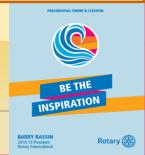
The Inspiration



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Newsletter

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Staff: Jim Holcombe

June Woditsch

Publisher: James Hicks

Photographers:

Dave Borowski

Dave Mercer

Travels With the Mule Team—DG





DG Glenn Yarborough: "October is Economic and Community Development Month.

The Unspiration newsletter celebrates the six areas of focus:

- <u>Economic and Community Development:</u> The Rappahannock-Fredericksburg Club uses District grant to booster economic and community development in their area.
- <u>Literacy:</u> Rotary's local support for: The Alexandria Tutorial Consortium (ATC), North Stafford's District grant for Germanna Community College, and a global grant to renovate ten schools, in India.
- <u>Peace:</u> This issue features: The International Day of Peace in Fredericksburg, VA; and the upcoming *Linking Pieces of Peace* event.
- <u>Polio eradication</u>: This issue has features on: The End Polio Now Day at the Washington Nationals' stadium and a war wash to raise funds for the upcoming World Polio Day, on October 24th.

Youth activities are also celebrated. Also, a new award is introduced—recognizing Rotary tenure.

Important Dates

October is Economic and Community Development Month



- Oct 15 Assistant Governors Quarterly Report due in Rotary Club Central
- Oct 25 District Newsletter article deadline for November
- Oct 24 World Polio Day
- Oct. 27 Peace Building Conference, University of Mary Washington
- Oct. 20, 26, 27, Nov. 2, and Nov. 3 Rotary Leadership Institute (RLI)
- Nov. 3 Regional Membership/Public Image Summit— Northern Virginia
- Nov.10 Foundation Recognition Banquet
- Apr. 4-7 District Conference
- Jun. 1-5 International Convention

(See District Website for additional dates and venues).



Editor's Page - PDG Janet "JB" Brown: LITTLE LESSONS IN ROTARY

by

CHARLES G. BUZZ TENNENT*



- * <u>Editor's Note</u>: This is the Fifth Special Memorial Edition of *Little Lessons in Rotary*. It was last revised and published, in 1997. Truly these are *Gems of Rotary Wisdom*.
- The guiding star of Rotary is service. Call it friendly, unselfish, or whatever you wish; it is ever there beckoning the way.
- One of the sad things in Rotary is when men/women come into Rotary, and go out without ever knowing the meaning of Rotary.
- Blessed is the Rotarian who sits at a different table, each week—for he/she shall make many friends (if he doesn't blow smoke in his neighbor's face; monopolize the conversation; or elbow the man next to him).
- Goodwill is the Foundation for World Peace. It has its beginning at home and person-toperson, before it can become effective, country-by-country.
- Everyday in a Rotarian's life is an important day. It's the first in the rest of his life as a serving Rotarian.
- ~ Charles G. (Buzz) Tennent, Rotarian Asheville 1935

After the First Quarter, DG Goals Revisited: Need a Unified Team!						
Membership	Create a framework to nominate, and to elect a series of well-trained and experienced District Governors. Develop procedures to insure Membership Growth for this Rotary year and future. Develop procedures to insure a stable of leaders at both Club and district level for our critical positions. Attract, recruit, and engage diversity of mem bership. Understand the impact of attrition on membership. Enhance Public Image throughout all of the 7610 Rotary					
&						
Public Image						
Rotary's Six Areas of Focus	Consider Rotary's six causes: (1) promoting peace, (2) fighting disease, (3) providing clean water, sanitation, and hygiene, (4) saving mothers and children, (5) supporting education, and (6) growing local economies. Develop Clean Water and Stop Hunger initiatives—not only in the United States, but in areas where our district has projects and potential projects.					
The Rotary Foundation	Insure that all our clubs have the information and details to develop the need for, and the ability to donate to Rotary International Programs through the Rotary Foundation.					
New Gen Activities & Signature Projects	Treat young adults (ages 13 – 21) with dignity and concern for their growth (New Gen and Peace). Find ways to attack the opioid crisis and Support for Alzheimer's					

Why is Economic and Community Development One of Rotary's Six Focuses?

