



THE DUBLIN SHAMROCK

VOLUME XLIII ISSUE NO. 15 MAY 14, 2017

The Rotary Club of Dublin, California 2016-2017 "The Home of Rotarians in Action"

Linda Turnbull: The Importance of Teen Esteem



Alan Brow

Club Trainer:

Dennis Miller

Communications Dir.:

MC Kulick

Fundraising:

Kamal Della

Shamekka Marty

Newsletter:

Chris Kinzel

Program Chair:

Megan Rouse

Social Chairs:

Beverly Herrera Stephany Jenkins



Linda, the Executive Director and Founder of Teen Esteem presented a thoughtful program to Dublin Rotary recently. Her 21-year old group speaks to 10,000 to 12,000 students and their parents each year in various settings including school middle school and high school assemblies, class rooms, grade schools, parent education events, workplace events and at community workshops.

Teenesteem.org is a treasure of useful information with short essays, PowerPoints, videos, testimonials and helpful insights for both teens and

parents. Linda says two areas of significance to students today are academic pressure and social media. In the affluent areas of the Tri-Valley, students feel immense pressure to be accepted at prestigious universities; Linda's group tries to encourage students and parents to realize that there are many colleges and universities that will provide a useful education, and a 4.40 grade point average and all the stress that it implies should not be the final goal. She cites Stanford students who have experienced nothing but academic perfection being unable to cope with B grades in their classrooms. "Value is not based on your school; value is based on who you are," is the lesson Teem Esteem teaches.

Students today many challenges today, some of which earlier generations did not: Prescription drug abuse, sex, drinking, pornography, social media, sexting, heroin overdose, etc. Depression and suicide are very common; a recent suicide of a 15-year old Pleasanton student is only one of many.



Rotarians are apt to be either a parent or a grandparent; Linda says these are the lessons she shares with parents:

- I. The art of listening. Many kids are overwhelmed and are trying to get that message out.
- 2. Know kid's limits and strengths. Kids are way too overscheduled; continual pressure results.
- 3. Show unconditional love. Many kids feel the love they received is based on their performance; love should be not for what they do but for who they are.
- 4. Failure is good. Many valuable lessons and perspectives are gained from failure.
- 5. Help kids identify their passions.

Linda closed with a quote from Maya Angelou: "Success is liking yourself, liking what you do and liking how you do it." Dublin Rotarians were very impressed with the goals and achievements of Teen Esteem.

"Teen Esteem changed the way my friends and I look at parties and 'being cool' in high school. Although the 'red solo cups' may get the most short-term attention...it's the 'tea cups' that receive the long-term respect. Whenever there's a party you see many tweets ranging from people saying 'don't forget to remain tea cups ladies' to 'wow, lots of red solo cups tonight #respectyourself'. Seeing these tweets causes me to constantly evaluate my actions and hold myself up to high standards to remain a tea cup!" *High School Student*































Is Everyone On?



Traci Bondi, the Chief Technology Officer of the DUSD, talked about providing internet access for students who otherwise couldn't afford it. Traci says about 900 families

in the DUSD are struggling to pay bills; they are below the poverty line, they receive food stamps, or qualify for free breakfasts. For those families it is difficult to afford a computer in the house and also to pay for internet connectivity.

Schools have become internet-based. Lessons, assignments, homework, links to special projects, communication among the administration, teachers, students and families all assume students are connected. If not, school success is a great challenge.

Since 2015, 100+ families have received gently used laptops with training & free tools

Last year, Dublin Rotary provided a \$2,000 grant to the school district to help out. With this money, Traci's group arranged for free internet service for 16 families. In addition, these families and others were provided with "gently used laptops" to provide access to the internet and to complete other school





assignments. Most of these laptops were recycled and retired from classroom use, although outside donations are welcome. The memory was wiped clean and a new and simplified operating system was installed, which provides everything the student needs and eliminates the payment for the use of Windows.

Thanks to the Rotary Club donation, Dublin multi-student homes have been given 1 Year of Internet Access

Traci cited a specific success story of a student who was in a downward spiral, educationally, and barely attended classes. With internet access and a computer that student is experiencing better attendance, improved selfesteem, and good academic results. Traci referenced a national website, Everyoneon.org as a resource. She was effusive in her gratitude for the \$2,000 Rotary grant last year, which got the local program underway, and looks forward to potential grants in the future. Janine Thalblum provided leadership to the very successful Community All Stars program held recently at the Shannon Center. See the photo collage elsewhere in this issue. From the City of Dublin the winners were Andrew Russell, the Assistant City Engineer; Detective Alan Corpuz from Police Services; and Shu-Mei Chen from Fire Services.

