

The Oxford Hills Rotary Reader

Wednesday, August 10, 2016 The Rotary Club of Oxford Hills PO Box 14 Norway, ME 04268 Rotary Theme for 2016-2017: "Rotary Serving Humanity"

Our mission: "The Rotary Club of Oxford Hills is a diverse group of service oriented men and women providing hands on and financial support within our community and beyond. We exemplify "Service Above Self" while encouraging high ethical standards, enjoying friendship and promoting world understanding, peace and good will."

2016-2017 Officers:

Rotary International President: John Germ - District 7780 Governor: Marge Barker – Oxford Hills Rotary President: Joel Speakman – Pres. Elect: Chris Weston – Vice-pres.: George Rice – Treas.: Pat Cook – Sec.: John Griffith – Sgt. At Arms: Stan Brett – Past pres.: Chris Summers – Club Service Chair: Ron Morse – Vocational Service Chair: Bob Schott - Community Service Chair: Dan Allen - International Service Chair: Beth Abbott – Youth Service Chair: Kim Preble

Home Club of PDG George Rice

Welcome! Today is the 216th day of 2016. There are 140 days remaining in the year. The Oxford Legion swapped dates with Curtis Cole as neither they nor their guest speaker were able to be with us this week. Curtis has asked two of our new members to do classification talks. Kim Preble is our greeter.

Calendar: The first name listed is the Program Chair, the second is greeter. Please let Reader editor John Griffith know what your program is so it can be published in the Reader. You can reach John at 207-743-6129 or at griffs2@roadrunner.com. Please remember that when you are program chair, you are expected to lend a hand after the meeting putting away the club's paraphernalia.

8/17 – Lobster & Steak Fest meeting and Dave Preble

8/20 – Lobster & Steak Fest at OHCHS

8/21 - Road Toll in South Paris in front of the post office, 10:00 AM - 2:00 PM

- 8/24 AG Cathy Sullivan will be back to talk to us in her formal role of AG and Ron Morse
- 8/31 Rachel Brown and Trish Logan
- 9/7 Mary Lou Burns and Glenn Huntley
- 9/14 American Legion and Dan Hart

<u>Visiting Rotarians and Guests</u>: Frank Shorey was our only visiting Rotarian. There were no other guests.

<u>Rotary Moment:</u> Greeter George Rice talked about the International Convention in Atlanta next June. The convention is held every 4 years in the US and this one is close enough to us to make the trip. It is very easy to register on line as there are links for rooms and activities. George and Patty have been to several conventions, including the ones in Sydney, Australia and Montreal, Quebec. They are fun and well worth attending. If anyone would like help signing up for Atlanta, contact George.

Announcements:

<u>George Rice</u> – a Lobster & Steak Fest sign-up sheet is being circulated so be sure to sign up to help. Ticket sales are proceeding. If you need more tickets, please contact George. We can't count on walkins so please make every effort to sell your tickets. The deadline is our August 17 meeting (next week!) as we need to have a firm count to order lobsters and clams that day.

<u>PP Chris –</u> reminder that there is a link for Rotary clothing on the last page of the Reader.

The Visioning Committee meeting which was to be last Wednesday was postponed until September.

Last Week:

"He's baaaaack" ! PP Chris Summers ran our meeting in the absence of President Joel. In that capacity, Chris auctioned off the old Rotary road sign from in front of the bowling alley in South Paris. Things were a little slow getting going but ultimately, Glenn bought the sign for \$25. In doing the auction, it was recalled that John bought the last sign we auctioned but has perhaps forgotten to pay for it? That will be looked into.

Chris then turned the meeting over to Dan Allen who updated us on Lyme disease, something that his wife, Nancy, has struggled with for years. He told us about Kris Kristofferson who received a diagnosis of Alzheimer's but didn't accept that that was his problem. After further tests and treatment for Lyme, he was much improved after three weeks of treatment. Unfortunately, some physicians are still in denial over Lyme and its treatment. He told us more about Nancy's case of chronic Lyme. She no longer has it but is still suffering from the long term effects. During mite stage, when you can be bitten, the tics are no larger than a grain of pepper, almost impossible to see. The number one thing to remember is prevention – Do not get bitten! Take care outside, wear boots, long sleeve shirts and long pants. Use repellant. The symptoms include a bulls-eye rash (about 20% of the time), other rash and flu symptoms when the flu is not around. Early diagnosis is the key to treatment.

<u>Happy Dollars</u> - <u>Beth G</u>. was happy that her families adoption of Nora was done and Nora is official theirs. <u>Lois</u> announced that she sold 3 Lobster tickets at last week's Kiwanis meeting. <u>Tally</u> was happy to be back from a Reliv convention in St. Louis. <u>Frank</u> was sorry that his social security check hadn't arrived yet.

<u>50/50</u> – Glenn drew Stan's number but Stan didn't draw the King of Clubs. The pot rolls over once again.

August Birthdays: Lois Strauss – 8/8; Mary Lou Burns – 8/11; Chris Summers – 8/17

August Anniversaries: None Listed

August Membership Anniversaries: Oxford American Legion Post 112 – 1 yr. – 8/26

Remember: We can order Rotary clothing directly from Companycasuals.com/thisisrotary.

The 4-Way Test Of the things we think, say or do:

Is it the TRUTH? Is it FAIR to all concerned? Will it build GOODWILL and better FRIENDSHIPS? Will it be BENEFICIAL to all concerned?

Make-ups:

Bethel – Tuesday, 7:30 AM at the Bethel Inn, Bethel
www.bethelrotary.org
Bridgton-Lake Region – Thursday, 7:15 AM at the Community Center, 15 Depot St., Bridgton.
www.lakeregionrotary.org
Fryeburg – Tuesday, 7:30 AM at St. Elizabeth Ann Seton Catholic Church, Rt. 5, Fryeburg
www.fryeburgrotary.orgth
River Valley – Monday, 12:00 noon, at Hope Association, 2nd floor, 85 Lincoln Ave., Rumford
www.rivervalleyrotaryclub.org
Interact – Thursday, 2:30 PM, Room A200, Oxford Hills Comprehensive Hills High School

Thanks to Grass Roots Graphics for printing this edition of the Reader!