



The Rotary Club of Boulder Valley - March 17, 2026

Tuesday March 17, 2026, 11 AM--3 PM, Village View Room,

Williams Village, Baseline and 35th

Mark Burnett, Our President 2025 - 2026

Fellow Rotarians,

I was listening to a podcast yesterday and the speaker suggested that we "declare our position and try to polarize people." To me, that seemed like an odd assertion — and one that did not necessarily resonate as a fundamental of the 4-Way Test. As the speaker explained this idea further, however, I realized it was not entirely dissimilar to a mantra I held when I was doing church youth work: "If someone is not mad at me, I'm not doing my job." (On the surface, I'm not entirely sure that sounds any better.)

The concept, though, was never about finding ways to make the people angry. Nor was it about being intentionally stubborn or hard-nosed or looking for ways to create strife. Rather, I understood what my task and role were. I also understood the values and perspectives of the

organization. And so my focus was to live up to those standards and to do what was best for the whole — not just for any one individual, and certainly not for my own comfort. By my doing that faithfully, sometimes people got upset. That was not the goal; it was simply an occasional consequence of staying the course.

Just a few hours ago, I was speaking with a school administrator about the challenges that freshly graduated teachers face in the classroom. Not only are they often just a few years older than their students, but they can also struggle with the impulse to keep the peace at all costs. And sometimes that impulse manifests as finding ways to be liked rather than respected — two things that can look similar from a distance but feel very different when it matters most. By focusing on being liked, which is not the job of a teacher, the hard and soft skills that an educator should be teaching can suffer.

From a Rotarian perspective, especially when one of the areas of focus is "promoting peace", this perspective can sound contrarian. My understanding is that peace is not simply the absence of violence. According to the pamphlet, *Rotary Build Peace*, peace is an activity that is on-going. It states, "our members take action to address the underlying causes of conflict, which include poverty, discrimination, ethnic tension, lack of access to education, and an inequitable distribution of resources." This is an affirming statement about how we as Rotarians involve ourselves in the peace process: whether through the support of Peace Fellows or through the activities of Global Grants. But it is also a commitment to address the root causes regardless of whose interests may be ruffled in the process.

As I reiterate, a Rotarian committed to the 4-Way Test is not looking to antagonize. But neither should they be so conflict-averse that they lose their voice when it matters. Declaring your position is not polarizing — it is honest. And honesty, as the Test reminds us, is where we begin.

Mark Burnett



Please send JPG photos only (no PDFs) and copy NOT attached to a string of previous comments.

The necessary information is swallowed whole and can't be accessed.

Joan Scott is assisting with the Newsletter and can receive information to be published through leacachjs@gmail.com.

Posts circulated via Clubrunner are provided by our club members who should be consulted regarding any comments or questions regarding the contents. Please read to the bottom of each post for contact information.

For the Speaker, please send a photo, brief biography, and topic description to me for the newsletter!

Articles of interest for our club and Rotarians are gratefully accepted.

I am merely the messenger.

RCBV Anniversary Party Date and Location TBD.

Member Discussion: Pickleball!

Save the Date – Pickleball & Fellowship!



Get ready for a fun, casual evening of **fellowship, food, and pickleball** with Boulder Valley Rotary!

Thursday, March 19

4:00–6:00 p.m.

Relish Food Hall & Pickleball

550 S McCaslin Blvd, Louisville, CO 80027

Whether you play or just want to cheer and socialize, this will be a great time together. More details to follow!

L'Shawn Howard

VOLUNTEER AT HARVEST OF HOPE



BVRC has donated \$6000. to Harvest of Hope Food Pantry. \$3000 was from Foundation funds allocated to Community Service, matched by a \$3000 grant from District. As part of the matching grant BVRC is committed to giving 20 volunteer hours. PLEASE STEP UP. unfortunately we cannot necessarily work together as a group but feel free to sign up with a Rotary friend (or any friend). To begin the process of signing up, first go to hopepantry.org and proceed as follows:

Harvest of Hope Pantry provides nutritious supplemental food, at no cost, to those in need of food assistance within a safe, welcoming and non-judgmental environment. We offer a range of roles and ways to help. **We welcome volunteers as their schedule permits!** We have recurring weekly or bi-weekly shifts if you prefer a consistent schedule. Or, we can coordinate with you for short term or occasional volunteer shifts. Follow the next steps and we can find a good fit for you!

Step 1: Complete the [online application here.](#) **

Step 2: Attend a first time/orientation shift.(my orientation shift is March 17)

Step 3. After your first shift you can log onto the Online Volunteer Portal to view, edit, and sign-up for volunteer shifts.

Step 4. [Sign up for the Volunteer Newsletter](#) to see see Pantry news, updates, and last-minute volunteer opportunities.

Volunteer shifts are Mondays – Saturdays

AM Shift, 8:30 AM – 11:30 AM

PM Shift, 11:15 AM – 2:15 PM

We also have a late shopping sessions, two evenings a week.

Tuesdays and Thursdays

Evening Shift, 4:15 PM – 6:45 PM

Andrea Bloom

FREE SUICIDE PREVENTION TRAINING



Clinica Family Health (which merged with Mental Health Partners) is offering "Question, Persuade, Refer" (QPR) Tuesday, March 24, from 10am to 11:30 via Zoom. Please use this link to reserve a spot. [QPR - Question, Persuade, & Refer Tickets, Tuesday, Mar 24 from 10 am to 11:30 am MDT | Eventbrite](#) In the last five years, MHP used the money raised from the Skyline Traverse to provide QPR training to over 10,000 people. The Coaches Care training which our club supported uses a modified version of QPR

Clinica also offers other courses, including Youth Mental Health First Aid (which is 6 hours). It is designed for adults who regularly interact with young people. It is taught in person and is also free. If you are interested, please let me know.

