



# The Rotary Club of Boulder Valley - March 24, 2026

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*Tuesday March 24, 2026, 11 AM--3 PM, SEEC C120 C-AB*

*The World Service Committee will be meeting at 11 am before our regular meeting in Room C120 C-AB.*

## ***Mark Burnett, Our President 2025 - 2026***

Fellow Rotarians,

As we move into Spring...

As detailed at a meeting a few weeks ago, due to my own booking mistake, Trude and I are spending this week in Washington, D.C. instead of on a beach somewhere warm. (And yes, no comments about traveling to D.C. when temperatures are in the 30s and 40s while Colorado is beautiful.)

Yesterday, after visiting a friend for lunch, we wandered through Georgetown, took in the National Gallery of Art, and ended the day with a walk through the Smithsonian's Hall of Presidential Portraits. Next to each portrait is a short synopsis of the presidency it represents. Granted, entire books have been written about each administration — its accomplishments, its failures, its defining moments. What I found fascinating is how the struggles, the jockeying, and the politics of each era were condensed into just a few paragraphs. Or more succinctly: how the full arc of an administration can be distilled into a single snippet.

It reminded me of how history books work their own kind of compression. The trials and tribulations that unfolded over years and decades feel expansive when you lived through them — yet somehow manageable in retrospect. We live today in an age where we are constantly bombarded with “important” and “urgent” news every few minutes, and that makes it genuinely hard to discern what is truly critical. When I was growing up, gas lines, high inflation, oil embargoes, and soaring unemployment were the existential crises of the day — events that felt, to many, like they would never be forgotten. And yet, depending on your perspective, those year-long and decade-defining struggles have, for the most part, faded into the history books as perhaps a short paragraph. That is probably a good thing. And it is worth keeping in mind as we navigate the anxiety and noise that today's relentless news cycle generates.

As BVRC members, our long-term focus on projects, service, and three-year visioning helps us see beyond any single weekly meeting or one-year presidential term. It keeps us grounded, continually oriented toward a future worth building. That focus is also a quiet antidote to the urgency the 24/7 news cycle demands of us.

As we move into spring, may we carry that longer view with us — and find in it both perspective and peace.

*Mark Burnett*



***Please send JPG photos only (no PDFs) and copy NOT attached to a string of previous comments.***

***The necessary information is swallowed whole and can't be accessed.***

Joan Scott is assisting with the Newsletter and can receive information to be published through [leacachjs@gmail.com](mailto:leacachjs@gmail.com).

Posts circulated via Clubrunner are provided by our club members who should be consulted regarding any comments or questions regarding the contents. Please read to the bottom of each post for contact information.

***For the Speaker, please send a photo, brief biography, and topic description to me for the newsletter!***

***Articles of interest for our club and Rotarians are gratefully accepted.***

***I am merely the messenger.***

*RCBV Anniversary Party Date and Location TBD.*

*Dave Gardner: New BVRC Website and Social Media Reveal*



***VOLUNTEER AT HARVEST OF HOPE***



BVRC has donated \$6000. to Harvest of Hope Food Pantry. \$3000 was from Foundation funds allocated to Community Service, matched by a \$3000 grant from District. As part of the matching grant BVRC is committed to giving 20 volunteer hours. PLEASE STEP UP. unfortunately we cannot necessarily work together as a group but feel free to sign up with a Rotary friend (or any friend ). To begin the process of signing up, first go to [hopepantry.org](http://hopepantry.org) and proceed as follows:

Harvest of Hope Pantry provides nutritious supplemental food, at no cost, to those in need of food assistance within a safe, welcoming and non-judgmental environment. We offer a range of roles and ways to help. **We welcome volunteers as their schedule permits!** We have recurring weekly or bi-weekly shifts if you prefer a consistent schedule. Or, we can coordinate with you

for short term or occasional volunteer shifts. Follow the next steps and we can find a good fit for you!

**Step 1:** Complete the [online application here](#). \*\*

**Step 2:** Attend a first time/orientation shift.( my orientation shift is March 17)

**Step 3.** After your first shift you can log onto the Online Volunteer Portal to view, edit, and sign-up for volunteer shifts.

