THE DUBLIN SHAMROCK

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The Rotary Club of Dublin, California 2017-2018 "The Home of Rotarians in Action"



President

Treasurer

Patty Pringle

Parvin Manuchehri

Chester Santos, Memory Champion



National Memory Champion Chester Santos spoke to us recently in a very interesting presentation. In his abbreviated talk (ironically shortened because someone forgot to bring a projector) he demonstrated his memory skills by reciting the name of everyone in the audience. He did this after meeting everyone as they entered the room and remembering their name. Later, he trained everyone to memorize a series of words (from monkey to dollar) by creating a story containing the words to facilitate the recall. He insisted that memory skills are not inherent to only certain people, but are trainable. Coincidentally, he conducts training seminars. He has memorized the names and jockeys of every winner of the Kentucky Derby, the winners of various lists such as Oscar winners, etc. In

one of his contests he recited the names of all 535 congressional Representatives and Senators, the area they represent, their political party and all of the committees each one serves on.

He stresses the importance of visualizing as a key part of the memory process. We often remember people's faces, but not their names. If we can remember the names and other facts about strangers, we will make a positive impact. How to remember names? He provides four steps: 1) Make it a habit to repeat a person's name when you first meet them and shake their hand. 2) Ask them a question using their name. (Example: Bob, do you always bring your dog to every event you attend?) 3) Take a few seconds to relate their name to something that you might recall, perhaps a physical feature or something the name reminds you of (it doesn't have to be flattering, you are not sharing this with anyone). You may remember someone named John, for example, by



thinking of a toilet. 4) When you leave the party or event where you first met them, try to say goodbye by using their name.

Chester says that when you give presentations from memory, you come across as smarter and more of an expert. He also points out that when you improve your memory, you are exercising and improving your brain. There is no reason why folks with advancing ages should feel that memory loss is inevitable as you get older, we just need to exercise our brain and memory more intensively.

Len Denlinger's Rotary Moment

Lee Denlinger has been a Rotarian for 13 years. In that time, she has served as Board Secretary for RC of Pleasanton North, Club President of RC of FUN Sunset and, currently, Foundation President of RC of Dublin.Additionally, Lee was District 5170 Chair, Youth Services (2009-10), District 5170 Chair, Vocational Services (2016-17), District 5170 Chair, Global Networking Groups (2014 – present) and, currently, District 5170 Chair, Rotary Friendship Exchange. Since 2010, Lee has served as Global Chair of the International Fellowship of Rotarian Musicians and coordinates activities in 44 countries.

It is no surprise, then, that when she discovered that Youth Service was not really an Avenue of Service in the Rotary Constitution that she took action! The Rotary International standard club constitution has for decades listed four Avenues of Service: Club Service, Vocational Service, Community



Secretary **Don Price** President Elect TBD Membership Chair **Rich Boschetti** Club Service Chair **Ron Mazur Community Service** Mona Dunlop International Service **Richard Bennett** Youth Services **Bryan Benton RI** Foundation Chair Kamal Della Immediate Past President **Rich Boschetti Program Chair Bo Carvacho** Website Shamekka Marty Newsletter **Chris Kinzel** Social Chairs **Stephany Jenkins Beverly Herrera** School Vocational Liaison

Kevin Grier

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Around the Room



Dr. Dennis Miller, who is a professional adjuster, has adjusted the Splatter schedule so that fewer volunteers are needed! Dennis is a master at adjusting so he is to be commended for this. Oh, by the way, our shifts are



longer now! A few more signups are needed to help kick off our beer selling campaign. **Ron**

Mazur got the right answer for how Rotary got its name. Mr. Felix Wankel, a German engineer, who was a distant friend of Paul Harris, the founder of Rotary, negotiated the use of the term the Wankel Club of Chicago, in exchange for Harris assisting on some legal work on his new invention, an engine that had application for autos, airplanes, and chainsaws that were powered by his new Wankel engine.