According to Rotary International, "Unemployment, underemployment, lack of economic opportunity, lack of appropriate training, and the absence of social safety nets lie at the core of poverty. For the poor, labor is often the only asset available to improve well-being. Creating productive employment opportunities is essential for reducing poverty and achieving sustainable economic and social development, and for providing income security and empowerment- especially for women; people with disabilities, youth, and the extremely poor. Nearly 800 million people live on less than \$1.90 a day".



We are People of Action!

District Grant Advances Economic and Community Development

The Community Service Committee of the Rappahannock-Fredericksburg Rotary Club is directly responsible for the writing, submission, and monitoring of the Club's District Grant. The Grant, by Club policy, is to zero in on a local project which supports one or more of Rotary International's areas of focus. This year's Grant for \$ 2,400 will help provide financial support. Club Members will provide hands-on support to Rebuilding Together. The main area of focus is, Economic and Community Development, with one of the by-products being—improvement of Maternal and Child Health.



This non-profit group provides home repair and improvements to low income individuals and families, and especially the elderly and disabled. Together in partnership with other community groups, Rebuilding Together 'fixes-up' 50 to 60 houses, each year. The individuals and families, in need of this help, are referred by social



services of Fredericksburg, Spotsylvania, and Stafford; local churches; non-profits; and service organizations. The biggest supporters providing financial support and volunteers to do the work are churches and service organizations.

The Club has supported *Rebuilding Together* for several years because its Board Members actually visit the 70+ sites. Club's funds and volunteer hours result in professional home repairs and improvements— which really meet the needs of the individuals and families. In addition, the neighborhoods and communities in which these homes are located can count on professional work which improves and enhances the appearance and economic value of the area. A by-product of the work performed is the positive impact that it has on the health of the residents—especially in hygiene, air quality; and ease of access.

Dear Rebuilding Together Team,

I can't thank you enough for all the work you have done for me and my family. The modification to the bedroom makes so much difference to become more independent. It is so nice to be able to get in the rest room and brush my teeth, at the sink. The wider door to the bedroom has allowed me to have a bedroom and move out of the living room. I have dignity—that was once stripped from me. The temporary ramp was a God-send; and I love the new permanent ramp that you and your team are installing. This and the lovely paint has brightened up my world. It has been a

North Stafford's District Grant Supports Students at Germanna Community College

The North Stafford Rotary Club was pleased to present the Germanna Community College Educational Foundation with a \$2,460 donation (using its 2018 District Grant from Rotary District 7610)! Their Foundation raises funds to help the college fulfill its mission to provide accessible, quality educational and training opportunities to all students, regardless of financial need. The North Stafford Club has two members of the



Germanna Community College administration and education team among its ranks. Furthermore, The Club has plans, set in place, to begin a Rotaract Club at the college's new Stafford location. The Club strongly believes that, "empowering the next generation to learn and grow will benefit and strengthen our community; our country; and our world. The opportunities and avenues that we create for our youth to become involved in Rotary through Interact, Rotaract, scholarships, and community service is the best plan to achieve our goals for Rotary to continue to flourish. These efforts will benefit our ultimate goals of serving the global Community".

Sounds Like Fun! Making Music With The McLean Club



DG Glenn Yarborough listening to guitar playing a the Auerbach Party



From right: Barry Byer and PDG Tin Tin Rashid

New Office Assistant Hours

Effective October 15th, the Administrative Assistant, Jen Arbaiza's's hours are 900 a.m. to 1:00 p.m., Monday through Friday. She provides assistance for special events such as: the Foundation Banquet, the Peace Conference, and the District Training Assembly. Telephone calls are handled on a 24/7 basis.

The Rotary Club of Alexandria Supports Literacy & Clean Water

On Tuesday, Sept. 27th, DG Glenn Yarborough made his official visit to the Alexandria Club. He outlined his priorities and lauded Club president Paul Gleason for Membership expansion (two new members were installed), humanitarian projects, and bodacious fund raiser—*Taste For Giving* (See below). The Club supports ATC. Following remarks by DG Glenn Yarborough and the new member installation, the Club exchanged banners with a visiting Rotarian from Uganda who provided details about the Rotary clean water sanitation project in in her country.







