

# The Windjammer

## News from the Rotary Club of Portland, Maine

Tue Apr 15, 2014

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Hello Loretta! This email has been generated just for you as a member of our club. We hope you enjoy receiving this newsletter!

*Editor David Smith*

*If you have any comments or questions, please contact the editor.*

### Speakers

Apr 18, 2014

Glenn Nerbak, Director Portland Mentoring Alliance

Apr 25, 2014

Cumberland County Civic Center Tour  
Newly Renovated Facilities

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Cumberland County Civic Center Tour  
Newly Renovated Facilities

May 16, 2014

Lt. D. F. Pace  
District Conference/Portland Rotary Meeting

Jun 06, 2014

Maine Senate Speaker Justin Alfond  
The 126th Legislature

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### Club Executives

President  
**John Marr**

First Vice President  
**Kris Rosado**

Second Vice President  
**Bowen Depke**

Treasurer  
**Scott Blakeslee**

Executive Secretary  
**Loretta Rowe**

Imm. Past President/Director 2013-14  
**Cyrus Hagge**

Administrative Coordinator  
**Elise Hodgkin**

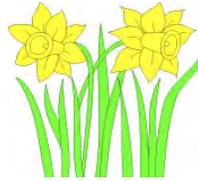
Club Protection Officer  
**Kath Grammer**

Communications-Ext PR Chair  
**Bowen Depke**

### Stories

#### 04/18/14 MEETING LOCATION

Posted by David Smith on Apr 12, 2014



**FRIDAY**

**4/18/14**



**WE ARE AT THE  
HOLIDAY INN BY-THE-BAY**

#### \*04/18/14 THE ALLIANCE FOR YOUTH, Glenn Nerbak, Dir. Portland Mentoring Alliance

Posted by David Smith on Apr 14, 2014



Our speaker/program for this Friday (4/18/14) is our own member, Glenn Nerbak, Director, Portland Mentoring Alliance (PMA).

The PMA was established in 1992. During the past nineteen years, volunteer employees from businesses throughout Greater Portland have been matched with Portland High School students to create supportive mentoring relationships. The program focuses on academic success, post secondary planning and socialization, as experienced in a one-on-one relationship. Its main objective is to improve the

life qualities of both young people and adults, as they experience the multiple values of a one-to-one relationship.

A mentor serves as a consistent, reliable role model and a trusted friend to a student. The relationship provides the mentor with an opportunity to share professional and personal interests and also offer the student career/college guidance. Usually a mentor meets with the student for a minimum of one hour per week for one school year.

Individuals interested in becoming a mentor complete an application and are introduced to the expectations and responsibilities of the program



Glenn and 3 PMA mentees.

Communications-Bulletin/Editor  
**David Smith**

Web Administrator  
**Erik Jorgensen**

Director - Term Ending 2014  
**Eric Lusk**

Director - Term Ending 2014  
**Charlie Frair**

Director - Term Ending 2015  
**Toby Cook**

Sergeant-at-Arms  
**Mike Fortunato**

Director - Term Ending 2015  
**Steve Stromsky**

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» [Portland Rotary Bylaws](#)

are introduced to the expectations and responsibilities of the program through an orientation. Mentors are not charged with the welfare of the student mentee, but rather asked to commit to developing a supportive and positive relationship with the student. The mentor also understands and fulfills the school's confidentiality expectations.

Orientation is designed around the needs and interests of the mentor and student (mentee). Mentors are assigned to students who have requested such as association and who understand the role of the mentor. A network of support staff and peer mentors is available. There are also academic and fun activities in place and available for participation.

Glenn will speak about the history of the PMA and its connection to the Portland Rotary Club, the ways in which students benefit from mentoring, and how someone can become a mentor. Jack Carr will speak about his experience as a mentor and his current mentee, Omar Raouf, will talk about how a mentor has helped him.

### 4/11/14 NO KID HUNGRY/SHARE OUR STRENGTH

Posted by Juliana L'Heureux on Apr 15, 2014

One in every four American children is in need of access to good and healthy food. School meal programs are a response to the demonstrated value of providing good nutrition to children in school. Scholastic scores improve when children are well fed and this need has expanded into providing school breakfasts. Many schools also offer breakfasts for students taking scholastic exams (SATs), because such meals improve test scores.

John Woods, our speaker last Friday, is the CEO of *No Kid Hungry/Save Our Strength* (SOS), a national, non-profit program to eliminate childhood hunger. John and his family have lived in Cape Elizabeth for the past 9 years. Since moving to Maine, John has applied his marketing and public relations skills to creating programs that raise money to fund these programs. The events include culinary occasions where world class chefs prepare the food, cooking classes, and dine outs.

SOS believes everyone can do something to eliminate childhood hunger. Funds raised are invested right back into the communities where they originated, through state and local partnerships that connect kids to programs that can help them get

the healthy food they need. *Taste of the Nation* is a world-class fund raising event dedicated to eliminating childhood hunger. This year the event will take place at Fort Williams Park in Cape Elizabeth, where world-class chefs will contribute to share their talents. Administrative costs for the *Taste of the Nation* are helped by volunteers who assist promotions, like Portland Rotary's RUSS BURLEIGH, who prints programs for the event at no charge.

