



BE THE INSPIRATION

BING

THE NEWSLETTER OF THE ROTARY CLUB OF DOVER, NH SINCE
1924

MEETS WEDNESDAYS AT 12:15 PM
GOSS BUILDING 121 BROADWAY, DOVER, NH

Officers & Directors 2018/2019

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Noreen Biehl

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Melissa Lesniak

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International:

Barry Rassin

East Nassau, Bahamas

One Rotary Center

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July 25, 2018.

Submitted by Gregg D.

Pledge: Ken P. **Prayer:** Dick C. **4-Way Test:** Kevin R.

Guests: Emily Moore, Wentworth-Douglass Hospital Foundation; Christine McClusky, D.F. Richard; Martha Bertsimas, guest of Marion C., Dr. Kate Collopy and Dr. Arul Mahadevan of Wentworth-Douglass Hospital.

Thank You:

President Noreen B. opened the meeting with a Thank You to Gregg and Liz D. for hosting Thirsty Tuesday at their home in South Berwick. About 20 Dover Rotarians, spouses and children were able to spend the evening on the patio and enjoy good fellowship.

New Member Induction:

The Rotary Club of Dover welcomed new members Doug Locey, sponsored by Noreen B. and Zack Zwicker, sponsored by Phil R. President Noreen welcomed Doug and Zack to the club and spoke of the tradition and 95 year history of the club. She pointed out that the values of Rotary International are translated into action by the club members and that when anyone shakes hands with a Rotarian they are within reach of 1.2 million Rotarians around the world.

Doug and Zack received their Rotary pins and thanked the club for the warm greeting.

Announcements:

Bingo: Noreen B. reported that a Bingo Committee has been formed and one of the things we will do is provide some tips and ideas regarding Bingo at every meeting. One of the requirements of anyone who plays Bingo with us on Thursday is that they must buy at least a basic Bingo package to be able to participate in the Bonus Games and tickets. Otherwise, a person could come only to buy tickets and attend only when the bonuses become large. This keeps our game fair to the regular players.

Foundation: Jim M. spoke of Rotary International's efforts to provide clean water around the world. The initiative is known as WASH, which stands for Water, Sanitation and Hygiene. It is a project worthy of our support as are all the efforts of the Rotary Foundation.

Back-to-School Project: Jessica C. announced that we have only seven items remaining to be supplied by Dover Rotarians in support of the children at the Seymour Osman Center who have completed their community service projects. We will be distributing the backpacks on August 22nd and Rotarians should deliver their contributions to the Chamber of Commerce office or at a meeting by August 20th so we can fill the backpacks.

Rotary Night at Cochecho Arts: the Rotary Club of Dover sponsors the closing night of the Cochecho Arts Festival at the Rotary Pavilion. Anyone able to help host the evening is invited to join us for a night of entertainment and service to the community. Signed up to help are; Cindy I., Cate R., Tom D., Nancy B., Gregg D., Noreen B., Marion and Harry C. Many thanks for your help.

Senior Visits: Melissa L. announced our next senior visit is scheduled for 3:00-4:00 PM, Friday, July 27th at Maple Suites in Dover. We will be playing trivia and enjoying root beer floats with the residents so please join us if you are able. The club will also visit Watson Fields on Friday, August 31st, 2:00-3:00PM.

Thirsty Tuesday: The next Thirsty Tuesday will be held at The Farm restaurant in Dover on August 21st, 5:00-7:00PM. This is a great opportunity to enjoy, good food, good conversation and good fellowship.

BING and PR: Melissa L. is coordinating BING writers this year and she is looking for help. Anyone willing to take notes and write BING will receive a delightful luncheon courtesy of Rotary Club of Dover (and of course, our gratitude). Melissa will have a sign-up sheet at our next meeting.

Also, she is coordinating our PR efforts, so please send any pics you have of Dover Rotary events to Melissa for inclusion on our Facebook page and the District Newsletter. If you have a story of interest to share in the newsletter please provide Melissa with the details.

Milk Program: Cate R. is coordinating the Milk Program and would appreciate any help with this committee. This program provides much needed support to those in our community who are less fortunate. With the help of Janeto's we are able to provide coupons for free milk to needy families.

Fines:

Gregg D. fined members who did not know the year of the official adoption of our Rotary Logo. The date was 1912, also the year of the sinking of the Titanic and the opening of Fenway Park. Tom D. pointed out that the current logo was not the first symbol of Rotary. The original symbol was a buggy wheel with a cloud of dust

signifying action.

