

Sherry Evans of Yoga in Action was presented a Community Giving Donation of  
\$1,000 to support their Yoga & Cancer program. They are currently offering online  
classes for anyone in need no matter where they are and especially if they are not  
feeling well. Currently they have over 1000 participants and will continue to serve.

## **Announcements:**

### **Upcoming Meetings**

1. Tues., July 21, 5:30-7:30 pm - **Thirsty Tuesday** at Cochecho Country  
Club - Reservations required - email Gregg
2. Wed., July 22 noon - **Rotary Meeting in Rotary Park Gardens.** Bring  
bag lunch, masks and lawn chairs - weather permitting. Tony  
McManus will speak on the history of Henry Law Park.
3. Tues., July 21, 12:30 - 2 p.m. - **BOD Zoom Meeting** -link will be sent
4. Wed., July 29 - Club Meeting

**New email address:** [doverrotary1924@gmail.com](mailto:doverrotary1924@gmail.com)

**New Rotary Club of Dover Venmo** account:

1. Download Venmo on your phone, look up Dover Rotary or @Dover-Rotary
2. Or, download on your computer at venmo.com

**CAP Food delivery** continued this past week from First Parish Church in Dover to Community Action Partnership (CAP). Thank you to Terrie H., Gregg D. and his two grandsons for help in this week's deliveries.

**Back to School:** Betsey A.P. announced Stacy K. is developing an Amazon Back to School list for members to use. Orders will be delivered to Seymour Osman Community Center. There will be no cookout in August as originally planned. We will honor 58 students includes 35 are new achievers.

Four children completed the entire program and will be awarded Hydro Flasks for their achievements. Since the students will be receiving chrome books from the school, the club is looking at getting all the students a set of noise-blocking headphones (@\$29.00).

Does anyone have access to cleaning supplies for Woodman Park school? Looking for 58 very sturdy water bottles? Contact Betsey.

**Foundation:** Jim M. offered congratulations - we were fully-funded for the Bike Rack project \$3,500. The District received requests for over \$118,000 and only funded \$58,000. We will be working with former Rotarian, John Storer in Community Services to help us with the install of 8 individual and 6 wave racks by the end of Summer or early Fall - with linkage! All bike racks will have the Rotary emblem and Chris Parker from the City of Dover wants to know when all are complete with the project for a City of Dover proclamation. Media coverage as well.

### **Fines - Sergeant at Arms Kathy L.**

Everyone without a collection jar was fined \$1.

### **Dover Rotary Spotlight: Meet Kathryn Lijoi**



*1. How long have you been in Rotary?*

One and a half years

*2. My favorite Rotary moments:*

The Guatemala trip with Kevin and the students; it was a life changing experience for myself and it was amazing to see through the eyes of 10 very special young ladies.

*3. Where I currently live and where I grew up:*

I was born in Brooklyn, raised in northern New Jersey, raised my family in Vermont and moved to NH seven years ago

*4. My Hobbies:*

I love to travel. There are so many places to see and I really need Covid to take a hike. My true love is being Nonnie to my four grandchildren. I absolutely love being a Mom but this part of life is so so much better. I am fortunate they are right here in Dover. I am a ski bum at heart and as I get older, I find the thrill of the easier trails is enough for me! I enjoy being on the mountain with my grandkids.

**5. My Business Profession or Current Working or Non-Working Environment**

I am an Information Technology expert with almost 37 years in the industry. I started as a software developer and have worked in many industries. For the past 20+ years I have been working in the call center business with a concentration on work from home.

I am currently consulting for a company out of south Florida (remotely) and I am a stakeholder in a start up a remote call center that will be doing Covid Tracing.

**6. Something my fellow Rotarians don't know about me:**

I am an avid walker and participate with my friends in major Breast Cancer walks throughout the USA. We have completed four Susan G. Komen 60 mile events, six Avon 39.3 events and countless 5k's. If you include the training miles and the actual walks, each of us has walked over a thousand miles to raise awareness and money to help find a cure.

The reason ...I am a breast cancer survivor and thrive and on July 17th I will celebrate my 23rd anniversary with no sign of disease.



**7. Final words:**

I am really happy that I joined the Dover Rotary. It has been a fabulous experience in many ways - new friendships, being able to give back to the community, and so much more. Joining helped me find a group of hard working, caring and fun people!

**Next week's spotlight - Cate R.**

**Birthdays: July**

Ed H. July 22  
Ram R. July 24  
Norm H. July 25

**Anniversaries: July**

Dick C. 36 years  
Jerry D. 36 years  
Joe L. 40 years  
Bob L. 7 years  
Doug L. 2 years  
Nick P. 9 years

**ROTARY'S 4-WAY TEST** of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

**THE OBJECT OF ROTARY** is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- The development of acquaintance as an opportunity for service;

- High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- The application of the ideal of service in each Rotarian's personal, business, and community life;
- The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.