

Palo Alto Rotary Pinion

Weekly Newsletter

Date January 27, 2014

Reporter: ANDREW PIERCE

Editor: LYLE CONNELL

STEVE EMSLIE welcomed everyone and started the meeting at 12:30 PM by leading the Pledge of Allegiance.

Our Guests were welcomed by STEVE:

VISITING ROTARIANS: Ilba Grego, of the Madison, Wisconsin breakfast club and Director of the Nicaragua Summer Exchange; Susan Valenta, of the Gilroy club, our District Governor nominee; and Lotus Mahon of the Los Gatos breakfast club.

GUEST OF ROTARIANS: ANNETTE GLANKOPF's guests, Fire Chief Eric Nickel and Jeremy Dennis, District Director for Assemblyman Rich Gordon; SALLY TOMLINSON's guest, hydrogeologist Tess Byler; DENNIS MCGINN'S guest, Peter Shambora; and STEVE EMSLIE's guest, Avo Izmirlan of Premier Properties



OPENING REMARKS: Jackie Schoelerman spoke eloquently about how Rotarians benefit others without award or often even the chance to see what they have done. Rotarians think about saving the world, and then they go out and do it.

ANNOUNCEMENTS;

MEL MATSUMOTO joined the President's club in honor of the 50th anniversary of Channing House.



GINNY LEAR, with some help from DICK BUSH gave information about the April 4 fundraiser at the University Club, which will be a family style crab feed. Tickets will go on sale February 11 at \$65 per person or \$600 for a table of ten. Auction donations are being solicited. In addition the old projection screen that the club used at Ming's is up for sale.

TOM GRACON & ANNETTE GLANKOPF spoke about the High School Speech Contest last week won by Natalie Hong and thanked DAVE PRICE for the article he printed about it.



PROGRAM

ANNETTE GLANKOPF introduced our speaker Stephanie Martinson, a speech pathologist with the Palo Alto Veterans Administration, and founder of the Racing Hearts Foundation, and organizer of the Spot the Box campaign.



Stephanie Martinson gave an enlightening talk about Automatic External Defibrillators, also known as AEDs. She described the difference between a heart attack and a sudden cardiac arrest, which

is usually fatal and can be identified because the individual is not breathing, not talking, and not moving. Sudden cardiac arrest is the leading cause of death for individuals over 40 years of age. Stephanie described the cases of Samantha, a 13-year-old, Gary, a 60-year-old, and Matt, a 17-year-old, who all survived sudden cardiac arrest, due to the presence of on-site AEDs.

Stephanie described her own experience of getting an internal defibrillator and then having it removed because of her traumatic experience of being repeatedly shocked when a wire broke. Stephanie explained that there is more liability in not having an AED than in having one. There are only 52 in Palo Alto; and there are plans to install many more. With some help from Chief Nickel, Stephanie gave some tips on using AEDs, and showed us all what would happen when we open an AED in case of emergency.

STEVE thanked the Rotary volunteers who made this meeting possible.

STEVE adjourned the meeting at 1:30 p.m.

UPCOMING PROGRAMS

Feb 3 Jacqueline Copeland-Carson, Executive Director, African American Women's Development Fund

Feb 10 New Member Talks

Feb 17 TBD

Feb 24 Vivek Thoppay, Sr., VP Wealth Management, Merrill Lynch, "Economic Outlook for 2014"

Info: www.rotarypaloalto.org