**Step 4.** [Sign up for the Volunteer Newsletter](#) to see see Pantry news, updates, and last-minute volunteer opportunities.

Volunteer shifts are Mondays – Saturdays

AM Shift, 8:30 AM – 11:30 AM

PM Shift, 11:15 AM – 2:15 PM

We also have a late shopping sessions, two evenings a week.

Tuesdays and Thursdays

Evening Shift, 4:15 PM – 6:45 PM

*Andrea Bloom*

## **FREE SUICIDE PREVENTION TRAINING**



## Suicide Prevention Training - CANCELLED

Following the passing of a valued colleague, Clinica Family Health cancelled the Suicide Prevention Training (QPR) training that was scheduled to take place on Tuesday 3/24.

The next available QPR training is currently scheduled for May 11 at 10am.

## *Our project for Rotary's EPIC Day of Service*



**2025 GLOBAL IMPACT**

- 5 Continents
- 8 Countries
- 20 States
- 57 Districts
- 539 Clubs
- 613 Projects
- 6,557 Volunteers
- \$151,197 Raised

**PUT YOUR CLUBS ON THE MAP!**

SAVE THE DATE    MAY 16, 2026    PLAN YOUR PROJECT

DO MORE GOOD

The infographic features a world map with red location pins indicating project sites across various continents. A callout box on the left lists the global impact statistics. The bottom right corner includes the EPIC Day of Service logo and the slogan 'DO MORE GOOD'.



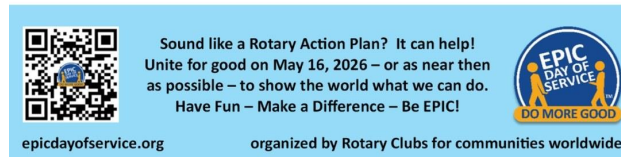
What if all 45,000 Rotary Clubs worldwide... all did any project they like... all on the same day? Imagine the...

**IMPACT...** 1.2 M Rotarians 🍌 plus community volunteers

**REACH...** build awareness 🍌 a membership magnet

**ENGAGE...** energize service 🍌 retain members

**ADAPT...** a new fundraising tool 🍌 top club did \$98,000



Our project for Rotary's **EPIC Day of Service** is now live, and members can sign up to participate.

This year, we will be volunteering at the food bank at the Emergency Family Assistance Association (EFAA) in Boulder. During the project, volunteers will help sort, inspect, and organize approximately **20,000 pounds of donated food** so it can be prepared for distribution to local families experiencing food insecurity.

EFAA plays a vital role in the Boulder community by providing food, housing stabilization, and other essential services to individuals and families in need. By helping process these donations, our volunteers will directly support EFAA's ability to ensure that nutritious food reaches households that need it most.

No prior experience is required. Volunteers should be comfortable standing, lifting light to moderate boxes, and working as part of a team.

We hope you will join us for this meaningful day of service.

**Sign up today to participate.**

- <https://www.epicdayofservice.org/clubs/united-states-5450-boulder-valley/projects/sort-and-prepare-food-donations-at-ffa-b858cb282>

*L'Shawn Howard*

## *The New Boulder Fire Station #3, Fifth Tuesday*



Our next Fifth Tuesday will be at noon on March 31st, 2026. We will be visiting the new Boulder Fire Station #3. The address is 2967 Bluff (near 30th and Valmont). We will be hosted by the Fire Chief. Please let me know your choice of a boxed lunch brought to you by the Community Table Kitchen...

Turkey club

Spicy Chicken wrap

Salad

Salad w/ Chicken

Please pay **ATTENTION** to the following parking guidelines...

### **Parking On Site:**

- In a marked space in front of Station 3. Please do not park in the road in front of (south) Station 3 as our fire apparatuses use that space often throughout the day.
- Park in the gravel lot in front of (south) of Station 3. The entrance to this lot is off of 30th just past Bluff St.

