



BING

THE NEWSLETTER OF THE ROTARY CLUB OF DOVER,
NH SINCE 1924

MEETS WEDNESDAYS AT 12:15 PM
GOSS BUILDING 121 BROADWAY, DOVER, NH

Sept 4, 2019

Submitted by Cate R.

Pledge: Kathy Fink (Welcome back!)

Moment of silent prayer

Four-Way Test: Lead by Ron R. with a +1 - Is it fun?

Greeter: Noreen B

Guest: Chelsea Fitton, our speaker from Friends Forever

50/50 Raffle: Winner was Lynn R. Sadly she did not draw the Ace of Spades. Next week's jackpot over \$500!.

Announcements:

- Thank you to our Greeter Noreen B & our Bing Writer Cate R
- We received a thank you note from the Rotary Club of Baia Mare for our \$1500 donation for the Ukrainian Children's Camp
- We received a thank you from the Monarch School and their successful garden project. The Monarch School was a recipient of last year's Community Giving
- Ken M thanked the 6 Rotarians who joined him at Pease Greeters last Sunday. (Ken thanked each of the 6 by name but I didn't write it down 😞)
- Miles the Moose has been busy!
 - o He spent time with Laurie & Peter W when they visited Boothbay, he spent time with Jess C and her son James playing. The fun is now over partially over. Miles will be sending time with Cindy I who says he will visit the Downtown Abbey exhibit in Boston and then learn how to do some housework!
 - o We also received an adorable drawing from Kathi L's granddaughters who enjoyed having Miles around.

- Bingo Update: Last week team 1 hosted 87 layers and sold 14 boxes of tickets. This week is Team 2. As always – if you cannot attend PLEASE find a sub who can do your job and will work the same shift.
- Gregg D & Melissa have been communicating with the Portsmouth Club about the possibility of coordinating efforts on promoting mental health and suicide awareness which are areas of focus for our club for this year and next. Look for more information to follow.
- Phil R asked that anyone who has not yet paid their annual dues please do so ASAP.
- Melissa asked anyone who had not completed the State of NH required form that is required of all Bingo volunteers please do so as soon as possible.

Foundation Minute:

- Jim shared some recent benchmarks released by former District Governor Lawrence Furbish. Dover was well represented in terms of its donations per capita to Polio Plus and the Rotary Foundation.
- Jim also noted that our District benefitted from over \$103,000.00 from the Foundation much of which was in matching global grants by projects done by our district all over the world. Examples include \$20K for a Healthy Kids program, \$5K for teacher training and \$10K for an irrigation project.
- Your Foundation donations are changing lives around the world!

Vote to amend Club by-laws:

Melissa asked the club to consider an amendment to the club's by-laws (article XI, Section: 1 (4) to reduce the current time members have to make an objection to a new club member from 10 days to 7 days.

The proposed amendment was read to the club. A vote was motioned by Kevin R & seconded by Lynn R. The amendment passed by voice vote and is adopted.

Upcoming Activities:

- Tuesday, September 17th - Thirsty Tuesday at The Thirsty Moose on Washington Street 5:00 – 7:00. Please bring family, friends and anyone you think might enjoy Rotary.
- Sunday, September 22nd - WDH Seacoast Cancer 5K & 1 Mile walk. 9:00 am kickoff. Join some of your fellow Rotarians who plan to run & walk.
- Saturday, October 5th - Rotary Rocks in Portland, ME. This is an opportunity for us to share our projects with other Rotarians and have fun. Registration is required but due to our club's donation, we can sponsor several Rotarians. Please reach out to Melissa if you would like to attend.

