

BING
Newsletter

Rotary
Dover, NH
Doing good. Very good!




CREATE HOPE
in the **WORLD**

July 19, 2023 – In-person & zoom Meeting, 12:15
Pres. Kathy welcomed all to the Rotary Club of Dover.

Program – Paul Jenkins & Arul Mahadevan, MD



Benefiting the Mass General Cancer Center
at Wentworth-Douglass Hospital

Paul Jenkins, described by Nick P. as an “all around good guy”, led the conversation about the upcoming Seacoast Cancer 10th Annual 5K from his perspective as a prosthetist – a health professional that designs, builds and fits artificial limbs for people with disabilities.

One of his patients was a young boy who had an ill-fitting prosthesis that kept him reliant on a wheelchair. He came to Paul for help and they ended up helping each other. After spending



time talking with the boy, Paul fitted him correctly so he could walk, then convinced the young guy to enter the 2019 SC5K road race. Paul walked beside the boy for one mile – a huge accomplishment for someone reliant on a wheelchair and both have participated ever since. They formed Team Awesome and so far 74

people have joined along with thousands of other racers to raise money for patients in the Mass General Cancer Center at Wentworth-Douglass Hospital. More walkers, runners are welcome and invited to join their team or any team or start a new team. For more information, visit www.seacoastcancer5k.org.

Upcoming Meetings & Events

Meetings:

Aug. 2: Patti Frew Waters – Seacoast Family Promise

Events:

Aug. 22: Together on Tuesday- Gregg D. home – 5:30 pm

Pledge: Tom D.
4-Way Test: Kevin Q.

Guests: Speakers Paul Jenkins and Dr. Arul Mahadevan of the Seacoast Cancer 5K, Brendan Madden and Michael Roscoe

Today's newsletter authored by Noreen B.

Arul Mahadevan, MD is a Radiation Oncologist and Service Line Medical Director for the Mass General Cancer Center at WDH. While the name is new (previously Seacoast Cancer Center), he assured all the high level of care continues with wider capabilities and now in two locations – Dover and Portsmouth (Pease). As an example, Dr. Mahadevan noted Mass General Clinical Trials will now be offered locally for patients with advanced cancers. This year’s SC5K will continue to support patients needing services not covered by insurance, such as diet counseling, caregiver support and transportation. There are several opportunities to sponsor and participate. On Aug. 21 there will be a Rally for the Run at Dover to celebrate caregivers and survivors. Race Day is Sept. 24, 2023. This year’s goal is \$500,000. To sign up visit: [Seacoast Cancer 5K \(runsignup.com\)](https://www.seacoastcancer5k.com).

Announcements:

BINGO Update

Cate R. reported on a meeting held on Monday with representatives for all 4 Rotaries to discuss a proposed schedule and a draft MOU. The MOU will be reviewed by each Rotary Board over the next few weeks. An opening date has not been set yet. More to come.

Phil R. presented a check for June profit of \$29,000!!!

Rotary Garden: Kevin Q. asks members to review schedule:

Date	Weekday/Time	Objective	# People Needed	Est. Time to Complete
08/26/2023	Sat. 9-10am	Weed all the gardens as needed	6-8	1 hour
09/23/2023	Sat. 9-10am	Weed all the gardens as needed	6-8	1 hour
10/10/2023	Tues. n/a	Order Fall Flowers (Wentworth)	0 n/a	
10/13/2023	Fri. n/a	Pick up flowers (Wentworth)	0 n/a	
10/14/2023	Sat. 9-10am	Pull flowers front, plant mums, weed remaining gardens.	6-8	2 hours
11/04/2023	Sat. 9-11am	Pull annuals, pull mums, trim perennials	6-8	2 hours

Back to School: Pres. Kathy reported the committee is reviewing ways to proceed, anyone interested in joining the committee, contact Kathy.

Happy Bucks

Tom D. runner for over 50 years, ran last SC5K with Cate R., who ran half of it backward so she would talk to him.

Jim V. \$5 for the great day and for the Seacoast Cancer Center’s incredible care of his wife who passed away 17 years ago.

Cate R. \$1 for running with Tom, \$1 for Nick P.’s running expertise and \$1 for being ‘delightful’ as noted in her medical chart.

Melissa L. \$25 for surviving the Mother’s Day 5K and Tough Mountain Challenge and ready for more!

50/50 drawing – Melissa drew the wrong card. Pot grows!

July Birthdays:

Ed H. July 22
 Ram R. July 24
 Norm H. July 25

July Anniversaries:

Dick C. 39 years
 Jerry D. 39 years
 Doug L. 5 years
 Nick P. 12 years
 Heather B. 2 years
 Kim F. 2 years
 Beth F. 2 years
 Cathy B. 2 years