

# BING

Newsletter

# Rotary Dover, NH

Doing good. Very good!



SERVE TO CHANGE LIVES

## May 25, 2022 – Broadway & Zoom Meeting, 12:15

Welcome one and all to the greatest Rotary in the universe. We are all here to Serve to Change the World.

### Program: Joint Zoom meeting with Lake Chapala Sunrise Rotary Club, Chapala, Mexico.

Gregg D. and visiting Rotarian Harvey Bernier introduced (via Zoom) Karl Dyer and Barbara Wilson, members of the Lake Chapala Sunrise Rotary Club, noting the global grant process to fight kidney disease prevalent in the Lake Chapala region, is gaining momentum across the Rotary world.

Harvey described the Poncitlán area of 11-12 villages on Lake Chapala as an amazingly beautiful location with 5,000 ft. mountains and almost perfect year round weather. Unfortunately, the villages are rife with poverty and disease, a process that began, he said, with North American Free Trade; a program that ended pollution in the US but paved the way for the same companies to move to Mexico where similar legislation exists but is not enforced. The result was polluted water, an increase in slave labor, farmers moving to cities for work and families relying on imported corn from large producers rather than home grown food. Diets changed and disease flourished.

Barbara Wilson, current president of the Lake Chapala club, spoke about their efforts to reduce kidney disease through education. They began with a question: What could Rotary do? While kicking around the nascent idea Barbara received a call from a Rotarian in a neighboring district, urged to action by former RI President John Germ of Tennessee, asking how much would they

## UPCOMING MEETINGS & EVENTS

### Meetings:

**June 1:** Hannah Essa  
Brigid's House of Hope  
**June 8:** Amanda Martineau  
Monarch School  
**June 15:** TBD  
**June 22:** Changeover  
**June 29:** No Meeting

**Pledge:** Cathy B.  
**4-way test:** Tom D.  
**Guest Rotarians:** Harvey  
Bernier and Carolyn  
Johnson  
**Guest:** Steve Purdy

*Today's newsletter authored  
by Noreen B.*

request in the grant. She made a quick guess at \$30,000 and was assured a global grant would get some interest. She also discovered a Rotary club in Australia working on an international project to fight kidney disease- they agreed to share their curriculum, although changes were necessary to adapt to the lower education levels and nutritional components not available (certain fruits & vegetables) in Lake Chapala.

Karl Dyer, current president-elect of the Lake Chapala club, emphasized the challenge ahead, knowing the curriculum will be a tough sell. Kidney disease has affected entire families and will for generations if changes are not implemented. The new effort will focus on the 75-90 families in the San Pedro area. Barbara noted over 73% of the people in this isolated region are obese, have high blood pressure and diabetes. Coke (the non-diet soft drink) is cheaper to drink than bottled water and children begin drinking the it as early as two years old. Teenagers also think it is “cool” to drink Coke, so it will take some time to reduce the intake of sugar and change attitudes about food.

Visiting PDG Rotarian Carolyn Johnson, Yarmouth club, suggested the Lake Chapala club look into the Food Plant Solutions project in Australia, a Rotary Action Group that may be helpful with the process of changing behaviors.

Gregg thanked the Dover club’s International Committee for their work on the global grant with the Lake Chapala club.

**Joke of the Week:** Cathy B. told the story of her dog (she only has cats) who ate scrabble pieces and went to the vet but no *word* yet on his condition.

**Bingo:** Jerry D. said the new room is currently scheduled for the week of June 9. More to come.

**Garden:** Noreen B. thanked all 11 gardeners who planted the Rotary Garden at Henry Law Park last Saturday – amazing turnout!!!

**June 22:** Changeover meeting – Wed. at 12:15. Jim M. requested Rotarians attend in person, but did consider offering zoom – he’s keeping it fluid.

**Possible Hands-on Project:** Beth F. explained a possible project working with Dover Mainstreet to clean up 50 cigarette butt holders throughout Dover. Jim suggested the project be referred to the BOD.

**Golf:** Gregg D. & Kathy F. said: Sponsors & Players Needed!!!! Sign up on the golf website: [Dover Rotary Charities Annual Golf Tournament 2022 \(perfectgolfevent.com\)](https://perfectgolfevent.com)

## Happy Bucks

**Cate R.** for Garden volunteers, for a meet with Cathy B. and for the party at Locys and Biehls she thought was Wed. night.

**Gregg D.** for Lake Chapala guests, and for his nephew’s Jason Fagone’s 2018 HuffPost article turned into an HBO movie, *Jerry and Marge Go Large* - about Jerry and Marge Selbee who legally gamed the system and won the Massachusetts Lottery.

**Steve P.** for planting the garden on Saturday and for his son Nick Purdy’s graduation ceremony at Dover H.S.’s Tech Program

**Harvey B.** for the Lake Chapala club and learning how to mix sugarless margaritas.