

Palo Alto Rotary Pinion

Weekly Newsletter

Date: November 11, 2013 Reporter: BRIAN STEEN

Editor: LYLE CONNELL

STEVE EMSLIE welcomed everyone and started the meeting at 12:30 PM by leading the Pledge of Allegiance.

Our Guests were welcomed by STEVE:

VISITING ROTARIANS: Jim Ousmam from Princetown, Trinidad; Andy Jacobi from Stockholm, Sweden.

GUESTS OF ROTARIANS: Joe Sinnott, guest of JIM SUTHERLAND, Michael Gross and Thea Hansel, guests of DICK BUSH; Lily Chang, guest of GLORIA HOM; Sharon Tennison, guest of WALT HAYS; Sarah Davis and Grant Henderson, guests of BEN THRELKELD, who also introduced his charming daughters Brook and Anne Threlkeld.

WE CARE.

DICK FREEMAN encouraged everyone to sign a sympathy card in memory of [SAM GORDON](#), who passed away last week. We'll miss SAM greatly!

OPENING REMARKS



were provided by HENRIETTA BURROUGHS, who read an inspirational quote from [Sidney Burgoyne's book, "Daily Thoughts for Friendly Fellows."](#) "Light the fire of kindness. Are your deeds keeping the fire aglow? Are you heeding the pitiful cry? This is a form of love who's flame never goes out."

ANNOUNCEMENTS

Veterans Day: BILL BUSSE asked all Veterans to stand and be recognized.



And with a big round of applause, BILL asked all Vets to come forward to announce their service branch and

years of service. It was very impressive to hear the brief details of each Vet's service and accomplishments. We're very honored to have them in Palo Alto Rotary!

BILL BUSSE made a special President's Club contribution in honor of one of our most decorated veterans, the late SAM WEBSTER.

SALLY TOMLINSON stood to give her special heartfelt thanks for our Veterans.



ROTARY ENDOWMENT

ROB LYMAN reminded all members to give at least \$200 for this year's campaign. BILL BUSSE was called up

to give a testimonial of his support for the Rotary Endowment. His particular interest was the Endowment's grants that help young people. VIC ROSASCO reminded everyone to seriously look at "Service above Self" and in this spirit, encouraged generous contributions.

TICKET AUCTION

ROGER SMITH provided tickets for two upcoming Stanford men's basketball games. DUANE KALAR was highest bidder, with ROGER adding an additional \$300!

PROGRAM:

DARYL SAVAGE introduced [Fred Luskin](#) by sharing some of his accomplishments and credentials. Fred Luskin, PhD is the Director of the Stanford University Forgiveness Projects and an Associate Professor at the Institute of Transpersonal Psychology.



Fred shared his personal insights on social dynamics by using the recent Stanford Oregon game, or said

another way: What happens when we label other people "Them" and perceived friends and supporters as "Us?" Fred helped us understand there is no need to do "them" and "us"...we're all in this together and through forgiveness, we can make life much better. He cited real life examples of the value of forgiveness: Eg: A family practicing forgiveness can vote for opposite political parties with no effect on other family relationships.

Research on happiness shows that more goodwill extended to others equals more happiness for all. Happy people don't sweat the small stuff and are not as rigid as others.

Q: How do you work with two individuals where one has the courage of conviction and the other is an adversary who is "right" because of their opinion?

A: This is a hard one to answer. It depends on how much hostility there might be.

Q: What are practical things to help people not hate each other?

A: Researching local communities and issues leads to appropriate answers.

STEVE thanked Fred for his presentation and thanked Rotary volunteers who made this meeting possible.

STEVE adjourned the meeting at 1:26 PM.

NEXT PROGRAM

November 18 Vocational Talks: **Tony Carrasco, Andy Coe, and Judy Kleinberg**

November 25 **Martin Hellman**, Stanford Professor of Electrical Engineering, NSA Domestic Spying: Boon or Bane

December 2 **Tim Draper**, CEO, Draper University

December 9 **Tanya Peterson**, Executive Director San Francisco Zoo

December 16 West Bay Opera

Info: www.rotarypaloalto.org