The term never quite caught on, so the classification of the continuous circular motion of the inner workings to the rotary engine. In order to gain the maximum benefits of the new engine's name, it was mutually decided to change the name of Paul's organization to the Rotary Club. Ironically, the Rotary club has gained more notoriety than the rotary engine. For further information on this little-known history of the rotary engine and its spinoff, the Rotary Club, contact Ron Mazur.



seniors) so they aren't confused with Rotarians. Mona was happy to acknowledge the help of those pictured. Ex-coprez Mona encourages all to volunteer for monthly excursion to the Dublin Senior Center to help serve lunch. There is a maximum age require-

• ment (for the



linger is the newly re-elected President of the Foundation of

the Rotary Club of Dublin. She announced the other new officers –Vice President Harold Ceizler, Secretary John Ichiuji and Treasurer Parvin Manuchehri, who promises to coordinate closely with the club's treasurer. Lee encouraged Rotarians to drop in on the Foundation's monthly Trustee meetings.





Mona announced an event scheduled for Saturday November 18 to help package toiletries and small food items to send to veterans in cooperation with the Pleasanton Military Families, who ship the packages to deployed soldiers throughout the world.

Congratulations to **Bo** and **Bill** for their continuing big-time contributions to the Rotary Foundation





Help for Burned Children



The last time we heard from Kathy Coyle, the President Elect of the Livermore Rotary Club, she let us know that COANIQUEM is an acronym for Corporacion de Ayuda al Nino Quemado, which means "corporation to help the burned child." In her presentation on Tuesday, she noted that since its founding over 35 years ago, the burned child facility has helped to rehabilitate about 110,000 burn victims. There are three COA-NIQUEM facilities shown on the map neatly located at the third points of the long narrow country of Chile. The primary location is in Santiago; to the north is Antofagasta and to the south is Puerto Montt.

COANIQUEM provides rehabilitation free of charge to severely burned children throughout Latin America. It serves about 8,000 children per year; the treatment cost is \$1,000 for each. Most children enter treatment at less than three years of age and stay for about 10 years. Prevention programs focus on fireworks, household hazards and kites. Now, fewer children are the victims of tip overs of hot liquids because of the focus on education on preventing burns.

While Kathy has been a Rotarian since 2000, she got hooked on COA-NIQUEM by learning about some of the dramatic cases of rehabilitation of young victims. She was selected to be on COANIQUEM's board which includes four Chileans, four members from eastern U.S. and Carolyn Schuetz from Alameda, along with our own Bo Carvacho who has been with COANIQUEM even before she joined Rotary. Along with Ron Mazur, Mona Dunlop and Don Sullivan, this group results in Dublin Rotary having a stronghold of burn center supporters. The club provides annual \$1,000 support to one of the young patients; we serve as their sponsor and we receive regular communication including progress reports. Other members support or partially support additional patients.

The organization recently received a \$190,000 grant from the Packard Foundation which, along with a \$10,000 donation, will be directed to refurbishing Casabierta, which provides facilities for children, parents and visitors to the Santiago location. Kathy is looking forward to attending a board meeting and excursion next March, which trip is open to all



Lee Denlinger cont'd. from page 1

Service and International Service. Long time Rotarians always heard of an "unofficial" fifth avenue, Youth Service. For whatever reason, it was never official – until Lee Denlinger, then with RC of Pleasanton North, wrote legislation that was considered and voted upon at the 2010 Council on Legislation, an international convention of the Rotary world held every three years for the purpose of updating Rotary rules, policies and directions.

There were over 200



legislative items submitted in advance of the Council meeting, with the majority of them rejected or withdrawn; in 2010 only 30 were either approved outright or approved with amendments, including adding the fifth avenue. The amended proposal changed the name from Youth Service to New Generations Service. The added language, which Lee wrote, in the constitution reads:

5. New Generations Service, the Fifth Avenue of Service, recognizes the positive change implemented by youth and young adults through leadership development activities, involvement in community and international service projects, and exchange programs that enrich and foster world peace and cultural understanding.

Of the 30 approved items, some involved close votes. The fifth avenue of service approval had the closest votes of all approved items, with 263 voters (one member attends from each Rotary District) in favor and 250 opposed. Presumably, the negative votes reflected a resistance to change the "sacred" four avenues that had served Rotary for decades. After the Council on Legislation, proposed changes can be suspended if five percent of the Rotary Clubs, in this case 2,601 votes against the proposal. There were only 101 votes to reject the new avenue of service.

