

ROTARY CLUB of Rotary

ALO ALTO, CALIF. Pinion

MEETING of: August 18, 2003

Reporter: David Blitz

Graphics: Lyle Connell

OPENER

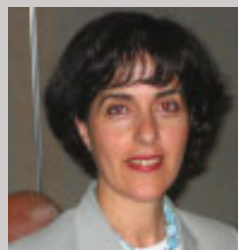
President Elect **PAM BRANDIN** conducted the meeting while President **BILL BUSSE** is on Vacation

GUESTS

JOHN KIDD introduced **SUSAN JEFFRIES**, a family-law attorney from Oakland and **ED SHAFFER**, a real estate investor from San Carlos.



SANDRA NIEMANN introduced **CAROL GARSTON**, **STEVE PLAYER** introduced **GEORGE FITZGERALD** and **ANNETTE GLANCKOPF** introduced **REZVAN HOGHADDAM**.



NEW MEMBER



STEVE PLAYER converted previously introduced guest, **GEORGE FITZGERALD**, to a paying new member. Not to be too confusing, previously introduced visiting Rotarian **SUSAN JEFFRIES** is **GEORGE'S** spouse. **GEORGE** is the Director of Chaplain Services at Stanford Medical Center.

UPCOMING PROGRAMS

- August 25 **CARL GUARDINO** Silicon Valley Manufacturers Association
- September 1 **LABOR DAY**, No Meeting
- September 8 **LIZ KNISS** The Recall and Current Status of Santa Clara County Politics and Finances
- September 15 **CITY COUNCIL CANDIDATES FORUM**
- September 22 **TED LELAND** Stanford University Sports
- September 29 **EMILY SANO & FOREST MCGILL**
San Francisco's new Asian Art Museum

OPENING REMARKS



ROB LANCEFIELD told us about a scary experience with a very happy ending including subplots of sleep deprivation, sweet onions, God and knuckleheads. Rob's story was a perfect segue to today's program about observing warning signs and the risks associated.

ANNOUNCEMENTS

MARK DICKOW is heading the Digital Future Committee that is working on a new interactive Web site.

SY GREENSTONE honored **SKIP HOYT** for traveling all the way from London to make his commitment to feed the homeless along with dapper **CYRIL BETANT**, **JAMES YOUNG**, **DUANE KALAR**, **ART STAUFFER**, **JERRY BLUM**, **PEGGY WILEY** and her daughter, **ANN**.

PARTY TIME will be Sunday, September 28th, 3:00-6:00 PM, at the home of Vicky Ching.

TODAY'S PROGRAM



Strokes are debilitating and life threatening experiences. Two very fortunate individuals shared their personal stories with us today. **WARREN THOITS** introduced our speaker by describing his recovery from a stroke. Our speaker, **BOB PARSONS**, was on his way to Taiwan when he experienced his stroke. Both individuals are devoting themselves to supporting educational efforts since information is so important to knowing the warning signs and treatment protocols.



The myths:

-strokes cannot be prevented

- strokes occur without warning signs**
- strokes only affect the elderly**
- strokes cannot be treated**
- strokes are not medical emergencies**

The symptoms:

- change in vision**
- difficulty with speech**
- unexplained weakness**
- change in sensation**
- severe headache**
- unexplained dizziness**

What to do immediately upon identifying the symptoms:

- CALL 911**
- MEDICATIONS ARE AVAILABLE THAT CAN REVERSE THE AFFECT OF A STROKE BUT THE PATIENT MUST BE TREATED WITHIN THE FIRST THREE HOURS**

PALO ALTO ROTARY

PRESIDENT: Bill Busse. PRESIDENT ELECT: Pam Brandin. PAST PRESIDENT: Le Levy. DIRECTORS: Lisa Aklselrad, Marcie Cox, Steve Schaper, George Sperling, Art Stauffer, and Rick Tipton. TREASURER: Dick Mansfield. SECRETARIES: Dick Freeman, Bob McCowan, Julie Jerome. MAIL: P.O. Box 592, Palo Alto, CA 94302. GENERAL E-MAIL: parotary@aol.com. CLUB RECORDS: Joyce Cusick, parotaryrecords@aol.com. WEB SITE: <http://www.rotarypaloalto.org/>

NEARBY ROTARY MEETING PLACES

TUESDAY

Los Altos Sunset: The Echo Restaurant, Los Altos, 7:15 p.m.

Mountain View: Adobe House, Moffett & Central, Mountain View, 12:15 p.m.

WEDNESDAY

East Palo Alto Bayshore: Boys & Girls Club, 2031 Pulgas (at O'Connor), 12:15 p.m.

Menlo Park: Menlo Park Recreation Center, Menlo Park, noon.

Woodside/Portola: Woodside Village Church, Woodside, 7:30 a.m.

THURSDAY

Los Altos: Garden House, Shoup Park, Los Altos, 12:15 p.m.

FRIDAY

Palo Alto University: Sheraton, El Camino, Palo Alto, 7:15 a.m.

San Carlos: Piacere, San Carlos, 12:15 p.m.



Rotary Club of Palo Alto

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Website <http://www.rotarypaloalto.org/>