*cj*

*cjmj12.msn.com@clubrunner.email*

## ***BV Rotary Upcoming Service Projects***



### ***Upcoming Service Projects***

We have a lot of opportunities to support our local community with the upcoming service projects! Please bring friends and enjoy this time to work with fellow Rotarians. More information will be coming. If you have questions, contact the person listed.

*Ongoing* – Harvest of Hope Food Pantry – sign up on your own or with a few friends, see message from Andrea

*Sunday, March 29 at 12:30 – 3:00*– Sister Carmen Food drive, 655 Aspen Ridge Dr., Lafayette - Jeff

*April 8* – Sister Carmen – building garden planting boxes, 12:30 – 2:30 – check with Jeff if interested in helping

*May 3* – Rise Against Suicide 5k race support

*May 10* – tentative- PLAN Boulder Tree planting at New Vista High School with students and their mothers, Caroline (will be part of Caroline's Canopy)

*May 13* - Epic Day of Service at EFAA (L'Shawn and Epic Day website to register)

*May 16* – BCIS/High Peaks School – tree planting with PLAN Boulder and Caroline's Canopy, let Caroline know if you plan to attend

May 25 – Bolder Boulder Aide Station, 6 -11 am – Jeff  
May 30 – The Family Learning Center – tree planting with PLAN Boulder and Caroline’sCanopy

June 6 – Habitat for Humanity - our rescheduled work day for the Habitat MOD site is June 6, Saturday. The time is 9-3 and the location is 6500 Arapahoe. No construction experience is needed and any required tools will be provided. You must register to volunteer. Use the link: [bloomerang.co](http://bloomerang.co) This link will allow you to navigate the site, here are the steps: First choose individual volunteer, then choose MOD site April to June, Then scroll down to June 6 with the red line and click the box. It says Boulder Valley Rotary. You then will be sent to the page to complete your personal info including adding a photo of your drivers license. Once completed you can go back to the June 6 signup day and click “add to cart”. Within a minute or 2 you will get a confirmation of your volunteering for that day. Any questions direct to Jeff Strobel. [Strobeljeff@gmail.com](mailto:Strobeljeff@gmail.com)

June 15 – 19 – Autism Society bike training camp – Rex

June 26 – Planned

Caroline Himes

## District 5450 Rotarians - *Great Networking Opportunities*



Dear District 5450 Rotarians - see below for great training/networking opportunities. All Zoom sessions will be recorded and posted on the [District website Training page](#).

**EPIC DAY OF SERVICE FUNDRAISING**

*Thursday, March 26 | 7:00 to 8:00 pm via Zoom*

*Save the Date!*

**[AT THE TABLE WITH DR. KING](#)**

*Saturday, April 4 | 3:00 pm at the EPIC Campus*

**[TURNING CONFLICT INTO COLLABORATION](#)**

*Saturday, April 18 | 8:30 am to 3:00 pm*

*EPIC Campus, Littleton, CO - space is limited*

**[LEADERSHIP LAB](#)**

*Saturday, May 2 | 8:30 am to 12:30 pm*

*Front Range Community College*

**[WOMEN POWERING CHANGE](#)**

*Thursday, May 7 | 4:00 to 7:00 pm*

*University Memorial Center, Boulder, CO*

**[EPIC DAY OF SERVICE](#)**

*Saturday, May 16 - is your club project registered?*

**GRANTS QUALIFICATION TRAINING**

*Saturday, May 30 | 8:30 am to 12:30 pm*

*SAVE THE DATE - registration will open soon*

**[RI CONVENTION TAIPEI, TAIWAN](#)**

*June 13-17, 2026*

*There's still time to register!*

**\*\*\* [CLICK HERE TO VIEW CLUB EVENTS!](#) \*\*\***

**[JOIN OUR UPDATED FACEBOOK PAGE!!!](#)**

***Interested in becoming an event sponsor? [Click here for more info!](#)***

*Bev -*

Beverly Mendel

District Operations Manager

303-477-0654

[office@rotary5450.org](mailto:office@rotary5450.org)