



The Oxford Hills Rotary Reader

Wednesday, August 28, 2013

The Rotary Club of Oxford Hills

PO Box 14

Norway, ME 04268

www.oxfordhillsrotary.org www.rotary7780.org

Rotary Theme for 2013 – 2014: “Engage Rotary – Change Lives”

2013-2014 Officers

Rotary International President: Ron Burton ~ Governor, District 7780: Carolyn Johnson
Oxford Hills Rotary Club Pres.: Dave Preble ~ Pres. Elect: Christina Twitchell ~ Vice Pres.: Chris Summers ~
Treas.: Pat Cook ~ Sec.: Jack Richardson ~ Sgt. At Arms: Stan Brett ~ Past Pres.: Bob Schott ~ Foundation Chair:
Larry Jordan ~ Membership Chair: Dan Allen ~ Publicity Chair: Steve Galvin ~ Community and Club Service Chair:
Ron Morse

Welcome! Today, Bob Schott will be talking about Moxie Gore Paddling Club. Our greeter is Tally Decato.

Calendar: *The first name listed is the Program Chair, the second is Greeter.* Please let President Dave, Program Chair Christina Twitchell or Reader Editor John Griffith know what your program is so it can be published in the Reader. Please remember that when you are Program Chair, you are expected to lend a hand after the meeting putting away the Club's paraphernalia

8/26 – Board Meeting at NPC-TV on Marston Street. The meeting has been moved up one week due to the Labor Day holiday.

8/28 – Visioning Committee meeting at Sue Cairn's, 215 Elm Hill Rd., South Paris, 2.2 miles from Rite Aid.

9/4 – Frank Shorey and Rebecca Dowse

9/7 – Rafting Trip for past exchange student, Thomas Kurchov.

9/11 – Curtis Smith and Pat Cook

9/14 – Rotary Family Service Day, Camp Sunshine in Casco

9/18 – Jack Sours and Curtis Cole

9/19-22 – Rafting trip and Common Ground Fair for exchange students

9/25 – District Governor and Dave Carter

Visiting Rotarians and Guests: There were no visiting Rotarians. Maureen Howard visited from the Kiwanis Club. Joe Rideout also visited. Phyllis Summers was the guest of Chris Summers.

Announcements:

President Dave – thanked everyone and George Rice in particular for all of the work he did on the Lobster & Steak Fest. It certainly would not have been as successful as it was without George. While we do not have final figures, it appears that we made out at least as well as last year.

Bob and Lynne Schott received perfect attendance awards, 17 years and 9 years respectively. Congratulations Bob and Lynne!

David Infinger was inducted as our newest member, sponsored by Dan Allen. Welcome Dave!

Raffle Update – the raffle was a great success, netting the club over \$2,000.00. In case you did not see the e-mail Paul sent announcing the winners, they were:

#1 - \$340 – Jerry Major; #2 - \$100 – Barry Snyder; #3 - \$50 – Randy Olson; #4 - \$10 – Sandy Dennis; #5 - \$10 – Ted Moccia; #6 - \$10 – Jim Fox from North Carolina; #7 - \$10 – Alex Mason. When all was said and done, Jerry Major won \$260 from the scratch tickets.

Bob – two rafting trips! On September 7th, former exchange student Thomas Kurchov from Germany will be visiting and rafting, and rumor has it that President Dave (and maybe Becky) will be making the traditional Presidential rafting trip. The exchange student rafting weekend will be September 19-22. Bob has made arrangements for them to help out at the Common Ground Fair on Thursday evening, the 19th and Friday morning, the 20th, prior to rafting on the 21st and 22nd. Everyone is welcome to come and join in the fun!

Maureen Howard visited from Kiwanis and presented a brief program on a new Kiwanis fund raiser. On Saturday, September 7^t, the Kiwanians will be hosting a Hollywood Homicide Murder Mystery dinner theater at Four Seasons. Tickets are \$40 per person which includes the dinner and show. With a Hollywood theme, including a red carpet, paparazzi and celebrity guests, it promises to be a fun evening. Maureen would love to have us fill a table of 8. Deadline is the end of August.

Membership Minute – Greeter Steve talked about the recent outbreak of polio in Somalia, a country that had previously been cleared, saying that we must be diligent in ridding the world of this terrible disease. He also said in relation to this, he initially joined Rotary as a “career thing” but that once he became a member, he found the good works that Rotary does kept him here.

Last Week's Program:

Our guest speaker was Alyssa Merrill, head physical therapist at Stephen's Memorial Hospital who talked about exercise and aging. Alyssa talked about “Motivational Interviewing” which rather than telling people to exercise means influencing them to want to exercise which is an important concept. She also talked about the benefits of exercising which improves brain function, weight, heart/cardio functions, balance, energy, attitude and bone health.

Happy & Sad Dollars: **Lois** had three happy dollars – one to congratulate the Kiwanis Club on their new dinner theater fund raiser, another that the player piano she sold has finally left her garage and that she has donated the proceeds to last month's auction and lastly, that through exercise and diet, she has lost 17 pounds since returning from Florida last spring. **Tally** was happy that 4 of the winning raffle tickets were sold by Ron Morse. **Larry** was happy that the folks from Progress Center who attended our Lobster & Steak Fest thoroughly enjoyed themselves. **Maureen Howard** was happy that we had a successful Lobster & Steak Fest and that she and her husband enjoyed attending. **Bob** was happy that the US has dropped from first to second place in percentage of obesity. **Curtis S.** was happy to be back from his trip to Scotland and he presented us with a banner from a club there. **Steve** was sad not to be able to help with the Lobster fundraiser but he was happy to attend the wedding of some good friends that day. **Joe Rideout** was happy to be with us as a guest and looks forward to joining us in the near future when his schedule allows. He was also happy that his boys convinced him to bid on the ski boat at our auction. He had the motor fixed for a very reasonable amount and the boat is now in the water being enjoyed by his family.

50/50: I didn't see who drew the winning ticket, but it was Mary Lou's. Unfortunately, she did not win, so the pot rolls over.

Birthdays in August: Lois Strauss – 8/8; Mary Lou Burns – 8/11; Chris Summers – 8/17; Irina Kahn – 8/23.