Literacy Partnership: Rotary D7610 and The Rotary Club of Calcutta Improve 10 Schools

Last month, The Inspiration Newsletter featured literacy projects throughout the District.—yet, Rotary's impact on literacy is global! For example, a recently approved grant sponsored by the Rotary Club of Calcutta-Mahanagar and the Rotary Club of Rappahannock-Fredericksburg will provide funds to improve school infrastructure, toilet repairs, hand washing stations, e-learning systems, and teacher training—at ten schools, in India.

2) Bhowanipore Girls

4) Puddopukur Institution

8) Bidyadhari Vidyalaya

- 1) Adarsh Hindi High School,
- 3) Ramesh Mitra Girls,
- 5) EB & EC Block Primary School 6) Kochpukur Primary school
- 7) Sujata Devi Vidyamandir
- ----
- 9) Nowbhanga Free Primary School
- 10) Adarsh Hindi Vidyalaya and Swami Vivekananda GSFP



YOUR MEMBERSHIP MATTERS

HOW IS DISTRICT 7610 DOING? Net New Member Gain +12

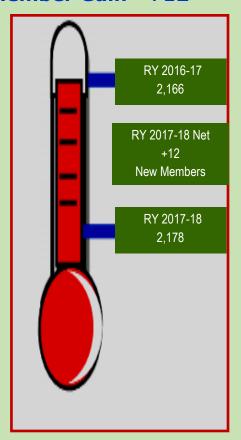
Sara Bridwell
Randy Fleitman
Paul Harris, Jr.
Andrea Koslow
Mary E. Long
Peggy Place
Calvin Reid
Jerry Sills
Walter Strong
Arthur K. Thorn
Alexander Wilson

Megan A. Deem
Jay Glaspy
Marshal J. Hyman
Patrick Larkin, III
Mel H. Pine
Joseph R. Prentice, VIII
Farheena Siddique
Linda Smith

George E. Thomas, Jr. Tyler R. Wane

Mark E. Wright

* From Sept. and Oct. 31st, 2018: +22 New Members!



First Ever Regional Workshops: Tappahannock and Culpepper









The Speakers Were (Clockwise):

DG Glenn Yarborough, Lt. Gov. & PDG Jon Allan, Membership-PI Chair Dale Lazar, DGN Harry Henderson, and Special Asst. to the DG and PI Chair Jim Holcombe (not featured).

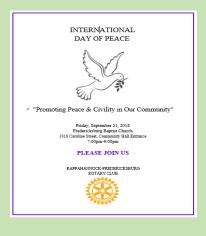


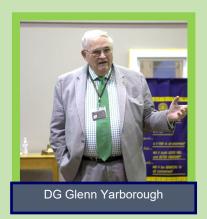
On September 21st, 2018, the Rappahannock-Fredericksburg Rotary Club Holds Successful International Peace Day













Linking Pieces of Peace: A conference to connect people, ideas & projects

JOIN US for Linking Pieces of Peace: A conference to connect people, ideas and proiects.

Every person is a piece of the puzzle when it comes to peacebuilding, and peacebuilding efforts are more effective through linking of people, ideas and projects. This daylong, interactive, action-oriented event (including lunch) is



open to Rotarians and others interested in tangible approaches to peacebuilding. The conference is a collaboration between Rotary District 7610 and NewGen Peacebuilders, a global peace education, training and mentoring program and process.

Attendees will come to:

- Understand key frameworks and foundations of peacebuilding
- Engage in dialogue, discussion and hands-on experiences with conflict analysis and peacebuilding tools
- Imagine and refine peace project ideas at the local, national and international level
- Receive materials and links to sites that will help continue the peacebuilding journey after the conference
- Make connections and build relationships

8:00am-9:00 am - Check-In and Day-Of Conference Registration Lunch is included - Free parking available on site

Peacebuilding Conference October 27, 2018 Riverside Center 95 Riverside Center Parkway Fredericksburg, VA

Youth Activities Au Revoir, Youth Exchange Style

In 2019, Emily Hunt, former youth Exchange Student, served as a group tour chaperone for the Bello West Coast tour. Great fun was had by all as the group toured iconic US destinations, including: Disney Land, and Las Vegas.

