

Palo Alto Rotary Pinion

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It was reassuring to see the flag in its stand as we stood to say our pledge to open the meeting.

DICK FREEMAN let us know that ELLIOTT WRIGHT broke his neck skiing and his movement is impaired. A card was circulated, and people are encouraged to e-mail him as well. On the happier side of recovery, TRISH BUBENIK is delighted to be back at home.

CHESLEY DOUGLAS relayed a message from JUDITH STEINER who is in Vienna and suffering from the flu – she says get your flu shots!

VISITING ROTARIANS

Crysta Krames, visited us from Los Altos, and Rod Linnaros visted from San Mateo.

GUESTS OF ROTARIANS

LEE LIPPERT introduced Ursula King, from Family and Children Services. BRIAN welcomed Ian Kroes, who is working on his application to become member.

OPENING REMARKS

BEN THRELKELD reminded us that there is more to the good life than the pursuit of simple happiness. He drew from the writing of holocaust survivor Victor Frankl, who observed that those who found meaning in their lives were more resilient in under stress. Having unfinished work keeps people going. And while meaning provides resilience, it also brings other benefits. A Stanford study showed that pursuing meaning resulted in more happiness than did pursuing happiness.



PRESIDENT'S CLUB CONTRIBUTIONS



winter break.
RALPH ADAMS (who as an aside

BRIAN STEEN started off the President's club contributions. He was grateful to ROGER SMITH, who greeted him with the sentiment that it was great to be back in this group after our



recommended Victor

Frankl's book, *Man's Search for Meaning*, joined in honor of the Army team which swamped the Navy team and "sent those squids to the bottom."

ANNOUNCEMENTS, REPORTS AND REMINDERS

STEVE PLAYER invited everyone to an event at the Palo Alto Medical Foundation this Friday at 5:00 PM, focusing on the history of the Foundation and the future of clinic. BERT ROSE has put together a pictorial history of PAMF that will be on display. It will all be on the 3rd floor of the Jamplis Building in the Hearst auditorium.



BRUCE GEE tells you to mark your calendars for the Crab Feed: APRIL 8 at Mitchell Park. Marked!

REBECCA GERALDI described our hands-on project next Monday, Martin Luther King Day.



This is the third such project that she has organized for us, in coordination with Family and Children Services. Next Monday, we will compile hygiene kits for people recovering from addiction and trying to get their lives back together. We will build 100 kits, 50 for men and 50 for women. Be sure to come!

Crysta Krames, Director of Community Resources, and



Ursula King, both with Family and Children Services, thanked us for the 100 shoe boxes filled with

women's personal items and last fall's children's school backpacks we provided. They told us of one client who will get a gift box next Monday: he used to live in "the Jungle" homeless encampment in San Jose, and he came to FCS because he was mandated to get such services. They found that he is schizophrenic, and now he is on medication, functioning well, volunteering, and is able to get his own housing. These kits show him and other FCS clients that someone cares.

PROGRAM – “Creating True Love at Home & Peace on the Planet” by Martin and Dorothe Hellman.

AXEL MERK introduced our guests, Martin and Dorothe Hellman

Martin is known for, and has received the Turing Prize for, his work on the cryptography that makes secure internet transactions possible. He also worked on high risk, low probability events such as nuclear accidents. Dorothe and Martin have long been involved in the Beyond War movement. Now, their focus is on starting with peace at home. Their book, *A New Map for Relationships: Creating True Love at Home and Peace on the Planet*, is available at booksellers, or free as a downloadable PDF. Information is at



PROGRAMS & EVENTS

January 16, “All Hands On Deck” Service Project at meeting

January 23, Larry Diamond, Senior Fellow at the Hoover Institution and the Freeman Spogli Institute for International Studies: "Foreign Policy Challenges for the New Presidential Administration"

January 30, Larry Gerston, Political Analyst: "The 2017-2021 Presidency"



<https://anewmap.com>

Peace at home becomes a laboratory for learning how peace can work. He focuses on Holistic Solutions: get curious not furious. She focuses on Compassion. They each gave examples of how they had solved or avoided problems by applying those principles in their personal life. Applied internationally, compassion would help us understand that we see Iran through the prism of 1979 when they took our embassy personnel hostage, but they see us through the prism of 1953 when the US overthrew a popularly-elected Mossadegh and installed the Shah.

As is common in our club, people had questions, many focusing on the national and international arena. ROGER SMITH, BRUCE GEE, RALPH ADAMS, and KEVIN CURRY questioned how the Hellmans would approach international policy, the nuclear threat, and the current clinging to “many different maps” in our own country. The replies were that, in general, we need to respect the other side, get young people involved, and start at home.