Congratulations to Lee for introducing this legislation to formalize an important aspect of Rotary. She certainly proved that "Any Rotarian, in any club, has the power to change Rotary."

The Shrewd Shamrock Shtick... (What happened on Tuesday)



Gary Schwaegerle visited from Pleasanton Rotary, Matt Barber of Harvey's Cleaners visited for the third time, Dennis Miller splattered all over the room, Kamal talked about his new role as District Speech Contest coordinator and Mona reminded us of our upcoming community service opportunities.



Kamal awarded Lee and Bryan Paul Harris recognition pins for the RI Foundation. Lee awarded Bryan one of the first Ted Hoffman fellowships for his contribution to the Club Foundation. Kevin Hom, an incoming freshman at USC, presided over one of the most successful DHS Interact years ever, and contributed his \$300 award to Dublin Rotary. Congratulations to all!

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Kristen Carey: Use Your Super Powers



Recent speaker Kristen Carey wants us to discover and exercise our super powers. Super powers, she says, are things that we are born with and not something we can learn. If you have a super power you can't help but do it. When we do use our super powers, your efforts produced more and better results, things flow more easily, and you feel more satisfied overall.

The context of her presentation was gaining more clients and making more sales. If you are not tuned into your super powers you work harder than you need to, you expend more energy with less results, you feel down and grumpy with low motivation and life is not satisfying.

We can discover our super powers by getting alone with yourself and reflect on times of success and energizement. Ask friends what they see as your strengths. Or, there are objective ways of measuring your

strengths – the Gallup organization would love to have you use their Strengths Finder program. This is an elaborate process where you learn about up to 34 strengths including Activator, Intellection, Harmony, Connectedness, Delineator, Knowledge, Profitability, Determination, Relationship, Coach, Arranger, etc. Knowing your strengths and those of your co-workers and those you supervise helps you to perform better. Kristen says she highly recommends the Gallop programs and encourages her clients to use this. Find this at www.gallupstrengthscenter.com.

Another resource is the Meyers-Briggs test. Find this at <u>www.16personalities.com</u> to determine, in about 15 minutes, some of your characteristics. Kristen says you can cheat on this one and dramatically affect the outcome, if you wish to skew the results rather than taking the exam straight. (Meyers-Briggs rates Chris Kinzel as an Anonymous Logistician, but perhaps I cheated to conceal my extrovertist qualities.)

Kristine is a personal coach and you can find out more about her on the World Wide Web.

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DUBLIN ROTARY MEMBERSHIP

*Ackley, Dennis '97• Anyosa, John '14 *Bennett, Rich '95• Benton, Bryan '13• Biddle, Don '05• Boschetti, Rich '12• Brown, Alan '13 Brown, Tinarsha '16 *Carvacho, Bo '08• Ceizler, Harold '69• *Damaser, Larry '09• *Delaporte, Tim '09• Della, Kamal 'II• Denlinger, Lee '04• *Dunlop, Mona '94• Fisher, Gary '16 Grier, Kevin '16 Hanke, Steve '12• Haubert, David '13 Herbstman, Cliff '68• Herrera, Beverly '15 Hodsdon, Daniel '16 Ichiuji, John '83• Jenkins, Stephany 'II Johnson, Pamela '07• *Kinzel, Chris D. '87• Kulick, MC '09•

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*Kyle Michael E. '75• *Leuchi, Jeff '96• Lewis, Luctrica '16 Manuchehri, Parvin 'I I• Marty, Shamekka '16 *Mazur, Ron '85• *Miller, Dennis J. '79• *Moy, William '89• *Price, Don '09• Pringle, Patty '13 Raney, Ed '96• Rouse, Megan '14 Ruhullah, Yusuf '14• *Shurson, Stacey '90• Smith, Linda '12 Stanford, Athena '06 Strah, Melissa '13 Sullivan, Don '84• Tan, Larry '16 *Thalblum, Janine '09• *Tucknott, Bob '73• Watanabe, Jerry '72•

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