District 7610 is a long-standing participate in Rotary's Youth Exchange programs. The long-term exchange involves high school students studying abroad for a full year of high school. Students inbound to the US become members of an American family, participating in the full US high school experience, high schools Interact club, District youth programs and cultural exchange events and sponsoring Rotary club service projects. For many youth exchange students, the end of the exchange is marked by a special two week US tour. For me, the youth exchange students, and other Rotarians—this tour is not only fun...it's a great way to begin the students' preparations for returning home. "Saying 'good-bye' is always difficult...in youth exchange. We love making new acquaintances and lifelong friends. For us, it's "Au Revoir, or 'good-bye, that is, until we meet again'! ~ Emily Hunt

For more information about the Rotary Youth Exchange program, contact:

District Youth Exchange Chair, Mykelle Laws

LawsRYECMT@gmail.com and visit the Youth Exchange page on the District website:











"Treat Young Adults With Dignity and Concern for their Growth", by Jim Holcombe, Newsletter staff

These words are one of DG Glenn Yarborough's 'top focus areas', in RY 2018-19. No single D7610 Rotary Event does this better than the Rotary Youth Leadership Awards camp (RYLA)—held this year on at Prince William Forest campgrounds. The RYLA end-of-event awards ceremony was attended by: Lt. Governor P.J. Maddox, RYLA Chair Eric Reeves, Assistant Governor Teresa Coates Ellis, Club presidents; Rotary Youth Exchange Students, Interact Sponsors; RYLA Counselors and staff; Special Assistant to the District Governor Jim Holcombe, Parents; and former Rotarian-of-the-Year and Shelter Box Chair, Wayne Chiles.



Lt. Gov. P. J. Maddox summed up the heart-felt appreciation of the hard work and leadership that Eric Reeves puts into making RYLA the success it is:

I want to thank everyone for being here. I am here on behalf of the District Governor, Glenn Yarborough. He is very pleased and proud of our RYLA program and the team that Eric Reeves has assembled, this week-end. How proud we are of the youth in our District. Rotary has youths as a special feature, both programs and at the elementary, high school, and beyond. And, the reason that we do this is because we want to make the biggest investment possible in the contract of the program and the school of the program and the school of the program and the school of the program and the team that Eric Reeves has assembled, this week-end. How proud we are of the youth in our District. Rotary has youth as a special feature, both programs and at the elementary, high school, and beyond. And, the reason that we do this is because we want to make the biggest investment possible in the program and t



sible in our Communities in order to make the World a better place. For most of us, the single best way to achieve that goal is through our next generation. I can tell you that just based on what I have seen here, to-day, WOW! Our future is in good hands. Congratulations to everybody and all the families who made this happen. Thank you very much to the staff. We appreciate your efforts. Congratulations ALL!





















End Polio Day at The Washington Nationals Park, by Jim Holcombe

It was a rainy day on *End Polio Now Day*, at The Washington Nationals Park, on Sept. 8th, 2018. Nevertheless, a chance encounter brought out the sunshine! A little rain rarely deters Rotarians from celebrating *End Polio Now.* On that day, there was a 'silver lining'. And, I'm not writing about the rain clouds going away. Upon arriving at a nearby parking lot, I noticed that a parking lot attendant was limping. Upon further investigation, I discovered that Yakob Hagos, of Eritrea, was a polio victim. Yakob praised Rotary for its efforts to *End Polio Now.* What a personal and emotional way to begin that



day's celebration! That day was a BIG win for the Nats and after our encounter with Yakob, it was an even BIGGER win for *End Polio Now*. Representing District 7610 were: DG Glenn Yarborough, PDG and Vice-Governor Ronnie Chantker, Art Chantker, AG Ralph Menzel, Vance Zavela and Special Assistant to the DG, Jim Holcombe. A special thanks goes to Vance Zavela who makes this event possible, year-after-year!

