The numbers of children eligible for free or reduced meals in schools are surprising. In Maine, 87,000 children need nutritious meals. Unfortunately, Maine ranks third in childhood hunger behind Louisiana and Mississippi, as a percentage of state population. SOS nutrition reaches 70 percent of Maine children in the state's 680 public schools. The goal of SOS is to reach 100 percent. When school is out, these children who need good and nutritious food go home to empty cupboards. *No Kid Hungry/Save Our Strength* has a goal to reach all of these children and to completely eliminate food insecurity throughout their lives.

John told us that an abundance of food does not correlate with good childhood nutrition. Childhood hunger often exhibits itself in obesity, an indication of how children are eating high-calorie snacks, rather than nutritious food. One of the events put on by SOS is called "*Chopped Challenge*" where foods found in local community pantries are creatively prepared and served. Recently, a Maine *Chopped Challenge* event raised \$48,000 to help fund children's food at Preble Street Resource Center, in Portland.

To gain a greater understanding of how important SOS programs are, look at a bag of Domino sugar. On the side you'll see a reference to *No Kid Hungry*. On the Domino website you'll see a commitment by Domino to help end child hunger by 2015.

John encourages Rotarians to become involved in *No Kid Hungry/Save Our Strength* program, because we are motivated to support children who will be future good citizens and business leaders. "*Share Our Strength* is connecting more children with meals every day," he said. "It's not about fighting child hunger.....rather, it's about ending child hunger."



John Woods, 2nd VP Bowen Depke and DG Carolyn Johnson

Our Rotary meeting convened at the Holiday Inn with **PRESIDENT JOHN'S** forewarning of a very full agenda. **DAVE SMALL** delivered the invocation containing a very appropriate lesson on Passover. **BILL BLOUNT** led us in the Pledge Of Allegiance followed by "*My Country Tis Of Thee*" featuring **KATHY GRAMMER**, acapella.

**PRESIDENT JOHN** announced that additional copies of JFK Assassination remembrance brochures are available for anyone interested, courtesy of **RUSS BURLEIGH**.

District Governor Carolyn Johnson shared some details about our upcoming District Conference that is scheduled to take place May 16-18th – at the Westin Portland Harborview Hotel in Portland. If you are planning on attending the lunch, **the cost will be \$35 per person and you WILL NEED TO PRE-REGISTER AND PAY FOR THE MEAL WITH LORETTA**. Watch for additional notices to be sent out with further details.

**AMY CHIPMAN** recognized 65 Sustaining Rotary Foundation Members with a warm round of applause.

**RUSTY ATWOOD** conducted the raffle with \$690 at stake. **EMILY McENTEE** drew the 9 of diamonds, much to her dismay.

(Rusty Atwood and Emily McEntee at right)



In addition to District Governor Carolyn Johnson, Bill York, from the South Portland/Cape Elizabeth Rotary Club also joined our meeting as a visiting Rotarian.



Prez. John Marr, Joan Fasulo and Dave Putnam

**DAVID PUTNAM** introduced the Youth Service Award recipient Joan Fasulo from Catherine McAuley High School. Joan was accompanied by her parents, Stephen and Vida Fasulo, Deborah Kost, Head of School, and Sister Edward Mary Kelleher, RSM, Principal Emerita. Joan selected the Ronald MacDonald House as the recipient of a donation from Portland Rotary in her honor.

**PRESIDENT-ELECT KRIS ROSADO** provided a brief update on the Maine Outdoor Challenge. Lead raffle items for this year's event will

include a fly-rod package and a shotgun package. Volunteers for the event are still needed.

**MIKE FORTUNATO** announced that he is organizing our second annual Rotary Red Sox outing on May 28 (Atlanta Braves) or May 30 (Tampa Bay). Both are night games and bus transportation will be provided. Further details will be forthcoming, but save those dates and plan to go with us. The cost will depend on how many people sign up to go....somewhere in the range of \$85-100.

**MIKE** also announced that he is working out the details to hold a joint meeting with the South Portland/Cape Elizabeth Rotary Club, with Portland Rotary to be the host club....more news will be coming.

(Bill York, RC South Portland/Cape Elizabeth and Mike Fortunato at right)



**HAROLD CRABILL** introduced Portland Rotary's newest member, **LESTER EVANS**. Lester previously was a member of Portland Rotary and we are glad to have him back.

(Lester Evans and Harold Crabill at left)

#### PREPARING FOR THE 2014-15 ROTARY YEAR

Posted by Loretta Rowe on Apr 07, 2014

#### PLEASE READ AND TAKE ACTION....

#### HELP US GET READY FOR THE NEW ROTARY YEAR (2014-15):

1. **Go to the club website and check your personal information to be sure it is correct.** Information for the roster is pulled from the website, so **if it is wrong on the website, it will be wrong in the roster.** You can make ANY changes to your personal or business information yourself. If you need assistance/instructions or would prefer us to make the changes, please contact Loretta.
2. **If you are new to the club (since July 1, 2013), please email a head-shot photo of yourself directly to Loretta to use in the roster....OR if you are in need/want of having your photo (re)taken, please contact Russ Burleigh to have one taken at a Rotary meeting.**
3. **Consider putting your company's ad (or your own personal ad) in the new roster...it helps defray the printing costs. Please contact Loretta and/or someone will be contacting you in the near future.**

Thank you.

