



# Palo Alto Rotary Club Pinion



May 2, 2005

Reporter: David Blitz

Graphics: Lyle Connell

## VISITORS

**ART STAUFFER** introduced the Los Altos Club President - **CINDY LUEDTKE**, **EDWARD SANDERS** - Tri Valley, **STEVE BELCHER** - Sunrise Santa Cruz, and guest speaker and Los Altos Club member - **SHOSHANA ZIMMERMAN**.

## CELEBRATING MOTHERS DAY



**LYNDA STEELE** shared her serious and humorous Internet search on the history of Mother's Day and suggested celebrating Mother's and Peace this Sunday.

## STRATEGIC PLAN & VISION STATEMENT



As the Club completes its 2005-2008 Strategic Plan over the next few weeks, the Declaration of Rotarians in Businesses and Professions (written in 1989), and the Club's Vision Statement Summary were handed out by **PRESIDENT PAM BRANDIN** for members to review.

## ERADICATING POLIO

**WALT HAYS** reminded us of the successful Rotary commitment to eradicate Polio through contributions of \$600 million. Funds are still needed to complete the job. **WALT HAYS** reminded us of the successful Rotary commitment to eradicate Polio through contributions of \$600 million. Funds are still needed to complete the job. For those who took "Eradicate Polio" brochures here is what to do: You need only fill out the "Payment" portion of the brochure and give it to Bert Rose (our Foundation Chair), either in person or by putting it in his folder. He will fill out the membership, club and district numbers and forward your contribution to The Rotary Foundation. Your contribution is eligible for Paul Harris Credit. You need not fill in the "Recognition Request" portion of the brochure unless you want the credit to go to someone other than you.

## FEEDING THE HOMELESS

Call **SY GREENSTONE** if you can join the volunteers at the Urban Ministry on Wednesday May 4<sup>th</sup> at 3:30PM.

## COMING UP!

**May 9—New Member Presentations**



**May 16—Linda Lenore.** Feng Shui Master "Secrets of the Rich and Famous". What is Feng Shui? Is it a trend? How can this ancient philosophy be used by the western culture to enhance our lives?

**May 23—Rotaract/Interact and Guatemala/Mexico Trips.**  
Presented by **Mike Couch** and **Walt Hays**

## ROTARY ENDOWMENT FUND



**DUANE KALAR** indicated that a goal of \$100,000 has been set for the next year for the Endowment Fund. The objective is to increase the Club's Fund to \$500,000. Pledge cards were handed out at the meeting and sent by email. Contributions can be made throughout the year.

## Palo Alto Rotary Endowment Fund Drive for 5

Palo Alto Rotary Endowment  
Providing for Today  
and Tomorrow!

Making a lasting contribution  
to a healthier and better  
community.

## Endowment Pledge Card '05

Can be viewed/printed from our website, under  
the Club Documents Menu or the  
following [http .](http://rotarypaloalto.org/Shared%20Documents/EndowmentEmail%20PledgeCard050205.pdf)

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EndowmentEmail%20PledgeCard050205.pdf](http://rotarypaloalto.org/Shared%20Documents/EndowmentEmail%20PledgeCard050205.pdf)

## “FLIPPING THE SWITCH ON HEALTHCARE”



**DR. SHOSHANA ZIMMERMAN, Doctor of Naturopathy and author of “My Doctor Says I’m Fine...So Why Do I Feel So Bad?”** was today’s speaker. Los Altos Rotarian, Dr. Zimmerman shared her belief in the benefits of Eastern medicine. She demonstrated natural medicine diagnosis by asking ‘volunteers’ WALT HAYS, CYRILLE BETANT and JOYCE CUSICK to be subjects so she could describe their personalities by the messages she derived from their appearance. Natural medicine theory believes there is an essential life force and energy code that can be used to predict a person’s health. For example, potential signs of heart disease include wrinkled skin along the ears, excessive hair growth in the ears and different coloration on the tongue. Finding a natural balance in your life is the goal which is compatible with both Eastern and Western medicine.



## PALO ALTO ROTARY

PRESIDENT: Pam Brandin. PRESIDENT-ELECT: Iris Korol. PAST-PRESIDENT: Bill Busse. DIRECTORS: Mike Couch, Marcie Cox, Judy Kleinberg, David Negrin, Art Stauffer, Cyrille Betant. TREASURER: Dick Mansfield. SECRETARIES: Dick Freeman, Julie Jerome, Bob McCowan. CLUB RECORDS: Joyce Cusick, [parotaryrecords@aol.com](mailto:parotaryrecords@aol.com).  
WEB SITE: [www.rotarypaloalto.org/](http://www.rotarypaloalto.org/).

## OTHER ROTARY MEETING PLACES

### TUESDAY

Los Altos:, China Shuttle, 22382 Homestead Road, 19:15  
Mountain View: Adobe House, Moffett & Central Mountain View, 12:15

### WEDNESDAY

Menlo Park: Menlo Park Recreation Center, Menlo Park, 12:00  
East Palo Alto Senior Center, 560 Bell Street, East Palo Alto, 12:15  
Woodside/Portola: Woodside Village Church, Woodside, 07:30

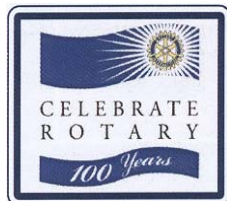
### THURSDAY

Los Altos: Garden House, 400 University Avenue, Los Altos 12:15

### FRIDAY

Palo Alto University: Sheraton Hotel, El Camino, Palo Alto, 07:15  
San Carlos: Piaceri’s Restaurant, 727 Laurel St. (of El Camino Real. 12:15

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JUNGLE DIGITAL



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