WHAT YOU NEED TO KNOW

IF POLIO IS NOT ERADICATED, WITHIN 10 YEARS, AS MANY AS 200,000 CHILDREN WILL BE PARALYZED BY IT, EACH YEAR!

Let's stop horsing around, Donate Now!
World Polio Day!

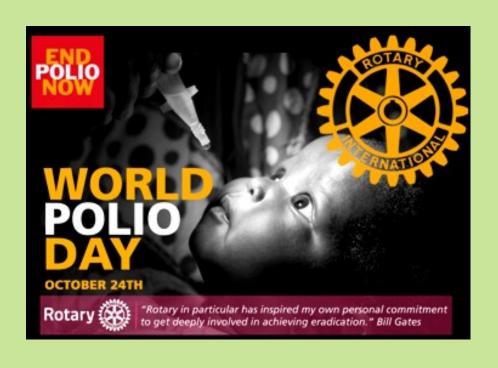
In 2017, more than 430 million children were vaccinated, multiple times, using more than two billion doses of oral polio vaccine. This will be done every year—until the world is certified as polio free. Rotary funds will help do this. Since 1988, the number of polio endemic countries declined from over 125 to three. In 2017, under an expanded partnership with The Bill and Melinda Gates Foundation, every \$1 Rotary commits to eradication will be matched two-to-one (up to \$50 million per year), through 2020.



~ PolioPlus District Chair Felton Page

The Bailey's Crossroads Rotary Club's Freedom High School Interact Club Held a Car Wash to Raise Funds for World Polio Day

On Oct. 6th, *The Freedom High School Interact Club* held a car wash to raise funds for World Polio Day (Oct. 24th). The event was organized by Interact Sponsor and Rotarian, Judy McDermott (shown below).







Travels With the Mule Team—DG







DG Glenn Yarborough Visited The Lake Ridge and Mt. Vernon Clubs, and, communicated his priorities on District 7610's innovative *Rotary Times* TV Show!







"Rotarians are Special and The Rotary Club of Springfield is a Special Place"



From right: DG Glenn Yarborough, Trainer Jim Kirkpatrict, and ARRFC and PDG Chuck Davidson



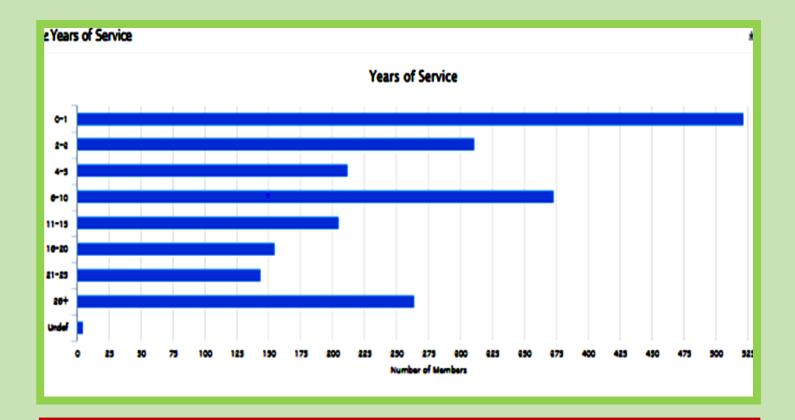
From right: DG Glenn Yarborough, Gary Black, and Past Rotarian-of-the-Year and Shelterbox Chair, Wayne Chiles



From right: AG Ralph Menzel, Gary Black, and DG Glenn Yarborough

New District Award: Recognizing Rotarian Tenure Certificate





DG Glenn Yarborough wants to celebrate Members with more than 50 years of Service for male Rotarians, or more than 35 years, for female Members! These members will be honored with the newly created,

"RY 2018-19 Special Rotarian Tenure Award"

This Award recognizes current Rotarians who (on balance) engage in their club's meetings (NOT perfect attendance), are involved in the club's scope of service and community projects and contribute to their club's (if any) and RI Foundations. Since Rotary has always been open to male membership, the qualifying length of service for male Rotarians is 50+ years. Since Rotary opened its membership to women, in 1988, the qualifying length of service for female Rotarians is 30+ years. The District asks that Clubs nominate their deserving members by completing and submitting the simple application for their member to be recognized. Once received, the District Leadership will verify the qualifying information in DACdb. Successful nominees will be issued a certificate of recognition and added to the District Honor Roll.

