

BING

THE NEWSLETTER OF THE ROTARY CLUB OF DOVER, NH SINCE 1924 MEETS WEDNESDAYS AT 12:15 PM GOSS BUILDING 121 BROADWAY, DOVER, NH

Officers & Directors 2017/2018

President: Mike Rennebu **President-elect:** Noreen Biehl Treasurer: Ken Plante Secretary: Marion Cheney **Past President: Rick Aubin Directors:** Jessica Cobb. Norman Heine Ute Luxem Malcolm McNeill Jim Munro, Matt Sylvia

District Governor: Dave Underhill

Portsmouth

President Rotary International: Ian H.S. Risely Victoria, Australia

One Rotary Center 1560 Sherman Avenue Evanston, IL 60201 www.rotary.org 847-866-3000

Feb. 21, 2018

FFERENCE

Submitted by: Noreen B.

Pledge: Tom D. **Prayer:** Moment of Silence, **4-Way Test:** Melissa L. **Guests:** Kalina Lessena from Kennebunk Savings Bank, Kelly from Silver Squares and members of the Dover Democrats' Health Care Action Group

Announcements:

Bingo: Sheila T. reported Team One hosted 141 players and sold 23 boxes of tickets last week. She handed over a check for \$12,140 representing January proceeds. The Turtle bonus remains high at \$29,300. She reminded everyone of the importance of each team member. Noreen B. noted interest from the Durham club in participating in Bingo - details are still forming.

Foundation: Jim M. reviewed the Rotary Peace Pyramid. He suggested "if your conscience and heart are looking for someway to bring peace to the world" consider supporting the Foundation.

Pease Greeters: Melissa announced the next date for greeting troops at Pease - Mar. 23 at 4:10 p.m., best to arrive around 3:30.

Senior Visits: The club will be visiting 13 senior residencies this year. The first will be Mar. 15 at Riverside Rest Home, 1:30 to 3 p.m.

Events: Melissa suggested Facebook users check out the events section on our Rotary FB page and share with their friends to spread the word about Rotary's good deeds and fellowship.

Scholarships: Norm H. reminded members applications for scholarships have been distributed to area guidance counselors - let seniors know they can apply. Melissa will post the application information on our FB page.

Happy Dollars:

Gregg D. \$5 for the Rec Center "Rotary Workout" group, his twin grandsons' graduation from the magic carpet to the rope tow at King Pine, and for an enjoyable Valentine's Day volunteering at Rebecca's flower shop.

Jim V. for visits from both granddaughters and their amazing ping pong prowess. **Tony D**. for Jess and Melissa's helping him out at Bingo

Malcolm M. gave \$5 for his visit to New Zealand, Australia and Hawaii, noting how nice it is to be retired and a Rotarian. He was impressed with the presence of Rotary in all three countries and their work on water projects. In Hawaii, live saving devices were emblazoned with the Rotary wheel - linkage at its best.

Jim M. for YouTube when he saved \$500 or more for a new phone when he discovered the reason his current phone wouldn't charge was just an accumulation of lint. **Tom D.** for Malcolm's return and for not being fully retired - he takes his retirement two weeks at a time and will soon be off to Aruba sipping banana daiguiris.

Norm H. for eight continuous years on a ski trip to Sunday river with friends and their sons, now 18.

Pres. Mike for Rebecca's flower shop and making his own bouquet.

Fines - delayed to next week.

Program: Dover Democrats' Health Care Action Group

The Health Care Action Group of the Dover Democrats showed the film "Fix-it: Health Care at the Tipping Point." Jessica LaMontagne introduced the film and also led a Q&A with the help of Walter King, Wayne Merrit, Susan Leonard, and Dr. Robert Barth.

A small business owner, Jessica hoped their presentation would provide "a sensible solution to the healthcare crisis" in a "nonpartisan" way.

Through a variety of presenters from providers to patients to business owners, the film suggests a single payor system or *Medicare for All* is the answer. The film high-lighted double digit increases in health insurance premiums, families driven to bank-ruptcy due to a lack of insurance or inadequate insurance and unnecessary deaths due to an inability to access needed healthcare services due to lack of insurance.

Nurses and doctors interviewed in the film highlighted the excessive time they spend on paperwork and regulations attributed to multiple private insurance companies with different requirements. Donald Berwick,MD, former head of the Centers for Medicare and Medicaid, praised the government program for its efficiency and low overhead of one to three percent compared to the private insurance market's of 15% or more. He said, "Medicare manages healthcare costs better than private insurance." A primary care physician in the film said "every doc spends \$84,000 per year to interact with the health insurance industry." He blamed the high costs on excessive sales and marketing. He was followed by an interview with a Canadian doctor who said she had "an enormous degree of clinical autonomy" in her practice and her patients received the care they needed without excessive paperwork.

Several Rotarians asked questions. One asked, "How can we change this?" Dr. Barth answered - "by voting."

For more information, visit Physicians for a National Health Program - <u>www.p-nph.org/facts/what-is-single-payer</u> and <u>fixhealthcare.com</u>.

Birthdays:

Feb. 2 Will Draper **Anniversaries:** John E. 2 years Jessica C. 3 years Laurie W. 18 years

- Kirstin S. 2 years
- Tracey D. 7 years

Upcoming Programs:

Feb. 28: Interact UN Experience
Mar. 7: Open
Mar. 14: Seacoast Educational Endowment Dover (SEED)
Mar. 21: Chi Jokonya, MD, South Berwick Family Practice
Mar. 28: Copper Cannon Camp Peter Christnacht
Apr. 4: Ed Lane, A New Center for You

ROTARY'S 4-WAY TEST of the things we think, say or do:

- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL & BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

THE OBJECT OF ROTARY is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- The development of acquaintance as an opportunity for service;
- High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- The application of the ideal of service in each Rotarian's personal, business, and community life;
- The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

^{1.} Is it the TRUTH?

MAKE UP OPPORTUNITIES

Monday:		
Exeter	Exeter Inn	12:15 PM
Rochester	Governor's Inn	12:15 PM
Wells, ME	The Bull "N Claw	7:30 AM
Tuesday:		
Concord	Cat 'n Fiddle Restaurant	12:15 PM
Hampton	Ashworth By the Sea	7:30 AM
Kittery, ME	Kittery Estates	7:30 AM
Kittery After Hours	Weathervane	5:00 PM
Wednesday:		
Biddeford-Saco, ME	Captain's Gallery Rest.	12:15 PM
Durham Great Bay	Flag Hill Winery, Lee	7:30 AM
Ogunquit, ME	The Old Village Inn	12 noon
Thursday:		
Kennebunk, ME	Boat Yard Restaurant	12:15 PM
Seacoast Rotary	Portsmouth Gas Light	7:30 AM
Portsmouth Sanford-	Portsmouth Country Club	12:15 PM
Springvale, ME South Berwick/	Town Club@Fleet Bank	7:30 AM
Eliot, ME	SB Community Center	7:15 AM
Friday:		
Bow	Trinity Tavern	7:30 AM
Portland, ME	Portland Club	7:15 AM
York, ME	York Harbor Inn	7:30 AM

Make-up on the web: www.roti.org or www.rotaryeclubone.org