

# Palo Alto Rotary Pinion

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Reporter: GEOFF ZIMAN

Editor: LYLE CONNELL

In accordance with tradition, our meeting started with a communal pledge of allegiance. DICK FREEMAN reminded us that, on this day in 1944, the allied armies landed in Normandy - a crucial factor in ending WW II. He also announced, in his capacity as We Care Chairman, the circulation of a get well card for BOB BULMORE.

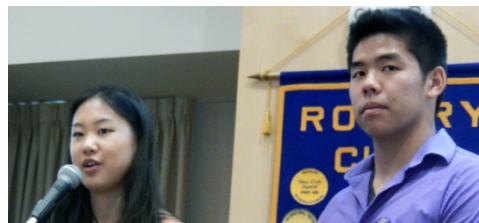
President KATIE SEEDMAN then recognized and welcomed visitors. Barely qualifying as a visitor was Rotarian Klaus Heinemann from the Gualala CA club. DICK BUSH's guest was Ron Miller, a local CEO originally from Hollywood. MIKE BAIRD introduced his Gunn Interact guests Cory Gang and Clara Lin who later gave a presentation on their International Service trip to Tijuana.

E.J. HONG reminded everyone of the upcoming Debunking Celebration for President Katie. This year's event will again be held at Michael's at Shoreline at 5:30 PM on Monday, June 27. Tickets are on sale for members, \$65, spouses and guests are \$60. They can be purchased online or at the next two club meetings.



Following this, our president honored ART STAUFFER and DAVID SMULLIN by presenting Paul Harris recognition pins with five sapphires as indication of their continuing support to The Rotary Foundation

At this point MIKE BAIRD and our Gunn Interact representatives came to the podium. In his introduction, Mike stated that we should be proud of what the young people do here. As we looked at pictures and a short video and listened to the narration, we could see proof of that statement. A group of 18 young people with 3 teacher chaperones went to Tijuana on a service trip. Their



objective was to help build a home, connect with the community and immerse themselves in the culture. We saw evidence that they did all this and, in addition, had a good time doing it. Hopefully, making these valuable good will trips will continue to be resumed again annually.

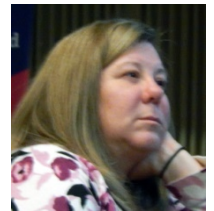
It was announced that JULIE JEROME, President of the PA Rotary Endowment Board will mail by-laws revisions to members, which

we will vote on at our next meeting, June 13<sup>th</sup>.

SUSAN LUTTER provided an uplifting report on her latest visit to Cameroon. She produced a copy of the National Geographic Magazine listing 100 places that will change your life. Our 10 well-water projects was listed as #77. What was especially exciting to her was the fact that the wells there had been officially handed over to the communities and that local community representatives were now in charge of them.



LEE PFAB introduced our speaker Linda Adler from Pathfinders Medical who spoke about going beyond advocacy - what you need to know to successfully manage your healthcare. The key elements of her enlightening talk were that there is a real need to address and take care of



medical elements that we would rather not think about and that, in addition, there are many medical related support issues that most of us are not really aware of. She pointed out that diagnosis of a serious condition often brings on fear, anger, confusion and overwhelming feelings. We can, however, reduce the consequences by proper preparation, carrying a copy of medical records and better knowledges of the many resources that are available. Her explanation of what a "hospitalist" is and their value was most informative. Three final conclusions were: Think about the unthinkable; Be prepared; Use resources. In question time SALLY TOMLINSON asked about how to get the message to adult children; LIZ KNISS asked about costs; HENRIETTA BURROUGHS asked about hacking of medical information; LEE PFAB asked about sources of home help; DICK BUSH asked about physician consultation.

On duty were REBECCA GERALDI welcoming visitors as well as skillfully wielding a bar code scanner to check attendance; GEORGE NEWTON taking the lunch money; PETER SHAMBORA making sure you pledged for another year of membership; GINNY LEAR collecting dues and reservations for our annual presidential debunking; GEOFF ZIMAN trying to record what was happening; STEVE MADSEN and RICHARD KELLER giving usual devoted care to meeting room preparation.

## PROGRAMS & EVENTS

June 13, New Member Talks

June 20, Jeanne Tsai, Stanford Psychology Professor: "How Culture Shapes Our Feelings: Implications for Happiness and Other Important Things"

June 27 DARK, No lunch Meeting

5:30 p.m. Debunking, Michael's at Shoreline