From the Dublin Unified School District, Richard York, Head Custodian at Kolb Elementary; Cindy Seto, Kindergarten Teacher at Kolb Elementary; and District Fiscal Services Director Lydia Lotti were recognized.

Thanks to Janine for this great event!





Around the Room







A small group of Rotarians couldn't make it to Santa Cruz but did make it to Oakland. Like those in Santa Cruz, not everyone stayed to the end – in this case a walk-off win. **Larry** described his thrilling trip to the White House and **Rich** described his successful house party. **Ron** presided in Rich's Florida trip absence, while a Morning Livermore Rotarian enjoyed his visit. **Kamal** had a great District Conference, having officially been pronounced a District Leader! See the District Conference photos elsewhere. **Dennis** led Rich's second missed meeting, while **Bo** talked about the great qualities of recently deceased Rotarian Dave Cherry, a strong supporter of Dublin Rotary. **Don** accepted a certificate of appreciation (from Janine) on behalf of other Dublin Rotarians who volunteered at the Senior Center.

Beverly, who has planned and executed a big bunch of great monthly social meetings, announced the next one: Wednesday May 24 at McKay's Taphouse and Beer Garden in Downtown Pleasanton, 6 to 8 p.m. **Patty**, planning for her upcoming Presidency, described the very successful District Conference.

Some important coming events: Tuesday May 16: Stop Waste event at our regular meeting. There is a big push to have 75 in attendance for reasons there is not enough room to explain here. Bring a friend, or at least someone from your



family. And, Demotion Night is coming soon. It will be held at Cattlemen's. So far, the exact date is still a secret but will be announced soon, but will be a special BoMona production! Also, signups for the Fireworks booth will soon commence. This year Dublin Rotary and its two partners were fortunate (?) enough to be awarded THREE locations, so there will be no need to share the proceeds or expect help from anyone else!

THE DUBLIN SHAMROCK 2016-2017

PAGE 6

DUBLIN ROTARY MEMBERSHIP

ROTARY SERVING HUMANITY

*Ackley, Dennis '97• Anyosa, John '14 *Bennett, Rich '95• Benton, Bryan '13• Biddle, Don '05• Boschetti, Rich '12• Brown, Alan '13 Brown, Tinarsha '16 *Carvacho, Bo '08• Ceizler, Harold '69• *Damaser, Larry '09• *Delaporte, Tim '09• Della, Kamal 'II• Denlinger, Lee '04• *Dunlop, Mona '94• Fisher, Gary '16 Grier, Kevin '16 Hanke. Steve '12• Haubert, David '13 Herbstman, Cliff '68• Herrera, Beverly '15 Hodsdon, Daniel '16 Ichiuji, John '83• Jenkins, Stephany 'II Johnson, Pamela '07• *Kinzel, Chris D. '87• Kulick, MC '09•

Sheet Metal Advocate Pension Consulting Restaurant Retired **Barrel-busting Business & Security** Realtor Sports Dentist Insurance Financial **Real Estate Investments** Educator Travel Retired Education Education City Council Member **Telephone Wizard** Realtor Family Law Dentistry Real Estate Retired Traffic Engineer

Content Marketing

*Kyle Michael E. '75• *Leuchi, Jeff '96• Lewis, Luctrica '16 Manuchehri, Parvin 'I I• Marty, Shamekka '16 *Mazur, Ron '85• *Miller, Dennis J. '79• *Moy, William '89• *Price, Don '09• Pringle, Patty '13 Raney, Ed '96• Rouse, Megan '14 Ruhullah, Yusuf '14• *Shurson, Stacey '90• Smith, Linda '12 Stanford, Athena '06 Strah. Melissa '13 Sullivan, Don '84• Tan, Larry '16 *Thalblum, Janine '09• *Tucknott, Bob '73• Watanabe, Jerry '72•

Editor: Chris D. Kinzel Design: Geri Foley Assistant Editor: Stace Shurson MAY 14, 2017

Attorney Printing Education **Financial Planning** Life Coach Real Estate Chiropractor CPA **Recreation Vehicles** Tax Advisor CPA **Financial Planning** Medical Insurance Broker Economic Development Sales Manager Dental Retired Insurance Insurances **Electrical Contractor** Orthodontist

> 2/12/17 *Past President of Dublin Rotary •Paul Harris Fellow