Fines

Our Sergeant at (H)arms, Tom Dunnington, continued his unreasonable reign of terror this week. The following fines were levied:

- Cate R was fined for not paying her niece the \$1 that Tom fined her (for being related to Cate R)
- Cate R was fined \$1 for making Tom sad that he had to fine her niece
- Cate R was fined \$1 for not offering anyone a ride in her sports car this summer
- Anyone who missed their regular Bingo nights for several time was fined \$1
- Anyone who travel to Pittsburgh in the past month was fined \$1
- Anyone who hadn't been to a club meeting since June was fine \$1
- Anyone who WAS FAITHFUL to their significant other for the past 2 weeks was fined \$1

PROGRAM – Chelsea Fitton of Friends Forever

Chelsea's Bio: Chelsea first joined Friends Forever International as an Administrative Coordinator in May 2012. Before coming to FFI, Chelsea spent time in organizations such as the Long Island Alliance for Peaceful Alternatives and Mass Alliance in Boston, MA. After studying sociology at university, Chelsea developed a passion for social action and recognized the power community collaboration could have in achieving positive societal change.

As Sr. Programs & Community Engagement Manager, Chelsea assists in the overall coordination and implementation of international peace programs in three countries and five US states. She oversees activities and training sessions for participants of our yearlong leadership program and maintains channels of communication between FFI staff, supporters, participants, alumni, and our community partners around the world.

Friends Forever (FF) is a year-long leadership program that is currently run in 3 countries (Northern Ireland, Israel & Cypress) and 5 US states. It started in 1986 with the Portsmouth Rotary Club and has been in business for 32 years. The program began with a focus on Northern Ireland by bringing 5 Catholic and 5 Protestant students to the US. Since the students were together in an unfamiliar place, they experienced what FF calls the "life raft principle" which requires them to work as a team.

The program has benefitted more than 1700 young people who go through 3 phases in the year-long program.

- Team Building Phase takes place in their home country
- Skill building Phase is 2 weeks in a foreign country. During this phase they learn a number of skills (leadership, mindfulness, etc.) to help them in the third phase
- Community Building Phase requires them to meet at least 6 times and develop 1 or 2 areas of impact. They must complete work that has a tangible and sustainable impact. They learn grant writing and how to take a project from idea to execution.

Once participants complete the program they can join the Alumni Community and continue to be involved as trainers, conducting seminars or being part of other projects.

Friends Forever is based on R.E.C.I.P.E. Resilience, Empathy, Communication, Impact, Playfulness & Effort.

Rotarians can get involved in a number of ways. For more information visit: <https://www.ff.international>

Upcoming Programs:

SEPT. 11 Revision Energy
 SEPT. 18 Mark Foley
 SEPT. 25 Citizen's Count Susan Geier
 OCT. 2 Big Fish Learning Community Diane Murphy
 OCT. 9 Dover PD Chief Bill Breault

ROTARY'S 4-WAY TEST of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

THE OBJECT OF ROTARY is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- The development of acquaintance as an opportunity for service;
- High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- The application of the ideal of service in each Rotarian's personal, business, and community life;
- The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

MAKE UP OPPORTUNITIES

Monday:

Exeter	Exeter Inn	12:15 PM
Rochester	Governor's Inn	12:15 PM

Wells, ME	The Bull "N Claw	7:30 AM
Tuesday:		
Concord	Cat 'n Fiddle Restaurant	12:15 PM
Hampton	Ashworth By the Sea	7:30 AM
Kittery, ME	Kittery Estates	7:30 AM
Kittery After Hours	Weathervane	5:00 PM
Wednesday:		
Biddeford-Saco, ME	Captain's Gallery Rest.	12:15 PM
Durham Great Bay	Flag Hill Winery, Lee	7:30 AM
Ogunquit, ME	The Old Village Inn	12 noon
Thursday:		
Kennebunk, ME	Boat Yard Restaurant	12:15 PM
Seacoast Rotary	Portsmouth Gas Light	7:30 AM
Portsmouth	Portsmouth Country Club	12:15 PM
Sanford-		
Springvale, ME	Town Club@Fleet Bank	7:30 AM
South Berwick/ Eliot, ME	SB Community Center	7:15 AM
Friday:		
Bow	Trinity Tavern	7:30 AM
Portland, ME	Portland Club	7:15 AM
York, ME	York Harbor Inn	7:30 AM

Make-up on the web: www.roti.org or www.rotaryclubone.org