Our project for Rotary's EPIC Day of Service

2025 GLOBAL IMPACT

- 5 Continents
- 8 Countries
- 20 States
- 57 Districts
- 539 Clubs
- 613 Projects
- 6,557 Volunteers
- \$151,197 Raised

PUT YOUR CLUBS ON THE MAP!

EPIC DAY OF SERVICE
DO MORE GOOD

SAVE THE DATE MAY 16, 2026 PLAN YOUR PROJECT




What if all 45,000 Rotary Clubs worldwide... all did any project they like... all on the same day? Imagine the...

IMPACT... 1.2 M Rotarians ✨ plus community volunteers


REACH... build awareness ✨ a membership magnet

ENGAGE... energize service ✨ retain members

ADAPT... a new fundraising tool ✨ top club did \$98,000



Sound like a Rotary Action Plan? It can help!
Unite for good on May 16, 2026 – or as near then
as possible – to show the world what we can do.
Have Fun – Make a Difference – Be EPIC!



epicdayofservice.org organized by Rotary Clubs for communities worldwide

Our project for Rotary's **EPIC Day of Service** is now live, and members can sign up to participate.

This year, we will be volunteering at the food bank at the Emergency Family Assistance Association (EFAA) in Boulder. During the project, volunteers will help sort, inspect, and organize approximately **20,000 pounds of donated food** so it can be prepared for distribution to local families experiencing food insecurity.

EFAA plays a vital role in the Boulder community by providing food, housing stabilization, and other essential services to individuals and families in need. By helping process these donations, our volunteers will directly support EFAA's ability to ensure that nutritious food reaches households that need it most.

No prior experience is required. Volunteers should be comfortable standing, lifting light to moderate boxes, and working as part of a team.

We hope you will join us for this meaningful day of service.

Sign up today to participate.

- <https://www.epicdayofservice.org/clubs/united-states-5450-boulder-valley/projects/sort-and-prepare-food-donations-at-ffa-b858cb282>

The New Boulder Fire Station #3, Fifth Tuesday



Our next Fifth Tuesday will be at noon on March 31st, 2026. We will be visiting the new Boulder Fire Station #3. The address is 2967 Bluff (near 30th and Valmont). We will be hosted by the Fire Chief. Please let me know your choice of a boxed lunch brought to you by the Community Table Kitchen...

Turkey club

Spicy Chicken wrap

Salad

Salad w/ Chicken

Please pay **ATTENTION** to the following parking guidelines...

Parking On Site:

- In a marked space in front of Station 3. Please do not park in the road in front of (south) Station 3 as our fire apparatuses use that space often throughout the day.
- Park in the gravel lot in front of (south) of Station 3. The entrance to this lot is off of 30th just past Bluff St.

cj

cjmj12.msn.com@clubrunner.email

BV Rotary Upcoming Service Projects



Upcoming Service Projects

We have a lot of opportunities to support our local community with the upcoming service projects. Please bring friends and enjoy this time to work with fellow Rotarians. More information will be coming. If you have questions, contact the person listed.

Ongoing – Harvest of Hope Food Pantry – sign up on your own or with a few friends, Andrea

Sunday, March 29 at 10 am – Sister Carmen Food drive, 655 Aspen Ridge Dr., Lafayette- Jeff

April 8 – Sister Carmen building planting boxes, 11:30 – 1:30 (Jeff, he may have enough volunteers)

May 3 – Rise Against Suicide 5k race support

May 10 – PLAY Boulder Tree planting at New Vista High School with students and their mothers, Caroline (will be part of Caroline's Canopy)

May 13 - Epic Day of Service at EFAA (L'Shawn and Epic Day website to register)

May 25 – Bolder Boulder Aide Station, 6 -11 am – Jeff

June 6 – Habitat for Humanity build (rescheduled from January) – signup online, Jeff

June 15 – 19 – Autism Society bike training camp – Rex

June 26 – Planned Parenthood fundraising event support – need 8 volunteers, Diana

Caroline Himes

District 5450 Rotarians - Great Networking Opportunities



Dear District 5450 Rotarians - see below for great training/networking opportunities. All Zoom sessions will be recorded and posted on the [District website Training page](#).

EPIC DAY OF SERVICE FUNDRAISING

Thursday, March 26 | 7:00 to 8:00 pm via Zoom

Save the Date!

AT THE TABLE WITH DR. KING

Saturday, April 4 | 3:00 pm at the EPIC Campus

TURNING CONFLICT INTO COLLABORATION

Saturday, April 18 | 8:30 am to 3:00 pm

EPIC Campus, Littleton, CO - space is limited

LEADERSHIP LAB

Saturday, May 2 | 8:30 am to 12:30 pm

Front Range Community College

[WOMEN POWERING CHANGE](#)

Thursday, May 7 | 4:00 to 7:00 pm

University Memorial Center, Boulder, CO

[EPIC DAY OF SERVICE](#)

Saturday, May 16 - is your club project registered?

GRANTS QUALIFICATION TRAINING

Saturday, May 30 | 8:30 am to 12:30 pm

SAVE THE DATE - registration will open soon

[RI CONVENTION TAIPEI, TAIWAN](#)

June 13-17, 2026

There's still time to register!

***** [CLICK HERE TO VIEW CLUB EVENTS!](#) *****

[JOIN OUR UPDATED FACEBOOK PAGE!!!](#)

Interested in becoming an event sponsor? [Click here for more info!](#)

Bev -

Beverly Mendel

District Operations Manager

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