

# Rotary Club of Rotary Club of Centennial **Centennial Colorado**



# Centennial, Colorado

# October 16, 2018

# **ROTARY MINUTE**

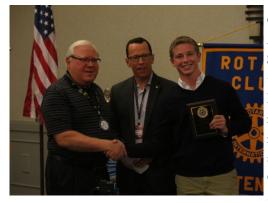


John Peterson presented the Rotary Minute and maintained the theme of today's meeting of Night Out With the Girls.

John spoke on Rotary Fellowships. Rotary Fellowships are international groups that share a

common passion. Being part of a fellowship is a fun way to make friends around the world, explore a hobby or profession, and enhance your Rotary experience. It is easiest to find a Rotary Fellowship by Googling for Rotary Fellowships. If you cannot find one that you like, you can start one of your own. John found out about the Fellowship at the Rotary Leadership Institute.

#### STUDENT OF THE MONTH



Connor Peterson of Arapahoe High School was the October Student of the Month. He is a senior with a class ranking of 78 out of 524 students. He has a GPA of 4.019

He wants to attend

one of the service academies. This past summer he attended the Summer Leadership Experience at the U.S. Military Academy at West Point. He as already been accepted by the Colorado School of Mines. He wants to be a pilot so his preference of academies is Air Force, then Navy, then Army. He was to study mechanical engineering in school.

Out of school he has played baseball, which is his preferred sport. He learned a lot about leadership from watching a former coach on what not to do in leadership. He is in the Aspen Flying Club at Centennial Airport.

#### **GUEST SPEAKER**



Our own Jessica Sidener was our guest speaker and she spoke on an organization she formed called Night Out With the Girls.



Is this logo really showing what I think it is showing. Yes it is. The logo is meant to be a conversation starter. It goes beyond cancer awareness month.

Jessica's husband died from a suicide. Six months later Jessica detected a lump in her breast. She had seen a notice on NBC TV in Denver of Buddy Check 9. with everything that had gone on in her life she thought to be proactive and did a check. Within 3 seconds a lump was

# 2018-2019 Club Officers

President—Tim Eunice President Elect-Samantha Johnston

Past President –John Berry Secretary—Karen Berry Treasurer—Barbara Medina Sergeant at Arms—Allen Jackson

# **Directors**

Technology—John Peterson Membership Growth & Enrichment—Samantha Roe Rotary Foundation—John McCarty

Communication-Jessica Sidener Millennial Satellite Club-Andrea Tagtow & Katie Guyon

# UPCOMING EVENTS

Oct 20-Food Collection, King Soopers, Arapahoe and Parker Rds

Oct 22-PrimeTimers, Happy Hour, Rock Bottom Brewery

Oct 23-World Polio Day, Marny Eulberg

Oct 26-Book Club, Jeanne Henschen

Oct 30-Christy Kopp, Kids Mobility Network

Nov 13-Classification Talks

Nov 17-Denver Indian Center Food Drive, King Soopers, Arapahoe and Parker Rds

Nov 20-Kent Ostedgaard, RYLA Presentations

Nov 14-Board Meeting

Nov 27-Club Assembly

Dec 7-Holiday Party

Dec 12-Santa Clothes

found.

Jessica presented a quote by Toby Mac which said "Your hardest times will often lead to the greatest moments in your life." She feel this is true for her.

Jessica had never done a self breast exam for a variety of reasons. There was no history of breast cancer in her family. She was 4 years away from having her first mammogram. She had no idea of how to do an exam. She didn't know what a lump felt like.

Jessica thought about her girl friends. She talked with them. They weren't doing exams. When you go in for a mammogram, they put you in this paper gown which does not promote an environmental for asking questions.

She thought about creating an environment where it was fun to ask questions and perform self exams. Out of this idea grew Night Out With The Girls. You get together and there is a health care provider and a cancer survivor. It is am experience that is guilt free, shame free, and embarrassment free.

Night Out With Girls won't prevent cancer. It won't cure cancer.

The American Cancer Society estimates there will be 266,000 women getting breast cancer this year with about 41,000 deaths. There will be about 2,550 men getting breast cancer this year with 480 deaths.

In Colorado, 1 in 7 women will get breast cancer. The national average is 1 in 8.

Gather your girl friends and have a Night Out With The Girls.

#### **CLUB BUSINESS**

 Anne West asked for members to provide material for the page 3 of the bulletin. Her e-mail address is anne.west@prodigy.net

### **INDUCTION**



Tom Gross was inducted as our newest members. Welcome aboard.

# **BLUE MARBLE**



Tim Eunice was unable to find the elusive blue marble.

## **THIS DATE IN HISTORY**

1854 Lincoln Speaks Out Against Slavery

On this day in 1854, an obscure lawyer and Congressional hopeful from the state of Illinois named Abraham Lincoln delivers a speech regarding the Kansas-Nebraska Act, which Congress had passed five months earlier. In his speech, the future president denounced the act and outlined his views on slavery, which he called "immoral."