Contact Pat Borowski District Awards Chair (paborowski@cox.net), 703-587-5161.

The Rotary Leadership Institute is...

- ⇒ A leadership and development program to strengthen Rotary Clubs through education, collaboration and the exchange of ideas among its future leaders.
- ⇒ A three-part curriculum facilitated by experienced, trained faculty members who engage participants through open discussion, problem solving and creative role-play.
- ⇒ A recommended program of Rotary International, more than 400 districts in182 countries now offer it to their members.

Go to the District 7610 Website and Register for RLI's Next Event! Complete listing of dates and venues are listed on the D7610 Website:

Sat Oct 20, 18	08:30A	III	RI Zone 33	Rotary Leadership Institute RLI - North East MD	Rotary Leadership Institute RLI - Dynamic, Interactive & Fun Event for New Rotarians and Prospective & Existing Rotary Club Leaders. Network, Share and Learn with the Do'ers of Rotary. Go to www.rli33.org for details and registration.
Fri Oct 26, 18	08:30A	⊞	RI Zone 33	Rotary Leadership Institute RLI - Johnson City, TN	Rotary Leadership Institute RLI - Dynamic, Interactive & Fun Event for New Rotarians and Prospective & Existing Rotary Club Leaders. Network, Share and Learn with the Do'ers of Rotary. Go to www.rli33.org for detail and registration.
Sat Oct 27, 18	08:30A	⊞		Rotary Leadership Institute RLI - Richmond VA	Rotary Leadership Institute RLI - Dynamic, Interactive & Fun Event for New Rotarians and Prospective & Existing Rotary Club Leaders. Network, Share and Learn with the Do'ers of Rotary. Go to www.rli33.org for details and registration.
Fri Nov 02, 18	08:30A		RI Zone 33	Rotary Leadership Institute RLI - Harrisonburg VA	Rotary Leadership Institute RLI - Dynamic, Interactive & Fun Event for New Rotarians and Prospective & Existing Rotary Club Leaders. Network, Share and Learn with the Do'ers of Rotary. Go to www.rli33.org for details and registration. American National University 1515 Country Club Rd. Harrisonburg, VA 22802
Sat Nov 03, 18	08:30A	⊞	RI Zone 33	Rotary Leadership Institute RLI - Frederick, MD	Rotary Leadership Institute RLI - Dynamic, Interactive & Fun Event for New Rotarians and Prospective & Existing Rotary Club Leaders. Network, Share and Learn with the Do'ers of Rotary. Go to www.rli33.org for details and registration.



ROTARY DISTRICT **7610 PEACE** CONFERENCE

October 27, 2018, 9:00 AM **Riverside Center** 95 Riverside Parkway

ROTARY DISTRICT 7610 2018 FOUNDATION **RECOGNITION BANQUET**

SATURDAY, NOVEMBER 10, 2018 Cash Bar: 5:45 PM DINNER: 6:30 PM

RIVERSIDE CENTER 95 RIVERSIDE PARKWAY Fredericksburg, Virginia



Passing of Bill Bailey Tuesday, September 25, 2018 It is with sadness that we report the passing of Bailey's Crossroads Rotarian Bill Bailey.



Bill led a full life. He was a veteran, world traveler, husband and father. He was also a gifted writer who penned epic poems for major club events and delivered them with charm and wit. Bill was an active Rotarian who served as club president and past assistant district governor. He was a champion of safe blood and of Rotary's peace efforts.

In 2006, he was named District 7610 Rotarian of the Year for his humanitarian work.

Please keep Bill and the family in your prayers.