### SALVATION ARMY CAMP CLEANUP

Posted by Bill Blount on Apr 14, 2014

The Salvation Army's annual Camp Sebago spring cleanup this year will be held on April 26th starting at 8:00am with coffee and light refreshments. We will begin working at 8:30am. There are several ways in which people could give meaningful service to the camp on that day: painting, carpentry, and general landscape clean up will be the main areas we attempt to tackle this year.

Camp cleanup usually goes until about 2pm, so if volunteers cannot make it in the morning or have to leave early, we are quite all right with that. We would be thankful for any help we receive on that day!

- Camp will provide a cookout lunch for all volunteers.
- Camp will provide all tools and materials....but volunteers can bring their own tools if they would like.

Please contact Bill Blount or Steve Ditmer if you have any questions.

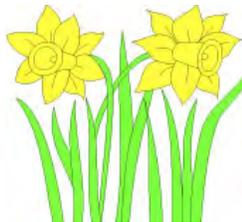
### Board of Directors Meeting Minutes

Posted by Loretta Rowe on Apr 07, 2014

The meeting minutes of the Portland Rotary Club's Board of Directors is posted on our website the month following their approval. Please go to the "Home Page" and click on the "Board Meeting Minutes" in the listing at the left. Please be patient, as the site is still under construction with the uploads.

### 04/18/14 THIS WEEK'S ASSIGNMENTS

Posted by Loretta Rowe on Apr 13, 2014



**Invoker:** Steve Ditmer  
**Program/Presentation Reporter:** Dick Hall  
**Bits & Pieces Reporter:** Bob Martin  
**Registration:** Rylan Nimocks  
**Meal Ticket Sales:** Ron Bennett  
**Greeter:** Loretta Rowe  
**Raffle:** Becky Wright  
**Music - Song Leader:** Bill Blount  
**Music - Piano Player:** Kathy Grammer  
**Sgt at Arms - Early:** Bruce Moore  
**Sgt at Arms - Late:** Mike Taylor

### 2014 ON-THE-ROAD LOCATIONS FOR PORTLAND ROTARY MEETINGS

Posted by Loretta Rowe on Apr 13, 2014

If you would like to mark your calendars for our 'On-The-Road' locations that are coming up for the foreseeable future, here is where our meetings



the foreseeable future, here is where our meetings will be held:



**Apr. 18 - Holiday Inn By-the-Bay**

Apr. 25 - **Cumberland County Civic Center**

May 2 - Holiday Inn By-the-Bay

**May 9 - Holiday Inn By-the-Bay**

May 16 - Westin Portland Harborview (Eastland) - Coincide with District Conference

May 23 - Holiday Inn By-the-Bay

May 30 - Holiday Inn By-the-Bay

Jun 6 - **The Clarion Hotel**

Jun 13 - Holiday Inn By-the-Bay

**Jun 20 - Holiday Inn By-the-Bay**

Jun 27 - **The Clarion Hotel**

Dates in **BOLD** are scheduled Board of Director meetings.

Any questions, please contact Loretta at: [lrowe@maine.rr.com](mailto:lrowe@maine.rr.com)

#### FROM THE WORLD OF TENNIS (updated 4/15/14)

Posted by William Blount on Apr 15, 2014

### THE ROTARY DOUBLES TENNIS LEAGUE - WINTER/SPRING 2014 (updated 4/15/14)

Races are tightening up. Team 3 and Team 5 go head-to-head in week 17 on 4/28/14. The league will be selling tickets for the epic matchup to benefit the 3-H project. The Commissioner (Bill) may cede court one to the 3v5 teams (TBD), dependent upon spectator attendance.

<b>TEAM 1</b>	<b>TEAM 2</b>	<b>TEAM 3</b>	<b>TEAM 4</b>	<b>TEAM 5</b>	<b>TEAM 6</b>
<b>J Barns</b>	<b>L Gross</b>	<b>J Bourdeau</b>	<b>D Seddon</b>	<b>B Lowry</b>	<b>S Blakeslee</b>
P Noyes	Ken Ray	J Young	D Hall	F Thompson	B Blount
B Moore	C Bowker	D Putnam	H Herodes	A Chipman	R Asch
J Houghton	K Grammer	R Burleigh	L Young	E Jorgensen	J Carr
<b>18</b>	<b>15</b>	<b>21</b>	<b>18</b>	<b>24</b>	<b>16</b>

#### MISSED A PROGRAM?

Posted by David Smith on Feb 23, 2014



You can watch our recent Portland Rotary Club speakers on the Community Television Network website:

<http://ctn5.org/shows/rotary-club-speakers-series>

You can always find the link on the Portland Rotary Home Page!

**Loretta's Commitments**

**Duty Roster**

**Responsibility**

Raffle