

# Palo Alto Rotary Pinion

November 30, 2021

Reporter: MIKE MCCMAHON

Editor: LYLE CONNELL

Pinion for November 29, 2021

## CALL TO ORDER

President KHASHAYAR ALAEE called the Zoom meeting to order at 12:30 PM.

## THOUGHT FOR THE DAY

PATTY McGUIGAN recommended 4 small acts of kindness during the holiday season:



Say Merry Christmas to someone at least twice a day

Go look at some Christmas lights

Listen to some young people singing

Patty grants a special Irish dispensation to sample the goodies.

## LOCAL COMMUNITY SERVICE

President Khash reported that Palo Alto Rotary Club members recently volunteered more than 100 hours of Community Service to six local organizations as part of our Centennial Celebration – Project Linus, Veterans Day, Palo Alto Players, Palo Alto Community Child Care, Achieve Kids, and Magical Bridge Playground.

## HOLIDAY PARTY

December 8 from 5:30 to 7:30 PM at the Art Center Auditorium, off of Newell Road, Northeast of Embarcadero Road. Volunteers needed to set up and decorate, pour wine, carve turkeys. Contact Matt Dolan. Bring a bottle of wine to share, and neighbors and guests.

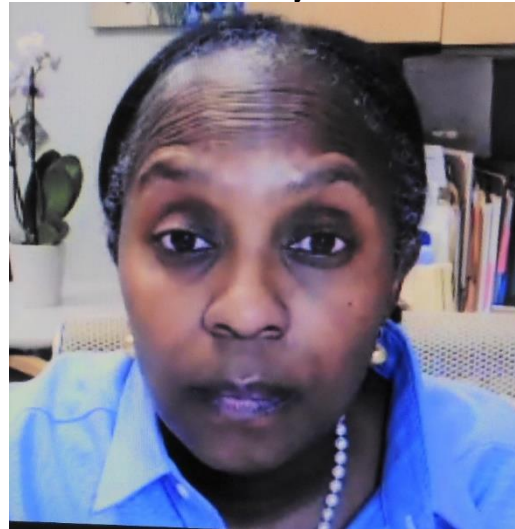
## PRESIDENT'S CLUB

SOHEILA MOZAYAN joined in honor of Matt Dolan. BRIAN STEEN joined to honor the Bay Choral Guild.



## PROGRAM

KIM BOMAR introduced our speaker, Dr. Odette Harris, Neurosurgeon and Professor of Neurosurgery at Stanford, speaking about Advances in Traumatic Brain Injury (TBI). Dr. Harris is a native of Jamaica and was a classmate of Kim's at Dartmouth College. Dr. Harris began by citing her work in neurotrauma and neurorehabilitation with a focus on precision. She cited the example of the famous Framingham, MA Heart Study started in 1948. This study was the basis for heart treatment for



decades. The subjects, who were followed for years, were entirely white, middle class Euro-Americans.

The study lacked Black, Latino and Asian participants. Extrapolating broad data from studies like this to other populations is

not necessarily benign. Hence the current focus on precision. Best practices for treatment for TBI, derived largely from the Veterans Administration, are not the same for different populations, for example, women. Observed outcomes are different in men and women, military and civilian populations.

## VOLUNTEERS

- Pinion writer: Mike McMahon
- Pinion editor: Lyle Connell

## UPCOMING PROGRAMS/EVENTS

- Dec 7 Membership Committee 11:30 AM Zoom
- Dec 7 Centennial Committee 4PM Zoom
- Dec 7 Endowment Committee 9AM Zoom