



Oct. 4, 2023 – In-person & zoom meeting, 12:15

President Kathy F. welcomed all to the only Rotary Club with a District Governor and two Assistant Governors as members. Thank you to Dave B. for picking up lunch.

Vote: Jay S. moved to accept the **2023-24 Budget** as previously presented to the membership. Gregg D. second. Motion passed.

Presentations:

Woodman Museum – donation to support the Voices from the Cemetery production for \$650. Jonathan N. accepted noting the funds will help provide for meals and supplies for the 20+ volunteers working the event.

Pumpkin Dash Road Race – Oct. 22. Kimberly Alexander accepted a donation for this 9th in the Dover Race Series that supports school field trips for Dover Middle School and offsets the cost to participate for middle school students.

Program: Paul Friedrichs, MD, Chair, Board of Directors NH Healthcare Workers for Climate Action

Bio: Paul Friedrichs MD is a family doctor, poet, and lover of the earth. He lives with his family in Exeter, NH. He is drawn to climate action in order to pass along a vibrant, healthy and sustainable earth to future generations, and out of respect for all life here on earth. His proudest moments include the birth of his three children, being named NH Family Physician of the Year, and winning Yale University’s award for best essay on the history of art.

Dr. Friedrichs discussed the impact of climate change on health using the 4-way test as a model for his group’s work: Is it the truth – Absolutely; Is it Fair to all concerned – Absolutely NOT (because climate change does not impact society equally – poor suffer more); Will it build Goodwill – Absolutely and Is it beneficial to all concerned – Absolutely!

Upcoming Meetings & Events

Meetings:

Oct 11: TBD

Events:

Oct. 7: Apple Harvest

Oct. 14: Shred It recycling 9 am
St. John’s Methodist Church

Oct. 22: Willand Pond Cleanup,
9:30 – 11 am

Oct. 24: Together on Tuesday,
Clark’s American Bistro,
Durham, 6 pm

Pledge: Frank C.

4-Way Test: Norm H.

Greeter: Gregg D.

Guests: Michael Roscoe, PDG
Kimberly Alexander and
speaker Paul Fredericks, MD

*Today’s newsletter authored by
Noreen B.*

Science, he noted, proves it – the earth is getting warmer. NH’s temperatures are 6 degrees above normal and weather patterns are changing – hotter, wetter, drier and even dramatically colder. Dr. Friedrichs said these changes are the result of increases in greenhouse gases, yet he said, without some greenhouse gases the world would be 30 degrees colder. Carbon dioxide(co2) levels are spiking and co2 levels have led to increased heat, increased precipitation, increases in allergies due to higher mold, pollen and ozone levels. Water quality has diminished, green algae is blooming and even Lake Winnepesaukee doesn’t freeze like it used to, he said. He also noted lake houses never needed air conditioner years ago and now are common in many homes.

Extreme low temperatures and unusual fluctuations caused NH’s peach crop to fail this year. What’s to blame? The increase use of fossil fuels have increased the ozone levels and carbon particles in the air have led to increases in lung disease, cancers. Despite the implementation of the Clean Air Act in 1970s, 40% of the world’s population are still breathing unhealthy air in 2022, he said. Plants and insects are also flourishing in warmer, moister air, increasing the amount of poison ivy, tick spreading diseases such as Lyme Disease and other diseases spread by mosquitoes.

How to fix? Dr. Friedrichs emphasized Clean Energy equals Clear Air! Clean energy comes from wind, solar, and nuclear. He is grateful NH’s Seabrook plant provide 40% of NH’s energy. He also warned of the possibility of residents from other states suffering the ravages of weather extremes may become climate refugees seeking a place to live in the Granite state. For information go to www.nhclimatehealth.org.

Announcements:

Willand Pond Cleanup – Oct. 22, 9:30 – 11 am. All Rotarians are invited to participate. Meet at the Willand Pond Boat Launch across from Strafford Farms Restaurant. Bring gloves, wagons and bug spray!

Bingo: Last week we hosted 106 players and sold 20 boxes of tickets. Cate R. said the new location is running smoothly and additional Rotarians from Rochester, Durham GB and Eliot SB are learning new roles. Ticket counters are always welcome.

Apple Harvest – Oct. 7: Rotarians are invited to stop by our tent at Henry Law Park

Skate Park Ribbon Cutting: Oct. 21 at noon – the Rotary project at the skatepark will not be completed until Spring 2024.

Garden: Kevin Q. thanked mum planters – Harry C., Beth F., Cathy B., and Noreen B. – garden is already for Apple Harvest event.

Happy Bucks:

Nancy B. for the garden and watching a young family take pictures in front of the mums.

Melissa L. for being glad to be back in person after 8 weeks of work-related training and for 3 more sleeps before her vacation (somewhere south and warm).

Kathy F. for her Sunday Jazz Choir’s performance at River Woods and being introduced by her father and another buck for Kimberly Alexander’s visit hoping she will join Rotary.

Gregg D. for celebrating his birthday and his wife’s birthday just 2 days apart even though she says she’s 48 and they have been married 50 years. Love the math!

Kevin Q. for the garden planting and for his wife's better health news.

50/50 Drawing: both Jon N. and Dave B. drew tickets and tried to find the Ace of Spades – both failed.
Pot grows.

October Birthdays:

Gregg D. Oct 05
Doug L. Oct 07
Gary D. Oct 10
Phil R. Oct 11
Noreen B. Oct 14
Melissa L. Oct 18
Kevin Q. Oct 19
Tom D. Oct 26
Montana F. Oct 31
Julie H. Oct 31

October Anniversaries:

Hemant D. 6 years
Cindy I. 17 years
Cate R. 13 years
Teresa R. 1 year
Dave D. 14 years
Ed H. 32 years
Tom D. 39 years