

Palo Alto Rotary Pinion

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CALL TO ORDER

President KATIE SEEDMAN commenced our meeting with the Pledge of Allegiance.

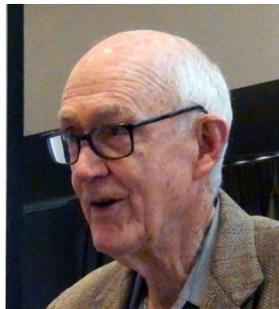
VISITING ROTARIANS and GUESTS OF ROTARIANS

WALT HAYS introduced visiting Rotarian Cecelia Babkirk, the District Chair of the Rotary Foundation and a Mortgage Banker hailing from the Cupertino Rotary.

Dr Eric Kwon, a dentist in Palo Alto, attended as a guest of CHARLIE WEIDANZ, and NINA MOORE brought two guests who are visiting from India, Krish Rama and Geethe Krishnan.

ANNOUNCEMENTS, REPORTS AND REMINDERS

WALT HAYS announced that the Rotary Foundation has just awarded a grant of \$60,500 to Ape Action Africa, the Gorilla sanctuary program that SUSAN LUTTER works with in Cameroon. Our club contributed \$8500 in District-Designated Funds, and other clubs offered support as well. Though Susan was out of town, we send her our congratulations.



OPENING REMARKS

MARK STEVENSON'S father set an example that inspires Mark to hold to the Rotary values. Mark showed photos of his father during and after World War II, and a photo of the certificate of the Object of Rotary that hung on his father's office wall. Mark's father believed strongly in the "advancement of international understanding, goodwill and peace through world fellowship united in the ideal of service," and he was very active in the polio eradication program. Mark made a contribution to the Rotary Foundation in honor of his father.



PRESIDENT'S CLUB CONTRIBUTIONS

MARK STEVENSON joined the President's Club in humility for his poor attendance. CASH ALAEE had a good excuse for his recent absences, having been in Japan for 13 days on an exchange of local governments focusing on disaster preparedness. Cash joined the President's Club in memory of the people who lost their lives in the 2011 Fukushima earthquake. On a happier note,



STEVE MADSEN joined to celebrate the birth of his fourth grandson, born to his daughter Shannon on October 31. The Pinion predicts an impish nature in this Halloween baby.

PROGRAM - Edith Cabuslay: The Social Determinants of Health

HENRIETTA BURROUGHS first met out speaker, Edith Cabuslay, 6 years ago when Henrietta interviewed her about aging, and more recently when she interviewed Cabuslay about her work on the social determinants of health. Cabuslay has worked in health most of her adult life, and currently serves as Program Manager for the San Mateo County Chronic Disease and Injury Prevention Unit.



Cabuslay called upon us to apply our Rotarian principles to help solve the health inequities that result from where we are born, live and work.



The social determinants of health begin with birth, and include one's access to safe parks, healthy food, public transit, health care and education. Perhaps most important is education, which affects work, income, social standing, financial resources, stress level, ability to cope with stress, and more.

At birth, an African American child in East Palo Alto has an 18-year shorter life expectancy than a white child in Atherton or Hillsborough.

Do we see people in an unhealthy neighborhood as independent and entirely responsible for their own education and health outcomes, or do we see them as impacted by their environment and social factors?

There are ways that Rotarians can become involved. They can support a living wage, affordable housing, childcare and education. They can participate in community dialogue with an equity lens, and as policy makers they can consider every member of the community as a constituent.

HENRIETTA asked about individual responsibility among those in Neighborhoods like A. Cabuslay pointed out that children do not choose where they are born, and adults may have been affected by government policies after WWII denying home loans to African Americans. When RALPH ADAMS asked about the impact of increasing density, she said it is important to include the school districts in the decision-making so that education does not suffer. JOHN O'KEEFE said that individual responsibility and the creation of wealth through businesses can fix the problem. Cabuslay observed that wealth creation often does not flow to the poorest, but instead drives them out of their neighborhoods.

PROGRAMS & EVENTS

November 9, Dr. Walter Bortz, retired Clinical Professor of Medicine at Stanford, author of The Roadmap to 100

November 16, Stefan Heck, Consulting Professor at the Precourt Institute for Energy at Stanford University: "Revolution in Transportation"

December 6, Holiday Party, 6-9 p.m. home of President -elect Brian Steen