

Palo Alto Rotary Pinion

April 10, 2023



Chartered: May 1, 1922

WELCOME



Even before convening the meeting, **JOOP VERBAKEN**

led the room, singing Happy Birthday to

BRUCE GEE! (his dear wife,

Jane, brought the sign and a few gifts!)



VISITING ROTARIANS AND GUESTS

President-elect **LIZ KNISS** called upon Rotarian Alfreda Eghan, San Jose Downtown Club, who announced a project to improve education in Ghana. Amy O'Sullivan, guest of **MARCO MAINA**, works at Gamble Gardens in finance and accounting. Ullrich Schwertschlag, A PA Medical Doctor, was the guest of **HENRIETTA BURROUGHS**.

THOUGHT FOR THE DAY



Special guest host of the meeting, **Cruella de Vil**, dressed in "101 Dalmations" wig and outfit, invited Rotarians to add money to the 101 Donations Kate Spade backpack, one of the silent action items.

STEVE PLAYER,

auctioneer on April 15 at our 101 Donations fundraiser, asked for a show of hands of people planning to attend and was pleased with the response. **Cruella KAREN** thinks **ELIZABETH SANTANA** will invite her to perform. Rotarians contributed \$275 through the 101 Donations backpack collection today.



TRISH BUBENIK added \$125 as a President's Club donation. Rotary charities gained \$400 today.



JENN TORAI gave her personal story of how she built community in Silicon Valley, after being born and raised in Milpitas, with parents who both worked at HP. She studied at UCSC, wondering if she should go to NYC for a change. Then she met her

husband here, also a bay area native. Now with a baby, they appreciate all of the amazing people, the diversity of food, festivals and farmers markets that are right here.

JENN is inspired by stories her fellow Rotarians share with her and asked us all to consider the question: "How have you built community in this amazing place we call home?"

WE CARE ABOUT OUR MEMBERS

A card was circulated for (1998-1999) Past President **GEORGE WHEATON**'s family. A 40 year member of our club, **GEORGE** passed away at the Sequoias on April 3, after suffering from cancer.

CLUB CHARITIES FUNDRAISER: April 15

101 DONATIONS! A New Century of Giving Co-Chair **SALLY TOMLINSON** took the podium to remind us that our club's annual Charities fundraiser is April 15, starting at 5:30 pm, at Mitchell Park Community Center. A short video presented more detailed information about two live auction items: Madagascar Small Boat Tour in 2023, and the 2024 Mississippi River Voyage, describing room accommodations and tour highlights. In addition, there are three more live auction items: Page Mill Winery, Wine & Tasting for 8 at the winery in Livermore; an escape to Tahoe's West Shore Retreat; Let the Board Serve You a Feast for 8, delivered to your door.

TODAY'S PROGRAM



JIM SUTHERLAND introduced our speaker **Dr. Michael Snyder** who Chairs the Department of Genetics at Stanford University's School of Medicine-- "Transforming Healthcare with Big Data and Wearables."

Essentially, wearable health monitoring devices can help provide so much more information, and so much sooner than current, readily-available medical and testing and diagnosis.

Technology has advanced to such a degree that we can get very useful and detailed personal health information from our own smart watch and he recommends smart watches in the \$50 to \$100 range. We can monitor our own health from minute to minute. It's just amazing. Dr. Snyder used himself as an example during his presentation and shared some of his own findings.

When asked how he finds volunteers, he said he has to turn people away. When asked about working with insurance, he referred to "the broken healthcare system" and noted that insurance companies only pay

"sick people" and not when people are healthy.

When asked about diversity among volunteers, he noted they had many Asian and five African Americans. He added that gender representation is 50/50, male and female. He also said he needs local people to volunteer.

Dr. Snyder can be reached at SnyderLabs@Stanford.edu.

TODAY'S VOLUNTEERS

Greeter: **Patty McGuigan**

Welcome Desk/Cashier: **Rebecca Gerald**,
Katie Seedman

Zoom/Hybrid Host: **Ben Threlkeld**

Microphones: **Joop Verbaken**, **Dana Tom**

Pinion writer: **Trish Bubenik**

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UPCOMING MEETINGS & EVENTS

April 15 9 am-2 pm at Goodwill truck on Laura Lane next to the Post Office on East Bayshore.	East Palo Alto Community E-Waste Recycling and Donation Event
April 15 5:30-8:00 pm 101 Donations: A New Century of Service	Annual Charities Fundraising Dinner Mitchell Park, 3700 Middlefield Rd, PA
April 17 Club meeting 12:15- 1:30 pm	Jeff Rosen, District Attorney , Santa Clara County "To Detain or Not To Detain: That is the Question"
April 24 Club meeting 12:15-1:30 pm	Josh Chin, WSJ China Bureau Chief "Surveillance State: Inside China's Quest to Launch a New Era of Social Control"