# The Oxford Hills Rotary Reader



The Rotary Club of Oxford Hills PO Box 14 Norway, ME 04268

Wednesday, February 7, 2024

Our mission: The Rotary Club of Oxford Hills is a diverse group of service-oriented men and women providing hands on and financial support within our community and beyond. We exemplify "Service Above Self" while encouraging high ethical standards, enjoying friendship and promoting world understanding, peace and good will."

#### **2023-2024 Officers:**

Rotary International President: R. Gordon R. McNally, Rotary Club of South Queensbury, Scotland - District 7789 Governor: Marion Cheney, Rotary Club of Dover, NH – Oxford Hills Rotary President – Beth Abbott – President-Elect: Dan Allen – Vice-president: Jeff Noblin - Treasurer: Liz Knox – Secretary: John Griffith – Sgt. At Arms: Stan Brett – Past President: George Rice – Club Service Chair: Vacant – Vocational Service Chair: Jeff Noblin - Community Service Chair: Vacant - International Service Chair: Val Weston – Youth Service Chair and Interact Advisor: Tina Fox

#### **Home Club of PDG George Rice**

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<u>Good Morning and Welcome!</u> Today is the 38th day of 2024. There are 328 days remaining in the year. This morning, we have the January Students of the Month and their guests with us. Liz Knox is our greeter.

Program Chairs: Please let John know what your program is so it can be published in the Reader. You can text or call John at 207-461-7158 or e-mail at <a href="mailto:griffs2@roadrunner.com">griffs2@roadrunner.com</a>. Please remember that when you are program chair, you are expected to lend a hand after the meeting putting away the club paraphernalia.

#### February:

- 14 February Students of the Month and John Griffith
- 21 Curtis Cole and Tina Fox
- 28 Vocational Service speaker Chris Miller and Tally Decato

#### March:

- 4 Board Meeting at South Paris Town Office, 5:00 PM.
- 6 Club Assembly and Curtis Cole
- 13 Students of the Month and Mike Carter
- 20 David Knox and Connor Burnam
- 27 Liz Knox and Dan Allen

### Rotary Moment:

Greeter Dave Knox talked about an article in the recent Rotary magazine about reducing our carbon footprint and the four ways to reduce it including eating less meat, carpooling and sharing rides, buying electric vehicles and having fewer face to face Rotary meetings.

#### Announcements:

<u>President Beth</u> — we are still working on preparing the calendars we are going to sell for the month of March. If you have any additional donations, please get them to Beth or Tina as soon as possible.

Beth and Tina met with Community Concepts about combing May Day Play Day with Touch-a-Truck so I expect they will update us on their discussion.

John received a thank-you letter from the Dictionary Project. We donated about 220 dictionaries this year which brings our total to 5,184 dictionaries that we have distributed to SAD 17 since the inception of the program.

## Last Week:

<u>President Beth</u> led us in the Pledge and 4-Way Test. Dan Allen led us in a "round" of Row, Row, Row Your Boat – which came off quite well considering there weren't many of us in attendance. Mike Carter gave the blessing.

Unfortunately, our Vocational Service Month speaker was unable to be with us due to illness. Vocational Chair Jeff found a replacement in Brendan Shauffler from Western Maine Health who updated us on the work of the Western Maine Addiction Recovery Initiative (WMARI). Brendan has spent the last 10 years working on public health in the Oxford Hills community with many community partners, focusing on substance abuse. WMARI works with people who need help dealing with addiction. The focus of WMARI is that everyone deserves recovery and that the reason a lot of people have difficulty asking for help is the stigma of addiction. Addiction is a brain disorder that affects 1 in 7 people and it never goes away, which is why there is always the chance of recurrence.

<u>50-50:</u> Curtis drew Mike Carter's number but Mike drew the Ace of Hearts. Better luck next time, Mike! There was \$55.00 in the pot.

# Happy and Sad Dollars

<u>Dave</u> told us that Frank wasn't with us because he received a pacemaker on Tuesday and was still recovering. However, Dave reported that Frank said he was able to breathe again! (Which is a very good thing)!

**Warren** said he ran into Frank Jewett who was in the area last week and Frank said to say "Hi" to everyone.

**<u>Bob</u>** had happy dollars for Pleasant Mountain giving \$228 for ski instruction, etc. (My notes aren't clear and my memory has failed so am not sure if this was for the calendar we are going to sell or not).

**John** was happy that it is light now until 5:00 PM.

## Pun for the Week:

I have tattoos all over my shoulders. Sometimes when my friends are sad, I let them color them in because at times people just need a shoulder to crayon.

## The Rotary Theme for February is Peace and Conflict Resolution

The month of February is very special in the Rotary calendar because it includes the anniversary of the first meeting of Rotary held on February 23, 1905, in Chicago, Illinois. That day is now designated as the "World Understanding and Peace Day".

On February 23 Rotary celebrates the 109<sup>th</sup> anniversary of the first Rotary club meeting. This is an opportunity for Rotary clubs and districts to promote Rotary's public image.

## **Birthdays and Anniversaries:**

**February Birthdays:** Shelley (John) Griffith – 2/4; Ron Morse – 2/24

February Anniversaries: None found

February Membership Anniversaries: None found

# Remember the 4-Way Test of the things we think, say or do:

First – Is it the Truth?
Second – Is it Fair to all concerned?
Third – Will it build goodwill and better Friendships?
Fourth – Will it be Beneficial to all concerned?

# Make-Ups:

**Bethel** – Tuesday, 7:30 AM at the Grace Note Inn, Bethel www.bethelrotary.org

**Bridgton-Lake Region** – Thursday, 7:15 AM at the Stella's on the Square, 6 North High St., Bridgton www.lakeregionrotary.org

Fryeburg – Tuesday, 7:30 AM at St. Elizabeth Ann Seton Catholic Church, Rt. 5, Fryeburg www.fryeburgrotary.org

River Valley – Monday, 12:00 noon, at Hope Association, 2<sup>nd</sup> floor, 85 Lincoln Ave., Rumford www.rivervalleyrotaryclub.org

**Interact** – Thursday, 2:15 PM, Room A210, Oxford Hills Comprehensive Hills High School during the school year only.