

# Palo Alto Rotary Pinion

August 28, 2023



Chartered: May 1, 1922

## WELCOME MEMBERS & GUESTS

President **LIZ KNISS** opened the meeting and reminded us there is **NO Rotary Club Meeting** next **Monday, September 4<sup>th</sup>**, due to the Labor Day Holiday.

After welcoming members, Liz asked **JENN TORAI** to introduce her colleague and guest, Victoria Ramirez.

Victoria was interested in hearing our speaker and learning more about Rotary.



## QUOTE FOR THE DAY

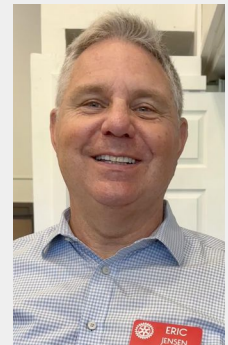
**SIMON PENNINGTON** shared his thoughts on the "Importance of Empathy." Simon relayed how the unexpected kindness of a flight attendant on a plane helped him during a difficult time. Simon reminded us that Rotary was founded on empathy – the desire to help others. He encouraged us to make kindness and empathy the root of every action. Simon is thankful for the work our Club and Rotary does to make a difference in the world.



## PRESIDENTS CLUB

**HAL MICKELSON** joined to honor the passing of Reverend C. George Fitzgerald, a former Palo Alto Rotarian and the Director of Spiritual Care at Stanford University Medical Center. George was a member of our club from 2003 to 2014, when he retired to Alameda, CA. A sympathy card was passed for George's wife, Susan.

**ERIC JENSEN**, new Rotarian, also a Board member of the new non-profit Palo Alto Police Foundation, founded by our **ROGER SMITH**, joined in honor of fellow Rotarian **DUANE KALAR** and his **wife, Ann**. The Kalars hosted a "Meet the Chief" event at their home last week for about 45 locals.



**ROB LANCEFIELD** joined in honor of Army Judge Colonel Acosta, for his profile of courage. Rob cited Acosta's recent ruling to exclude a Guantanamo Bay defendant's confession because it was obtained during torture.

## TODAY'S PROGRAM

**JENN TORAI** introduced our speaker, George Tingwald, MD, Administrative Director, Medical Planning, Stanford Health Care. As both an architect and medical surgeon, Dr. Tingwald was responsible for the planning, design, and construction of the new Stanford Hospital. **Dr. Tingwald** shared the story behind the design of the new Stanford Hospital, which



opened in November 2019. Patient and family feedback was key to designing the space to improve the patient experience and promote healing. Patient rooms were placed on the periphery of the building, with the staff workspaces on the interior to maximize patients' exposure to nature and natural light. Every room is private and includes a pullout couch, in recognition of the critical role families play in a patient's well-being.

The facility was also designed to withstand several future scenarios, some of which have already occurred. **Seismic:** To avoid damage to the building and equipment (which costs as much as the buildings) during a seismic event, the foundation included base isolation and islanding – ensuring each building has separate access to water/sewer, mechanical, and cooling/heating. **Pandemic:** Each of the four patient towers can be isolated from each other and by floor to create isolation pods. The Emergency Department has a separate ambulance entrance through which infectious patients can enter without exposing others. The staff parking lot can be converted to a triage facility (as it was during the height of the COVID pandemic). The ventilation method of each room can be adjusted to avoid contamination. **Climate Change:** Each building is designed to filter outside air and minimize water usage, in response to

smoke and increased temperatures (think of the wildfires in 2020).

Our community was fortunate to have the new hospital open prior to the start of the COVID 19 pandemic. The increased number of emergency bays and patient rooms were quickly filled.

Dr. Tingwald encouraged us to “check out the hospital before we need to check in.” The first floor is open to the public and contains several dining venues and public art installations.

For more information, you can view the following YouTube videos:

<https://www.youtube.com/watch?v=Wfukr4aZ7S0> and

<https://www.youtube.com/watch?v=9i49iX2Jp0Y>

## ROTARY ANNOUNCEMENTS

Our club again sponsored an artist who created this remarkably beautiful chalk art drawing at the Palo Alto Festival of the Arts last weekend. We are named at the top. ADA's Cafe managed the Chalk Art area.



**DANA TOM** announced the opportunity to volunteer as an usher for Palo Alto Players' production of "Matilda The Musical" on Sunday, September 24, from 12:45 to 5:00 pm, at the Lucie Stern Theatre on Middlefield Road in Palo Alto. Contact Dana or sign up at: <https://forms.gle/HrNPhALkQM6UiPhV6>.

## CLOSING COMMENTS

President **LIZ** thanked our speaker for coming and sharing the story behind the design of the new Stanford Hospital.

She reminded us that there is **NO Rotary Meeting next Monday** due to the Labor Day Holiday. She closed by thanking our members and guests for attending and the member volunteers who made the meeting possible.

## TODAY'S VOLUNTEERS

Greeter: **Gloria Hom, Ginny Lear**

Cashier/Welcome Desk: **Katie Seedman**

Zoom/Hybrid Host: **Ben Threlkeld**

Microphone wrangler: **Dana Tom**

Pinion writer: **Karen Rohde**

Pinion editor: **Ginny Lear**

## UPCOMING PROGRAMS & EVENTS

|                                                           |                                                                                                                                                           |
|-----------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>September 4</b><br><b>Post Flags on University Ave</b> | <b>Details on website.</b><br><b>Same as usual.</b>                                                                                                       |
| <b>September 4</b><br>No meeting                          | <b>Labor Day</b><br><b>DARK</b>                                                                                                                           |
| <b>September 7</b><br>12:00-1:30 pm<br>Zoom               | <b>Program Committee meeting:</b> Contact Sally Tomlinson                                                                                                 |
| <b>September 11</b><br>12:15-1:30pm<br>Club Meeting       | <b>Lisa J. Blanchard, E.D. Grateful Garments Project</b> - Members Fill backpacks at Baylands Cafe                                                        |
| <b>September 12</b><br>8:00-9:00 am<br>Zoom               | <b>Club Board meeting</b><br>Contact Liz Kniss                                                                                                            |
| <b>September 18</b><br>12:15-1:30pm<br>Club Meeting       | <b>Kyle Hietala, Program Director and Head Coach of Palo Alto HS Speech &amp; Debate</b><br>Persuading and being Persuaded: Insights from Speech & Debate |
| <b>September 25</b><br>12:15-1:30pm<br>Club Meeting       | <b>District 5 SCC Supervisor Joe Simitian</b><br>Bridging the Divide                                                                                      |