Program: Arul Mahadevan, MD and Kate Collopy, PhD, RN

Dr. Arul Mahadevan received his Bachelor of Medicine and Surgery from the University of Madras in India and his Master of Surgery in Orthopedics from the University of Mumbai. He received fellowships from the Royal Colleges of Edinburgh and Glasgow in Scotland before moving to the United States to practice. His work in Radiation Oncology at Northwestern University and the Cleveland Clinic, where he became the Director of Clinical Research, eventually led to him joining Wentworth-Douglass Hospital where he is the Director of Radiation Oncology at the Seacoast Cancer Center. He is serving as the Honorary Chair of the 2018 Seacoast Cancer Center 5K.

Dr. Kate Collopy received her education and medical training through the University of Lowell, University of New Hampshire, Boston College and Dartmouth. She is the Director of Nursing Education, Research & Innovation at Wentworth-Douglass Hospital and Co-Chair of the 2018 Seacoast Cancer Center 5K.

Dr. Collopy spoke to the club about the Seacoast Cancer Center's 5K and the programs supported by the funds that have been raised. In 2014 there were 680 participants and the event raised \$69,000. After only 3 years the event has raised over \$641,000. This year over 2700 participants are expected and the goal is to raise \$325,000. It has become a signature event for the community and has been greatly received and supported.

Funds raised support such programs as Travlyn for Jaclyn, a make-a-wish program for cancer patients; Zentangle Class, a cancer support group for patients and families; LIFE, or Lifestyle Intervention for Everyone; Support and Wellness programs aimed at supporting cancer patients during treatment; Radiation Oncology Education and a Multi-Disciplinary Technology enabled conference room at the hospital, allowing for collaboration with other cancer treatment centers.

Dr. Mahadevan emphasized that the Seacoast Cancer Center 5K has helped bridge the gap for families as they cope with cancer, treatments and the costs associated with care. They have been able to provide such items as Radiant wraps used during radiation treatments and Comfy Shirts for patients with portals.

He believes the Seacoast Cancer Center is a world class treatment center committed to keeping treatment local and the funds raised through the 5k help make that possible.

A video highlighting last year's 5K and testimony from participants about the importance of the race and the support of the community punctuated the presentation.

Run or Walk, Raise, Rally and Rock is the message delivered by the Seacoast Cancer Center 5K.

Raffle: Gregg D. won the honor of drawing the wrong card. The pot is now at \$435.00! Don't miss out on the next chance at the jackpot!

Birthdays:

Hoginski, Ed - Jul 22
Ramdev, Ram - Jul 24
Heine, Norm - Jul 25

Anniversaries:

Clark, Dick	34 years
Daley, Jerry	34 years
Lynch, Joe	38 years
Lapointe, Bob	5 years in Dover
Rennebu, Michael	4 years
Imbro, Cindy	6 years
Pellman, Nick	7 years

Events:

Jul. 27: Senior Visit Maple Suites, 3 p.m.
Aug. 17: Rotary Night at the Cochecho Arts Festival, 6 p.m.
Aug. 21: Thirsty Tuesday, The Farm, 5 - 7 p.m.
Aug. 22: Back to School Program, St. John's Church (Wed. Rotary meeting)

ROTARY'S 4-WAY TEST of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

THE OBJECT OF ROTARY is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- The development of acquaintance as an opportunity for service;
- High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- The application of the ideal of service in each Rotarian's personal, business, and community life;
- The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

MAKE UP OPPORTUNITIES

Monday:

Exeter	Exeter Inn	12:15 PM
Rochester	Governor's Inn	12:15 PM
Wells, ME	The Bull "N Claw	7:30 AM

Tuesday:

Concord	Cat 'n Fiddle Restaurant	12:15 PM
Hampton	Ashworth By the Sea	7:30 AM
Kittery, ME	Kittery Estates	7:30 AM
Kittery After Hours	Weathervane	5:00 PM
Wednesday:		
Biddeford-Saco, ME	Captain's Gallery Rest.	12:15 PM
Durham Great Bay	Flag Hill Winery, Lee	7:30 AM
Ogunquit, ME	The Old Village Inn	12 noon
Thursday:		
Kennebunk, ME	Boat Yard Restaurant	12:15 PM
Seacoast Rotary	Portsmouth Gas Light	7:30 AM
Portsmouth	Portsmouth Country Club	12:15 PM
Sanford-		
Springvale, ME	Town Club@Fleet Bank	7:30 AM
South Berwick/ Eliot, ME	SB Community Center	7:15 AM
Friday:		
Bow	Trinity Tavern	7:30 AM
Portland, ME	Portland Club	7:15 AM
York, ME	York Harbor Inn	7:30 AM

Make-up on the web: www.roti.org or www.rotaryclubone.org